

2019

*Senior Citizens*

RESOURCE  
DIRECTORY

St. Clair  
County





## ST. CLAIR COUNTY BOARD

10 Public Square • Room B561 • Belleville, Illinois 62220-1623

**Mark Kern**  
Chairman



**(618) 277-6600**  
**FAX: 825-2740**

Dear Friend:

The St. Clair County Administration and the County Office on Aging have jointly produced this County Resource Directory.

The purpose of this directory is to provide information concerning senior services and activities within St. Clair County that will assist you to make your life better and more fulfilled.

If you have any suggestions concerning this directory, do not hesitate to contact us at 234-4410, ext. 7044.

I am happy that St. Clair County is able to provide you with this directory and hope that it will be useful to you.

Respectfully,

A handwritten signature in black ink, appearing to read "Mark A. Kern".

MARK A. KERN, Chairman  
St. Clair County Board

## *Preface*

*The Senior Citizens Resource Directory has been developed and underwritten by St. Clair County. The information contained herein was compiled by the staff of St. Clair County Office on Aging.*

*The Senior Citizens Resource Directory contains a wide variety of programs, agencies, and organizations that can provide services to older persons. The agencies are designed to address the health, education, training, social and employment needs of the older person.*



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**ADULT SENIOR SUPPORT CENTERS  
(ADULT DAY CARE)**

**Golden Years, The**  
Adult Day Care  
7 North 44th St.  
Belleville, IL 62226  
618-235-0126

**Lessie Bates Davis Neighborhood House**  
1200 N. 13th St.  
East St. Louis, IL 62205  
618-874-0777  
[www.lessiebatesdavis.org](http://www.lessiebatesdavis.org)

**Joe's Place**  
1032 Hartman Ln  
O'Fallon, IL 62269  
618-206-6067

**AGE DISCRIMINATION/EMPLOYMENT  
ACT**

**State of Illinois**  
Department of Human Rights  
222 South College Street, Room 101-A  
Springfield, IL 62704  
217-785-5100  
[www.state.il.us/dhr](http://www.state.il.us/dhr)

**AIDS - GENERAL INFORMATION**

**AIDS/Drug Hotline**  
800-825-3518  
[www.HIVcare.connect.com](http://www.HIVcare.connect.com)  
(See Bethany Place)

**CDC National AIDS Hotline**  
1-800-232-4636

**ALZHEIMER'S ASSOCIATION OF  
GREATER ST. LOUIS**

9370 Olive Boulevard  
St. Louis, MO 63132  
800-272-3900  
[www.alz.org/stl](http://www.alz.org/stl)

**ALZHEIMER'S DISEASE SUPPORT GROUP**

Targeting those who are caregivers of people with Alzheimer's Disease to offer support, education and community resources. Contact the Older Adult and Caregiver Counseling Program at PSOP.  
618-234-4410, ext. 7031

**AMBULANCE SERVICES**

**Abbot EMS**  
4400 North Belt West  
Belleville, IL 62226  
618-233-4820  
[www.abbotems.org](http://www.abbotems.org)

**Medstar Ambulance, Inc.**  
705 Bradbury Lane  
P.O. Box 296  
Sparta, IL 62286  
618-234-3088  
Emergency: 800-426-9281  
Service Locations: Belleville, Cahokia,  
Fairview Heights, Freeburg, Swansea  
[www.medstarems.net](http://www.medstarems.net)

**AMERICAN ASSOCIATION OF RETIRED  
PERSONS - AARP: AARP/VOTE**

601 'E' Street, NW  
Washington, D.C. 20049  
1-888-687-2277  
[www.aarp.org](http://www.aarp.org)

AARP/VOTE is a non-profit, non-partisan voter education program of AARP, designed to yield an informed electorate about matters of concern to elder persons. It will neither fund nor promote individual political candidates.

## **AARP LOCAL CHAPTERS:**

### **Chapter 2827 Uptown**

201 N. Church St.  
Belleville, IL 62220  
618-234-4410, Ext. 7044

### **Chapter 3643**

44 Wayne Dr.  
Fairview Heights, IL 62208  
618-398-7795

### **Chapter 4299**

62 Phillips Dr.  
Fairview Heights, IL 62208  
618-394-3518

## **AARP FOUNDATION/WORKSEARCH**

### **SENIOR EMPLOYMENT PROGRAM**

6755 State Street  
East St. Louis, IL 62203  
618-397-5445  
Fax: 618-397-2530  
Provides skills, training, and job placement assistance to mature job seekers, 55+

## **AGESMART**

801 West State Street  
O'Fallon, IL 62269  
618-222-2561  
Fax: 618-222-2567  
[www.AgeSmart.org](http://www.AgeSmart.org)

Serves residents who are 60 years of age and older, in Counties of: Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington. A planning and coordinating agency that sets priorities and objectives for this region. Provides state and federal funds to non-profit organizations for direct services. Coordinates existing resources, establishes linkage with other services.

**Elder Abuse:** Provides information about services for victims of elder abuse. 618-236-5863

## **AMERICAN CANCER SOCIETY**

Metro East Office  
#5 Schiber Court, Bldg. A  
Maryville, IL 62062  
618-288-2320 – Option 3  
[www.cancer.org](http://www.cancer.org)

Reach to Recovery. This agency covers five counties in Southwestern Illinois. Provides transportation to and from treatment centers for cancer patients.

## **AMERICAN DIABETES ASSOCIATION**

425 South Woods Mill Rd., Suite 110  
Town & Country, MO 63017  
314-822-5490 (Missouri) or 888-342-2383  
Fax: 314-576-0002  
[www.diabetes.org](http://www.diabetes.org)

Provides information and resources for persons with diabetes and interested family and friends. Emergency assistance program for one-month supply of insulin and syringes. Youth group and summer camps for children and teens with diabetes. Advocacy program for legislative and insurance issues.

## **AMERICAN HEART ASSOCIATION**

460 North Lindbergh Blvd  
St. Louis, MO 63141  
314-692-5600  
[www.heart.org](http://www.heart.org)

## **AMERICAN LUNG ASSOCIATION OF ILLINOIS**

800-586-4872  
[www.lungil.org](http://www.lungil.org)  
Public education and research, information and referrals, and free quit-smoking counseling.

## **AMERICAN PARKINSON'S DISEASE ASSOCIATION**

1415 Elbridge Payne, Ste. 150  
Chesterfield, MO 63017  
314-362-3299  
[www.stlapda.org](http://www.stlapda.org)

## **AMERICAN RED CROSS**

Southern Illinois Branch Office  
2805 North Illinois  
Swansea, IL 62226  
618-397-4600  
[www.redcross.org](http://www.redcross.org)

Service area includes all of St. Clair, Madison and Monroe counties and Collinsville. Provides disaster relief to families affected by fire, tornado and other natural disasters. Administers Warm Neighbors program for Illinois Power and Rental Assistance Program for the Federal Emergency Management Agency (FEMA) when funds are available. Conducts courses in CPR, first aid and other health and safety courses, babysitting and disaster preparedness.



**AMYOTROPHIC LATERAL SCLEROSIS  
ASSOCIATION**

**Greater St. Louis Chapter**

2258 Weldon Parkway  
St. Louis, MO 63146  
888-873-8539

[www.alsa-stl.org](http://www.alsa-stl.org)

'ALS' (also known as Lou Gehrig's Disease) is a progressive, fatal, neuromuscular disease that attacks the nerve cells and pathways in the brain and the spinal cord. This chapter provides a number of services including a social worker for information and guidance, respite care, loaned equipment and independent living aids, communication equipment, support groups, meetings, professional and community education and a newsletter. Serves Southern Illinois and Eastern Missouri.

**ARTHRITIS FOUNDATION**

9433 Olive Blvd.  
St. Louis, MO 63132  
314-991-9333

1 Memorial Drive  
Alton, IL 62002  
618-463-7247

[www.arthritis.org](http://www.arthritis.org)

A non-profit organization which provides support groups for individuals and families, plus community awareness, public education and research, information and referrals.

**ASSISTED LIVING**

**Arbors at Parkway Gardens**

379 Fountains Parkway  
Fairview Heights, IL 62208  
618-622-9940

**Bradford Place**

1463 Benchmark Court  
Swansea, IL 62226  
618-624-0683  
[www.bradfordseniors.com](http://www.bradfordseniors.com)

**Cedar Trails**

490 Urbana Drive  
Freeburg, IL 62243  
618-539-9190

**Cedarhurst of Shiloh**

429 South Main St.  
Shiloh, IL 62269

618-622-9890  
[www.cedarhurstshiloh.com](http://www.cedarhurstshiloh.com)

**Morningside of Shiloh**

1201 Hartmann Lane  
Shiloh, IL 62260  
618-239-9282

**Garden Place of Millstadt**

208 S. Kossuth  
Millstadt, IL 62260  
618-476-1440  
[www.gardenplaceseniorliving.com](http://www.gardenplaceseniorliving.com)

**Heritage at the Colonade**

700 Weber Road  
O'Fallon, IL 62269  
618-624-6000

**The Esquiline Retirement Community**

Our Lady of the Snows  
726 Community Dr.  
Belleville, IL 62223  
618-394-6400  
A life plan community at the shrine

**St. Paul's Home**

1021 West E Street  
Belleville, IL 62220  
618-233-2095  
[stpaulshome.com](http://stpaulshome.com)

**Sycamore Village**

225 Castellano Drive  
Swansea, IL 62226  
618-222-2571  
[www.sycamorevillage.net](http://www.sycamorevillage.net)  
Specialty is care for Alzheimer's patients.

**The Village at Silver Creek**

1227 Winding Oaks Lane  
Mascoutah, IL 62258  
618-566-4100  
[www.alsilvercreek.com](http://www.alsilvercreek.com)

**ATTORNEY GENERAL/U.S. GOVERNMENT**

Southern Illinois District – U.S. Attorney  
9 Executive Drive  
Fairview Heights, IL 62208  
618-628-3700



**ATTORNEY GENERAL/ILLINOIS**

**Consumer Protection Services**

201 W. Pointe Dr., Suite 7

Belleville, IL 62226

618-236-8616

[www.illinoisattorneygeneral.gov/consumers](http://www.illinoisattorneygeneral.gov/consumers)

# B

## **BEACON MINSTRIES**

P.O. Box 23468  
Belleville, IL 62223  
618-222-8824  
Fax: 618-222-8948  
[www.beaconministry.org](http://www.beaconministry.org)

A social service clearinghouse operated by local churches to mobilize Christians to care for others.

## **BELLEVILLE PARKS & RECREATION**

**Belleville City of:**  
Main Office (8 a.m.-4:30 p.m.)  
510 West Main St.  
Belleville, IL 62220  
618-233-1416  
[www.bellevilleparksandrec.com](http://www.bellevilleparksandrec.com)

## **BETHANY PLACE**

821 West A Street  
Belleville, IL 62220  
618-234-0291  
(8 a.m.-4:30 p.m.)  
[www.bethanyplace.org](http://www.bethanyplace.org)

A non-profit AIDS Service Organization. Case management, nursing assessments, resource and referrals for physicians, housing, utilities, food, dental, transportation, mental health, social security and public aid assistance, support groups, volunteer program, social activities, client advocacy, drop-in and community education, testing, and prevention. Monday-Friday, 8 a.m. to 4:30 p.m.

## **BETTER BUSINESS BUREAU OF ST. LOUIS**

211 N. Broadway, #2060  
St. Louis, MO 63102  
314-645-3300  
Fax: 314-645-2666  
(9 a.m. – 4 p.m.)  
[www.stlouis.bbb.org](http://www.stlouis.bbb.org)  
Serves Eastern Missouri and Southern Illinois. Provides customer experience records to inquiring public, advertising, monitoring, complaint handling and reports on charities.

## **BIG BROTHERS/BIG SISTERS OF SOUTHWESTERN ILLINOIS**

2726 Frank Scott Parkway West  
Belleville, IL 62223  
618-398-3162  
[www.bbbsil.org](http://www.bbbsil.org)  
Trained volunteers are matched with children ages 7-14, providing a role model, friendship and a mentoring relationship.

# C

## **CALL FOR HELP, INC.**

9400 Lebanon Road  
East St. Louis, IL 62203  
618-397-0968  
Fax: 618-397-6836  
[www.callforhelpinc.org](http://www.callforhelpinc.org)

Adult Residential Services	618-397-0977
Administration Office	618-397-0968
Emergency Mental Health Service	618-397-0963
Information and Referral Program	
Sexual Assault Program & Service	618-397-0975
Transitional Living Center	618-397-3076

Provides 24-hour, 7-day-per-week telephone service in areas of crisis and suicide intervention, psychiatric related problems, Sexual Assault Victim Counseling, referral to other community resources and short-term residential stays for specific populations.

