

ST. CLAIR COUNTY  
MENTAL HEALTH BOARD

ONE and THREE YEAR STRATEGIC PLAN  
FY 2018 - FY 2020\*

FY 2019 Update  
July 1, 2018



**Mission Statement:**

**Through planning, funding, and collaboration it is the mission of the St. Clair County Mental Health Board to promote the availability of and access to a range of behavioral health, intellectual/developmental disability and substance abuse services which address the needs of individuals and families in our community.**

\* As amended 7-1-18

## Contents

<i>St. Clair County Mental Health Board Members &amp; Staff</i> .....	3
<i>St. Clair County Board Members</i> .....	3
<i>Introduction</i> .....	4
Establishment of Mental Health Board Funding Principles.....	5
FY 2019 Allocations by Provider, Program, Amount and Service Area .....	6
Goals and Objectives.....	7

# ST. CLAIR COUNTY MENTAL HEALTH BOARD MEMBERS

Patricia Hamlin Shevlin, President  
Elaine Rogers Cueto, Senior Vice President  
Ann Martz Barnum, Vice President  
Kristi Luetkemeyer, Secretary  
Brad Harriman  
Robert Clipper, Ph.D.  
John "Skip" Kernan  
Ted Baugh  
Curtis L. Schildknecht

# ST. CLAIR COUNTY MENTAL HEALTH BOARD STAFF

Dana Rosenzweig, Executive Director  
Debbie Humphrey, Associate Director  
Terri Burroughs, Executive Assistant  
Cheryl Prost, Consultant  
Dan Cuneo, Ph.D., Consultant

# ST. CLAIR COUNTY BOARD MEMBERS

**Mark Kern, Chairman**

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District 2	Joan I. McIntosh	District 17	Steve Gomric
District 3	Willie L. Dancy	District 18	Craig W. Hubbard
District 4	Nicholas J. Miller	District 19	C. David Tiedemann
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District 6	Roy Mosley Jr.	District 21	Frank X. Heiligenstein
District 7	Byran Bingel	District 22	Michael O'Donnell
District 8	Ken Easterley	District 23	Fred Boch
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District 10	Paul Siebert	District 25	James Hayword
District 11	Jerry J. Dinges	District 26	Scott Tieman
District 12	Susan Gruberman	District 27	Kenneth G. Sharkey
District 13	Stephen E. Reeb	District 28	Joseph J. Kassly Jr.
District 14	Robert J. Trentman	District 29	Carol D. Clark
District 15	John W. West		

## Introduction

This document represents the St. Clair County Mental Health Board's One Year Plan update for the period July 1, 2018 to June 30, 2019. In addition this plan adjusts the period from the previous calendar year basis to the Board's new funding cycle which is now on a fiscal year basis. According, the effective date for the Three Year Plan is now for the period January 1, 2018 through June 30, 2020.

The Mental Health Board is a governmental unit of St. Clair County, Illinois. The legal obligations for the Board are set forth in the Community Mental Health Act, Illinois Compiled Statutes, Chapter 405, Act 20. The following document meets all statutory requirements, provides a review of planning activities and addresses objectives for the utilization of Board resources.

On any level, how needs are determined and the distribution of resources are core issues for planners and the establishment of priorities is the most difficult task of planning. Differences in perceptions regarding needs, shortages in available funding and the personnel involved in the planning process all effect planning outcomes. The Board is very cognizant of the reality that the unmet mental health needs of our community will continually exceed collective financial resources available. Effective planning is, therefore, critical to ensure the most effective use of Board resources in response to community needs. In addition, increasing demands on the Board's resources require a plan or allocation of funding which is consistent with the Board's commitments and values.

Effective July 1, 2018, the Board converted agency contracts from a calendar to a fiscal year format. The Board presently contracts with 22 service providers and funds 36 various programs and initiatives. Funded program services in Fiscal Year 2019 have once again increased to over \$2 million dollars (\$2,190,402).

## ***Establishment of the Mental Health Board's Funding Principles***

*In order to determine FY 2019 funding commitments the Board has established priorities for the best use of its financial resources. Given a review of the current services and resources, the Board hereby establishes the following principles to assist in the decision making process:*

- 1. Given adequate resources, and assuming the Providers remain in contract compliance, the Board will annualize currently funded services before considering any new programs.*
- 2. Fee for Service remains the Board's preferred contracting methodology.*
- 3. In considering any new initiatives, the Board does not wish to support programs that are primarily funded by the State of Illinois. Furthermore, Board funds are not intended to supplement inadequate rates.*
- 4. For existing contracts, Fee for Service contracts will receive primary consideration for increases to base amounts via review of actual costs and/or ability to increase service delivery.*
- 5. Increases to grant contracts will be considered based on availability of funds and review of contract compliance.*
- 6. Priority will be given to those education/family support programs which address the needs of families dealing with a member with a severe and persistent mental illness.*

