### 2022

## **COMMUNITY SERVICES DIRECTORY**



Mark A. Kern St. Clair County Board Chairman

Published by the St. Clair County Community Mental Health Board

#### FOREWORD

The St. Clair County Community Mental Health Board is pleased to present the 2022 Edition of the Community Services Directory for St. Clair County, Illinois.

The Directory includes agencies providing services in the following areas: health, welfare, education, and other related fields associated with these services.

The primary purpose of the Directory is to serve as a central reference source of community services available to residents of St. Clair County and surrounding areas.

The Directory is provided as an information service and while every effort has been made to list all appropriate agencies in the county, omissions are bound to occur. Agencies that might be included in future directories should be brought to our attention. Inclusion of any agency does not imply endorsement, nor does exclusion imply disapproval of any agency or organization.

All information presented has been verified, but due to changes implemented after printing, some information may no longer be current. We regret any inconvenience this may cause.

The Directory will also be available on-line. Visit our website at <u>www.stc708.org</u>.

If you wish to contact us, the address is 307 East Washington, Belleville, IL 62220. Send e-mail to <u>terri@stc708.org</u>.

# HOTLINES

ILLINOIS DEPARTMENT ON AGING	(800) 252-8966
CHILD ABUSE AND NEGLECT	(800) 252-2873
ADULT PROTECTIVE SERVICES (APS)	(866) 800-1409
NURSING HOME ABUSE	(800) 252-4343
NATIONAL SUICIDE PREVENTION HOTLINE	(800) 273-8255

# MENTAL HEALTH CRISIS LOCAL 24/7

CHESTNUT HEALTH SYSTEMS	(618) 877-0316 (618) 877-4420
COMPREHENSIVE BEHAVIORAL HEALTH CENTER	(618) 482-7330
VETERANS CRISIS LINE	(800) 273-8255



#### **NATIONAL CRISIS HOTLINE**

#### Suicide Prevention Hotline & Veteran's Crisis Hotline: 1-800-273-TALK (8255)

#### Crisis Text Line by texting TALK to 741741

#### LOCAL/STATE CRISIS HOTLINE SERVICES

Adult Emergency and Crisis Intervention Services: Chestnut Health Systems, 618-877-0316 or 618-877-4420 Comprehensive Behavioral Health Center, 618-482-7330 Youth Crisis Line - CARES (youth ages 2 - 21) (800)-345-9049

Case Management - Adult & Youth		Psychiatric Outpatient – Adult	
Chestnut Health Systems	(618) 877-4420	Chestnut Health Systems	(618) 877-4420
Comprehensive BHC	(618) 482-7330	Comprehensive BHC	(618) 482-7330
	· · ·	SIHF Windsor Center East St. Louis	(618) 274-9105
Hospital Inpatient - Adult		SIHF Belleville Health Center	(618) 398-9850
Gateway Regional Hospital	(618) 798-3000	Gateway Regional Hospital	(618) 798-8460
Touchette Regional Hospital	(618) 332-4038		
		Intensive Outpatient - Adult	
Hospital Inpatient – Children		Touchette Regional Hospital	(618) 332-4038
Lincoln Prairie Behavioral Health	(217) 585-1180	Gateway Regional Hospital	(618) 798-8155
	( )		
Partial Hospitalization - Youth & Adults		SUD Outpatient and IOP - Adult	
CenterPoint of Maryville	(610) 205 2205	Chestnut Health Systems	(618) 877-4420
	(618) 205-3285	Comprehensive BHC	(618) 482-7330
<b>Outpatient Counseling - Youth</b>		Touchette Regional Hospital	(618) 332-4038
Chestnut Health Systems	(618) 877-4420	Gateway Foundation	(618) 234-9002
Children's Home + Aid	(618) 874-0216		
Hoyleton	(618) 688-4744	Substance Use Disorder Medically As	ssisted Tx.
	(,	Comprehensive BHC	(618) 482-7330
Intensive Outpatient– Youth		Chestnut Health Services	618) 877-4420
Touchette Regional Hospital	(618) 332-4038		
CenterPoint of Maryville	(618) 205-3285	Medical Detox Services	
		Touchette Regional Hospital	(618) 332-4038
Mental Health Support Services		Gateway Regional – New Vision	(618) 358-0200
Call for Help-Living Room Crisis Support	(618) 397-0968		
Depressive and Bipolar Support Alliance	(618) 444-6927	Substance Use Support	
Illinois Warm Line	(866) 359-7953	Alcoholics Anonymous	(618) 251-4000
NAMI of Southwestern Illinois	(800) 950-6264	Parents of Addicted Loved Ones	(618) 567-6095
		Family Support Line	(314) 669-1184
Grief/Loss Support Services		NARCAN Distribution	(618) 512-1781
Heartlinks - Grief Center	(618) 277-1800		(010) 512-1781
Heartlinks – Addiction Loss	(618) 277-1800		
Karla Smith - Suicide Loss	(618) 624-5771		2-7-22

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#### Adapt of Illinois Mental Health Services

2600 West Blvd. Belleville, IL 62221-5605 **Phone:** (877) 553-9482

**Services Offered:** Provides psychosocial rehabilitation for adults living in nursing homes and supported housing services for adults living in the community. Services are provided in 5 counties in Illinois.

#### **Addiction Loss Support Group**

Heartlinks Grief Center 5110 West Main Street Belleville, IL 62226 Phone: (618) 277-1800 Email: <u>dcuddeback@myheartlinks.com</u> Web Site: www.myheartlinks.com

**Services Offered:** Heartlinks Grief Center of Family Hospice hosts a monthly grief support group for parents and adult siblings (18+) grieving the death of a child/sibling due to an addiction. The group meets the second Tuesday of each month, from 6:30 to 8:00 pm in the Family Hospice office at 5110 West Main Street in Belleville. Please call 277-1800 for more information.

#### Al-Anon/Alateen

Phone: Answering service (618) 398-9470

#### Web Site: <u>www.district14afg.org</u>

**Services Offered:** Support group for families and friends of those who have a drinking problem. **AI-Anon/Alateen**, **AI-Anon Family Groups** and **AI-Anon** are different names for a worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. **Alateen** is part of the AI-Anon fellowship designed for the younger relatives and friends of alcoholics through the teen years.

#### **Alateen Meetings**

Edwardsville ages 12-19 Thursdays 7:00 pm **New Bethel United Methodist Church** 131 N Main Street Glen Carbon, IL 62034

Alcoholics Anonymous Southern Illinois Central Services Office South Roxana Phone: (618) 251-4000 Phone: Answering service for Districts 4, 14, 16, and 18 (800) 307-6600 Web Site: www.aa-district14.org and www.aa-sil18.org

#### Local AA Groups:

623 Club – (618) 234-8335 O'Fallon Trailer Group – (618) 632-8815

#### **Alcoholics Anonymous**

2116 Club – (618) 876-9721 AL-ANON for District 14 - (618) 398-9470 AL-ANON for District 18 - (618) 463-2429

#### **Alcoholics Anonymous**

Eagles Nest Group-St. Joseph Center 5020 State Street East St. Louis, IL 62205 Phone: (618) 271-4673

#### **Alcoholics Anonymous**

King's House Group-King's House Retreat & Renewal Center

700 N. 66<sup>th</sup> Street Belleville, IL 62223 **Phone:** (618) 397-0584

#### All Kids (Healthcare for All Kids)

Phone: (866) 255-5437 TTY: (877) 204-1012 Health Benefit hotline: (800) 226-0768 Web Site: www2.illinois.gov/hfs/MedicalPrograms/AllKids Area Served: State of Illinois

**Services Offered:** The All Kids Program offers many Illinois children comprehensive healthcare that includes doctors' visits, hospital stays, prescription drugs, vision care, dental care and medical devices like eyeglasses and asthma inhalers. Some families pay monthly premiums for the coverage, but rates for middle-income families are significantly lower than they are in the private market. For example: a family of four that earns between \$51,432 and \$78,228 a year pays a \$40 monthly premium per child, and a \$10 co-pay per physician visit. *(approximation as of 2021)* 

#### **Alton Mental Health Center**

4500 College Avenue Alton, IL 62002 **Phone:** (618) 474-3800 **Hours:** 24-hour facility

**Cost:** Based on ability to pay. Service access is not based on ability to pay.

Area Served: Bond, Monroe, Madison, Randolph, and St. Clair Counties

**Services Offered:** Comprehensive mental health and forensic residential care for individuals age 18 and older meeting admission criteria of the Illinois Mental Health Code. Admission is accessed by pre-admission screening agents in each county served.

#### Alzheimer's Association

St. Louis Chapter 9370 Olive Boulevard St. Louis, MO 63132 Phone: (314) 432-3422 24-Hour Helpline: (800) 272-3900 E Mail: info@alz.org Web Site: www.alz.org/stl

Hours: Monday thru Friday – 8:00 am to 5:00 pm

Area Served: Illinois Counties of Calhoun, Clay, Clinton, Jefferson, Jersey, Madison, Marion, Monroe, St. Clair, and Washington

**Services Offered:** Information on caregiving, family planning, educational, and care resources. Respite program and techniques to better manage persons with Alzheimer's disease. Educational training and support groups.

#### **Alzheimer's Support Group**

St. Joseph's Hospital 1515 Main Street Highland, IL 62249 Phone: (618) 651-2766 E Mail: jashcrof@sjh.hshs.org Web Site: www.stjosephshighland.org/patient-guest/support-groups Services Offered: Meetings are held the third Thursday of each month at 6:30 pm in Jehle

Services Offered: Meetings are held the third Thursday of each month at 6:30 pm in Jehle Hall (cafeteria.)

Free Patient transportation service within 20 mile radius of Highland (618)651-2788.

#### **Alzheimer's Support Group**

St. Joseph's Hospital 9515 Holy Cross Lane Breese, IL 62230 Phone: (618) 526-5486 or (618) 526-5699 E Mail: <u>sandy.radford@hshs.org</u> or <u>Sharon.loddeke@hshs.org</u> Services Offered: Meetings are held the fourth Thursday of each month at 1:30 pm in the Healthplex Senior Renewal Area.

#### **Alzheimer's Support Group**

Programs and Services for Older Persons 201 North Church Street Belleville, IL 62220 Phone: (618) 234-4410 or (866) 942-7942, Extension 7031 Services Offered: Group meets on the second Tuesday of even months at 2:30 pm.

#### **Alzheimer's Support Group**

The Atrium-Linda Robertson (call goes to voicemail, leave message) 201 South Belt West Belleville, IL 62220 **Phone:** (618) 877-3285 or (618) 219-6648 **Services Offered:** Group meets the fourth Saturday of the month at 3:00 pm.

#### Alzheimer's Support Group

Senior Care – Memorial Hospital 4500 Memorial Drive Belleville, IL 62226 **Services Offered:** Meetings are held the 2<sup>nd</sup> Tuesday of odd months at 6:00 pm. To make a reservation or for more information, please call (618) 257-5900.

#### **American Parkinson Disease Association**

Campus Box 8111 660 South Euclid Avenue St. Louis, MO 63110 Phone: (636) 778-3377 Email: info@stlapda.org Web Site: www.stlapda.org

**Hours:** Monday thru Thursday – 7:30 am to 4:00 pm; Friday – 7:30 am to Noon **Services Offered:** Provides information and referral; other educational materials for the public and professionals. Provides medical referrals, support, respite care, speech therapy, adult day care, lifeline and exercise classes, public lectures, newsletters, and support groups in Illinois.

# American Parkinson Disease Association PSOP/SWIC

Jodi Gardner, MSW, LCSW 201 N. Church St. Room 106 2<sup>nd</sup> Monday of the Month at 1:30pm Phone: (618) 234-4410 Ext 2031

#### **American Red Cross**

2805 N. Illinois St. Swansea, IL 62226 Phone: (618) 397-4600 Web Site: www.redcrossstl.org

Hours: Monday thru Friday – 8:00 am to 5:00 pm

Area Served: St. Clair and Monroe Counties; part of Madison County

**Services Offered:** Provides 24-hour assistance for disaster victims, military, and their families. Offers classes in health and safety; recruits and trains volunteers; provides blood to local hospitals; referral source and crisis intervention. Provides international help for persons not in the military. Offers rental and food emergency assistance when funding is available, utility program.