## **CANCER TREATMENT CENTER**

4000 North Illinois Lane  
Swansea, IL 62226  
618-236-1000  
[www.thecancercenter.com](http://www.thecancercenter.com)

Program furnishes specialized information about cancer, treatments available and cancer support groups. Free and open to public, Monday through Friday until 3:30 p.m. Walk-ins welcome 8 a.m. to 5 p.m. Staffed by volunteers under direction of Oncology nurse. Physician directed.

## **CASE COORDINATION UNIT: (CCU)**

618-236-5863  
[www.sivna.com](http://www.sivna.com)

Illinois Dept. on Aging provision of case management services for senior citizens. Provides a comprehensive needs assessment and service coordination to assist older persons gain access to needed services. Eligibility determinations for the Illinois Dept. on Aging Community Care Program. Home delivered meals assessments, elder abuse investigations.

## **CATHOLIC MINISTRY TO SICK AND AGED**

2620 Lebanon Ave., Bldg. 6  
Belleville, IL 62221  
618-235-9991  
[www.psichurch.com/churches/104msa/index.html](http://www.psichurch.com/churches/104msa/index.html)  
Department of Catholic Diocese of Belleville  
Ministering to the spiritual needs of the aged in long-term care facilities and Roman Catholic patients of Memorial Hospital. Sick room equipment available for loan to individuals living in private homes only. Care for the caregivers, advocacy training of MSA Volunteers.

## **CATHOLIC URBAN PROGRAMS**

7 Vieuxcarre Dr.  
East St. Louis, IL 62203  
618-398-5616  
[www.catholicurbanprograms.org](http://www.catholicurbanprograms.org)  
Serves needy persons with food, clothing and financial assistance.

## **CEMETERIES:**

### **Green Mount Cemetery**

679 South Green Mount Road  
Belleville, IL 62220  
Catholic: 618-234-4858  
Protestant: 618-233-3017 (Tisch Monument)  
Non-Sectarian: 618-234-0451

### **Holy Cross Cemetery**

9409 Holy Cross Rd.  
Fairview Heights, IL 62208  
618-397-0195

### **Lake View Memorial Gardens, Inc.**

5000 N. Illinois St.  
Fairview Heights, IL 62208  
618-233-7200  
[www.lakeviewfuneralhm.com](http://www.lakeviewfuneralhm.com)

### **O'Fallon City Cemetery**

601 N Oak Street  
O'Fallon, IL 62269  
618-624-4500



**Mount Carmel Cemetery**

10101 West Main St.  
Belleville, IL 62223  
618-397-0181  
Offers Grief Support Groups  
2<sup>nd</sup> Wed. of month, 1 p.m.

**Mount Hope Cemetery**

9401 West Main St.  
Belleville, IL 62223  
Offers Grief Group

**Valhalla Gardens of Memory & Mausoleum**

3412 Frank Scott Parkway  
Belleville, IL 62223  
618-233-3110  
[www.valhallagardensandfuneralhome.com](http://www.valhallagardensandfuneralhome.com)

**Walnut Hill Cemetery**

Belleville, City of:  
1101 Mascoutah Ave.  
Belleville, IL 62221  
(Office) 101 South Illinois St.  
Belleville, IL 62220  
618-257-3330

**CEREBRAL PALSY OF SOUTHWESTERN ILLINOIS**

138 Lincoln Place Court, Suite 101  
Belleville, IL 62220-4124  
618-233-0210  
[www.cpswi.org](http://www.cpswi.org)

**CHAMBERS OF COMMERCE**

**Greater Belleville Chamber of Commerce**

216 East A St.  
Belleville, IL 62220  
618-233-2015  
Fax: 618-233-2077  
[www.bellevillechamber.org](http://www.bellevillechamber.org)

**O'Fallon-Shiloh Chamber of Commerce**

116 East First St.  
P.O. Box 371  
O'Fallon, IL 62269  
618-632-3377  
[www.ofallonchamber.org](http://www.ofallonchamber.org)

**Metro-East Regional Chamber of Commerce**

(Fairview Heights-Swansea)  
4387 North Illinois Street, Ste. 200  
Swansea, IL 62226  
618-233-3938  
[Chamber@MetroEastChamber.org](mailto:Chamber@MetroEastChamber.org)

**CHRISTIAN SOCIAL SERVICES**

8601 West Main St., Suite 201  
Belleville, IL 62223  
618-394-5900  
Individual, marriage and family counseling,  
adoption services, pregnancy care services, foster  
home placement of neglected and abused children,  
Don Bosco Children's Center.

**CITIZENS UTILITY BOARD (CUB)**

309 West Washington Street, Ste. 800  
Chicago, IL 60606  
800-669-5556  
Represents consumers in utility hearings. CUB is a  
voluntary organization which hires experts; lawyers,  
accountants, economists and engineers, to represent  
consumers in cases related to utility increases and  
can propose ways for utilities to be more efficient.

**COMMUNITY CARE SYSTEMS, INC.**

3890 North Illinois  
Swansea, IL 62226  
618-277-3226  
[www.ccsicare.com](http://www.ccsicare.com)  
Services: Housekeeping, laundry, meal preparation,  
grocery shopping, escort to medical services, and  
personal care. Serves Bond, Clinton, Madison,  
Monroe, Randolph, St. Clair and Washington  
counties.

**CYSTIC FIBROSIS FOUNDATION**

8251 Maryland Ave., Ste. 12  
St. Louis, MO 63105  
314-733-1241  
[www.cff.org](http://www.cff.org)  
Non-profit association, public education and  
research, information and referrals.

# D

## DENTAL REFERRAL SERVICES

**Southern Illinois University  
School of Dental Medicine  
Dental Clinic**

2800 College Ave.  
Alton, IL 62002  
Information: 618-474-7000  
[www.siu.edu/eslc/dental.shtml](http://www.siu.edu/eslc/dental.shtml)

## DEPARTMENT OF REHABILITATION SERVICES

**Illinois Dept. of Human Services**

601 South High St.  
Belleville, IL 62220  
618-235-5300 or 888-460-5133

## DEVELOPMENTAL DISABILITY SERVICE OF METRO EAST

2900 Frank Scott Pkwy W., Suite 928  
Belleville, IL 62223  
618-236-7957  
Fax: 618-236-7925  
[www.ddsme.org](http://www.ddsme.org)  
An independent not-for-profit case coordination agency. Advocate and communication link between service providers, the individual with a developmental disability, and their family. Serves Madison and St. Clair counties.

## DRIVER'S LICENSE EXAMINATION STATION

400 West Main  
Belleville, IL 62220  
618-236-8750  
[www.cyberdriveillinois.com](http://www.cyberdriveillinois.com)

## DRIVER IMPROVEMENT PROGRAMS

### **Driver Safety Courses**

For those 55 years of age and older who are interested in receiving a discount on their automobile insurance. The course, offered in two half-day or evening sessions, gives the individual a chance to brush up on existing driving skills and pick up new ideas on how to drive safely and defensively. Trained volunteer instructors will help apply what is learned to the local driving situation.

### **Rules Of The Road Course**

(For Written Test) Prepares people for the driver's license written test. Course requires only a few hours and is offered free at following locations:

### **Southwestern Illinois College Programs and Services for Older Persons (PSOP)**

201 North Church St.  
Belleville, IL 62220  
618-234-4410  
[www.swic.edu/PSOP](http://www.swic.edu/PSOP)

### **Senior Citizens Club of Belleville, IL, Inc**

802 West C St.  
Belleville, IL 62220  
618-235-2387



# E

## **ELDER ABUSE PROGRAM**

Senior Protective Services  
#7 Executive Woods  
Swansea, IL 62226  
618-236-5863  
HOT LINE: 800-252-8966 (8:30 a.m. to 5 p.m.)  
After Hours: 866-800-1409

## **ELDERCARE LOCATOR**

HOT LINE: 800-677-1116  
This program is a national Toll-Free Directory Service Assistance, giving callers access to an extensive network of staff and local organizations that serve older people.

## **Land of Lincoln Legal Assistance Foundation, Inc.**

8787 State Street  
East St. Louis, IL 62203  
618-398-0958  
[www.lollaf.org](http://www.lollaf.org)  
Serves St. Clair and Monroe Counties, making available free legal representation in civil cases for low-income people.

## **Senior Services Plus**

618-465-3298 Ext. 127  
Advocates for people in long term care facilities include skill nursing facilities, assisted living facilities, supported living facilities, shelter care homes, and facilities and group homes for developmentally disabled residents.

## **Land of Lincoln Senior Citizens Legal Services Project**

Serves residents of the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington who are 60 years of age and older. Representation is limited to civil matters.

## **Lorrain Cavataio**

Sandberg Phoenix & von Gontard  
475 Regency Park  
O'Fallon, IL  
618-624-3008

## **Nancy R. Larson, Attorney at Law**

## **Heidi E. Dodd, Attorney at Law**

201 South Jackson St.  
Belleville, IL 62220  
618-235-6335  
219 East Main Street  
Mascoutah, IL 62258  
618-566-2911

## **Kristi Vetri, Esq.**

5005 West Main St. Belleville, IL 62226  
618-257-8563

## **EMERGENCY RESPONSE LINE INFORMATION**

American Red Cross Bi-State Chapter Lifeline services to the elderly  
800-959-6989  
[www.lifelinesys.com](http://www.lifelinesys.com)

## **Lifeline**

Personal Response Service provided 24 hours a day, 365 days a year  
For more information call  
618-234-4410, ext. 7040  
(Mon.-Fri., 9 a.m.-5 p.m.)  
[www.lifelinesys.com](http://www.lifelinesys.com)

## **EMERGENCY SERVICES & DISASTER AGENCY**

St. Clair County EMA  
110 W. Washington  
Belleville, IL 62220  
618-825-2682  
Fax: 618-825-2750  
[www.co.st-clair.il.us/Departments/EMA](http://www.co.st-clair.il.us/Departments/EMA)

**East St. Louis ESDA**  
120 N. 3rd St.  
East St. Louis, IL 62201  
618-482-6873

**EMPLOYMENT**

(See AARP Foundation/Worksearch  
Senior Employment Program)

**EPILEPSY FOUNDATION OF  
SOUTHWESTERN ILLINOIS**

140 Iowa Avenue, Suite A  
Belleville, IL 62220  
618-236-2181

Fax: 618-236-3654

[www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)

Offers counseling to individuals and families,  
community awareness, information and referral, and  
advocacy concerning epilepsy. Support Groups:  
Children's Camps and 24-hour residential services.  
Serves Bond, Clinton, Madison, Monroe, Randolph,  
St. Clair and Washington counties.  
Hours: 8:30 a.m. – 4:30 p.m.

**EQUAL EMPLOYMENT OPPORTUNITY  
COMMISSION**

500 West Madison Street, Suite 2800  
Chicago, IL 60661  
312-353-2713 (main)  
800-669-4000 (information)  
Fax: 312-353-4041

[www.eeoc.gov](http://www.eeoc.gov)

Monday-Friday, 8:30 a.m. – 5 p.m.



# F

## **FEDERAL BUREAU OF INVESTIGATION**

Department of Justice  
16 Executive Dr.  
Fairview Heights, IL 62208  
618-397-4401  
[www.fbi.gov](http://www.fbi.gov)

## **FEDERAL RETIRED EMPLOYEES NATIONAL ASSOCIATION** (See Retired Federal Employees)

### **FOOD PANTRIES**

See Call for Help, Inc.  
Food Pantry Information

#### **Catholic Urban Programs (Cup)**

#7 Vieux Carre Drive  
East St. Louis, IL 62203  
618-398-5616

#### **Cahokia Community Basket**

200 West Third St.  
Cahokia, IL 62206  
618-332-4280

#### **Collinsville Area Food Pantry**

201 East Church St.  
Collinsville, IL 62234

#### **Community Interfaith Food Pantry**

205 West B Street Belleville, IL 62220  
618-355-9199  
Mon. Wed. Fri. 1-3 p.m., Sat. 9-11 a.m.

#### **East St. Louis Township**

6755 State Street  
East St. Louis, IL 62201  
618-874-3650

#### **Fairview Heights Food Pantry**

412 Saint Clair Road  
Fairview Heights, IL 62208  
618-398-0292  
Mon-Fri, 9-11 a.m.  
Serves residents of Fairview Heights only  
once a month

#### **Freeburg Food Pantry**

St. Paul's U.C.C. Parish House  
8 North Belleville St.  
Freeburg, IL 62243  
618-539-5744 or 618-539-3756  
3rd Thursday of month, 2 – 6 p.m.

