



## COMMUNITY BEHAVIORAL HEALTH RESOURCES

### NATIONAL CRISIS HOTLINE

Suicide Prevention Hotline & Veteran’s Crisis Hotline: 1-800-273-TALK (8255)

Crisis Text Line by texting TALK to 741741

### LOCAL/STATE CRISIS HOTLINE SERVICES

Adult Emergency and Crisis Intervention Services:

Chestnut Health Systems, 618-877-0316 or 618-877-4420

Comprehensive Behavioral Health Center, 618-482-7330

Youth Crisis Line - CARES (youth ages 2-21) 1-800-345-9049

#### **Case Management Adult & Youth**

Chestnut Health Systems	877-4420
Comprehensive BHC	482-7330

#### **Hospital Inpatient Adult**

Gateway Regional Hospital	798-3000
Touchette Regional Hospital	332-4038

#### **Hospital Inpatient Children**

Lincoln Prairie Behavioral Health	217-585-1180
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#### **Outpatient Counseling & IOP Youth**

Chestnut Health Systems	877-4420
Children’s Home + Aid	874-0216
Hoyleton	688-4744
Touchette Regional Hospital	332-4038

#### **Mental Health Support Services**

Call for Help-Living Room Crisis Support	397-0968
Depressive and Bipolar Support Alliance	444-6927
Illinois Warm Line	866-359-7953
NAMI of Southwestern Illinois	800-950-6264

#### **Grief and Loss Support Services**

Heartlinks Grief Center	277-1800
Karla Smith Behavioral Health (Suicide Loss)	624-5771

#### **Psychiatric Outpatient Adult**

Chestnut Health Systems	877-4420
Comprehensive BHC	482-7330
SIHF Windsor Center East St. Louis	274-9105
SIHF Belleville Health Center	398-9850
SIHF Centreville Health Center	332-2083
Touchette Hospital (includes IOP)	332-4038

#### **Substance Use Disorder Outpatient and IOP**

Chestnut Health Systems	877-4420
Comprehensive BHC	482-7330
Touchette Regional Hospital	332-4038
Gateway Foundation	234-9002

#### **Substance Use Disorder Medically Assisted Tx.**

Comprehensive BHC	482-7330
Chestnut Health Services	877-4420

#### **Medical Detox Services**

Touchette Regional Hospital	332-4038
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#### **Substance Use and Loss Support Groups**

Addiction Loss (Heartlinks)	277-1800
Alcoholics Anonymous	251-4000
Parents of Addicted Loved Ones	567-6095
Family Support Line	314-669-1184
NARCAN Distribution	512-1781