#### American Red Cross, Scott Air Force Base

Building 21 POW/MIA Drive P.O. Box 25379 Scott Air Force Base, IL 62225 Phone: (618) 256-1855 or (618) 256-3292 Hours: Monday thru Friday – 8:30 am to 4:30 pm Area Served: Scott Air Force Base

**Services Offered:** Provides emergency services for military personnel and their families stationed at Scott Air Force Base. Provides a means of contact to reach family members stationed overseas or in other parts of the United States when an emergency or family crisis arises. Emergency financial assistance, personal and family counseling, information and referral are also available.

#### ARCH House - (Alcoholic Rehabilitation Community Home)

1313 21<sup>st</sup> Street Granite City, IL 62040 **Phone:** (618) 877-4987 **Web Site:** www.archhouse.org

**Cost:** Sliding scale **Hours:** Monday thru Friday – 8:00 am to 4:30 pm

#### Area Served: All

**Services Offered:** The Alcoholic Rehabilitation Community Home (ARCH) is a Level III.1 extended care residential treatment center providing individualized care for men struggling with substance use disorders. They are licensed and funded in whole or part by the Illinois Department of Human Services (DHS), Division of Alcoholism and Substance Abuse (DASA). Other funders include the United Way and Madison and St. Clair Counties 708 Mental Health Boards. ARCH provides a structured recovery environment in which men can rebuild their lives and achieve a healthy, independent lifestyle. They are located at 1313 21st Street, Granite City, Illinois. ARCH is a non-profit organization governed by a Board of Directors of concerned local citizens.

#### AgeSmart Community Resources

801 West State Street O'Fallon, IL 62269 Phone: (618) 222-2561 Extension 23 or (800) 222-2570 E Mail: ask@agesmart.org Web Site: www.agesmart.org

Hours: Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair, and Washington Counties **Services Offered:** AgeSmart Community Resources advances positive aging among individuals, organizations, and communities. Through the provision of state and federal funds to non-profit organizations, AgeSmart strategically provides services to older adults, persons with disabilities, caregivers and grandparents raising grandchildren. AgeSmart also provides information and referral services and benefits assistance through the Answers on Aging Network.

#### Attention Deficit Disorder Support Learning Disabilities Association

St. Louis Affiliate

13537 Barrett Parkway Drive, Suite 110 Ballwin, MO 63021 Phone: (314) 966-3088 E Mail: info@ldsatl.org Web Site: www.ldastl.org

**Hours:** Office hours are Monday thru Thursday – 8:00 am to 5:00 pm; Friday – 8:00 am to 3:00 pm

**Services Offered:** A not-for-profit organization dedicated to the enhancement of the understanding of individuals with learning disabilities and Attention Deficit Disorder. Services include cognitive educational evaluations, educational coaching, speech/language evaluations and therapy, family coaching, telephone referral, parent support groups, tutoring, teacher inservices, newsletter, resource library, annual symposiums and advice for advocacy.

#### Attorney General of Illinois

#### Metro East Illinois Regional Office

201 West Pointe Drive, Suite 7
Belleville, IL 62226
Phone: (618) 236-8616
TTY: (618) 236-8619
Web Site: www.illinoisattorneygeneral.gov
Hours: Monday thru Friday – 8:45 am to 4:45 pm
Area Served: Eleven Southern Illinois counties
Services Offered: Protecting consumers and businesses that have been victimized by fraud, deception or unfair competition is one of the primary functions of the Attorney General.

#### **Baptist Children's Home and Family Services**

Pathways Counseling 4950 Old Collinsville Road Swansea, IL 62226 Phone: (618) 382-4164 Web Site: www.bchfs.com Cost: Insurance, sliding scale Hours: 9:00 am to 7:00 pm

Area Served: Greater Metro East, and the Waterloo, Columbia, and Maryville areas.

**Services Offered:** Counseling for children, adolescents, adults, couples, and families. They also provide adoption services, foster care, and a maternity home and residential home for adolescents.

#### **BEACON of Belleville**

P.O. Box 23468 Belleville, IL 62223 Client Line: (618) 222-8842 Business/Church: (618) 222-8942 E Mail: <u>beacon@beaconministry1.org</u> Web Site: www.beaconministry.org

Area Served: Service area includes Belleville, Fairview Heights, O'Fallon, Swansea, Shiloh and Caseyville

**Services Offered:** BEACON of Belleville is an organization of local churches operating as a social outreach clearinghouse. Links people in need with church volunteers for person to person help. The process includes verification of need, analysis of the kind and extent of need, referral to appropriate resources and follow-up. The purpose is not to duplicate or compete with existing services, but to support and enhance the community service network.

#### **Belleville Area Special Services Cooperative (BASSC)**

2411 Pathways Crossing Belleville, IL 62221 **Phone:** (618) 355-4700

Web Site: <u>www.bassc-sped.org</u>

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: All St. Clair County school districts except Districts #187 and #189.

**Services Offered:** BASSC is an integral part of the service delivery system for students of its twenty-three member districts. Students with disabilities provide a significant challenge to the resources of the local school district. Together the partnership between BASSC and its member districts helps assure that the challenges of meeting the needs of students with disabilities will be adequately addressed. BASSC is honored to serve its twenty-three member school districts.

#### **Bethany Place**

821 West A Street Belleville, IL 62220 **Phone:** (618) 234-0291

Web Site: www.bethanyplace.org

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: St. Clair, Madison, Monroe, Bond, Clinton, Jersey, Calhoun, and Macoupin Counties

**Services Offered:** Case management, prevention/education outreach, transitional housing, rental assistance, needle exchange operation, volunteer services, primary medical care, HIV medication, food pantry, transportation, utility assistance.

#### **Big Brothers Big Sisters of Southwestern Illinois**

2900 Frank Scott Parkway West #956 Belleville, IL 62223 Phone: (618) 398-3162 E Mail: info@bbbsil.org Web Site: www.bbbsil.org

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm; evenings and weekends by appointment **Area Served:** St. Clair, Madison, Monroe, and Clinton Counties

**Services Offered:** BBBSIL match at-risk youth (Littles) with professionally supported adult mentors (Bigs). They are the only mentorship program recommended by the CDC to prevent adverse childhood experiences and trauma. They are driven to make Southwestern IL a safe haven where children can grow and thrive. They have developed a network of partnerships with local businesses and community organizations. Counseling Services for children in St. Clair County is available at no charge. The first step to participating in the counseling services is to contact Melissa Rotramel-Richter, at 618-398-3162 or email <u>melissar@bbbsil.org</u> to discuss the program and to schedule an in-person Assessment Session.

# С

#### Cahokia Area Joint Agreement for Special Education

1700 Jerome Lane Cahokia, IL. 62206 **Phone:** (618) 332-3700

Hours: Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** Children within Cahokia School District 187 and Dupo School District 196 **Services Offered:** A cooperative program designed to serve children with disabilities aged three to 21 years who are potentially eligible or already eligible for programs that include: learning disabilities, mentally impaired, physically handicapped, multiply handicapped, behavioral/emotional disorders, hearing impaired, visually impaired, autistic, speech/language impaired and early childhood special education.

#### Call For Help, Inc.

9400 Lebanon Road East St. Louis, IL 62203 Phone: (618) 397-0968 Sexual Assault HOTLINE# (618) 397-0975 E Mail: info@callforhelpinc.org Web Site: www.callforhelpinc.org Hours: 24-hour facility

Area Served: Primarily St. Clair County

Services Offered: SEXUAL ASSAULT VICTIMS CARE UNIT - The Mission of the Sexual Assault Victims Care Unit is to end sexual violence and alleviate the suffering of sexual assault victims by providing support through counseling, advocacy, and community prevention services. Our Crisis/Hotline Number 618-397-0975 is answered 24 hours a day, 7 days a week. Please contact us if you or someone you know is the victim of rape, molestation, harassment, or other sexual assault. In addition to the 24/7 Crisis Line, we provide medical and legal advocacy. We can also provide educational presentations on sexual assault awareness to schools, community, and professional groups. COMMUNITY COUNSELING SERVICES - We offer mental health counseling services to the community. Our counselors work with adults, adolescents, and couples. We help individuals develop insight and acquire tools that will hopefully enable them to lead more fulfilled and balanced lives. Counseling services are provided in a confidential, comfortable, and safe atmosphere. We offer a highly personalized approach tailored to individual needs. Our mental health counselors provide competent, professional, and compassionate care. COMMUNITY STABILIZATION PROGRAM - Through this residential program, people with mental illness who have become homeless receive help to stabilize their lives and return to the community. While residing at the Community Stabilization Program, participants attend group sessions where they work to improve self-esteem, social competence, symptom management and help build and develop the long-term life skills necessary to transition to successful independent living. The Community Stabilization Program is located at 9400 Lebanon Road, East St. Louis, IL 62203. Direct program inquiries (618) 397-0977. CONTINUED...

#### Call for Help, Inc:

THE LIVING ROOM MENTAL HEALTH & CRISIS CENTER - The Living Room Center welcomes adult clients who are experiencing anxiety, depression, thoughts of suicide, or other life challenges. It offers immediate crisis and mental health support in a calm and comfortable environment. Services are free and confidential, and no appointment is necessary. Services offered include peer support, mentoring, skills development, employment support and resource connections. For more information, call (618) 397-0968, extension 109. UNDERSTANDING OUR MINDS - Is a new service that includes a multitude of weekly groups and activities aimed at supporting clients who suffer from mild to chronic mental health issues. These supports and services will help participants attempt to reduce the overall frequency, length, and severity of future crises. Examples of Groups: Emotional Maintenance, WRAP Groups (individual/group) AA, NA, SMART Recovery, LGBTQ support groups, schizophrenia support, bipolar support, monthly social events, and Tai Chi. TRANSITIONAL LIVING CENTER - This program serves homeless mothers and their young children. This residential program provides services to assist young families to build and develop the skills necessary to live successfully and independently in the community. During a stay at the Transitional Living Center, participants receive a variety of services including individual and group counseling, intensive case management, life skills training, job readiness training, educational opportunities, and parenting classes. The Transitional Living Center attempts to instill long-term changes in families' lives, ultimately breaking the cycle of poverty. Please contact us if you know of a mother with small children who is homeless at 618-397-0968. The Transitional Living Center is located at 9400 Lebanon Road, East St. Louis, IL 62203. INFORMATION & REFERRAL - Families and individuals in poverty may be unable to pay for rent, utilities, and other essentials. Call For Help can connect them with community resources to meet these basic needs.

#### **Caritas Family Solutions**

8601 West Main Street Belleville, IL 62223 Phone: (618) 213-8700 Toll Free: (877) 722-2748 E Mail: outreach@caritasfamily.org Web Site: caritasfamilysolutions.org

Hours: Monday thru Friday 8:30 am to 4:30 pm

Area Served: Southern and Central Illinois – 42 county service area

**Services Offered:** Adoption Services, Pregnancy Care, Counseling, Foster Care, Intact Family Services, Fontebella Maternity Home, St. John Bosco Children's Center, Community Integrated Living Arrangements, Fox River Assisted Living, and Senior Employment. **Locations:** 

- Agency Headquarters, 8600 West Main Street Suite 201, Belleville, IL 62223
- Senior Community Service Employment, 900 Royal Heights Road, Suite 2150, Belleville, IL 62226 (618) 394-5900
- St. John Bosco Children's Center, 900 Royal Heights Road, Suite 1150 Belleville, IL 62226 (618) 688-1150

#### **CASA of Southwestern Illinois**

1801 North Belt West
Belleville, IL 62226
Phone: (618) 234-4278
Email: mechiko.casa@gmail.com
Web Site: www.casa.thepeoplesmedia.biz/casa
Hours: Monday thru Friday – 8:30 am to 4:30 pm
Area Served: St. Clair, Monroe, and Madison Counties
Services Offered: Advocates on behalf of abused and neglected children 0-18 going through the court system and court proceedings.

#### Catholic Children's Home

1400 State Street Alton, IL 62002 Phone: (618) 465-3594 E Mail: info@catholicchildrenshome.com Web Site: www.catholicchildrenshome.com Cost: Please call for more information. Hours: Monday thru Friday – 7:30 am to 5:00 pm Area Served: State of Illinois

**Services Offered:** Provides emergency shelter, diagnostic and long-term residential services for boys ages 11 through 18 who are victims of abuse or neglect. An additional transitional living program prepares males ages 7 through 21 for successful self-sufficient community living. Catholic Children's Home also has a Special Education Department that provides year-round educational and therapeutic services for students ages 5 to 21, who due to a variety of social, emotional and/or educational difficulties, have been unsuccessful in public structure and who need intensive, individualized educational and therapeutic services.