#### **Gethsemane Food Pantry**

1435 Baugh Ave.  
East St. Louis, IL 62205  
314-422-2183

#### **Jeremiah's Food Pantry**

538 South 35th St.  
East St. Louis, IL 62207  
314-537-2448

#### **Lebanon Food Pantry**

St. Paul U.C.C.  
123 E. Dee St.  
Lebanon, IL 62254  
618-537-4991  
Mon. & Thurs. 1 – 3 p.m.  
Wed. 10 a.m. - noon

#### **Mascoutah Food Pantry**

17 West Main St.  
Mascoutah, IL 62258  
618-566-2524

#### **Millstadt Food Pantry**

#1 East Elm  
Millstadt, IL 62260  
618-476-1249

#### **O'Fallon Community Food Pantry**

801 East State St.  
O'Fallon, IL 62269  
618-624-7040

#### **Salvation Army, East St. Louis**

616 North 16th St.  
East St. Louis, IL 62205  
618-874-3136

**Shiloh Food Pantry**  
Spring Valley Baptist Church  
522 Maple St.  
Shiloh, IL 62269  
618-632-6706

**State Park Area Food Pantry**  
3301 Harvard  
Collinsville, IL 62234  
618-344-4091

**FUNERAL HOMES:**

**Barnes, John Funeral Home**  
220 West Washington  
Millstadt, IL 62260  
618-397-3350

**Creason Funeral Home**  
220 West Washington  
Millstadt, IL 62260  
618-476-3111

**Kalmer Memorial Service**  
8638 US Hwy 50  
Lebanon, IL 62254  
618-726-3288

**Kassly Mortuary, Ltd.**  
9900 St. Clair Ave.  
Fairview Heights, IL 62208  
618-398-1122  
[www.kasslyfuneral.com](http://www.kasslyfuneral.com)

**Kurrus Funeral Home**  
1773 Frank Scott Pkwy W.  
Belleville, IL 62223  
618-235-2100  
[www.kurrusfh.com](http://www.kurrusfh.com)

**Lake View Memorial Gardens  
and Funeral Home**  
5000 N. Illinois St.  
Fairview Heights, IL 62208  
618-233-7200  
[www.lakeviewfuneralhm.com](http://www.lakeviewfuneralhm.com)

**Nash Funeral Home**  
144 N. 16th St.  
East St. Louis, IL 62205  
618-874-9225  
[www.nashfuneralhome.com](http://www.nashfuneralhome.com)

**Officer Funeral Home**  
2114 Missouri Ave.  
East St. Louis, IL 62205  
618-874-4244  
[www.officerfh.com](http://www.officerfh.com)

**Renner, George & Sons Funeral Home**  
120 N. Illinois St.  
Belleville, IL 62220  
618-233-5400  
[www.rennerfh.com](http://www.rennerfh.com)

**Russell Memorial Chapel**  
7916 State St.  
PO Box 3349  
East St. Louis, IL 62203  
618-397-9510

**Schildknecht Funeral Home**  
301 S. Lincoln Ave.  
O'Fallon, IL 62269  
618-632-3713  
[www.schildknechtfh.com](http://www.schildknechtfh.com)

**Serenity Memorial Chapel**  
3416 West Main  
Belleville, IL 62223  
618-233-6000  
[www.serenitymemorialchapel.com](http://www.serenitymemorialchapel.com)

**Valhalla, Gardner & Holten Funeral Home**  
3412 Frank Scott Pkwy. West  
Belleville, IL 62223  
618-233-3110  
[www.valhallagardensandfuneralhome.com](http://www.valhallagardensandfuneralhome.com)

**Wolfersberger Funeral Home**  
102 West Washington St.  
O'Fallon, IL 62269  
618-632-3681  
[www.wfh-ofallon.com](http://www.wfh-ofallon.com)



# G

## **GATEWAY FOUNDATION, INC.**

Drug and Alcohol Outpatient Program:

1 Bronze Pointe  
Swansea, IL 62226  
618-234-9002  
[www.recovergateway.org](http://www.recovergateway.org)

## **Drug & Alcohol Residential Program**

600 West Lincoln St.  
Caseyville, IL 62232  
618-345-3970

## **GENERAL ASSISTANCE**

### **(See Townships)**

Assistance to low income or unemployed persons.  
Serves residents to 65 years of age. Advisable to  
make an appointment.

## **GUARDIANSHIP/ADVOCACY**

### **COMMISSION:**

#### **Illinois State of:**

4500 College Ave., Suite 100  
Alton, IL 62002  
618-474-5503  
Fax: 618-474-5517  
[www.gac.state.il.us](http://www.gac.state.il.us)

Three Divisions: Guardianship, Legal Advocacy  
Services and Human Rights Authority. Advocacy  
investigations of alleged rights violations and abuse  
of disabled and elderly persons. Attends to the  
well-being, treatment and financial conditions of  
persons in Nursing Homes.

# H

## **HANDICAPPED LICENSE PLATES AND PARKING CARDS**

Illinois State Of:

SENIOR TOLL-FREE NUMBER

800-252-2904

Monday-Friday, 8-10 a.m. and 2-4 p.m.

## **HEALTH DEPARTMENTS:**

### **East Side Health District**

Administration Office:

650 North 20th St.

East St. Louis, IL 62205

618-271-8722

1274 Camp Jackson Road

Cahokia, IL 62206

618-337-1478

(WIC Office only and Family Case Mgmt)

2568 North 41st St.

Fairmont City, IL 62201

618-271-7550

### **St. Clair County**

19 Public Square, Suite 150

Belleville, IL 62220

618-233-7703

## **HEALTH VISIONS OF EAST ST. LOUIS**

1269 North 89<sup>th</sup> St., Ste. 7

East St. Louis, IL 62203

618-271-7000

Faith-based ministry that provides advocacy and non-medical support services to seniors, the poor and the disabled.

## **HILL BURTON ACT – HOSPITALS**

800-638-0742

Hospitals using Hill Burton Funds are required, by law, to provide a reasonable amount of services without charge, and to furnish information on free health care for those who cannot afford to pay. You must be an in-house hospital patient to apply.

Look for signs and literature concerning this benefit in the hospital where you are being admitted. If you

think you might be eligible, contact the hospital's Patient Accounting Department or the Business Office before being discharged.

## **HOLY ANGELS SHELTER**

1410 North 37th St.

East St. Louis, IL 62204

618-874-4079

Provides shelter care and services to homeless women and children (no men allowed), regardless of age, color or race.

## **HOME HEALTH CARE AGENCIES:**

### **Amedisys**

624 Pierce Blvd

O'Fallon, IL 62269

618-622-8854

Amedisys.com

### **LHC Illinois Home Health**

4509 North Illinois St., Ste. 2

Swansea, IL 62226

618-394-1022

### **Gibson Health Services**

1468 State St.

East St. Louis, IL 62202

618-274-6026

### **Heartland Hospice**

333 Salem Place, Ste. 150

Fairview Heights, IL 62208

618-632-0304

[www.her-mansrcare.com](http://www.her-mansrcare.com)

### **Home Instead Senior Care**

2321 Country Road

Belleville, IL 62221

618-234-7640

[www.homeinstead.com/299](http://www.homeinstead.com/299)

### **Mederi Home Health Care**

141 Market Place Dr., Ste. 110

Fairview Heights, IL 62208

618-277-8899

### **Mediplex Health Professionals**

209 West Pointe Dr., Ste. D

Swansea, IL 62226

618-293-6776



**Memorial Hospital Home Care**  
4500 Memorial Dr.  
Belleville, IL 62226  
618-233-7750, ext. 5700

**Southern Illinois Health Care**  
100 North 8<sup>th</sup> St., #238  
East St. Louis, IL 62201  
618-274-9105  
Mon.-Fri., 8:30 a.m.-5 p.m.

**Southwestern Illinois Visiting Nurse Association**  
7 Executive Woods Court  
Swansea, IL 62226  
618-236-5800 or 800-642-5429  
[www.sivna.com](http://www.sivna.com)

**Visiting Angels**  
4 South Church Street, Ste. 212  
Belleville, IL 62220  
618-257-2200  
Fax: 618-257-2205  
[www.visitingangels.com](http://www.visitingangels.com)

**HOMESTEAD TAX EXEMPTION**  
(See Tax-Board of Review)

### **HOSPICE SERVICES**

**Breeze Hospice**  
1909 Dublin Blvd  
Bellville, IL 62221  
618-416-6410

**Family Hospice**  
5110 West Main Street  
Belleville, IL 62226  
618-277-1800  
[www.familyhospice.org](http://www.familyhospice.org)  
Provides physical, emotional spiritual and psychosocial support to patients and their families when faced with a terminal illness.  
On-call emergency service, 24 hours a day, 7 days a week.

**Heartland Hospice**  
333 Salem Place  
Ste 165 Fairview Heights, IL 62208

**Hospice of Southern Illinois, Inc.**  
305 South Illinois St.  
Belleville, IL 62220  
618-235-1703 or 800-233-1708  
[www.hospice.org](http://www.hospice.org)  
Hospice of Southern Illinois, Inc. (HSI) provides a team of caring individuals who respond to the physical, psychosocial, emotional, and spiritual needs of terminally ill people and their families. HSI is licensed to serve the approximate lower one third of the state and offers comfort care in hospitals, nursing homes, and in-home settings.

**Vitas Hospice Care**  
8 Executive Drive  
Fairview Heights, IL 62208  
618-622-9073  
Long term and Hospice care

### **HOSPITALS**

**Memorial Hospital**  
4500 Memorial Drive  
Belleville, IL 62226  
618-233-7750  
[www.memhosp.com](http://www.memhosp.com)

**Memorial Hospital East**  
1404 Cross Street  
Shiloh, IL 62269  
618-607-1000  
[www.memhospeast.com](http://www.memhospeast.com)

**St. Elizabeth's Hospital of Belleville**  
1512 N Greenmount Rd  
O'Fallon, IL 62269  
618-624-3750  
[www.steliz.org](http://www.steliz.org)

**Touchette Regional Hospital**  
5900 Bond Ave.  
Centreville, IL 62207  
618-332-3060  
[www.touchette.org](http://www.touchette.org)

### **HOUSING AUTHORITY**

**St. Clair County**  
Belleville Central Offices  
1790 South 74th St.  
Belleville, IL 62223  
618-277-3290  
[www.sccha.org](http://www.sccha.org)

**East St. Louis Housing Authority**

700 North 20th St.  
East St. Louis, IL 62205  
618-646-7100

Provides housing for low and middle income senior citizens and families who meet the requirements. Projects are located throughout the county. Also provides housing assistance payments to limited number of approved landlords. Assistance is funded under HUD's Section Eight Program.

**HUMAN SERVICES, DEPARTMENT**

State of Illinois  
800-843-6154 (Help Line)

[www.dhs.state.il.us](http://www.dhs.state.il.us)

Alcoholism and substance abuse, children and family services, Department of Corrections, Developmental Disabilities, Mental Health, Public Aid, Public Health, and Rehabilitation Services

**Office of Rehabilitation Services**

Services for Visually Impaired  
601 South High St.  
Belleville, IL 62220  
618-235-5302

**St. Clair County**

Dept. of Human Resources  
225 North 9th Street  
East St. Louis, IL 62201  
618-583-2300  
Mon-Fri., 8:30 a.m. – 5 p.m.

**Medical Assistance**

Medical assistance program provides for payment of allowable medical care received by public aid grant recipients and certain other individuals and families who do not need assistance to meet their general living costs, but who do require help in meeting the cost of medical bills.

**State Supplemental Payments**

To the aged, blind, and disabled. Individuals in financial need, 65 years of age and older or who are any age but are blind or severely disabled as defined by the Social Security Administration and who have income insufficient to meet their basic maintenance needs, may be eligible for a State Supplemental Payment. Persons who have applied for the Federal Supplemental Security Income (SSI) Program through their local Social Security Office and have not yet been notified of their eligibility status may be eligible for a State Grant (Interim Assistance) while eligibility for the Federal Program is being determined.

**Food Stamp Program**

Applications to participate in the Food Stamp Program are available to everyone without regard to race, age, sex, color, handicap, religion, national origin or political belief.

**Direct Deposit**

Your monthly government payment is sent directly to wherever you do your banking, deposited to your checking or savings account. Your Public Aid Office can answer questions.



# I

## **ILLINOIS DEPT. ON AGING**

1 Natural Resources Way, Ste. 100  
Springfield, IL 62702  
217-785-2870; Fax: 217-785-4477  
[www.state.il.us/aging](http://www.state.il.us/aging)

## **ILLINOIS HEALTH CARE FRAUD TASK FORCE HOT LINE**

U.S. Dept. of Health & Human Services  
Office of Inspector General  
222 Spruce St., Room 9.309  
St. Louis, MO 63103  
314-539-3430

A task force consisting of federal, state and local law enforcement officials who look into health care fraud. Anyone possessing information regarding health care fraud can call the hot line.