## ***Establishment of the FY 2018 Mental Health Board's Funding Priorities***

- 1. Persons without third party coverage - includes Medicaid and private insurance.*
- 2. Seniors with a behavioral health condition.*
- 3. Persons involved in the criminal justice system who have a serious mental illness.*
- 4. Programs that promote recovery, family assistance and navigation for benefits.*
- 5. Persons in need of substance use disorder services.*

### FY 2019 Allocations by Provider, Program, Amount and Service Area

Provider	Program	Amount	Service Area
ARCH	Residential	10,000	SA
Big Brothers/Big Sisters	Children's Counseling	66,300	MI
Call for Help	Community Support	65,700	MI
	Living Room	65,388	MI
Cerebral Palsy of SWI	Client & Family Support	27,540	IDD
Chestnut Health Systems	Med Plus	370,185	MI
	Medication Assisted Treatment	(1) 175,000	SA
Community Link	Art Therapy	10,200	IDD
Comprehensive BHC	SMARTS	127,840	SA
	Methadone	12,000	SA
	Parenting for Success	42,559	MI
	Drug Court	4,500	SA
	CJ Case Management	40,000	MI
Detention Center/Court Services	Assessment/Evaluation	15,000	MI
Dr. Cuneo	Forensic/Fitness Evaluation	80,000	MI
DDS	Case Coordination	137,446	IDD
Epilepsy SWI	Case Management	43,560	IDD
Family Hospice/Heart Links	Grief Services	66,300	MI
Hoyleton	Bilingual Counseling	(2) 27,700	MI
Illinois Center for Autism	Adult Services	194,000	IDD
Karla Smith Foundation	Support Services	20,400	MI
NAMI	Consumer Education/Training	40,000	MI
PSOP	Older Adults Counseling	82,445	MI
	Caregiver Consultation/Education	7,200	
St. Clair ROE	Case Management	32,130	MI
SAVE	Vocational Development	206,316	IDD
	Capital Development	48,000	IDD
	Residential	69,736	IDD
TASC	Assessment – DV	27,800	SA
	Drug Court	10,800	SA
Violence Prevention Center	Children's Counseling	64,358	MI
	<b>TOTAL</b>	<b>\$2,190,402</b>	

FYY 2019 Changes -

(1) New FY 2019 Initiative.

(2) New FY 2019 Initiative

## Goals and Objectives

Following an inventory of the community behavioral health service delivery system and an analysis of available revenues, the following recommendations are being made.

- Three Year Goals 2018 -2020**
1. Use the levy, state and federal funds to provide for needed services.
  2. Assure that local tax funds are used in a reasonable and responsible manner.
  3. Provide public education to improve awareness of effective treatment and to reduce the stigma of mental illness.
  4. Increase coordination and collaboration among mental health, substance abuse and intellectual/developmental disability providers in order to maximize available community resources.
  5. Support programs to increase access to services for individuals with mental illness, substance use and intellectual/developmental disabilities.
  6. Continue to assess local unmet needs.

### **Goal # 1**

**FY 2019  
One Year  
Objective**

*To sustain current funding and contracts and target priority service expansion.*

1. Continuation Funding - To provide continuation FY 19 contracts for currently funded services. **Cost: \$1,987,702**

### **Goal # 1**

**FY 2019  
One Year  
Objective**

1. Expand Medication Assisted Treatment for St. Clair County residents.
  - a. New funding award – Chestnut, **\$175,000.**
2. Identify and support Bi Lingual Therapy services.
  - a. New funding award – Hoyleton **\$27,700.**

**Total Cost of Expansion Funding: \$202,700**

**Goal # 2**

**FY 2019  
One Year  
Objective**

*Continued development and expansion of the Board's on-line billing and data reporting system. FY 2019 expansion to include on-line budget application and quarterly outcome reporting.*

**Goal #3**

**FY 2019  
One Year  
Objective**

*Support Community and Educational Programming*

1. Continue fiscal and planning support for the following conferences: Metro East Consumer, MECAM+, When Mental Illness Hits Home and PIAT.

**Goal # 4**

**FY 2019  
One Year  
Objective**

*Coordination and Facilitation*

1. Continue to provide facilitation and support(s) to advance a behavioral health "System of Care" through work of the St. Clair County Youth Coalition.
2. Increase coordination and collaboration of mental health and substance use disorder service delivery with the St. Clair County juvenile and adult justice systems through the Redeploy and Juvenile Justice Council initiatives, and Specialty Courts. To include assistance with required specialty court certifications.
3. Continue collaboration and coordination with mental health and senior service system providers through the St. Clair County Mental Health and Aging Network and the St. Clair County Office on Aging; including sponsorship of Care Giver workshops throughout the community.
4. Continue to sponsor and provide leadership to the St. Clair County Behavioral Health Network Council and Suicide Prevention Alliance. To specifically increase the number of QPR events that are conducted in the community.
5. Continued support of the Disaster Mental Health Volunteer activities to improve overall preparedness. To work to improve recall and notification procedures with Staunton Memorial Hospital.

**Goal # 5**

**FY 2019  
One Year  
Objective**

*Access*

Continue to work with providers to improve point of contact, referral and intake processes.