#### Catholic Urban Programs

#7 Vieux Carre Drive
East St. Louis, IL 62203
Mailing Address: P.O. Box 3310, East St. Louis, IL 62203
Phone: (618) 398-5616
E Mail: cup@diobelle.org
Web Site: www.catholicurbanprograms.org
Hours: Monday thru Friday – 9:00 am to 5:00 pm
Area Served: St. Clair County

**Services Offered:** Provides emergency services such as food, shelter, clothing, transportation, transient assistance, and referral. Programs include Housing Security, Crisis Intervention, Out of School Time Programming at the Griffin Center, Self-Sufficiency, and The De Porres Project.

#### The Center for Senior Renewal

Alton Memorial Hospital #1 Memorial Drive Alton, IL 62002 **Phone:** (618) 463-7895 **E Mail:** map3737@bjc.org

Website: <u>https://www.altonmemorialhospital.org/Medical-Services/Senior-Care/Center-for-</u> Senior-Renewal

Area Served: Madison and St. Clair Counties

**Services Offered:** An outpatient counseling program focused on restoring quality of life for seniors facing emotional issues. We provide individual and group therapy, psychiatric care and coordination with community resources and other treatment providers. Regular patient involvement is an essential aspect in providing the most effective treatment to meet every client's goals.

#### Centerstone

2615 Edwards Street Alton, IL 62002 Phone: (618) 462-2331 Alton 24 Hour Hotline: (618) 465-4388 Web Site: https://centerstone.org

Cost: Please call for more information.

Hours: Monday and Friday - 8:45 am to 5:00 pm; Wednesday and Thursday -

8:45 am to 8:00 pm

**Area Served:** Adults in northern Madison County; children and adolescents from throughout Madison County.

**Services Offered:** 24-Hour crisis services; community support services for children and adults; counseling services for children, adults, couples, and families; medication assisted recovery services for adults; psychiatric and medical services; residential and housing services for adults; senior and caregiver services; substance abuse counseling; and DUI services.

#### **Cerebral Palsy of Southwestern Illinois**

100200 Old Lincoln Trail Fairview Heights, IL 62208 **Phone:** (618) 233-0210

WebSite:<u>https://www.facebook.com/pages/Cerebral-Palsy-of-Southwesternillinois/154467161259694</u> Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: Residents of Bond, Clinton, Madison, Monroe, Randolph, St. Clair, and Washington Counties who have cerebral palsy and/or similar developmental disability needs.

**Services Offered:** Case management, advocacy, referrals, sensitivity training program, community presentations, residential services (CILA), and Home Based Service Facilitation.

#### Challenge Unlimited, Inc.

#4 Emmie L. Kaus Lane Alton, IL 62002 Phone: (618) 465-0044 or (800) 464-7100 TTY: (618) 465-7307 Web Site: www.cuinc.org

**Cost:** Fees for services are provided through secondary funding agencies based on need.

Hours: Monday thru Friday – 8:00 am to 4:30 pm

#### Area Served: Greater Metro East Area

**Services Offered:** Provides employment opportunities and training for individuals with disabilities. Vocational Evaluation, Transitional Work Services, Supported Employment and Placement Services offered. Residential placement and training of independent living skills offered through Challenge Unlimited, Inc., affiliate company Residential Options, Inc. The cost varies by program. Community Day Services Centers in Alton and Swansea provide rehabilitation services for individuals who are mentally, emotionally, and physically disabled.

#### **Chariti Home Ministries**

P.O. Box 23426 Belleville, IL 62221 Phone: (618) 300-0771 E Mail: <u>charitihome.nfp@gmail.com</u> Web Site: <u>www.charitihome.org</u>

Area Served: St. Clair County

**Services Offered: PARENTING SKILLS** - Creating Lasting Bonds. We see every challenge as an opportunity, and this initiative helps us ensure that parents are better prepared to manage challenging situations. We are invested in an innovative approach that empowers parents and delivers support when needed. **SUPPORT SERVICES** – Making a Difference. Through our Support Services, we have the potential to make real and positive change in the community. This is a key area of focus at Chariti Home Ministries. Get in touch with us today and see how you can lend a helping hand. **INDEPENDENT LIVING** – Empowering Parents. The resources we provide help to empower participants toward effective household management, budgeting, building positive parenting skills and access to resources. **CRISIS MANAGEMENT** – Linking Parents to Safety. We offer resources to participants through external mentoring program and community partnerships.

#### **Chestnut Health Systems**

12 North 64<sup>th</sup> Street Belleville, IL 62223 Phone: (618) 877-4420 Crisis Line: (618) 877-4420 Web Site: www.chestnut.org

**Cost:** Sliding scale, Medicaid required for some services **Hours:** Monday-Friday – 8:00 am to 5:00 pm

Area Served: St. Clair and Madison Counties

**Services Offered:** A comprehensive array of behavioral healthcare and substance use disorder services including: addiction treatment services for adolescents and adults; prevention services; individual and group outpatient therapy/counseling for adults, children and adolescents, **CONTINUED...** 

#### Chestnut:

24-hour crisis intervention services supervised and supported housing, psychosocial rehabilitation, vocational services, pre-admission screening for nursing facility placement, adult case management, mental health juvenile justice for adolescents, and psychiatric services for children, adolescents and adults.

#### **Children First Foundation**

1909 Dublin Boulevard, Suite B Belleville, IL 62221 Phone: (618) 235-6192 Web Site: www.children1stfoundation.org

**Cost:** Please call for more information.

Hours: Monday thru Friday – 9:00 am to 4:00 pm

Area Served: St. Clair and Madison Counties

**Services Offered: Visitation Exchange Centers** – Neutral site for court ordered child exchanges. Locations in Belleville at 1909 Dublin Boulevard and Wood River at Madison County Kids Corner. There is no cost for this program. **Kids Helping Kids** – Counseling services for children of divorced and separated families. Cost varies by therapist. **Children First Program** – Administers the court mandated divorce education program for the 20<sup>th</sup> and 3<sup>rd</sup> Judicial Circuits. To schedule in St. Clair County call 618-236-2099 between 9:00 am and Noon; to schedule in Madison County call 618-251-6214 between 9:00 am and Noon.

#### Children's Home and Aid

2133 Johnson Road, Suite 104 Granite City, IL 62040 Phone: (618) 452-8900 Web Site: www.childrenshomeandaid.org Cost: Please call for more information. Hours: Monday thru Friday – 9:00 am to 5:00 pm Area Served: Southern Illinois

**Services Offered:** Provides adoption services; child and family counseling; early childhood care and education; foster care; adoption and guardianship preservation; intact family services; parent support; youth services. Serves Bond, Clinton, Jersey, Macoupin, Madison, Monroe, Randolph, St. Clair, and Washington Counties.

#### Children's Home and Aid: Other Locations:

- #6 Crossroads Court, Alton, IL 62002 (618) 462-2714
- 120 East A Street, Belleville, IL 62220 (618) 235-5335
- 601 James R. Thompson Blvd, Building E, East St. Louis, IL 62201 (618) 874-0216
- 357 North Main Street, Breese, IL 62230 (618) 526-8348
- 109 Lou Ann Drive, Herrin, IL 62948 (618)988-1330

## Clinton Manor Living Center (ICFDD) And Southern IL Community Support Services

111 East Illinois Street
New Baden, IL 62265
Phone: (618) 588-4924
Web Site: www.mylifemychoicemyhome.org
Cost: Call for more information.
Hours: Office hours are Monday thru Friday – 8:00 am to 5:00 pm

Area Served: St. Clair and Clinton Counties

Services Offered: Clinton Manor Living Center offers residential supports in an Intermediate Care Facility for the developmentally disabled (ICFDD). In many cases they work in cooperation with Community Link, SAVE, and Challenge Unlimited to provide community day services, sheltered employment and various other opportunities and options chosen by the individuals served and supported. Individual's work, receive special training, join in community activities, and develop meaningful relationships with peers. So. IL Community Support Services (SICSS) offers residential supports called CILA (Community Integrated Living Arrangements). These home and apartment settings (provide to the least degree) an individual to live as independently as possible.

#### **Community Integration Services (CIS)**

**CILA Residential Services** 212 South 32<sup>nd</sup> Street Belleville, IL 62226 **Phone:** (618) 310-1549 **E Mail:** twocilas@yahoo.com

**Services Offered:** CIS provides 24 hour residential CILA services for adults with intellectual disabilities. Community Integration Services (CIS) operates several Community Integrated Living Arrangements (CILA) in the Belleville area. Each home provides 24 hour supervision. Services are tailored to the individual's unique needs. Services can include case management, community integration, behavior modification, psychiatric services, and nursing services.

#### **Community Link**

9815 Bunkum Road Fairview Heights, IL Corporate Administrative Office 1665 N Fourth Street Breese, IL 62230 Phone: (618) 526-8800 E Mail: info@commlink.org Web Site: www.commlink.org

**Area Served:** Community Link serves clients with community day services (CDS) and community home-based services (HBS) in three locations: Fairview Heights Metro, Breese East, and Breese West. Community Link also provides residential CILA supports in the communities of Aviston, Breese, Carlyle, Germantown, and Highland.

**Services Offered:** Community Link serves children and adults who have developmental disabilities. Children's programs include Early Head Start, Prevention, Children's Waiver, and First Step. Adult programs include Adult Day Services, Community Services, and Residential Services.

#### ComWell – Where Community Meets Wellness

(Formerly Human Service Center)

10257 State Route 3 Red Bud, IL 62278 **Phone:** (618) 282-6233

Web Site: <a href="https://comwell.us">www.https://comwell.us</a>

Cost: Sliding scale

Hours: Monday thru Friday – 8:30 am to 5:00 pm. Evening hours are available upon request.

Area Served: Southern Illinois

**Services Offered:** Promoting positive, healthy changes for individuals and communities through engagement, education, treatment, and recovery. We strive to be an agency where community meets wellness in the areas of Emergency Services, Mental Health Services, Substance Misuse Services, Developmental Disabilities Services, Residential Services, Educational Services, and an available Food Pantry.

#### **Other Locations:**

- 2517 State Street, Chester, IL 62233 (618) 826-4547
- 109 W. Elm Street, Okawville, IL 62271 (618) 243-2091
- 104 Northtown Drive, Sparta, IL 62286 (618) 443-3045

#### **Comprehensive Behavioral Health Center**

505 South 8<sup>th</sup> Street East St. Louis, IL 62201-2919 **Phone:** (618) 482-7330 **Fax:** (618) 482-4351 **E Mail:** thecenter@cbhc1.org

Web Site: <a href="http://www.cbhc1.org">www.cbhc1.org</a>

**Cost:** Services at CBHC are provided regardless of the ability to pay and discounts are available based on family size and income.

Hours: Monday thru Friday – 8:00 am to 5:00 pm.

**Area Served:** Stites, Sugarloaf, Canteen, East St. Louis, Centreville, Cahokia, East Carondelet, Dupo, Washington Park, Alorton, Brooklyn, Fairmont City, National City, Sauget, and Caseyville west of Highway 157.

**Services Offered:** Emergency and Crisis Intervention services are offered 24-hours a day, seven days a week. Professional staff provide walk-in, outreach, and telephone intervention to persons of all ages who may be in crisis. Clients experiencing acute distress requiring protective care will be referred to the local hospitals or the Alton Mental Health Center. Services include Therapy & Transitional Services; Linkage & Hospitalization Aftercare; Residential Services; Specialized Children Services; Consultation/Education to Community; Crisis Intervention; Substance Use Treatment Services; Project for Assistance in Transition from Homelessness (PATH), Case Management Services; Opiate Treatment Services; and Adult Re-Deploy.

# D

#### **Deaf Support Group**

IMPACT Inc.-2735 E. Broadway Alton, IL 62002 **Phone:** (618) 462-1411 **TTY:** (618) 474-5333 **Toll Free:** (888) 616-4261 **Web Site:** www.impactcil.org

**Services Offered:** Offers support and fellowship to deaf and hearing impaired people. Please call for more information.