## **INDEPENDENT LIVING**

(see Retirement Communities)

## **INSURANCE INFORMATION**

Illinois State of: Insurance Department  
320 West Washington St.  
Springfield, IL 62767  
217-782-4515  
(Mon.-Fri., 8 a.m.-5 p.m.)  
[www.insurance.illinois.gov](http://www.insurance.illinois.gov)

## **ITAC**

You can get a free amplified phone through the Illinois Telecommunications Access Corp.  
For information call 618-234-4410, ext. 7059, 7012, or 7024.

## **INTERGOVERNMENTAL GRANTS DEPARTMENT (IGD)**

St. Clair County  
19 Public Square, Suite 200  
Belleville, IL 62220  
618-277-6790  
[www.co.st-clair.il.us/Departments/Intergovernmental+Grants](http://www.co.st-clair.il.us/Departments/Intergovernmental+Grants)

IGD provides a wide range of programs and services to individuals, communities and businesses with federal and state funded grants dispersed to St. Clair County.

Programs administrated are: Employment and Training Program designed specifically to train and place participants in permanent employment. The Community Development Program which provides funds to communities for public works projects, also for rehab programs for home owners and an economic development revolving loan program, Community Services Grant which provides emergency and social services to clients. Weatherization and Energy Assistance Programs are also available.

## **INTERNAL REVENUE SERVICE (IRS)**

U.S. Government of:  
Fairview Heights Office  
380 Fountain Office Court  
Fairview Heights, IL 62208  
618-632-2567  
[www.irs.gov](http://www.irs.gov)

Illinois Dept. of Revenue  
15 Executive Drive, Suite 2  
Fairview Heights, IL 62208  
618-624-6773

# K

**KIDNEY FOUNDATION, NATIONAL OF  
EASTERN MISSOURI AND METRO EAST**

1001 Craig Road, Ste. 480

St. Louis, MO 63146

314-961-2828

Fax: 314-961-0888

[www.kidney.org](http://www.kidney.org)

A National Health Council approved volunteer agency, providing education research and patient community services.



# L

## **LAND OF LINCOLN LEGAL ASSISTANCE FOUNDATION, INC.**

8787 State Street  
East St. Louis, IL 62203  
618-398-0958  
[www.lollaf.org](http://www.lollaf.org)

Serves St. Clair and Monroe counties, making available free legal representation in civil cases for low-income persons.

## **Land of Lincoln Senior Citizens Legal Services Project**

Serves residents of the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington who are 60 years of age and older. Representation is limited to civil matters.

## **Land of Lincoln Ombudsman Program**

Serves nursing home residents in the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington.

## **LESSIE BATES DAVIS NEIGHBORHOOD HOUSE**

1200 N. 13th St.  
East St. Louis, IL 62205  
618-874-0777  
[www.lessiebatesdavis.org](http://www.lessiebatesdavis.org)

A United Methodist Multi-Purpose Community Center. This agency seeks to strengthen families and to create a better quality of life for young and old alike. Through the Service to Older Adults Program, many of the elderly are able to remain independent in their own homes. Neighborhood House staff provide meal preparation, cleaning, laundry, shopping and escort to medical facilities. Adult day services also provided.

## **LEUKEMIA AND LYMPHOMA SOCIETY**

Gateway Chapter  
1972 Inner Belt Business Center Drive  
St. Louis, MO 63114  
314-590-2230 or 800-264-2873  
[www.lls.org/gat](http://www.lls.org/gat)

Serves residents of Eastern Missouri, Southern Illinois and Arkansas. Provides: financial assistance

to patients; the First Connection Peer Support Program; family support groups; professional and Public Education; and free educational literature.

## **LIFELONG LEARNING**

Classes for Adults 18 and older  
Southwestern Illinois College  
2500 Carlyle Ave.  
Belleville, IL 62221  
618-235-2700, ext. 5540

## **LINC, INC.**

15 Emerald Terrace  
Swansea, IL 62226  
618-235-9988  
TDD 618-235-0451  
Fax: 618-233-3729  
[www.lincinc.org](http://www.lincinc.org)

Living Independently Now Center (LINC) is a consumer-driven, community-based non-residential, not-for-profit corporation. Provides services to persons of all ages with all types of disabilities, plus information and referrals, individual advocacy, peer counseling, training in independent living skills, and home services. Sign language interpreting and technical assistance regarding accessibility are also provided. Serves Monroe, St. Clair and Randolph counties.

## **LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)** See "IGD"

## **LUPUS FOUNDATION OF AMERICA, INC.**

Heartland Chapter  
4640 Shenandoah Ave.  
St. Louis, MO 63110  
314-644-2222  
[www.lupus.org](http://www.lupus.org)

Provides public education about Systemic or Discoid Lupus Erythematosus and hosts support groups.

**LUTHERAN CHILD & FAMILY SERVICES**  
**OF ILLINOIS**

317 W. Main St.

Belleville, IL 62220

618-234-8904

[www.lcfs.org](http://www.lcfs.org)

(9:30 a.m.-4:30 a.m.)



**MAIL – U.S. POSTAL SERVICES**

U.S. Government of:/U.S. Post Offices  
[www.usps.com](http://www.usps.com)

**Alorton Branch**

4825 Bond Ave.  
Alorton, IL 62207  
618-874-3736

**Belleville Main Office**

120 West Washington St.  
Belleville, IL 62220  
618-233-0390

**Cahokia Branch**

801 Range Lane  
Cahokia, IL 62206  
618-332-3571

**Caseyville Office**

113 South Long St.  
Caseyville, IL 62232  
618-344-4594

**Dutch Hollow/Swansea Station**

5731 Mt. Pleasant Lane  
Belleville, IL 62223  
618-397-6616

**East St. Louis Office**

950 Missouri Ave.  
East St. Louis, IL 62201  
618-875-0200

**Edgemont Station**

8701 State St.  
East St. Louis, IL 62203  
618-398-3594

**Fairview Heights Postal Store**

10850 Lincoln Trail, Unit 20  
Fairview Heights, IL 62208  
618-397-5044

**Lebanon Office**

201 East St. Louis St.  
Lebanon, IL 62254  
618-537-4439

**O'Fallon Office**

1111 South Lincoln Ave.  
O'Fallon, IL 62269  
618-632-4691

**MEDICAL CENTERS**

**Belleville Oncology Center**

7300 Twin Pyramid Parkway  
Belleville, IL 62223  
618-277-5882  
[www.bellevilleoncology.com](http://www.bellevilleoncology.com)

**Gateway Regional Medical Center**

2100 Madison Ave.  
Granite City, IL 62040  
618-798-3000  
618-798-3200 Home Health Services  
618-798-3800 Senior Circle Program  
[www.gatewayregional.net](http://www.gatewayregional.net)

**Belleville Surgical Center**

28 North 64th St.  
Belleville, IL 62223  
618-398-5705  
[www.bellevillesurgical.com](http://www.bellevillesurgical.com)

**Illinois Oncology, Ltd.**

4000 N. Illinois Lane, #C  
Swansea, IL 62226  
618-233-8000  
[www.illinoisoncology.com](http://www.illinoisoncology.com)

**Memorial – St. Elizabeth's  
Cancer Treatment Center**

4000 N. Illinois, Ste. B  
Swansea, IL 62226  
618-236-1000



**St. Elizabeth's Hospital Diagnostic Center**  
St. Elizabeth's Medical Park  
1512 North Greenmount Road  
O'Fallon, IL 62269  
618-624-3750

[www.steliz.org/services/urgicare\\_ofallon.php](http://www.steliz.org/services/urgicare_ofallon.php)

Urgent Care Center open 7 days a week,  
8 a.m. to 8 p.m.  
(Closed Thanksgiving and Christmas)

**St. Elizabeth's Medical Plaza**  
739 N. Jefferson St.  
Mascoutah, IL 62258  
Physical Therapy Services 618-566-4900  
Rural Family Medicine 618-566-8810

**SIUE School of Nursing  
We Care Clinic**  
SIUE East St. Louis Center  
601 James R. Thompson Blvd., Building D-2015  
East St. Louis, IL 62201  
618-482-6959

[www.siu.edu/nursing](http://www.siu.edu/nursing)  
Services are offered in the clinic at the SIUE East St. Louis Center, and in churches, homes, businesses and senior centers. The following services are provided by nurse practitioners: routine health histories, physical exams, screening tests, immunizations, education programs and a memory assessment program.

### **MEDICAL EQUIPMENT AND SUPPLIES**

**MediEquip (Main Office)**  
618-622-9800  
Will refer to proper area

### **MENTAL HEALTH SERVICES**

**Chestnut Health Systems**  
12 North 64th St., Suite 5  
Belleville, IL 62223  
618-397-0900  
Fax: 618-397-0093  
[www.chestnut.org](http://www.chestnut.org)

### **Comprehensive Behavioral Health Center of St. Clair County, Inc.**

(Drug Rehab)  
505 South 8th Street  
East St. Louis, IL 62201  
618-482-7330  
[www.cbhc1.org](http://www.cbhc1.org)

**Memorial Senior Care**  
4500 Memorial Drive  
Belleville, IL 62226  
618-257-5900  
Fax: 618-257-5463  
Intensive outpatient mental health program  
addressing the unique needs of the older adult.  
Primarily group therapy.

**Provident Counseling**

141 Market Place Drive, Ste. 206  
Fairview Heights, IL 62208  
618-398-7250  
Fax: 618-398-6870

[www.providentstl.org](http://www.providentstl.org)

Provides counseling services to individuals, couples and families on a sliding-fee scale. Some of the problems addressed include alcohol, drugs, divorce, anxiety, depression and childhood problems. Also, programs for perpetrators of domestic violence.

**St. Elizabeth's Behavioral Medicine**

211 South 3rd Street  
Belleville, IL 62220  
618-234-2120, ext. 1555

**SWIC/PSOP Older Adult and Caregiver  
Counseling Program**

201 North Church St.  
Belleville, IL 62220  
618-234-4410, ext. 7031

**MIND'S EYE FOR BLIND AND PRINT  
HANDICAPPED**

9541 Church Circle Drive  
Belleville, IL 62223  
618-394-6444

[www.mindseyeradio.org](http://www.mindseyeradio.org)

Radio Information Services broadcasts over 110 hours of programming, Monday through Friday (7 a.m. to midnight), Saturdays and Sundays (8 a.m. to 11 p.m.) exclusive to the blind and print-handicapped persons in the Metro Area. Provides reading of the newspapers, magazines, books and periodicals and interviews with professionals in the field of rehabilitation. Individual closed circuit receivers are provided on a permanent loan basis. Service is also available to many area nursing homes via Low Power AM transmitters.

**MULTIPLE SCLEROSIS SOCIETY**

Gateway Area Chapter  
1867 Lackland Hills Parkway  
St. Louis, MO 63146  
314-781-9020 or 800-FIGHT-MS  
(8:30 a.m.-5 p.m.)

[www.nationalmssociety.org](http://www.nationalmssociety.org)

This organization serves people with Multiple Sclerosis and their families by providing information and support through a daytime help line. Provides resources which enhance the quality of life for those with MS, plus information on current research programs on the local and national levels. Serves 90 counties in Eastern Missouri and Southern Illinois.

**MUSCULAR DYSTROPHY ASSOCIATION**

530 Maryville Center Dr., Ste. 410  
St. Louis, MO 63141  
314-962-0023

Health Services

Fax: 314-683-2048

[www.mdausa.org](http://www.mdausa.org)

Mississippi Valley Chapter serves persons with Muscular Dystrophy and related neuromuscular diseases in St. Louis City/County and in 13 out-of-state counties. Illinois Counties: Madison, Monroe, St. Clair, Randolph, Bond, Clinton, Fayette and Jefferson.

**MYASTHENIA GRAVIS FOUNDATION**

7514 Forest View  
St Louis, MO 63121

[www.myasthenia.org](http://www.myasthenia.org)

Serves residents of Eastern Missouri and Southern Illinois. Provides referrals and information on Myasthenia Gravis.