#### **DBSA of Southern Illinois**

Call for Help Recovery Support Center Belleville, IL 62220 Phone: (618) 397-0968 ext. 109 (618) 444-6927 or (618) 581-4179 Email: dbsahopebelleville@gmail.com Services Offered: Group meets Thursdays at 6pm and Saturdays at Noon. Depression and Bipolar Support Alliance Website: <u>http://www.dbsalliance.org/site/PageServer?pagename=home</u>

DBSA support groups provide an opportunity to hear and talk to others about mood disorders, to begin new friendships, and be updated on the latest research information and new therapy treatments. The meetings focus on the daily coping skills necessary to manage the disability and to live a full, productive, and quality life.

#### **DD Homes Network**

Phone: (866) 363-7909 Web Site: www.https://ddhomes.net

**Services Offered:** DD Homes provides residential services to adults with developmental disabilities. They are committed to creating a positive, respectful, and engaging environment that facilitates independent living for individuals. They have been providing residential supports for 35 years in locations across IL. In the Metro East, they have homes located in Freeburg (Freeburg Terrace), Waterloo, Edwardsville, Alton, and Wood River.

#### Diocese of Belleville - Office of Youth Ministry

2620 Lebanon Avenue Belleville, IL 62221 Phone: (618) 235-9601 ext. 1302 Web Site: www.diobelle.org

**Cost:** No individual fee; local churches are encouraged to remit an annual support fee for services.

Hours: Monday thru Thursday – 8:00 am to 4:30 pm; Friday – 8:00 am to Noon

Area Served: 28 counties of Southern Illinois

**Services Offered:** Socialization and community service opportunities for high school youth; leadership opportunities for high school youth through an annual Youth Conference; training in cultural diversity for elementary school students. Leadership training for adult youth leaders at the local church level.

#### **Disabled American Veterans National Headquarters**

3725 Alexandria Pike
Cold Spring, KY 41076
Phone: (877) 426-2838 or (859) 441-7300
Web Site: www.dav.org/veterans
Mailing Address:
VA Regional Office - 9700 Page Avenue, Suite 101, St. Louis, MO 63132
Phone: (314) 253-4429
Services: Mobile services travel to smaller rural communities/counsel/assist veterans with benefits. Information seminars homeless veterans-Promote support housing, disaster relief.

#### East St. Louis Agreement for Special Education

1005 State Street East St. Louis, IL 62201 Phone: (618) 646-3000 Web Site: www.estl189.com Hours: Monday thru Friday – 8:00 am to 4:00 pm Area Served: School Districts 188 and 189 Services Offered: Comprehensive program for handicapped children, three to 21 years of age.

#### East Side Health District

Administration and East St. Louis Clinic

638/650 North 20<sup>th</sup> Street East St. Louis, IL 62205 **Phone:** (618) 271-8722 or (618) 874-4713

Web Site: <u>www.eshd.org</u>

**Cost:** Please call for more information. Medicaid accepted.

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: Canteen, Centreville, East St. Louis, and Stites Townships

**Services Offered:** Provides adverse pregnancy outcome reporting service; newborn screening; Childhood Preventive Lead Screening; AIDS counseling and testing program; communicable disease program; sexually transmitted disease program; immunization clinic; Women, Infant and Children (WIC) Program; vital statistics (birth and death certificates;) dental health; influenza vaccine program; school physicals; Well Child Clinic; AIDS Consortia Case Management; environmental health (inspection of water supply, food service establishments, sewage disposal and solid waste.) Healthy Heart education for women, abstinence education (teens and grade schools,) abstinence library available to community.

#### Other Locations:

Cahokia Clinic – 1274 Camp Jackson Road, Cahokia, IL 62206

(618) 337-4178 Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

Washington Park Clinic - 5540 Bunkum Road, Washington Park, IL 62204

(618) 874-4627 Hours of Operation – Monday and Tuesday – 8:00 am to 4:30 pm

Fairmont City Clinic – 2568 North 41st Street, Fairmont City, IL 62201

(618) 271-7550 Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

East Side School Base Clinic - 4901 State St, East St. Louis, IL 62205

(618) 482-4562 Hours of Operation – Monday and Wednesday – 8:00 am to 4:30 pm-Friday 1-4:30pm

Public Health Emergency Contact After hours (618) 409-7855

Cahokia School Base Clinic - 800 Range Lane, Annex Building, Cahokia, IL 62206

(618) 337-3117 Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

Vivian Adams Clinic – 501 North 10<sup>th</sup> Street, East St. Louis, IL 62201

(618) 646-3296 Hours of Operation – Tuesday and Thursday – 8:00 am to 4:30 pm-Friday 8amnoon.

#### East St. Louis Housing Authority

700 North 20<sup>th</sup> Street East St. Louis, IL 62205 **Phone:** (618) 646-7100 Emergency After hours: (618) 646-7200. Public Safety Contact Number: (618) 225-0377 **Web Site:** <u>www.eslha.org</u> **Hours:** Monday thru Friday – 8:30 am to 5:00 pm

Area Served: East St. Louis and surrounding communities in St. Clair County

**Services Offered:** Provide safe, decent, and affordable housing to senior citizens, disabled and low/moderate income families. Promote, in partnership with community agencies and faith-based organizations, resident empowering through education, training, job development and home ownership.

#### **Epilepsy Foundation of Greater Southern Illinois**

3515 North Belt West, Belleville, IL 62226 Phone: (618) 236-2181 Toll Free: (866) 848-0472 E Mail: trudyb@epilepsygsil.org Web Site: www.efgreatersil.org Cost: None

Hours: Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** Bond, Clinton, Madison, Monroe, St. Clair, Randolph, and Washington Counties **Services Offered:** Provides Client and Family Support, Intermittent Residential Services, Community Integrated Living Arrangement (CILA) Services, Home Based Services (HBS), Children's Camp Program CAMP ROEHR, and Community Education Services.

# F

#### **Family Hospice**

5110 West Main Street Belleville, IL 62226 Phone: (618) 277-1800 E Mail: info@familyhospice.org

Web Site: www.familyhospice.org

**Cost:** Medicare/Medicaid, private insurance; Family Hospice provides care to patients regardless of their ability to pay.

Hours: Monday thru Friday – 8:30 am to 4:30 pm

**After Hours:** Week-ends and holidays you may contact a Hospice representative and/or the Hospice on-call nurse by calling the Family Hospice office at 618-277-1800.

Area Served: St. Clair, Randolph, Clinton, Madison, Monroe, and Washington Counties

**Services Offered:** Provide services to individuals and their families who are experiencing the last phase of an incurable disease; 24-hour on-call services available. Provides children's bereavement program which includes grief counseling for children and educational presentations regarding death and dying. Also offers grief support programs for teens who have experienced the death of a loved one and for parents who have lost a child of any age, to death.

#### Franklin Neighborhood Community Association

308 North 2<sup>nd</sup> Street Belleville, IL 62220 **Phone:** (618) 233-1710 **E Mail:** <u>fnca118@yahoo.com</u> **Website:** fnca118.wixsite.com/visit

Hours: 8:00 am to 5:00 pm

#### Area Served: Franklin, Jefferson, and Henry Raab Neighborhoods

**Services Offered:** Structured after-school programs, neighborhood open gym/youth nutrition programs, Honor Student Lunch, Halloween Safe Stop, random acts of kindness vouchers-school store, summer day camps, summer camp library and tutoring opportunities, camperships to various summer camp programs, Neighborhood Watch programs, babysitter training, home protection/fire safety programs, neighborhood clean-up/recycling and environmental programs.

# G

#### **Gamblers Anonymous**

**Phone:** To speak with a local GA member contact our hotline at (855) 222-5542 **Web Site:** <u>www.gamblersanonymous.org</u> (International) **Web Site:** <u>http://stlga.org/meetings.html (</u>Local)

**Services Offered:** A fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from a gambling problem. Meetings are held on Mondays and Thursdays at 7:30 pm at the Union United Methodist Church, 721 East Main Street, Belleville. Entrance is on the second floor. Open Meeting.

#### **Gateway Foundation**

1 Bronze Pointe Swansea, IL 62226 Phone: (618) 234-9005 24 Hour helpline: (877) 505-4673 Web Site: www.recovergateway.org Cost: Sliding scale Hours: Monday thru Thursday – 9:00 am to 9:00 pm; Friday – 9:00 am to 5:00 pm Area Served: Metro East Services Offered: Outpatient program provides diagnostic and non-residential treatment for chemically dependent youth and adults; includes individual and group counseling, intensive outpatient and aftercare programs. Other Location:

600 West Lincoln, P.O. Box, Caseyville, IL 62232 (618) 345-8313 **Services Offered:** Provides residential and detox services.

#### **Gateway Regional Medical Center**

**Behavioral Health Services** 

2100 Madison Avenue Granite City, IL 62040

Main Phone: (618) 798-3000

Phone: (618) 798-3888 Behavioral Health Services

Web Site: <u>www.gatewayregional.net</u>

Cost: Insurance, Medicaid, Medicare, self-pay

Hours: 24-hour facility

Area Served: Southwestern Illinois

**Services Offered: Psychiatric Care for Children and Adolescents** - ages six to 17 years of age, offers individualized treatment programs that include family therapy, group therapy and individual therapy. **Psychiatric Geriatric Services** – cognitive disorder program offers treatment for patients aged 55 years or older experiencing symptoms of dementia, including Alzheimer's disease or mental impairments resulting from a stroke or physical condition. Our therapeutic program includes education, group therapy, individual and family counseling, medication management and recreational activities. Regularly scheduled meetings are held with a psychiatrist and a social worker to discuss follow-up plans and discharge arrangements. **CONTINUED...** 

# Gateway Regional Medical Center

#### Behavioral Health Services:

**Psychiatric Inpatient Services -** the therapeutic treatment program includes cognitive and dialectical behavior therapies, couples and family therapy, individual counseling, medication management, motivational enhancement, pain management, parenting training, and supportive listening and problem solving. Regularly scheduled meetings are held with a psychiatrist and a social worker to discuss follow-up plans and discharge arrangements.

#### **Community Behavioral Health Resources**

Gateway Regional Medical Center IOP (Adult) (618) 798-8155 Gateway Regional Medical Center Detox (New Vision) (618) 358-0200 Gateway Regional Medical Center Tele Health/Medicine Management (618) 798-8460

#### **Guardianship and Advocacy Commission**

Metro East Regional Office 4500 College Avenue, Suite 100 Alton, IL 62002 Phone: (618) 474-5503 Statewide TTY: (866) 333-3362

Web Site: http://gac.state.il.us

**Cost:** Fees may be imposed in certain situations.

Hours: Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** Bond, Clinton, Madison, St. Clair, Randolph, Monroe, Washington, Montgomery, Fayette, Macoupin, Jersey, Morgan, Greene, Scott, Pike, and Calhoun Counties

**Services Offered: Office of State Guardian (OSG)** – Appointed by the courts as a guardian of last resort, the OSG provides guardianship services to more than 4,500 persons with disabilities. **Legal Advocacy Service (LAS)** – Represents persons with disabilities at commitment hearings and makes counsel available to enforce the rights of those with disabilities under the Illinois Mental Health and Developmental Disabilities Code and other related laws. **Human Rights Authority (HRA)** – Conducts investigations of alleged rights violations by providers against people with disabilities. Also works closely with providers to help resolve rights issues.

# Η

### Harbor Light Center

3010 Washington Boulevard St. Louis, MO 63103-1390 Phone: (314) 652-3310

Web Site: <u>www.usc.salvationarmy.org</u>

**Services Offered:** Shelter, health care services, alcohol/drug rehabilitation services for homeless men, transitional living program for veterans, and job training program. To determine eligibility for any of these programs, please call (314) 286-3200.

### **Heartland Hospice**

333 Salem Place, Suite 165 Fairview Heights, IL 62208 Phone: (618) 632-0304 or (844) 329-0950 Email: <u>fairview@heartlandhospice.com</u> Web Site: www.heartlandhospice.com

**Area Served:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair, and Washington Counties **Services Offered:** Heartland Hospice provides patients with care wherever they consider home. Whether care is desired in the home a patient has lived in for years, a skilled nursing center or an assisted living facility, we tailor our caregiving to fit the patient's and family's unique needs.