# N

## **NATIONAL SHRINE OF OUR LADY OF THE SNOWS**

442 S. Demazenod Dr.  
Belleville, IL 62223  
618-397-6700  
[www.snows.org](http://www.snows.org)

## **NURSING HOMES**

### **Atrium Healthcare and Rehab Center**

3354 Jerome Lane  
Cahokia, IL 62206  
618-337-9823

### **Bria**

150 N. 27th St.  
Belleville, IL 62226  
618-235-6600

### **Cahokia Nursing and Rehab Center**

#2 Annabel Court  
Cahokia, IL 62206  
618-332-0114

### **Caseyville Nursing & Rehab Center**

601 West Lincoln St.  
Caseyville, IL 62232  
618-345-3072

### **Cedar Ridge Senior House & Rehab**

One Perryman St.  
Lebanon, IL 62254  
618-537-6165  
[www.cedarridgehealthcare.com](http://www.cedarridgehealthcare.com)

### **Collinsville Rehab and Health Care Center**

614 North Summit Ave.  
Collinsville, IL 62234  
618-344-8476  
[www.petersenhealthcare.net](http://www.petersenhealthcare.net)

### **Dammert Geriatric Center**

Our Lady of the Snows  
726 Community Drive  
Belleville, IL 62223  
618-394-6262  
[www.apartmentcommunity.org](http://www.apartmentcommunity.org)

### **Four Fountains Nursing Home**

101 South Belt West  
Belleville, IL 62220  
618-277-7700

### **Freeburg Care Center**

746 Urbanna Drive  
Freeburg, IL 62243  
618-539-5856  
[www.freeburgcarecenter@gmail.com](mailto:www.freeburgcarecenter@gmail.com)

### **Freeburg Terrace**

4 Hill Mine Rd.  
Freeburg, IL 62243  
618-539-4882

### **Lebanon Care Center**

1201 N. Alton St.  
Lebanon, IL 62254  
618-537-4401  
[www.petersenhealthcare.net](http://www.petersenhealthcare.net)

### **Lebanon Terrace**

221 East 3rd St.  
Lebanon, IL 62254  
618-537-4133  
[www.donnab@ilhelp.net](http://www.donnab@ilhelp.net)

### **Mar-Ka Nursing Homes, Inc.**

201 S. 10th St.  
Mascoutah, IL 62258  
618-566-8000

### **Memorial Care Center**

4315 Memorial Dr.  
Belleville, IL 62226  
618-257-5056



**Mercy Rehab and Care Center**

100 Rosewood Village Dr.

Swansea, IL 62226

618-236-1391

[www.rosewoodnursing.com](http://www.rosewoodnursing.com)**Midwest Rehabilitation & Respiratory Center**

727 N. 17th St.

Belleville, IL 62226

618-234-3323

**Nathan Health Care Center**

5050 Summit Ave.

East St. Louis, IL 62203

618-874-3597

**New Athens Home for the Aged**

203 South Johnson St.

New Athens, IL 62264

618-475-2550

[www.newathenshome.org](http://www.newathenshome.org)**St. Paul's Home**

1021 West "E" St.

Belleville, IL 62220

618-233-2095

[www.stpaulshome.com](http://www.stpaulshome.com)**Swansea Rehab & Health Care Center**

1405 North 2nd St.

Swansea, IL 62226

618-233-6625

**Terrace on the Park**

901 N. 10th St.

Mascoutah, IL 62258

618-566-2183

**Willowcreek Rehab and Nursing Center**

40 North 64th St.

Belleville, IL 62223

618-397-8400

**NUTRITION AND COMMUNITY CENTERS****Callie Boyd Community Center**

(No meals)

701 S. 44th St.

Centreville, IL 62207

618-274-4206

**Clyde Jordan Senior Center**

6755 State St.

East St. Louis, IL 62203

618-293-6700

**Macke Senior Center**

815 N. Borders St.

Marissa, IL 62257

Home-delivered meals

618-295-3474

[www.mackecenter@frontier.com](http://www.mackecenter@frontier.com)**Mascoutah Senior Service Program**

227 North Market St.

Mascoutah, IL 62258

618-566-8758

[www.mascoutahsrdirector@gmail.com](http://www.mascoutahsrdirector@gmail.com)

Home-delivered meals, senior lunches and activities.

Monday-Friday, 8 a.m. to 1 p.m.

**Millstadt Township Senior Services**

102 South Jefferson St.

Millstadt, IL 62260

618-476-3731

Home-delivered meals, congregate meals, transportation and activities.

**O'Fallon Township**

801 East State Street

O'Fallon, IL 62269

618-632-3517



**OLDER WOMEN'S LEAGUE (OWL)**

1025 Connecticut Ave. NW, Suite 701

Washington, D.C. 20036

877-653-7966, Fax: 703-812-0687

[www.owl-national.org](http://www.owl-national.org)

OWL is a grassroots organization advocating for economic and social equity of midlife and older women. It offers fact sheets on issues such as social security, pensions and women's health.

# P

## **PARENTS AND FRIENDS OF THE SPECIALIZED LIVING CENTER**

1450 Caseyville Ave.  
Swansea, IL 62226  
618-277-7730  
[www.pafslc.org](http://www.pafslc.org)

## **PARKINSON'S DISEASE SUPPORT GROUP**

For persons with Parkinson's Disease and their caregivers. Offers advocacy, education, guidance, assistance, referrals, and community resources.  
Meets monthly.  
618-234-4410, ext. 7031

## **PHYSICIANS' SERVICES**

**Belleville Family Health Center**  
St. Elizabeth's Medical Arts Bldg.  
180 South Third St., 3rd Floor  
Belleville, IL 62220  
618-233-5480

**Memorial Medical Group**  
4500 Memorial Drive  
Belleville, IL  
618-257-6302

**Physicians Referral Services**  
St. Clair County Medical Society  
6400 West Main St.  
Belleville, IL 62223  
618-397-8390  
[www.stclairmed.com](http://www.stclairmed.com)

This service can help locate a family doctor or specialist who will accept new patients.

## **POISON CONTROL CENTER**

Illinois Poison Center  
222 South Riverside Plaza  
Chicago, IL 60606  
800-222-1222  
Fax: 312-627-8006  
[www.illinoispoisoncenter.org](http://www.illinoispoisoncenter.org)

## **PROGRAMS & SERVICES FOR OLDER PERSONS (PSOP)**

(See Southwestern Illinois College)

## **PUBLIC AID, DEPARTMENT OF Illinois, State of: St. Clair County**

(See Human Services, Dept. of)



# R

## **RADIO INFORMATION SERVICE**

(see Mind's Eye)

## **REHABILITATION SERVICES,**

### **DEPARTMENT OF: (DRS)**

Illinois, State of: Belleville

601 South High St.

Belleville, IL 62220

618-235-5300

Fax: 618-235-5163

Vocational Rehabilitation: Eligibility evaluation, vocational counseling and planning, training, physical restoration, job placement, and other vocational services as necessary. Requirements:

Presence of a substantial vocational handicap must be established through medical information and an ability to benefit from services in terms of work.

Home Services: chores and housekeeping, homemaker, home health and respite. Requirements:

Individual must be under 60 years of age and in danger of institutionalization without services.

## **RETIRED FEDERAL EMPLOYEES – (NATIONAL ACTIVE AND)**

Building 50

Scott AFB, IL

618-256-9350

[www.narfe.org](http://www.narfe.org)

An organization to assist and support retired Federal civilian employees. NARFE Chapter 1019 Service Center operates every Tuesday only, 10 a.m. to 2 p.m. At other times, call Gene Wiggins at 618-566-7980

## **RETIREMENT COMMUNITIES**

### **Apartment Community of Our Lady of the Snows**

726 Community Drive

Belleville, IL 62223

618-394-6852 or 800-533-6279

[www.apartmentcommunity.org](http://www.apartmentcommunity.org)

### **Atrium of Belleville**

201 South Belt West

Belleville, IL 62220

618-235-9300

[www.atrumseniorliving.com](http://www.atrumseniorliving.com)

### **Bradford Place**

1463 Benchmark Court

Swansea, IL 62226

618-624-0683

[www.bradfordseniors.com](http://www.bradfordseniors.com)

### **Cambridge House**

844 Cambridge Blvd.

O'Fallon, IL 62269

618-624-9900

3900 Sullivan Dr.

Swansea, IL 62226

618-234-8919 or 234-8910

### **Carriage House Apartments**

115 E. B Street

Belleville, IL 62220

618-277-6900

### **Cedars of Lebanon Apts.**

600 South Horner St.

Lebanon, IL 62254

618-537-6112

### **Cedar Trails Senior Living Community**

490 Urbana Drive

Freeburg, IL 62243

618-539-9190

### **Charles Gardens Retirement Community**

120 South Ruby Lane

Fairview Heights, IL 62208

618-398-2225

### **Colonnade Senior Living**

700 Weber Road

O'Fallon, IL 62269

618-624-6000

[www.thecolonnadeseniorliving.com](http://www.thecolonnadeseniorliving.com)

**Garden Place**  
208 S. Kossuth  
Millstadt, IL 62260  
618-476-1440  
[www.gardenplaceseniorliving.com](http://www.gardenplaceseniorliving.com)

**Grand Court, The**  
201 South Belt West  
Belleville, IL 62220  
618-235-9300

**Grand Manor**  
58 Frank Scott Parkway E.  
Swansea, IL 62226  
618-257-1400 or 618-942-8000

**Housing Authority – St. Clair County**  
Belleville Central Offices  
1790 South 74th St.  
Belleville, IL 62223  
618-277-3290  
[www.sccha.org](http://www.sccha.org)

**Housing Authority - East St. Louis**  
Executive Office  
700 N. 20th St.  
East St. Louis, IL 62205  
618-271-0498

**Morningside of Shiloh**  
1201 Hartman Lane  
Shiloh, IL 62221  
618-239-9282  
[www.fivestarseniorliving.com](http://www.fivestarseniorliving.com)

**O'Fallon Apts.**  
750 Weber Road  
O'Fallon, IL 62269  
618-632-9817

**Parkway Gardens**  
379 Fountains Parkway  
Fairview Heights, IL 62208  
618-622-1988

**Rush Senior Gardens Apts.**  
1530 Bond Ave.  
East St. Louis, IL 62207  
618-875-9747

**St. Clair Village Apartments**  
409 Carlyle East  
Belleville, IL 62221  
618-234-2203

**St. Paul's Retirement Apartments**  
901 West E St.  
Belleville, IL 62220  
618-233-2095  
[www.stpaulshome.com](http://www.stpaulshome.com)

**Touchette Elderly Apartments**  
1718 Wilford Ave.  
East St. Louis, IL 62207  
618-482-9813

5900 Bond Ave.  
Centreville, IL 62207  
618-337-6471

**Westfield Manor**  
7245 Westfield Plaza Drive  
Belleville, IL 62223  
618-233-5506  
[www.LSSLiving.org](http://www.LSSLiving.org)

**Wingate Manor Senior Apartments**  
161 Wingate Blvd.  
Shiloh, IL 62221  
636-728-5100

**REVENUE, DEPT. OF:**

**Illinois, State of:**  
Regional Office  
15 Executive Drive, Suite 2  
Business Center One  
Fairview Heights, IL 62208  
618-624-6773  
TAXPAYER INFORMATION-Springfield  
800-732-8866  
[www.revenue.state.il.us](http://www.revenue.state.il.us)





**ST. CLAIR ASSOCIATED VOCATIONAL ENTERPRISES, INC. (SAVE)**

3001 SAVE Road  
Belleville, IL 62221  
618-234-1992 Fax: 618-234-1990  
[www.saveorg.org](http://www.saveorg.org)

A not-for-profit agency providing day training, residential, and job placement services to adults with physical and/or developmental disabilities who are 18 years of age or older.

**ST. CLAIR COUNTY OFFICE ON AGING**

201 North Church Street  
Belleville, IL 62220  
618-234-4410, ext. 7056, 7044 or 7081  
Develops coordination and cooperation among County services for the purpose of maximizing resources to serve senior citizens.

**Active Seniors Club:**

Activities include weekly Walks of Wellness, ballroom and line dance classes. New activities are developed on an ongoing basis. Membership is free

**Caregiver Workshops:**

Free caregiver's workshops are presented throughout the year. If you are providing emotional, physical or financial support to an older adult, or think you may need to in the future, these informational workshops may be of interest to you.

**Educational Workshops:**

A wide variety of workshops related to health, social, historic, and other topics are offered several times each month.

**Grief Support Group:**

Meets monthly on the third Monday of the month from 10 – 11:30 a.m.

**Health & Wellness Workshops:**

These include informative workshops and health care screenings targeted to seniors to improve overall wellness.

**Lunch with a Health Care Professional:**

A monthly educational seminar with a health care provider in partnership with St. Elizabeth's Hospital.

**St. Clair County Transit District Passes:**

The Office on Aging issues Metro passes to seniors 65+ and disabled riders twice a month on Mondays at Programs & Services for Older Persons.

**Senior Transit Express Program (STEP):**

From April through October, two trips are offered monthly for seniors to learn how to navigate MetroLink and Metro buses in the local and St. Louis areas. These trips are free and include a box lunch at the conclusion of each excursion.