### **Heartlinks Grief Center**

Family Hospice 5110 West Main Street Belleville, IL 62226 Phone: (618) 277-1800 E Mail: dcuddeback@familyhospice.org

Web Site: www.familyhospice.org or myheartlinks.com

**Hours:** 8:30-4:30 Mon-Fri, weekend/holiday- on call representative or nurse (Family Hospice) (618) 277-1800.

**Services Offered:** Heartlinks offers ongoing, monthly grief support for kids, teens, and families. There are four groups for children, ranging from preschoolers to teens. There is a **Caregiver Support Group** for anyone caring for a grieving child; **Parenting Alone** is for anyone who has had a parenting partner die. Adult Support Groups include **Facing the Future** is for any adult who has experienced the death of a loved one, be it child, sibling, spouse, friend or any other loss. **Aching Arms** is a program that Heartlinks partnered with Compassionate Friends to create. **Grief Support** to parents who have lost a child or adults grieving the loss of a sibling.

### Help at Home CILA Services

12 Emerald Terrace Swansea, IL 62226 Phone: (618) 355-9612 (877) 355-9612 E Mail: jpjones@helpathome.com

Web Site: <a href="http://www.helpathome.com/state/Illinois">www.helpathome.com/state/Illinois</a>

**Services Offered:** Help at Home operates 14 local community-based group homes where they provide support to meet the complex needs of adults with intellectual or developmental disabilities. They work closely with each individual and his or her family, whether providing personal support, or helping with community integration activities and opportunities to do meaningful work.

### Hospice of Southern Illinois

305 South Illinois Street Belleville, IL 62220 Phone: (618) 235-1703 or (800) 233-1708 E Mail: info@hospice.org Web Site: www.bospice.org

Web Site: <u>www.hospice.org</u>

**Cost:** Medicare, Medicaid, and private insurance; provide care regardless of ability to pay.

**Hours:** Monday thru Friday – 7:00 am to 5:00 pm. On call support 24 hours a day, Seven days a week.

Area Served: 27 counties of Southern Illinois

**Services Offered:** In order to enhance the quality for individuals of all ages and their loved ones touched by a terminal illness, the following services are provided: consultation with patient's primary physician; management of pain and symptom control; nursing services; counseling; volunteer services; and, bereavement services.

#### **Other Locations:**

300 East Main Street, Belleville, IL 62220 (618) 222-5905-Orange Team 204 Halfway Road, Marion, IL 62959 (618) 997-3030

### **Hoyleton Youth and Family Services**

350 North Main Street Hoyleton, IL 62803 Phone: (618) 493-7382 E Mail: info@hoyleton.org Web Site: www.hoyleton.org

Hours: Monday thru Friday – 8:00 am to 5:00 pm

Area Served: State of Illinois

**Services Offered:** Crisis services and case management services for runaway, homeless and high risk youth. Foster care and adoption. Independent living programs for pregnant and parenting DCFS wards. Independent living services also available for wards not pregnant or parenting. Case management services to DHS pregnant or parenting females. Residential services for emotionally disturbed children, developmentally disabled and independent living services offered from campus program.

### **Other Locations:**

463 North 88<sup>th</sup> Street, East St. Louis, IL 62203 (618) 398-0557 5601 State Street, East St. Louis, IL 62203 (618) 213-3170 Administration Location: 8 Executive Dr. Ste 200, Fairview Heights, IL 62208 (618) 688-4727.

### Human Support Services (HSS)

988 North Illinois Route 3 P.O. Box 146 Waterloo, IL 62298-0146 Phone: (618) 939-4444 TDD: (618) 939-2043 E Mail: hss@hss1.org

Web Site: www.hss1.org

**Cost:** Varies, most on sliding fee scale.

Hours: Monday, Tuesday, and Thursday – 8:00 am to 8:00 pm; Wednesday and Friday – 8:00 am to 5:00 pm

Area Served: Monroe County

**Services Offered: MENTAL HEALTH** – Counseling, Crisis Services, Substance Use Services, Youth Services; Dementia Caregiver Services. **HOUSING** – CILA, Mental Health Housing. **EMPLOYMENT** – Building Futures and Bed & Breakfast.

# I

#### **Illinois Center for Autism**

Carol A Madison Campus 548 South Ruby Lane Fairview Heights, IL 62208 Phone: (618) 398-7500 E Mail: <u>info@illinoiscenterforautism.org</u> Web Site: <u>www.illinoiscenterforautism.org</u> Hours: Monday thru Friday – 8:30 am to 5:00 pm Area Served: Southern Illinois

**Services Offered:** ICA offers programs for individuals with autism and I/DD. **Special Day School Programs & Transition** - offers year round educational programming to students between the ages of 3 and 21 diagnosed with autism, cognitive disabilities, specific learning disabilities, speech-language impairments, emotional disabilities, other health impairments and developmental delays. **Adult Services Program** – facilitates vocational skills training, independent living skills, transportation training and recreational and leisure activities for adults with ASD. Our adult services program provides communication skills support, social skills training, and supportive employment services. **Client & Family Support Program** - offers a wide array of services based on individual choice. The Client/Family Support Program provides advocacy, education, and support to individuals with ASD and their families. The services provided are respectful of cultural structures and values, these may include but are not limited to race, cognitive ability, ethnicity, social and/or economic status, living arrangements, sexual preferences, age, gender and/or religion.

#### Other Location:

Belleville Campus - 1306 Wabash Avenue, Belleville, IL 62221 (618) 416-7100 Pasta Fare & Petals Remembered - 5900 North Illinois, Fairview Heights, IL 62208 (618) 632-9077

### **Illinois Department of Children and Family Services**

Springfield Headquarters 406 East Monroe Springfield, IL 62701-1498 Phone: (217) 785-2509 TDD: (217) 785-6605 Web Site: www.state.il.us/dcfs

web Sile: <u>www.state.ii.us/dcis</u>

Hours: Monday thru Friday – 8:30 am to 5:00 pm

To report suspected child abuse or neglect, call the Child Abuse Hotline: 1-800-25-ABUSE (22873)

**Services Offered:** Provides protective services for children who are neglected, exploited and/or abused; child welfare services that include family counseling, foster care, day care, homemaker, and adoption services. Online mandated reporter training.

### Illinois Department of Children and Family Services: Local Offices:

10 Collinsville Avenue, East St. Louis 62201 (618) 583-2100 200 North Center, Alton 62002 (618) 466-7014 1220 Centerville Ave, Belleville 62220 (618) 257-7500 559 12<sup>th</sup> Street, Carlyle 62231 (618) 594-4541 10 Collinsville Ave., East St. Louis 62201 (618) 583-2100 10251 Lincoln Trail, Fairview Heights 62208 (618) 394-2100 1925 Madison Ave., Granite City 62040 (618) 876-8985 1407 Vaughn, Wood River 62095 (618) 259-8400 202 West Jackson St., Sparta, IL 62286 (618) 443-4317

### Illinois Department of Human Services Division of Developmental Disabilities IDHS/DDD

Iles Park Complex 600 East As, Building 400, Mail Stop 1 South Springfield, IL 62703 **Phone:** (217) 782-3075 Fax (217) 558-1509 **Web Site:** <u>www.dhs.state.il.us</u> **Hours:** Monday thru Friday – 8:30 am to 4:00 pm

Area Served: State of Illinois

**Services Offered:** IDHS/DDD provides the leadership for the management, design, and delivery of services and supports for individuals who have developmental disabilities in Illinois. **Region Representative, Roberta Driver –** Locally coordinates community funded services for persons with developmental disabilities and handles waiver service requests, individual/family inquiries, refers to and works closely with the Independent Service Coordination (ISC) agencies in the Southern Region. Madison and St. Clair counties local ISC is Prairieland Service Coordination Inc. Phone number: (618) 288-1897 (800) 866-8779. Address: 2130 A Vadalabene Drive, Maryville, IL 62062

#### Illinois Department of Human Services Division of Rehabilitation Services

601 South High Street Belleville, IL 62220 Phone: (618) 235-5300 TTY: (888) 460-5133 Web Site: www.dhs.state.il.us

Hours: Monday thru Friday - 8:30 am to 5:00 pm

Area Served: St. Clair, Clinton, Randolph, Monroe, and Madison Counties

**Services Offered:** Provides services to persons with disabilities; assists in obtaining employment placement, counseling, training, and services; chores and housekeeping, homemaker, home health and respite.

### Other Location:

601 James R. Thompson Boulevard, East St. Louis 62201 (618) 583-2560 or (888) 460-5117(TTY)

### Illinois Department of Human Services Division of DHS-Family Community Resource Center

225 North 9<sup>th</sup> Street East St. Louis, IL 62201 **Phone:** (618) 583-2300 **TTY:** 1-866-740-3931

Web Site: <u>www.dhs.state.il.us</u>

Hours: Monday thru Friday – 8:30 am to 5:00 pm

**Services Offered:** Administers the programs of Assistance to the Aged, Blind and Disabled; Aid to Dependent Children and Project Chance; provides food stamps and medical assistance. **Services Offered:** Assists consumers having insurance problems, complaints or questions regarding an insurance company, agency, or agent. Provides information on health, auto, homeowners and life insurance.

### **Illinois Department of Public Health**

Edwardsville Regional Office 22 Kettle River Drive Glen Carbon, IL 62034 **Phone:** (618) 656-6680 **Web Site:** <u>www.idph.state.il.us</u>

Hours: Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington, Calhoun, Jersey, Macoupin, Montgomery, Christian, Sangamon, Morgan, Scott, Pike and Greene Counties **Services Offered:** Provides evaluation of quality care in health care facilities; provides consultation, education and technical assistance with health planning and disease control; administers programs and activities related to the identification, investigation and control of public health hazards and diseases.

### **Illinois Department of Veterans Affairs**

#10 Collinsville Avenue
East St. Louis, IL 62201
Phone: (618) 583-2065
E Mail: vaoffice.st-clair1@illinois.gov
Web Site: http://www. illinois.gov/veterans
Hours: Daily 8am to 4pm
Area Served: Metro East
Services Offered: Provides assistance to veterans, their dependents, and survivors in applying for benefits.
Other Locations:
4519 West Main Street, Belleville, IL 62226
VSO: Michelle Bess (618) 233-8445
Monday thru Friday – 8:00 am to 4:00 pm or
VSO: Julie Law (618) 233-5140
M/T/TH/F 8:30-5:00pm

E Mail: vaoffice.st-clair2@illinois.gov

### Illinois Department of Veteran Affairs

SWIC – Belleville Veterans Service Office

2500 Carlyle Avenue, Belleville, IL 62222 (618) 222-5226 First Tuesday of the month, 9:00 am to 4:00 pm 606 W. St. Louis Ave. Suite 1, East Alton, IL 62024 (618) 258-9860 Daily except  $2^{nd}$ ,  $3^{rd}$ , and  $4^{th}$  Wednesday 8:30-4:30pm

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### **Karla Smith Foundation**

200 N Lincoln O'Fallon, IL 62269 Phone: (618) 624-5771 or (888) KSF-HOPE E Mail: info@karlasmithbehavioralhealth.org Web Site: www.karlasmithbehavioralhealth.org

**Services Offered:** Designed as a life-skill building and therapeutic facility that provides treatment, rehabilitation, and education through a full spectrum of services for individuals and families. We offer outpatient clinical therapy for depression, bipolar and other behavioral health issues.

**Support group for the family and friends of anyone with a mental illness.** Meetings are held the first Thursday of every month from 7:00 pm to 8:30.

**Support group for anyone who has lost a loved one to suicide**. Meetings are held the second Thursday of every month from 7:00 pm to 8:30 pm.

L

Land of Lincoln Legal Assistance Foundation, Inc. Legal Advice and Referral Center (LARC) Administrative Office Dorothy O. Cook Community Law Center 8787 State Street, Suite 201 East St. Louis, IL 62203-2026 Phone: (618) 398-0574 Web Site: www.lollaf.org Offices: East St. Louis Office Dorothy O. Cook Community Law Center 8787 State Street East St. Louis, IL 62203 Phone: (618) 398-0958 Area Served: Serving low income clients in Clinton, Monroe, Randolph, St. Clair, Washington, and Fayette Counties. Alton Office 310 Easton Street, Suite 330 Alton, IL 62002 Phone: (618) 462-0029 Toll Free: (800) 642-5570 Area Served: Serving low income clients in Adams, Bond, Brown, Calhoun, Greene, Hancock, Jersey, Macoupin, Madison, Montgomery, Pike, and Schuyler Counties.