**Ten Toe Program:**

12-week program offered in spring and fall to encourage seniors to walk more and use public transit.

**ST. VINCENT DE PAUL SOCIETY**

3718 State St.  
East St. Louis, IL 62203  
618-271-6230  
General assistance to persons who are homeless, ill, aged, abused or in need of financial assistance.

**SALVATION ARMY**

Corps Community Center  
20 Glory Place  
Belleville, IL 62223  
618-235-7378  
[www.salvationarmy.org](http://www.salvationarmy.org)

**Thrift Store**

218 North Illinois St.  
Belleville, IL 62220  
618-233-7617

**Salvation Army Community Center**

616 North 16th St.  
East St. Louis, IL 62205  
618-874-3136



## **SCHOOLS – OLDER ADULT EDUCATION**

**East St. Louis Community College Center**  
601 James Thompson Blvd.  
East St. Louis, IL 62201  
618-874-8700  
[www.eslccc.com](http://www.eslccc.com)

**McKendree University**  
701 College Rd.  
Lebanon, IL 62254  
618-537-4481, Fax: 537-6417  
[www.mckendree.edu](http://www.mckendree.edu)

**SIUE – East St. Louis Center Office**  
General Information  
East St. Louis Higher Education Building  
601 James R. Thompson Blvd.  
East St. Louis, IL 62201  
618-482-6900  
[www.siu.edu](http://www.siu.edu)

**SIUE – Southern Illinois University/  
Edwardsville**  
Office of Outreach Education  
Campus Box 1084  
Edwardsville, IL 62026  
618-650-3210  
Older Adult Education – credit and non-credit  
activities

**Southwestern Illinois College**  
2500 Carlyle Ave.  
Belleville, IL 62221  
618-235-2700, ext. 5540  
[www.SWIC.edu](http://www.SWIC.edu)

**SWIC SeniorLink @ PSOP**  
201 North Church Street  
Belleville, IL 62221  
618-234-4410, ext. 7018  
Computer classes for mature adults

**University of Illinois Extension**  
1 Regency Plaza Drive  
Collinsville, IL 62234  
618-344-4230  
[www.web.extension.illinois.edu/mms](http://www.web.extension.illinois.edu/mms)

## **SECRETARY OF STATE**

**Illinois State of:**  
**Department of Senior & Community Services**  
324 W. Monroe  
Springfield, IL 62756  
800-252-2904 (8- 10 a.m.)  
[www.cyberdriveillinois.com](http://www.cyberdriveillinois.com)

Rules of the Road Review Classes  
Defensive Driving Program  
Photo Identification Program  
Special License Plates and Parking Placards for  
Persons with Disabilities  
Veteran's Needs

## **SENIOR BANK CLUBS**

**Classic Club First National Bank**  
3 E. Washington  
Millstadt, IL 62260  
618-476-1351  
[www.fnbwaterloo.com](http://www.fnbwaterloo.com)

**Senior Partners of Commerce Bank**  
5701 West Main St.  
Belleville, IL 62226  
618-234-5700  
[www.commercebank.com](http://www.commercebank.com)

**US Bank**  
Silver Elite  
6701 North Illinois  
Fairview Heights, IL 62208  
618-394-4412  
[www.usbank.com](http://www.usbank.com)  
6201 West Main St.  
Belleville, IL 62223  
618-398-6850

## **SENIOR CITIZENS ORGANIZATIONS**

**Brooklyn Senior Center**  
138 North 4<sup>th</sup> Street  
Brooklyn, IL 62059  
618-874-1244

**Cahokia Senior Center**  
190 Cahokia Park Rd.  
Cahokia, IL 62206  
618-337-9515

**Caseyville Township**  
10001 Bunkum Road  
Fairview Heights, IL 62208  
618-398-6248  
[www.toi.org/caseyvilletownship](http://www.toi.org/caseyvilletownship)

**Clyde Jordan Senior Center**  
6755 State Street  
East St. Louis, IL 62203  
618-293-6700

**Collinsville Senior Social Group**  
420 E. Main St.  
Collinsville, IL 62234  
618-344-7787

**Lessie Bates Davis**  
1200 North 13<sup>th</sup> Street  
East St. Louis, IL 62205  
618-8740777

**Mascoutah Senior Services**  
227 N. Market Street  
Mascoutah, IL 62258  
618-566-8758  
Monday-Friday, 8 a.m. to 1 p.m.

**Millstadt Township Senior Services**  
102 South Jefferson St.  
Millstadt, IL 62260  
618-476-3731

**New Athens Multipurpose Center**  
208 Kaskaskia Street  
New Athens, IL 62264  
618-475-3683

**New Life Club**  
St. Matthew Methodist Church  
1200 Moreland Drive  
Belleville, IL 62223  
618-397-5994

**O'Fallon Township**  
801 East State Street  
O'Fallon, IL 62269  
618-632-3517  
[www.ofallontownship.org](http://www.ofallontownship.org)

**Pontoon Beach Senior Citizens**  
13 Lily Street  
Pontoon Beach, IL 62040  
618-931-7070  
[www.pontoonbeach.org/comunity.htm](http://www.pontoonbeach.org/comunity.htm)

**Senior Citizens**  
802 West C St.  
Belleville, IL 62220  
618-235-2387 (Warehouse for donations)

**Seniors in Ministry Program**  
Zion Lutheran Church  
1810 McClintock Ave.  
Belleville, IL 62221  
618-233-2299  
[www.zionbelleville.org](http://www.zionbelleville.org)

**Senior Services Plus**  
284 Seven Hills Road  
O'Fallon, IL 62269

**Senior Services of South St. Clair County**  
815 North Borders  
Marissa, IL 62257

**SENIOR CITIZENS TOLL-FREE HOT LINES**

ADULT LEARNING, ILLINOIS .... 800-321-9511  
AIDS/DRUG INFORMATION ..... 800-825-3518  
ALZHEIMER'S DISEASE INFORMATION  
..... 800-272-3900  
AMERICAN CANCER SOCIETY.. 800-227-2345  
AMERICAN DIABETES ASSOCIATION  
..... 800-232-3472  
AMERICAN HEART ASSOCIATION  
..... 800-252-8511  
AMERICAN LUNG ASSOCIATION  
..... 800-586-4872  
AMTRAK TRANSPORTATION INFORMATION  
..... 800-872-7245  
ASSISTED LIVING HOTLINE ..... 800-252-4343  
BLIND, AMERICAN COUNCIL OF  
..... 800-424-8666  
CANCER INFORMATION, NATIONAL  
CANCER INSTITUTE ..... 800-422-6237  
CIRCUIT BREAKER INFORMATION  
..... 800-624-2459  
CONSUMER COMPLAINTS FOR SR. CITIZENS  
..... 800-243-5377  
CRIME VICTIM'S COMPENSATION.....  
..... 800-228-3368  
DEPRESSION AWARENESS ..... 800-421-4211  
DIALYSIS HOTLINE ..... 800-252-4343  
ELDER ABUSE ..... 800-252-8966  
ELDERCARE LOCATOR INFORMATION  
..... 800-677-1116  
ENERGY ASSISTANCE & WEATHERIZATION  
..... 877-411-9276  
EYE CARE AMERICA ..... 800-222-3937

FEDERAL GOVERNMENT AGENCIES  
INFORMATION ..... 800-688-9889  
FLOOD INSURANCE/NATIONAL  
..... 800-638-6620  
GOVERNOR'S OFFICE/ILLINOIS  
..... 800-642-3112  
HEALTH AND HUMAN ABUSE SERVICES  
(FRAUD)..... 800-447-8477  
HEARING AIDS: CONSUMER PROTECTION  
PROGRAM ..... 800-545-2200  
HEARING IMPAIRMENTS RELAY SYSTEM  
..... 800-526-0857  
HOME HEALTHCARE ABUSE HOTLINE.....  
..... 800-252-4343  
HOSPITAL ABUSE HOTLINE ..... 800-252-4343  
HOSPICE ABUSE HOTLINE ..... 800-252-4343  
HOSPICE INFORMATION ..... 800-658-8898  
HOUSING DISCRIMINATION ..... 800-669-9777  
HUMAN SERVICES, IL DEPT. OF  
..... 800-843-6154  
ILLINOIS DEPT. OF INSURANCE (SENIOR  
HEALTH INS.) ..... 800-548-9034  
LOTTERY INFORMATION/ILLINOIS  
..... 800-252-1775  
MEDICARE BENEFICIARY/PEER REVIEW  
ORGANIZATION..... 800-647-8089  
MEDICARE/MEDICAID FRAUD  
..... 800-447-8477  
MENTAL HEALTH AMERICA ..... 800-969-6642  
MISSING PERSONS, CLEARINGHOUSE FOR  
..... 800-843-5763  
MYASTHENIA GRAVIS FOUNDATION  
(IL CHAPTER) ..... 800-888-6208  
NATIONAL ASSOCIATION FOR .....  
CONTINENCE..... 800-252-3337



**SENIOR COUNSELING MENTAL HEALTH PROGRAMS**

NATIONAL INSTITUTE ON AGING.....  
..... 800-222-2225

NURSING HOME ABUSE HOTLINE.....  
..... 800-252-4343

ORGAN DONOR PROGRAM..... 800-545-4438

OSTEOPOROSIS FOUNDATION.....  
..... 800-223-9994

PARKINSON'S DISEASE INFORMATION  
..... 800-223-2732

PHARMACEUTICAL ASSISTANCE PROGRAM  
..... 800-624-2459

SECRETARY OF STATE SENIOR'S HOTLINE  
..... 800-252-2904

SENIOR HELPLINE ON AGING (I.D.O.A.)  
..... 800-252-8966

SNAP/ILLINOIS LINK FRAUD .... 800-843-6154

SOCIAL SECURITY ..... 800-772-1213

TAX ASSISTANCE/INTERNAL REVENUE  
SERVICE:  
FEDERAL U.S. INCOME TAX INFORMATION  
..... 800-829-1040

ILLINOIS STATE INCOME TAX  
INFORMATION ..... 800-732-8866

TAX AUTOMATED REFUND/TELETAX  
..... 800-829-4477

TTY FOR THE DEAF ..... 800-526-0844

TOLL-FREE DIRECTORY ASSISTANCE.....  
..... 800-555-1212

U.S. DEPT. OF VETERAN'S AFFAIRS  
..... 800-827-1000

US TOO PROSTATE CANCER SUPPORT.....  
GROUP..... 800-808-7866

**Comprehensive Behavioral Health Center**  
of St. Clair County, Inc.  
3911 State St.  
East St. Louis, IL 62205  
618-482-7330  
[www.cmhc1.org](http://www.cmhc1.org)

**Memorial Senior Care**  
4500 Memorial Drive  
Belleville, IL 62226  
618-257-5900, Fax: 257-5463  
Intensive outpatient mental health program  
addressing the unique needs of the older adult.  
Primarily group therapy.

**St. Elizabeth's Behavioral Healthcare Services**  
211 South 3rd St.  
Belleville, IL 62220  
618-234-2120, ext. 1555

**Southwestern Illinois College Programs &  
Services for Older Persons Older Adult and  
Caregiving Counseling Center.**  
201 North Church Street  
Belleville, IL 62220  
618-234-4410, ext. 7031 or 7039  
Short-term crisis intervention counseling is provided  
for those 60+ and to the caregivers of the elderly.  
Six to eight individual sessions are conducted at the  
PSOP offices or in the home if the individual is  
homebound due to physical or emotional obstacles.

**SENIOR HEALTH INSURANCE/ MEDICARE PROGRAM (SHIP)**

Illinois Department of Insurance Information:  
Personal Counseling at no charge, is dedicated to  
assisting Illinois Medicare beneficiaries.  
Does not sell or solicit insurance  
618-234-4410, ext. 7019

**Senior Services Plus**

Information and Assistance Office  
201 N Church St.  
Belleville, IL 62220  
618-234-4410 Ext. 7028

Office provides eligibility screening and application assistance for a variety of programs including LIHEAP, Medicaid, SNAP, Medicare Savings Program and extra help.  
SHIP(Senior Health Insurance Program) certified counselors assist currently enrolled and new beneficiaries in understanding Medicare benefits. Resources for long term care options and comprehensive needs assessment.  
All services are free of charge.

**SEXUAL ASSAULT VICTIM'S UNIT CALL FOR HELP**

9400 Lebanon Road  
Edgemont, IL 62203  
618-397-0975

Provides 24-hour, 7-day-per-week telephone service and advocacy. Also provides short- and long-term counseling for adult and child victims and significant others, and education for the community.

**SHERIFF'S OFFICE – ST. CLAIR COUNTY**

700 North 5th St.  
Belleville, IL 62220  
618-277-3505  
[www.mysheriff.us](http://www.mysheriff.us)

**SOCIAL SECURITY ADMINISTRATION**

Belleville Office  
Lake Christine Center  
1670 Lebanon Ave.  
Belleville, IL 62221  
877-405-0471  
Mon., Tues., Thurs., Fri. 9 a.m. – 3 p.m.  
Wed. 9 a.m. – 12 p.m.  
[www.ssa.gov](http://www.ssa.gov)

**East St. Louis Office**

Federal Bldg., Room 104  
650 Missouri Ave.  
East St. Louis, IL 62201  
877-700-4849  
Mon., Tues., Thurs., Fri. 9 a.m. – 3 p.m.

**Social Security:**

A Federal Retirement Insurance program for persons who have reached retirement age of 65 years (or if desired, retirement at age 62 years, with the reduction of benefits). Also provides disability and survivor's benefits to persons who are eligible.

**Supplementary Security Income:**

Also known as SSI, provides a minimum income to people in financial need who are 65 years of age and older, to the blind or disabled who are eligible.

**Direct Deposit:**

Your monthly government payment is sent directly to wherever you do your banking, deposited to your checking or savings account. Check with your Social Security office.

**Federal Health Insurance Program:**

Insures persons who are 65 years of age and older and disabled persons on Social Security disability benefits after 24 months of receiving a Social Security check.

PART A – Hospital Insurance Free to persons receiving Social Security or Railroad Retirement benefits. Those on Social Security Disability receive health insurance benefits after the 24th check (24th month).

PART B – Medical Insurance Monthly premium is withdrawn from your Social Security Check.

PART D – Prescription insurance

**SOUTHWESTERN ILLINOIS COLLEGE PROGRAMS & SERVICES FOR OLDER PERSONS (PSOP)**

201 N. Church St.  
Belleville, IL 62220  
618-234-4410  
[www.swic.edu/psop](http://www.swic.edu/psop)

Southwestern Illinois College sponsors various programs to meet the needs of older persons. This is in keeping with the Community College's mission to attempt to serve all residents of District #522.

**Activities and Recreation:**

Trips, arts and crafts, dances, bridge/pinochle, parties and special events.



**Advocacy Program:**

The mission of this program is to assist older persons in meeting their physical, emotional, financial and social needs. Provides an integrated service of information, assistance and referral. Provides advocacy services to meet elder abuse and consumer problems of older persons and assist with applications for government benefit programs, and obtaining power of attorney for health care and property.

**ATS/Alternative Transportation System:**

718 Scheel Street, Suite C  
Belleville, IL 62220  
618-239-0749

ATS is a general transportation service designed to provide curb-to-curb transportation for eligible persons who are registered with ATS. Eligible persons with disabilities are those who qualify under the Americans with Disabilities Act (ADA) and meet residency requirements, and eligible elderly (60 years and over) must meet the residency requirement. Elderly eligible service areas are indicated with an asterisk (\*).

Currently service areas include:

Townships of: \*Belleville, Canteen, Caseyville, Centreville, East St. Louis, Englemann, \*O'Fallon, Shiloh Valley, \*Smithton, \*St. Clair, Stites and \*Stokey.

Communities of: Alorton, \*Belleville, Brooklyn, Cahokia, Caseyville, Centreville, Collinsville (St Clair County only), East St. Louis, Fairmont City, Fairview Heights, \*Lebanon, Mascoutah, \*O'Fallon, Sauget, Scott Air Force Base, Shiloh, Smithton, \*Swansea and Washington Park.

Service areas are subject to change. You must register for this service.

Call 618-239-0749 and ask for registrations.

Reservations may be made up to two weeks prior to day of the ride, Monday through Sunday, between 8:30 a.m. and 4:30 p.m. by calling 618-239-0749, ext. 1.

Cancellations should be made no later than an hour before the one-hour-ride time frame. Call 618-239-0749, ext. 2, to cancel a reservation or to obtain additional information.

**Caregiving:**

Information regarding issues and concerns of caring for an older adult.

**Benefit Access Assistance:**

Rebate of property tax or rent relief from sales tax. Eligibility: Persons 56 years of age and older or persons on disability. Maximum income limitation.

**Counseling (Older Adult and Caregiver Counseling Programs)**

Short term counseling is available for St. Clair County residents over the age of 60, or for those caregiving for a person over the age of 60. Counseling sessions are meant to assist with emotional adjustments and practical resources related to aging, illness, bereavement, life events, or caregiving. Counseling may take place at PSOP or in the home of homebound clients. Services are free of charge. Ext. 7031

**Foster Grandparent Program:**

Offers senior volunteers, age 55 and older, the opportunity to serve as mentors, tutors and caregivers for children and youth with special needs. For their service Foster Grandparents receive a tax-free stipend, reimbursement for travel and meals, on-duty insurance, and an annual physical examination. Ext. 7062

**Retired And Senior Volunteer Program (RSVP)**

Recruits volunteers, 55 and older, to help others through agencies, hospitals, schools, libraries and nursing homes. There are over 1,000 volunteers working at 150 locations in St. Clair County and Madison County. Ext. 7012

**Senior Companion Program:**

Persons 55 years of age or older, who meet income criteria, are provided an opportunity to volunteer as a Senior Companion, to help ease the loneliness and illness of others. Through their services their peers are able to maintain the highest possible level of independent living. Senior Companions also provide respite care for a family member who needs a break from constant caregiving. For their service, Senior Companions receive a tax-free stipend, reimbursement for transportation and meals, on-duty insurance and an annual physical examination. This service is free to clients. Ext. 7036

**Senior Health Insurance Program (SHIP):**

Counseling Medicare Insurance problems at no charge. Service is provided by Illinois State Department of Insurance. Does not sell or solicit insurance.



**SeniorLink Computer Club:**

A program to assist seniors 55+ to learn the language and workings of the computer, I-Pad, cell phones, and other devices, through peer-assisted hands-on practice. Students can learn at their own pace in a non-threatening environment. All students must be members of the SeniorLink Club and scholarships are available. Ext. 7018

**Service Coordination for Senior Housing:**

Bel Plaza II  
115 North 47th St.  
Belleville, IL 62226  
618-257-0011

Program for Senior Citizens residing in subsidized housing in St. Clair County. Assists senior and disabled residents to maintain independent living. Advocacy, complaint resolution, individualized needs assessment, activities, referrals and assistance program funded by HUD.

**Social Service Information and Assistance:**

Consumer Rights, Emergency Assistance, Homestead Exemption, Medicare and Medicaid, Privileged Mobile Home Tax, Social Security, Supplemental Security Income, Legal Assistance.

**Support Groups:**

Alzheimer's Disease Caregivers and Parkinson's Disease

**Travel Program:**

The Travel Program provides fun and educational group travel experiences. Day trips and extended tours within the United States are offered, as well as international travel, cruises, and travel/study for adults. This program is open to all age groups and provides an opportunity to see wonderful places and make new friends.

**Wellness:**

Wellness Activities are designed to improve physical and emotional well-being through organized fitness classes and a fitness center open and health-related classes. Classes include Tai Chi and Yoga.

**SPECIALIZED CARE FOR CHILDREN,**  
**DIVISION OF: (DSCC)**

University of Illinois at Chicago  
St. Clair Regional Office  
1734 Corporate Crossing, Suite 1  
O'Fallon, IL 62269  
618-583-2220 or 800-842-7204

No-cost diagnostic services for any Illinois child from birth to 21 who qualifies. DSCC can also provide financial assistance if child has an eligible medical condition which can be improved through treatment. To find out if your child is medically or financially eligible, please call the regional office.

**STATE POLICE**

Illinois State of:  
1100 East Port Plaza Drive  
Collinsville, IL 62234  
TDD and VOCAL 911  
[www.isp.state.il.us](http://www.isp.state.il.us)

**SUBSIDIZED HOUSING****Adeline James Building**

4701 Bates  
Centreville, IL 62207  
618-277-3290

**Amber Court**

4100 Amber Court  
Belleville, IL 62220  
618-277-3290

**Bel Plaza I**

114 South Church Street  
Belleville, IL 62220  
618-277-3290

**Bel Plaza II**

115 North 47<sup>th</sup> Street  
Belleville, IL 62226  
618-277-3290

**Carriage House Place**

115 East B Street  
Belleville, IL 62220  
618-277-6900

**Cedar Ridge Apartments**

203 North Fritz  
Lebanon, IL 62254  
618-277-6889

**Clayton Manor**

11-14, 31-34 North Bess  
Marissa, IL 62257  
618-277-3290

**Fullerton Road Apartments**

412-424 Fullerton Road  
Swansea, IL 62226  
618-277-3290

**Gwendolene Court**

1790 South 74<sup>th</sup> Street  
Belleville, IL 62223  
618-277-3290

**HUD Housing and Urban Development**

77 West Jackson Boulevard  
Chicago, IL 60604  
312-353-5680

**John Deshields Home**

1235 McCasland Avenue  
East St. Louis, IL 62201  
618-875-4200

**Landsdowne Towers**

2901 Waverly Avenue  
East St. Louis, IL 62204  
618-874-6930

**Millstadt Heritage Manor**

3-9 West Oak 1-10 Pine Street  
Millstadt, IL 62260  
618-277-3290

**New Salem Place**

1235 St. Louis Avenue  
East St. Louis, IL 62201  
618-875-8670

**Orr-Weathers Apartments**

1400 Missouri Avenue  
East St. Louis, IL 62201  
618-646-7100

**Rickert Station**

700 South Clinton  
New Athens, IL 62264  
618-277-3290

**Rush Senior Gardens**

1530 Bond Avenue  
East St. Louis, IL 62207  
618-875-9747

**Samuel Gompers Homes**

450 North 6<sup>th</sup> Street  
East St. Louis, IL 62201  
618-646-7310

**Sinai Village**

1200 St. Louis Avenue  
East St. Louis, IL 62201  
618-874-2002

**St. Clair Village**

409 Carlyle East  
Belleville, IL 62221  
618-234-2203

**The Cottages at Cathedral**

300 South 2<sup>nd</sup> Street 209  
Belleville, IL 62220  
618-337-6471

**Touchette Elderly Apartments**

5880 Bond Avenue  
Centreville, IL 62207  
618-337-6471

**Westfield Manor**

7245 Westfield Place  
Belleville, IL 62223  
618-233-5506

**SUICIDE AND CRISIS INTERVENTION  
SERVICES 'CALL FOR HELP'**

9400 Lebanon Road  
Edgemont, IL 62203  
618-397-0963

Telephone services 24 hours a day, 7 days a week

**SUPPORT GROUPS****Al-Anon (answering service)**

618-398-9470

Support group for family members and friends who  
have drinking problems.

**Blind Support Group, Impact, Inc.**

2735 East Broadway  
Alton, IL 62002  
618-462-1411

8 a.m. – 4:30 p.m., Mon.-Fri. (Closed 12-1 p.m.)

Meetings are held first Wednesday of each month.

**Cancer Treatment Center**

Memorial and St. Elizabeth's Hospitals  
Health Care Services  
4000 N. Illinois  
Swansea, IL 62226  
618-236-1010

**Deaf Support Group, Impact, Inc.**

2735 E. Broadway  
Alton, IL 62002  
618-462-1411  
Mon.-Fri., 8 a.m.-4:30 p.m.  
[www.impactcil.org/](http://www.impactcil.org/)

Meetings are held the first Tuesday of every month, except July.

**Diabetic Support Group**

Memorial Hospital  
4500 Memorial Dr.  
Belleville, IL 62226  
618-257-5649  
[www.memhosp.com](http://www.memhosp.com)

Meetings are held on the fourth Monday of every month from 9-11 a.m. in the Memorial Hospital Auditorium.

**Gamblers Anonymous**

618-235-0780  
[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

Meetings are held on Mondays and Thursdays, 7:30 p.m. at United Methodist Church, 721 East Main St., Belleville.

**Grandparents Parenting Again**

2133 Johnson Road, Suite 104  
Granite City, IL 62040  
618-874-0216, ext. 104

**Hope Blooms (Breast Cancer)**

Memorial Hospital  
4500 Memorial Dr.  
Belleville, IL 62226  
618-233-7750

Meetings are the second Tuesday of every month at 7 p.m. in the hospital auditorium.

**Leukemia & Lymphoma Monthly Group**

618-236-1000  
Meetings are the second Tuesday of each month, 6:30-8:30 p.m. at the Cancer Treatment Center, 400 North Illinois St. in Swansea.