### Lebanon Terrace or HELP/Lebanon Terrace

221 East Third Street Lebanon, IL 62254 Phone: (618) 537-4133 or (888) 208-8098 Web Site: www.ddmsllc.com/locations/lebanon-terrace E mail: support@ddmsllc.com

**Services Offered:** A neighborhood based 16-bed group home for adults with developmental disabilities. Everyone served is supported by a full team of professionals and consultants who, in collaboration with the individual and their family, develop a personalized support plan that focuses on the wants, needs and desires of the individual served. Please call for more information or to schedule a visit.

### Lessie Bates Davis Neighborhood House - Main Office

1200 North 13<sup>th</sup> Street East St. Louis, IL 62205 **Phone: (**618) 874-0777 **Web Site:** <u>www.lessiebatesdavis.org</u>

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Area Served: St. Clair County

**Services Offered:** Provides daycare, community and youth services; homemaking services for older adults. Family support services, recreation programs, emergency assistance for utilities/rent/clothing. Adult day care services.

### Other Locations:

Family Development Center, 1045 State Street, East St. Louis 62205 (618) 875-2211 Mary E. Brown Center, 606 South 15<sup>th</sup> Street, East St. Louis 62205 (618) 875-2131 Continuum of Life Care Center/Paulyn House, 1274 North 37<sup>th</sup> Street, East St. Louis 62204 (618) 271-2522 Trinity Outreach Center, 5110 Forest Blvd., Washington Park 62204 (618) 482-4246 Lessie Bates Davis Adult Day Services, 8601 Washington St., ESL, IL 62203 (618) 213-8290

### LINC, Inc. (Living Independently Now Center)

Main Office – St. Clair County

15 Emerald Terrace, Suite 200

Swansea, IL 62226

Phone: (618) 235-9988 Voice

TTY: (618) 235-0451

Video Phone: (618) 310-0054

E Mail: info@lincinc.org

Web Site: www.lincinc.org

**Hours:** Monday thru Thursday – 8:00 am to 5:00 pm; Friday – 8:30 am to Noon **Area Served:** St. Clair, Monroe, and Randolph Counties

**Services Offered:** Not-for-profit, non-residential organization managed and operated by and for persons with disabilities. Provides information and referral, individual and systems advocacy, training in independent living skills, peer counseling, home services/personal assistance, home modification, pre-employment skills training, technical assistance/ADA and community education.

### Other Programs:

### **Brain Injury Association of Illinois**

Phone: Barbara Norris (618) 616.1700 or Lynn Hatfield 618.235.9988

**Services offered:** Support to individuals with a brain injury from an accident, stroke, infection, or other related cause. Strader Rehab – offers a support group every Thursday 10:30am-noon. **Other Locations:** 

Monroe County Office: Western Egyptian Building, 207 West 4<sup>th</sup> Street, Waterloo, IL 62298 (618) 317-4028 Hours: Monday thru Friday – 8:00 am to 3:00 pm

Red Bud Office: 332 North Main St. Red Bud, IL 62278

(618) 282-2123 Hours: Tues & Wed. 9-4pm.

### Lutheran Child and Family Services of Illinois

317 West Main Street Belleville, IL 62220 Phone: (618) 234-8904 or (800) 363-LCFS Web Site: www.lcfs.org

**Cost:** Please call for more information.

Hours: Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** All people with demonstrated needs are eligible for services, regardless of race, religion or financial means.

**Services Offered:** Foster care, adoption, home-based services, and vocational assistance. Individual, marital, and family counseling. Family Life Education and Pregnancy Counseling. **The Fast St. Lewis Fathers' Center** is leasted s/a Unity Lutheran Church. 4200 Casewyillo

**The East St. Louis Fathers' Center** is located c/o Unity Lutheran Church, 4200 Caseyville Avenue, East St. Louis, IL 62204, (618) 875-9117.

### **Madison County Catholic Charities**

2266 Madison Avenue Granite City, IL 62040 Phone: (618) 877-1184 Web Site: www.cc.dio.org Cost: Sliding Scale Hours: Monday thru Friday 8:30 am to 4:30 pm Area Served: Madison County

**Services Offered:** Provides counseling, adoption and post adoption searches, financial assistance. Local Services: Professional Counseling Solutions, Faith in Action, Med Assist, Guardian Angel Food Pantry, Homeless prevention legal services.

### **Madison County Health Department**

101 East Edwardsville Road Wood River, IL 62095 Phone: (618) 296-6060 E Mail: <u>health@co.madison.il.us -tmcorona@co.madison.il.us</u> Web Site: <u>www.madisonchd.org</u> or <u>www.co.madison.il.us/departments/health/index.php</u> Cost: Please call for more information.

**Hours:** Monday – 10:30 am to 5:30 pm; Tuesday, Wednesday, and Friday – 9:00 am to 4:00 pm; there are no clinic hours on Thursday

Area Served: Residents of Madison County

**Services Offered:** Inspection of food service establishments and retail food stores; foodborne illness and complaint investigations; mosquito and vector surveillance activities; tanning salon inspections; monitoring and sampling of non-community public water supplies; private water supply evaluations and samplings; community education and training programs; child and adult immunizations; tuberculosis skin testing; chest x-ray; treatment and prevention; surveillance and investigations of communicable diseases; sexually transmitted disease surveillance, counseling, follow-up, partner notification; childhood lead poisoning prevention and case management; anonymous and confidential HIV testing by appointment; genetics education, referrals and newborn screen follow-up; counseling for families affected by Sudden Infant Death Syndrome.

### Madison County Mental Health 708 Board

157 North Main Street, Suite 380 Edwardsville, IL 62025 **Phone:** (618) 296-4358

Web Site: <u>www.co.madison.il.us</u>

Hours: Monday thru Friday - 8:30 am to 4:30 pm

**Services Offered:** Fund and implement mental health services, alcohol and substance abuse treatment and developmental disability services. The Board acts as the mental health authority of the county and provides oversight and problem solving for citizens of Madison County in need of services.

Memorial Hospital – Senior Care Program

4500 Memorial Drive Belleville, IL 62226 Phone: (618) 257-5900 E Mail: info@memhosp.com

Web Site: <u>www.memhosp.com</u>

**Cost:** Please call for more information.

Area Served: Madison, Monroe, and St. Clair Counties

**Services Offered:** Memorial Senior Care offers outpatient group and individual counseling for senior adults. They utilize a psychiatrist, nurse, and licensed therapist to develop individualized treatment plans based on client needs. Reports are provided to other involved medical professionals on a routine basis.

### **MERS/Missouri Goodwill Industries**

1727 Locust Street St. Louis, MO 63103 **Phone:** (314) 241-3464

Web Site: <u>www.mersgoodwill.org</u>

**Cost:** Please call for more information.

**Hours:** Office hours are Monday thru Friday – 8:00 am to 4:00 pm; please call for individual store hours.

Area Served: St. Louis and Metro East

**Services Offered:** Provides sheltered employment, vocational evaluation, and work adjustment; vocational skills training and placement for persons 16 years and older with measurable disability. They also offer the School to Work Program.

Career Center of Belleville: Providing services to people with disabilities

100 Carlyle Plaza, Belleville IL 62221 (618) 234-3820

### Monroe County Health Department

901 Illinois Ave

Waterloo, IL 62298

Phone: (618) 939-3871

Web Site: <u>www.monroecountyhealth.org</u>

**Cost:** Please call for more information.

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: Randolph and Monroe Counties

**Services Offered:** Provides basic public health programs to county residents that include the well-child program. Rehabilitation services, screening for health needs, WIC program and family planning, family case management, environmental health, and food inspections.

### **Mothers Against Drunk Driving**

Illinois Chapter 1430 Branding Lane, Suite 104 Downers Grove, IL 60515 Phone: (630) 541-6099 24 hr. Victim Helpline (877) 623-3435 Missouri Office: (314) 426-1595 State of Missouri Illinois Office: (217) 523-6233 State of Illinois 2070 West Monroe Suite B, Springfield, IL E Mail: ilstate@madd.org Web Site: www.madd.org Services Offered: Works to protect families from drunk driving and underage drinking. Also supports drunk driving victims and survivors.

### Ν

### **Narcotics Anonymous**

Gateway Regional Medical Center 2100 Madison Ave. Granite City, IL 62040 **St. Louis Line:** (314) 830-3232

St. Louis Line: (314) 830-3232

Phone: (618) 398-9409 to be directed to meeting information

Meeting Times: Sun, Tues, Wed, Thurs, Fri, and Sat 7pm. Front Desk at Gateway will direct you to hall where meeting held. Changes frequently.

Web Sites: www.na.org or www.showmeregionna.com

**Services Offered:** NA is a non-profit fellowship/society of men and women for whom drugs had become a major problem. They are recovering addicts who meet regularly to help each other stay clean. NA is not affiliated with any of the facilities where the meetings are held. Please check web site for meeting locations and times.

### **Other Locations:**

### St. Louis Area of Narcotics Anonymous

### Therapeutic Value

13 South High Street –Party Themes Building, Belleville, IL 62220

Open meeting-Wheel chair accessible.

Meeting Times: Wed 6-7:30pm/Sun 6pm/Thurs 6pm and 8pm/Fri 7pm/Sat 10am and 9 pm(newcomers)/Mon and Tues 6pm.

### **NAMI Southwestern Illinois**

2100 Madison Avenue, 4<sup>th</sup> Floor Granite City, IL 62040-4701 **Phone:** (618) 798-9788 **E Mail:** info@namiswi.org **Web Site:** www.namiswi.org

**Services Offered:** NAMI SWI is an affiliate of the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI SWI is one of 20 affiliates in Illinois. They offer free education and support programs for persons with mental illness and their families. They advocate for access to services, treatment, supports and research and they are steadfast in their commitment to raise awareness and build a community for hope for all of those in need. Please visit the NAMI Website at <u>www.namiswi.or</u> or call the NAMI office at (618) 798-9788 for NAMI Connection and NAMI Family Support Group (in person & virtual) times, locations, and details.

### National Council on Alcoholism and Drug Abuse

**St. Louis Area-Main Office** 9355 Olive Blvd St. Louis, MO 63132 **Phone:** (314) 962-3456

Web Site: <u>www.ncada-stl.org</u>

**Cost:** Please call for more information.

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: St. Louis Metropolitan Area

**Services Offered:** Provides short-term counseling and referral, treatment referral service, and access to a collection of videos, audio cassettes, literature, books, magazines, newsletters, and reports related to alcohol and other drug abuse and addictions. They also offer school and community substance abuse prevention services.

### New Life Evangelistic Center NLEC

2428 Woodson Road Overland, MO 63114 Phone: (314) 421-3020 Toll Free: (800) 334-3276 Web Site: www.newlifeevangelisticcenter.org

Business Hours: Monday thru Friday - 8:30 am to 4:30 pm

**Services Offered:** The mission of New Life Evangelistic Center (NLEC) is to provide Christian hospitality and respect for life through the services of food, clothing, shelter, education, and job training programs, as well as physical, mental, and spiritual health care, to the poor and homeless in Saint Louis and beyond. They can provide help with emergency food, clothing, and utility assistance, for homeless men, women, and families.

### One Hope United: Kids Hope United Hudelson Region

907 North Bluff Road Collinsville, IL 62234 **Phone:** (618) 345-9644

Web Site: www.onehopeunited.org

Hours: Monday thru Friday – 8:30 am to 5:00 pm

**Services Offered:** A private, human service organization dedicated to protecting children and strengthening families. The non-profit organization offers prevention, intervention, and community-based programs throughout central and Southern Illinois and Missouri.

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### **Perandoe Special Education District**

1525 Locust Street Red Bud, IL 62278 Phone: (618) 282-6252 Web Site: www.perandoe.org Cost: None Hours: Monday thru Friday – 8:00 am to 4:00 pm Area Served: Children ages 0-21 with disabilities in Monroe and Randolph Counties Services Offered: Perandoe Special Education District assures that all students with disabilities ages 0-21 receive a free, appropriate public education in the least restrictive environment. Perandoe provides each district with specialized services including special education administrative support, school psychological services, school social work services, physical and occupational therapy services, medical diagnostics, audiological services, and a variety of consultative services. Perandoe operates a public day treatment program for students in special education with behavior concerns at the Perandoe Evansville Program.