**Stroke Support Group**

St. Elizabeth's Hospital  
618-234-2120, ext. 1519

**SUPPORTIVE LIVING**

**Cambridge House**

844 Cambridge Blvd.  
O'Fallon, IL 62269  
618-624-9900

[www.bma-mgmt.com/cambridgehouseoffallon](http://www.bma-mgmt.com/cambridgehouseoffallon)

3900 Sullivan Dr.  
Swansea, IL 62226

618-234-8910

[www.bma-mgmt.com/cambridgehouseswansea](http://www.bma-mgmt.com/cambridgehouseswansea)

**Knollwood Retirement Center**

921 Knollwood Drive  
Caseyville, IL 62232  
618-971-5585



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## **TALKING BOOK CENTERS**

Illinois Talking Book Outreach Center  
125 Tower Drive  
Burr Ridge, IL 60527  
800-426-0709

Services for persons who are unable to read conventional print due to visual or physical disability.

## **TAX, ASSESSOR'S OFFICE**

**Senior Citizen's Property Assessment Freeze**  
Jennifer Gomric Minton, St. County Assessor  
Senior Freeze Department  
10 Public Square  
Belleville, IL 62220  
618-825-2704  
[www.co.st-clair.il.us](http://www.co.st-clair.il.us)

If you are 65 years of age or older, have had the property you are applying for be your principal residence for a period of time that would include the past two January 1sts, and have a total household income of \$55,000 or less, you may qualify for this exemption that freezes the assessment on your property.

## **TAX, BOARD OF REVIEW**

### **Senior General Homestead**

St. Clair County Court House  
10 Public Square  
Belleville, IL 62220

618-277-6600, ext. 2493, 2489, 2488 or 2476

If you are 65 years of age or older, own and reside in your own home, you may be eligible for a tax deduction off the assessed value of your property. You must show the deed to your home along with your age identification (state I.D. or driver's license/current address only)

## **TAX, INCOME ASSISTANCE AARP PROGRAM**

During Tax Season (Feb. 1 to April 15)  
Call 618-277-5511

During off Tax Season (April 16 to Jan. 31)  
Call 618-401-4220

AARP Tax Assistance Program provides free tax assistance to persons 50 years of age and older.

Prepares federal, and state forms at many local sites.  
Home assistance to shut-ins.

## **TEACHERS, RETIRED, ST. CLAIR COUNTY ASSOCIATION**

Davie Sue Raker, President  
2005 SugarLoaf Drive  
Dupo, IL 62239  
618-286-3659

## **TOLL-FREE TELEPHONE NUMBERS INFORMATION: 800-555-1212**

(See Senior Citizens "Hot Lines")

## **TOWNSHIPS – ST. CLAIR COUNTY**

### **Belleville Township**

111 West A St.  
Belleville, IL 62220  
618-233-0206  
[www.bellevilletownship.org](http://www.bellevilletownship.org)

### **Canteen Township**

5500 Bunkum Road  
Washington Park, IL 62204  
618-874-8350

### **Caseyville Township**

10001 Bunkum Road  
Fairview Heights, IL 62208  
618-398-6248  
[www.caseyville.org](http://www.caseyville.org)

### **Centreville Township**

4831 Bond Ave.  
Alorton, IL 62207  
618-874-1034

### **East St. Louis Township**

1210 State St. East  
St. Louis, IL 62201  
618-874-3650

### **Engelmann Township**

10440 Kruse Rd.  
Mascoutah, IL 62258  
618-566-4406

### **Fayetteville Township**

766 Flora  
St. Libory, IL 62282  
618-768-4952

**Freeburg Township**  
203 South Richland St., P.O. Box 35  
Freeburg, IL 62243  
618-539-5639  
[www.freeburg.com](http://www.freeburg.com)

**Lebanon Township**  
10182 Summerfield South Rd.  
Trenton, IL 62293  
618-934-3117

**Lenzburg Township**  
966 Winter Road  
Marissa, IL 62259  
618-475-3427

**Marissa Township**  
132 Doza Creek Rd.  
Marissa, IL 62257  
618-317-5011

**Mascoutah Township**  
622 West Main St.  
Mascoutah, IL 62258  
618-566-7132

**Millstadt Township**  
820 S. Jefferson  
Millstadt, IL 62260  
618-476-1207  
[www.millstadt.org](http://www.millstadt.org)

**New Athens Township**  
134 Phillips St.  
New Athens, IL 62264  
618-475-2025

**O'Fallon Township**  
801 East State St.  
O'Fallon, IL 62269  
618-632-3517  
[www.ofallontownship.org](http://www.ofallontownship.org)

**Prairie DuLong Township**  
2505 Kaiser Road  
New Athens, IL 62264  
618-473-2180

**St. Clair Township**  
107 Service St.  
Swansea, IL 62226  
618-233-3437  
[www.stclairtownship.com](http://www.stclairtownship.com)

**Shiloh Valley Township**  
901 Shiloh Station Road  
Belleville, IL 62221  
618-234-7833  
[www.shilohil.org](http://www.shilohil.org)

**Smithton Township**  
203 North Main St.  
Smithton, IL 62285  
618-234-5943

**Stites Township**  
500 Washington St.  
Brooklyn, IL 62059  
618-874-0621

**Stookey Township**  
313 Eiler Road  
Belleville, IL 62223  
618-538-7700 or 618-398-6925

**Sugar Loaf Township**  
240 South 5th St.  
P.O. Box 279  
Dupu, IL 62239  
618-286-4016

## **TRANSPORTATION INFORMATION**

### **ATS (Alternative Transportation System)**

MetroLink Station  
718 Scheel Street, Suite C  
Belleville, IL 62220  
Information: 618-239-0749

ATS is designed to provide general transportation for eligible handicapped persons. Persons 60 years of age or older and residing in the service area may be eligible without being disabled. Call for information and registration.

### **Amtrak Rail**

Passenger Service 800-872-7245

### **Health Visions of East St. Louis**

1269 North 89<sup>th</sup> Street, Ste. 7  
East St. Louis, IL 62203  
618-271-7000

*FAST* provides one-on one assisted transportation for seniors 60 years of age and older, who live in East St. Louis, Centreville, Lovejoy, Washington Park, Alorton and Cahokia. Seniors are asked to call three days ahead of time for transportation.

### **Helping Hands, Inc.**

2125 South Belt West  
Belleville, IL 62226  
618-239-9900  
Provides transportation to medical appointments.

### **MetroLink/Buses**

Bus schedules, MetroLink schedules, and bus routes  
St. Clair County Transit District  
27 N Illinois  
Belleville, IL 62220  
618-628-8090  
[www.scctd.org](http://www.scctd.org)

### **Mid America Cab Co.**

501 South 2nd St.  
Belleville, IL 62220  
618-277-1515

### **New Athens Golden Age**

Transportation  
100 South Benton St.  
New Athens, IL 62264  
618-475-3683



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## **UNITED STATES ATTORNEY**

Southern Illinois District  
9 Executive Drive  
Fairview Heights, IL 62208  
618-628-3700  
[www.justice.gov/usao/ils/](http://www.justice.gov/usao/ils/)

## **UNITED WAY OF GREATER ST. LOUIS**

### **Illinois Division**

1444 Boul Avenue  
Swansea, IL 62226  
618-233-8441 (8 a.m.-5 p.m.)  
[www.stl.unitedway.org](http://www.stl.unitedway.org)

Funds agencies throughout St. Clair, Clinton, Monroe and Randolph Counties, which serve both the young and the aged. Funds community projects and sponsors workshops.

## **URBAN LEAGUE OF METROPOLITAN ST. LOUIS, INC.**

St. Clair County Division  
10220 Lincoln Trail Drive  
Fairview Heights, IL 62208  
618-274-1150  
[www.ulstl.org](http://www.ulstl.org)

Provides core social services to area residents, employment, housing and community organizations.



**VETERANS AFFAIRS, DEPT. OF:**

U. S. Government Regional Office Benefits,  
Information and Assistance  
536 South Clark St.  
Chicago, IL 60605  
800-827-1000  
[www.va.gov](http://www.va.gov)

**VETERANS AFFAIRS, DEPT. OF:**

Illinois, State of:  
4519 West Main St.  
Belleville, IL 62226  
618-233-5140

10 Collinsville Ave.  
East St. Louis, IL 62201  
618-583-2065, Fax: 618-583-2283

**VA Clinic**

6500 West Main Street  
Belleville, IL 62223  
800-228-5459, ext. 56988

**VETERANS ASSISTANCE COMMISSION**

St. Clair County  
19 Public Square, Suite 300  
Belleville, IL 62220  
618-277-0040

Assistance to indigent veterans of St. Clair County  
(who have been honorably discharged) and their  
families. Call for information before going in.

**VETERANS MEDICAL CENTERS**

U.S. Government  
John Cochran and Jefferson Barracks Medical  
Center  
St. Louis, MO 63125  
314-652-4100

**USAF Medical Center**

Scott AFB, IL 62225  
618-256-7500 (Hospital information)  
618-256-1110 (Base operator)

**VETERANS OF FOREIGN WARS**

Scott VFW  
1516 Old Highway 158  
Belleville, IL 62221  
618-746-9801

**VETERANS, THE VET CENTER**

Outreach Counseling Program  
1265 North 89th St., Suite 5  
East St. Louis, IL 62203  
618-397-6602

**VIOLENCE PREVENTION CENTER OF  
SOUTHWESTERN ILLINOIS**

P.O. Box 831  
Belleville, IL 62222  
618-235-0892 HOT LINE (24 hours)  
618-236-2531 Administration (8:30 to 4:30)  
618-235-9521 Fax Number  
618-826-5959 Randolph/Chester Outreach Office  
618-939-8114 Monroe County Office  
618-443-3639 Randolph County  
[www.vpcswi.org](http://www.vpcswi.org)  
24-hour hot line and shelter for abused women and  
children. Individual and group counseling,  
information and referral, advocacy, court advocacy,  
safety assessment, health assessment, art therapy,  
community education about DV and walk-in  
counseling.

**VISITING NURSE ASSOCIATION OF  
SOUTHWESTERN ILLINOIS**

7 Executive Woods Court, Suite A  
Swansea, IL 62226  
800-642-5429 or 618-236-5800  
Fax: 618-236-5859  
[www.sivna.com](http://www.sivna.com)

**Home Health Care:**

Under physician's orders, services can be provided  
by nurses, home health aides, physical therapists,  
speech therapists, dietitians and social workers.  
Areas served: St. Clair, Madison, Monroe, and  
Randolph counties.

**Case Coordination Unit: (CCU)**

Illinois Dept. on Aging provision of case management services for senior citizens. Provides a comprehensive needs assessment and service coordination to assist older persons gain access to needed services. Eligibility determinations for the Illinois Dept. on Aging Community Care Program, home-delivered meals assessments, and elder abuse investigation.

**VISUALLY HANDICAPPED**

**METRO EAST AREA**

(See Mind's Eye Information Services For Blind and Print Handicapped.)

**VISUALLY IMPAIRED:**

The Services for State of Illinois:

Department of Human Services,

Division of Rehabilitation

601 South High St.

Belleville, IL 62220

618-235-5300 or 618-235-5302

Provides vocational rehabilitation services.

Instructions in blindness skills, techniques and mobility services. Ongoing in-service training provided to employers, schools, nursing and medical facilities and to other facilities upon request.

Speakers available upon request. Counties served:

Calhoun, Clinton, Jersey, Madison, Monroe, Randolph, St. Clair and Washington.





**WEATHER AND HIGHWAY CONDITIONS**

Illinois State Police  
1100 Eastport Plaza Drive  
Collinsville, IL 62234  
618-346-3636 or 800-452-4368  
[www.gettingaround.illinois.com](http://www.gettingaround.illinois.com)

**WOMEN'S CRISIS CENTER**  
(See Violence Prevention Center)



**YMCA – GATEWAY REGION**

[www.gwrymca.org](http://www.gwrymca.org)

**Downtown Belleville Center**

200 South Illinois  
Belleville, IL 62220  
618-233-1243, Fax: 618-233-7435

**East Belleville Center**

2627 Carlyle Ave.  
Belleville, IL 62221  
618-236-9986

**O'Fallon YMCA**

284 N. Seven Hills Rd.  
O'Fallon, IL 62269  
618-628-7701

**McKendree Metroplex Rec Center**

205 Rec Plex Dr.  
O'Fallon, IL 62269

**EMERGENCY TELEPHONE NUMBERS**

POLICE DEPARTMENT \_\_\_\_\_

SHERIFF'S DEPARTMENT \_\_\_\_\_

FIRE DEPARTMENT \_\_\_\_\_

AMBULANCE \_\_\_\_\_

FAMILY MEMBER OR FRIEND TO NOTIFY IN EMERGENCY

\_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_