### Prairieland Service Coordination, Inc. PSCI Independent Service Coordination Agency (ISC) Serving St. Clair and Madison Counties

2130 Vadalabene Drive Ste A Maryville, IL 62062 Phone: (618) 288-1897 (800) 866-8779 Fax (618)288-4016 E Mail: melissa.hatley@psci.info or michelle.maxwell@psci.info Website: www.psci.info

Services Offered: PSCI can answer your questions regarding services, link you directly to Intermediate Care Facilities for People with Developmental Disabilities (ICF/DD), and/or enroll you on the PUNS waiting list (database for those who want Medicaid Home and Community Based Services). Contacting PSCI is the first and most important step you and your family can take to get help. Meet with an Independent Service Coordination Agency (ISC) if you are interested in learning about services for individuals with intellectual and developmental disabilities.

### Programs and Services for Older Persons (PSOP)

201 North Church Street Belleville, IL 62220 Phone: (618) 234-4410 Fax: (618) 234-8634 E Mail: <u>PSOPinfo@swic.edu</u>

Web Site: <a href="http://www.swic.edu/community/senior-programs/psop">www.swic.edu/community/senior-programs/psop</a>

**Cost:** Please call for more information.

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: St. Clair, Madison, Monroe, and Randolph Counties

Services Offered: Services for older adults include the RSVP Program which has more than 1,000 senior volunteers working throughout the service area; the Senior Companion **Program** which helps older adults maintain their dignity and independence while also assisting caregivers by giving them respite or a break; the Travel Department welcomes travelers of ALL ages. They offer both day trips and overnight trips to exciting destinations; the Foster Grandparent Program provides limited-income seniors the opportunity to serve as one-onone tutors and mentors to young people with special needs; Counseling (short-term) is available for St. Clair County residents over 60, or for those who provide care-giving for a family member or friend over 60. Various support groups are also offered; the Senior Services Program assists mature adults and disabled residents living in subsidized housing; the Resource Center provides Advocacy services as well as partners with area agencies to provide information and assistance with Medicare, Medicaid, food stamps, veterans' benefits, simple wills and more; Alternative Transportation Service (ATS) a division of SWIC, provides curb-to-curb service for both individuals certified as American Disabilities Act eligible and those 60 and older; a Wellness Program that includes a variety of exercise classes; and an Activities Department that offers a wide variety of programs, including: card and table games, chess, dances, lunches and so much more to fill your days.

### Randolph County Health Department Administration & Clinic

2515 State Street Chester, IL 62233 Phone: (618) 826-5007 Web Site: am.randolph.org E Mail: health@randolphco.org Cost: Please call for more information. Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: Randolph County

**Services Offered:** Provides basic public health programs to county residents that include; well-child program, rehabilitation services, screening for health needs, WIC program and family planning, family case management, environmental health, and food inspections.

### **Other Clinic Location:**

211 N Hasle Street, Sparta, IL 62286 (618) 443-2995

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### SAVE, Inc. (St. Clair Associated Vocational Enterprises)

3001 Save Road Belleville, IL 62221 Phone: (618) 234-1992 Contact: Paul Wibbenmeyer – pwibbenmeyer@saveorg.org Web Site: www.saveorg.org Cost: None Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: For adult residents of St. Clair County with developmental and/or other types of disabilities.

Services Offered: JOBtrack is a customized employment service. Through partnerships with businesses, we develop employment opportunities for adults with disabilities. Community Day Services provides individualized day training services to people with moderate to severe developmental disabilities. Includes independent living skills training, motor skills training, socialization skill training, community living skills training and recreational services. Vocational Development offers people who have a developmental disability the opportunity to work and learn work skills in a supportive environment. Residential Program provides a place to live for people with developmental disabilities who can live independently.

### Southern Illinois Healthcare Foundation (SIHF)

Corporate and Administration Office 2041 Goose Lake Road Sauget, IL 62206 **Phone:** (618) 332-0953 **Web Site:** www.sihf.org

**Cost:** SIHF accepts most insurance plans, including Medicaid.

**Behavioral Health Services Offered:** Integrated Care Includes a focus on Behavioral Health. SIHF offers behavioral health services to patients in a compassionate, understanding environment. Behavioral Specialists work directly with patients to create a customized treatment plan. SIHF Healthcare providers specialize in a variety of behavioral health conditions and concerns for patients of all ages: ADHD, Anger Issues, Anxiety and Panic disorders Provides a wide range of outpatient medical services including primary healthcare for adults and children, women's health services, family planning, HIV testing and counseling, education, etc. **CONTINUED...** 

### SIHF:

SIHF Local Behavioral Health Center Locations:	
Alton:	4 Memorial Drive, Building B, Suite 210 – (618) 463-5905
Arthur:	1710 State Route 133 – (217) 543-2446
Belleville:	180 S. Third Street, Suite 104 - (618) 222-4701
Belleville:	7210 West Main, Second Floor, Suites 200 & 204 - (618) 398-9850
Belleville:	2900 Frank Scott Parkway West, Suite 950 – (618) 233-3205
Bethalto:	#2 Terminal Drive, Suite 8 – (618) 259-0365
Centreville:	6000 Bond Avenue – (618) 332-2083
Collinsville:	1215 Vandalia Street – (618) 343-6015
East St. Louis	: 100 N. 8th Street, Suite 256 – (618) 271-0130
East St. Louis	: 505 South 8th Street – (618) 482-7330
Granite City:	2166 Madison Avenue – (618) 452-4969
Mattoon:	700 Broadway Avenue, East, Suite 39 – (217) 234-3091
O'Fallon:	3 St. Elizabeth's Blvd, Suite 4000 – (618) 233-5480
Olney:	1200 North East Street – (618) 395-5222
Salem:	1275 Hawthorn Road – (618) 548-4545

### Southwestern Illinois Visiting Nurse Association

#7 Executive Woods Swansea, IL 62226 Phone: (618) 236-5800 or (800) 642-5429 Web Site: www.sivna.com

**Cost**: Home health care services are covered by Medicare, Medicaid, and most private insurance companies, including worker's compensation and private pay.

**Area Served:** Bond (Services for Seniors CCU only,) Clinton, Madison, Monroe, Randolph St. Clair, and Washington Counties.

Services Offered: Home health care, services for seniors and house calls by physicians.

### STARNET (Support and Technical Assistance Regional Network)

1000 South Illinois Street Belleville, IL 62220 Phone: (618) 825-3966 Web Site: www.starnetiv.org Cost: None Hours: Monday thru Friday – 8:00 am to 4:30 pm Area Served: 38 Southern Illinois counties Services Offered: Illinois STAR NET provides Support and Technical Assistance Regionally. We

provide a variety of opportunities for personal and professional growth for those who touch the lives of young children, ages birth through eight, with an emphasis on children with special needs. STAR NET supports family-centered, researched, and effective practices in early childhood education and care.

### St. Clair County Court Services & Probation Department

Adult: 11 W Lincoln, Belleville, IL 62220 Phone: (618) 277-5690 Juvenile: 9002 Lebanon Avenue, Belleville, IL 62223 Phone: (618) 394-1195

Web Site: <u>www.co.st-clair.il.us/departments/probation-court-services</u>

**Services Offered**: The mission of the 20th Judicial Circuit Court Services and Probation Department is to serve the court and provide balanced and restorative justice in the judicial system. It is their goal to assure community protection by supervising adults and juvenile probationers as well as to hold in custody any juvenile offenders between the ages 10 to 16 years old at the St. Clair County Detention Center. The Probation Department is responsible for drug testing defendants, court investigations, aid in supervision of adult and juvenile defendants and DNA collection.

### St. Clair County Child Advocacy Center

300 West Main Street, Suite 3 Belleville, IL 62220 Phone: (618) 277-1334 E Mail: <u>stclaircac@sbcglobal.net</u> Web Site: <u>www.stclairchildadvocacycenter.org</u>

Hours: Monday thru Friday – 8:00 am to 5:00 pm

Area Served: St. Clair, Monroe, and Randolph Counties

**Services Offered:** The St. Clair County Child Advocacy Center offers a team of specially trained interviewers, case managers and counselors ready to provide children and families complete support throughout the healing process. The Child Advocacy Center is a non-profit organization that provides a safe, child-friendly environment for conducting forensic interviews and medical evaluation. They assist with investigations of sexual and serious physical abuse of children, as well as with interviews of children who have witnessed violent crimes. Working with a multi-disciplinary team, they reduce the number times a child must repeat details of the incident, thus minimizing the trauma a child experiences through re-telling their story. This also allows them to expedite cases through the judicial system.

### St. Clair County Health Department

#19 Public Square, Suite 150

Belleville, IL 62220

Phone: (618) 233-7703

After Hours Emergency Contact Number: (618) 338-6283 or (618) 301-2907

Email: <a href="mailto:scchdinfo@co.st-clair.il.us">scchdinfo@co.st-clair.il.us</a>

Web Site: <a href="http://www.co.st-clair.il.us/departments/health-dep

**Services Offered:** Their mission is to prevent disease; promote healthy lifestyles and protect the health of the people they serve. The ESSENTIAL Public Health Services provided are:

- Monitor Community Health Status to Identify Community Health Problems.
- Diagnose and Investigate Health Problems and Health Hazards in the Community.
- o Inform, Educate, and Empower People about Health Issues.
- Mobilize Community Partnerships to Identify and Solve Health Problems.
- Develop Policies and Plans that support Individual and Community Health Efforts.
- Enforce Laws and Regulations that Protect Health and Ensure Safety.
- Link People to Needed Personal Health Services and Assure the Provision of Health Care When Otherwise Unavailable.
- Assure a Competent Public and Personal Health Care Workforce.
- Evaluate Effectiveness, Accessibility, Quality of Personal and Population-based Health Services.
- Research for New Insights and Innovative Solutions to Health Problems.

### St. Clair County Housing Authority

1790 South 74<sup>th</sup> Street Belleville, IL 62223 **Phone:** (618) 277-3290

Web Site: <u>www.sccha.org</u>

Cost: Based on income

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: St. Clair County

**Services Offered**: The St. Clair County Housing Authority (SCCHA) administers two basic types of federally assisted housing programs; property based assistance programs and a tenant based assistance program. The tenant-based program is called the Section 8 Housing Choice Voucher Program (HCVP). The HCVP program provides rental assistance to participating families residing in privately owned dwellings.

There are three types of property based programs, including:

Public Housing (there are 18 different locations, each with its own waiting list).

Multi-Family Housing (with locations in Brooklyn and Belleville)

**Rural Development Housing** (with locations in Lebanon and St. Libory). Provides (with specific guidelines) housing for low income and middle income families.

### St. Clair County Intergovernmental Grants Department

#19 Public Square, Suite 200
Belleville, IL 62220
Phone: (618) 277-6790
Web Site: www.co.st-clair.il.us/departments/intergovernmental-grants

Hours: Monday thru Friday – 8:30 am to 5:00 pm

**Services Offered:** The Intergovernmental Grants Department serves as an umbrella agency containing three divisions providing services to the public:

**Community Development:** The Community Development program is responsible for administering several grant programs including those related to capital improvements, new home construction, homebuyer assistance and housing rehabilitation. The

**Community Services:** The Community Services program includes the Community Services Block Grant (CSBG), the Weatherization Program, and the Low Income Home Energy Assistance Program (LIHEAP).

**Workforce Development:** The Workforce Development program includes the Workforce Innovation and Opportunity Act (WIOA) of 2014 which provides the framework for a unique workforce preparation and employment system designed to meet both the needs of job seekers and those who want to further their careers. The most important aspect of the Act is its focus on meeting the needs to businesses for skilled workers and the training, education, and employment needs of individuals. Key components of the Act enable customers to; a) easily access information and services they need through the "One Stop" system. b) empower adults to obtain the training they find most appropriate to reach and retain self-sufficiency. c) ensure that state and local programs meet customer expectations.

### St. Clair County Mental Health 708 Board

307 East Washington Belleville, IL 62220 Phone: (618) 277-6022 Web Site: <u>www.stc708.org</u> Hours: Monday thru Friday – 8:30 am to 4:30 pm Area Served: St. Clair County

**Services Offered:** As the local mental health authority, the 708 Board is responsible for funding, planning, and implementing a comprehensive system of behavioral health, intellectual and developmental disability, and substance abuse services for all residents of St. Clair County in need of such services.

### St. Clair County Regional Office of Education

1000 South Illinois Street Belleville, IL 62220 Phone: (618) 825-3900 Web Site: <u>www.sccroe50.org</u> Cost: None

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: 27 Public School Districts in St. Clair County

**Services Offered:** A Regional office of education, an (ROE), is an essential support office partnering with the Illinois State Board of Education (ISBE) to support local school districts. The 38 regions, called ISBE or ROE regions, are administered by locally elected regional superintendents of schools. They promote and support educational programs and achievements of the schools and educators. They hold public hearings on topics vital to education. They serve as liaison between the state legislature and local school districts. ROE's generally act as a program and fiscal intermediary between ISBE and local schools. ROE's are required to provide certain School Services and regulatory functions. Locally they also assist in offering workshops, conferences, onsite visits, dissemination of information, and technical assistance with school improvement. Additionally, they offer professional development activities, truancy/attendance initiatives, teacher certification/recertification, GED testing, health/life safety training, and bus driver training.

### St. Clair County Veterans Assistance Commission (SSSVAC)

#19 Public Square, Suite 300 Belleville, IL 62220 Phone: (618) 277-0040 E Mail: veterans@co.st-clair.il.us

Web Site: <u>www.co.st-clair.il.us/departments/veterans-assistance</u>

Hours: Monday thru Friday – 9:00 am to 4:00 pm

**Services Offered:** The SCCVAC is a temporary financial assistance agency. They assist with food and hygiene vouchers, rent and utilities. Rental assistance is based on family size and is sliding scale. Food and hygiene vouchers are also offered on a sliding scale and based on family size. In the case of both rental and utility assistance, they do not assist with any fees or deposits and no past or overdue amounts. Eligibility for assistance is based upon one's own veteran status and/or one's veteran affiliation status; are you a veteran, the widow of a veteran, or the minor child of a veteran. The veteran DD-214 (Discharge) or comparable form issued by the armed services or National Personnel Records Center (NPRC) showing an Honorable discharge, with no indication of misconduct, must be presented before action can be taken in the certification process.

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### TASC (Treatment Alternatives for Safe Communities)

218 A West Main Street 2<sup>nd</sup> Floor Belleville, IL 62220

**Phone:** (618) 277-0410

Web Site: www.tasc.org

Cost: Please call for more information.

Area Served: St. Clair, Monroe, Perry, Randolph, and Washington Counties (Area 7)

Appointment Information: An appointment is required.

**Persons Served:** Adult Programing serves those 17 and older. DV and DCFS programs serves persons involved in those jurisdictions.

**Information:** An independent not-for-profit agency that provides clinical case management and other services to men, women, and adolescents with a variety of social and health related needs.

### Services Offered:

**Adult Criminal Justice Program –** Assessment, referral and case management for substance abusing adults involved in criminal justice system.

**Domestic Violence Diversion Program –** Substance abuse screening, referral to treatment and court reporting for Domestic Violence.

**IDOC** – Clinical Re-Entry Case Management.

**State's Attorney Drug School** – Drug education and understanding of factors that may contribute to substance abuse and addiction.

Drug Court – Assessment and advocacy services to clients involved in drug court.

**Recovery Coach** – Intensive case management services to substance abusing parents involved in the child welfare system.

### Touchette Regional Hospital/Behavioral Health & Wellness

5900 Bond Avenue Centreville, IL 62207 **Phone:** Main Hospital Line: 618-332-3060 Behavioral Health Intake Line: 618-332-4038 Outpatient Behavioral Health Services Line: 618-332-5374 **Web Site:** www.touchette.org

**Cost:** Contact Customer Service

**Area Served:** The metro-east communities of Alorton, Cahokia, Centreville, East St. Louis, Washington Park, and the surrounding region.

**Services Offered:** In additional to full medical services offered at Touchette they offer an expanded Behavioral Health & Wellness Center/Department which offers quality and compassionate behavioral mental health care for the region. Mental illness touches all walks of life. Individuals dealing with mental illness deserve quality care regardless of their financial status. The Behavioral Health & Wellness Center provides outpatient and inpatient care. Their services are designed to incorporate several successful treatment modalities into a comprehensive, flexible, and individualized mental health treatment program. Services include; Outpatient Services, Adolescent Intensive Outpatient Program, Medical Stabilization, Adult Substance Abuse, Intensive Outpatient Programs, and an Electroconvulsive Therapy Program. **CONTINUED...** 

### TOUCHETTE:

**Inpatient Care** – Their inpatient services are for individuals in need of an intensive level of care and a safe treatment environment to reintegrate into their family life and community. They serve both voluntary and involuntary patients aged 18 years and older. Various illness/diseases are treated such as: crisis intervention, crisis stabilization, medical management, individual therapy, discharge planning, community linkage and consultation. Inpatient Services now also include a Geriatric Inpatient Program for patients 55 and older.

**Outpatient Care** – Their intensive outpatient program is designed to provide individuals with disabling mental health conditions an individualized, comprehensive, and multidisciplinary treatment program. Intensive outpatient services include comprehensive assessment and evaluation, medication management, mental health education, substance abuse education, group therapy sessions, individual and family therapy, and goal setting.

### Trinity Services, Inc. Southern Illinois

973 North 6<sup>th</sup> Street Mascoutah, IL 62258 Phone: (618) 566-4200 E Mail: <u>mlowry@trinity-services.org</u> Web Site: <u>www.trinity-services.org</u>

Area Served: Southern Illinois

**Services Offered:** Trinity Services offers a full array of services and supports to adults with developmental disabilities; including residential living options, Trinity Farmstead and Gardens, Community Day Services, ABA (Applied Behavioral Analysis) Services, and Crisis Prevention Services to people in Jackson, Madison, and St. Clair counties in Southern Illinois.

United States Department of Veterans Affairs Phone: Main Information Line (800) 698-2411 Benefits Hotline (800) 827-1000 Health Benefits Hotline: (877) 222-8387 Caregiver Support Line: (855) 260-3274 Veterans Crisis Line: (800) 273-8255 Select 1 Website: www.va.gov

**VA Benefits:** <u>Health care</u> - Apply for VA health care, find out how to access services, and manage your health and benefits online. <u>Disability</u> - File a claim for disability compensation for conditions related to your military service and manage your benefits over time. <u>Education and training</u> - Apply for and manage your GI Bill and other education benefits to help pay for college and training programs.

### United Way of Greater St. Louis, Illinois Division

1124 Hartman Lane Suite 130 Belleville, IL 62221 Phone: (618) 233-8441 Web Site: www.stl.unitedway.org

Area Served: St. Clair, Clinton, Monroe, and Randolph Counties.

**Services Offered:** Raises and distributes funds to be used in developing and implementing effective social service programs.

### University of Illinois – Division of Specialized Care for Children

St. Clair Regional Office 1734 Corporate Crossing, Suite 1 O'Fallon, IL 62269-3734 **Phone:** (618) 624-0508 or Toll Free (800) 842-7204 **Web Site:** <u>www.dscc.uic.edu/st-clair-regional-office</u>

Cost: Financial eligibility is based on family size and total income.

Hours: Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** St. Clair, Madison, Monroe, Randolph, Bond, Clinton, Washington, Jersey, Calhoun, Macoupin, and Montgomery Counties

Services Offered: Care coordination services to families of children with medically eligible conditions. Financial assistance is available for families who qualify. Medical conditions must be chronic and amenable to treatment and fall within one of the following categories: orthopedic, nervous system impairments, cardiovascular impairments, craniofacial anomalies, hearing impairments, cystic fibrosis, hemophilia, metabolic conditions, eye impairments, and urinary system impairments.

#### VA Medical Center – St. Louis John Cochran Veterans Hospital

915 North Grand Boulevard St. Louis, MO 63106-1621 Main Phone: (314) 652-4100 or (800) 2285459 Veterans CRISIS Line: (800) 273-8255 (press 1) Mental Health Clinic: (314) 652-4100 x66653 Health Clinic Locations: Scott Air Force Base Clinic - 310 West Losey Street, SAFB, IL 62225-5250

Main phone (314) 652-4100 x56408

St Clair County Clinic – 1190 Fortune Boulevard, Shiloh, IL 62269-7358

Main phone (314) 286-6988 Mental Health Clinic (314) 652-4100 x66653

Web Site: <u>www.stlouis.va.gov</u>

**Area Served:** Veterans and their families in east central Missouri and Southwestern Illinois **General Services Offered:** The St. Louis VAMC provides inpatient and ambulatory care in medicine, surgery, neurology, and rehabilitation, as well as in more than 35 subspecialty areas. The medical center has approximately 10,000 inpatient admissions per year and about 570,000 outpatient visits each year: providing primary care services for over 54,000 veterans each year. The John Cochran Division is near its affiliated medical schools – St. Louis University and Washington University. It has all the medical center's operative and surgical capabilities, the ambulatory care unit, intensive care units, complete state-of-the-art diagnostic facilities, and an emergency department staffed 24 hours a day.

**Mental Health Care Offered:** Addiction and Substance Abuse Care, (drug and alcohol treatment and rehabilitation) Mental Health Care (Behavioral Health), Military sexual trauma care, PTSD care, Psychology care, Suicide Prevention, Veterans Crisis Line.

## Veterans Health Administration

Belleville Clinic 6500 West Main Street Belleville, IL 62223 Phone: (314) 286-6988 Extension 55320 Clinic Toll Free Number: (800) 228-5459 Extension 55320 Web Site: www.va.gov/directory Hours: Monday thru Friday – 8:00 am to 4:30 pm

### **Veterans Health Administration**

East St. Louis Vet Center 1265 North 89<sup>th</sup> Street, Suite 5 East St. Louis, IL 62203 Phone: (618) 397-6602 or (877) 927-8387 Web Site: www.veteranprograms.com

Hours: Monday thru Friday – 8:00 am to 4:30 pm

To better serve the veteran and family members, upon request, Vet Centers will provide services after normal work hours and/or weekends.

#### **Violence Prevention Center of Southwestern Illinois**

P. O. Box 831
Belleville, IL 62222
Phone: (618) 236-2531
24 Hour Crisis Hotline Belleville: (618) 235-0892
24 Hour Crisis Hotline Randolph County: (618) 978-0319
24 Hour Crisis Hotline Monroe County: (618) 978-0319
Toll Free: (800) 924-0096
Web Site: www.vpcswi.org
Hours: 24-hour facility

Area Served: St. Clair, Monroe, Randolph Counties

**Services Offered:** The Violence Prevention Center of Southwestern IL provides comprehensive services to victims of domestic violence that include a 24 hour hotline, 24 hour/ 7 days a week emergency shelter for adults with and without children, individual and group counseling for adults and children, legal advocacy support, a Rapid Rehousing program for individuals who have fled or are fleeing domestic violence and domestic violence prevention and education services in the community.

The Shelter Shop, #2C Bellevue Park Plaza, Belleville, IL

Store hours Mon-Fri 9-6pm

Donations: Tues and Sat 10-3pm

Director Contact: Ellen Cugier 618-234-4704 ellen.cugier@vpswi.org

Operated by staff and volunteers. The community donates clothing and household items and the proceeds from selling them go to support programs and services of Violence Prevention Center. Shelter clients receive vouchers for emergency clothing free of charge as needed.

#### The William M. Bedell Achievement and Resource Center

400 South Main Street Wood River, IL 62095 Phone: (618) 251-2175 E Mail: <u>ksanders@bedellarc.org</u> Web Site: <u>www.bedellarc.org</u>

Hours: 8:30 am to 4:00 pm

Area Served: Madison and other surrounding counties

**Services Offered:** CILA (Community Integrated Living Arrangement,) CDS Community Day Services For Adults, Family Support & Case Coordination, Early Intervention For Children 0-3 years,) and Respite Care.

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#### YMCA Gateway Region

Corporate Office **Phone:** (618) 233-9486 **Web Site:** <u>www.gwrymca.org</u>

**Cost:** Financial assistance is available. Please call for more information.

Area Served: Five counties in Southwestern Illinois

**Services Offered:** The YMCA is community-oriented with a focus on youth development, healthy living, and social responsibility. Branch locations in East Belleville, Downtown Belleville, O'Fallon, Maryville, Columbia, Red Bud, Breese, and Salem.

#### YMCA - Kern Center/Downtown Belleville

200 S. Illinois Street Belleville, IL 62220 **Phone:** (618) 233-1243

### YMCA - East Belleville

2627 Carlyle Ave Belleville, IL 62221 **Phone:** (618) 236-9983

#### YMCA - O'Fallon

284 North Seven Hills Road O'Fallon, IL 62269 **Phone:** (618) 628-7701

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