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2015

**COMMUNITY SERVICES DIRECTORY**



**Mark A. Kern  
St. Clair County Board Chairman**

**Published by the  
St. Clair County Community  
Mental Health Board**

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# **HOTLINES**

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## **CHILD ABUSE AND NEGLECT**

1-800-252-2873

## **ELDER ABUSE REPORTING**

1-866-800-1409

## **NURSING HOME ABUSE**

1-800-252-4343

## **MENTAL HEALTH CRISIS**

MONDAY THRU FRIDAY

9:00 AM TO 5:00 PM

## **CHESTNUT HEALTH SYSTEMS**

397-0900

## **COMPREHENSIVE BEHAVIORAL HEALTH CENTER**

482-7330

## **AFTER HOURS**

## **CHESTNUT HEALTH SYSTEMS**

877-0316

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## FOREWORD

The St. Clair County Community Mental Health Board is pleased to present the 2015 Edition of the Community Services Directory for St. Clair County, Illinois.

The Directory includes agencies providing services in the following areas: health, welfare, education and other related fields associated with these services.

The primary purpose of the Directory is to serve as a central reference source of community services available to residents of St. Clair County and surrounding areas.

The Directory is provided as an information service and while every effort has been made to list all appropriate agencies in the county, omissions are bound to occur. Agencies that might be included in future directories should be brought to our attention. Inclusion of any agency does not imply endorsement, nor does exclusion imply disapproval of any agency or organization.

All information presented has been verified, but due to changes implemented after printing, some information may no longer be current. We regret any inconvenience this may cause.

The Directory will also be available on-line. Visit our website at [www.stc708.org](http://www.stc708.org).

If you wish to contact us, the address is 307 East Washington, Belleville, IL 62220. Send e-mail to [terri@stc708.org](mailto:terri@stc708.org).

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**Addus Healthcare**

141 Market Place  
Fairview Heights, IL 62208

**Phone:** (618) 394-1022

**Web Site:** [www.addus.com](http://www.addus.com)

**Cost:** Please call for more information.

**Services Offered:** Skilled home health includes registered nurses, licensed practical nurses, licensed vocational nurses, physical, occupational and speech therapists, as well as dietitians, medical social workers and home health aides. These services can help avoid unnecessary hospitalizations, shorten hospital stays, and enable an individual to stay at home during acute illnesses. Private duty services are provided to seniors and individuals recovering from an illness or injury and need either short-term or long-term assistance with their daily living needs. Addus Evergreen Clubs are adult day centers that provide social, health and supportive services in a community-based setting. The programs are utilized by younger adults and seniors who have physical, cognitive or functional impairments, or may simply need companionship and can benefit from supervised care in a safe place outside the home during the day. The programs also afford family caregivers respite from the demanding day-to-day responsibilities of caregiving. Home and Community Services are government funded personal care and companionship services allowing our clients to remain safely in their homes. Supportive services can include bathing, dressing, grooming, in addition to assistance with meal preparation, housekeeping and shopping. These supportive services can be arranged for any frequency of time up to 24-hour care or on a respite or temporary basis. Veterans and their family members may be eligible for in-home care and home health services, in whole or in part, through programs and other benefits available through the Veterans Administration. Contact Addus at 1-888-233-8746 for additional information.

**Other Location:**

101 Carson Drive, O'Fallon, IL 62269 (618) 632-1810

**Airman and Family Readiness Center**

375 MSS/DPF 404 W. Martin Street  
Scott Air Force Base, IL 62225

**Phone:** (618) 256-8668

**E Mail:** [aafrc@us.af.mil](mailto:aafrc@us.af.mil)

**Web Site:** [www.scott.af.mil/news/bulletinboard.asp](http://www.scott.af.mil/news/bulletinboard.asp)

**Hours:** Monday thru Friday – 7:30 am to 4:30 pm

**Area Served:** Scott Air Force Base and surrounding area

**Services Offered:** Serves active duty and retired military persons and their families. Provides crisis assessment, financial counseling, relocation assistance, information and referral, follow-up program, career assistance, financial aid and employment assistance.

**Al-Anon/Alateen**

**Phone:** Answering service (618) 398-9470

**Web Site:** [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

**Services Offered:** Support group for families and friends of those who have a drinking problem.

**Alcoholics Anonymous****Saint Louis Central Service Office**

14 Sunnen Drive, Suite 144

St. Louis, MO 63143

**Phone:** (314) 647-3677

**E Mail:** [alano@aastl.org](mailto:alano@aastl.org)

**Web Site:** [www.aastl.org](http://www.aastl.org)

**Hours:** Monday, Tuesday, Thursday and Friday – 8:30 am to 5:00 pm; Wednesday – 8:30 am to 7:00 pm; Saturday – 9:00 am to Noon

**Services Offered:** Alcoholics Anonymous (AA) is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from addiction.

**Alcoholics Anonymous****Southern Illinois Central Services Office****South Roxana**

**Phone:** (618) 251-4000

**Phone:** Answering service for Districts 4, 14, 16 and 18 1-800-307-6600

**Web Site:** [www.aa-district14.org](http://www.aa-district14.org) and [www.aa-sil18.org](http://www.aa-sil18.org)

**Local AA Groups:**

623 Club – (618) 234-8335

O'Fallon Trailer Group – (618) 632-8815

2116 Club – (618) 876-9721

AL-ANON for District 14 - (618) 398-9470

AL-ANON for District 18 - (618) 463-2429

**Alcoholics Anonymous**

St. Elizabeth's Hospital

211 South Third Street

Belleville, IL 62220

**Phone:** (618) 234-2120 Extension 1555

**Services Offered:** Support for those who want to stop drinking alcohol. The group meets Monday and Wednesday evenings at 6:30 pm on the seventh floor of the hospital in Room 722.

**All Kids**

**Phone:** 1-866-255-5437

**TTY:** 1-877-204-1012

**Web Site:** [www.allkids.com](http://www.allkids.com)

**Area Served:** State of Illinois

**Services Offered:** The All Kids Program offers many Illinois children comprehensive healthcare that includes doctors' visits, hospital stays, prescription drugs, vision care, dental care and medical devices like eyeglasses and asthma inhalers.

**Alton Mental Health Center**

4500 College Avenue

Alton, IL 62002

**Phone:** (618) 474-3800

**Hours:** 24-hour facility

**Cost:** Based on ability to pay. Service access is not based on ability to pay.

**Area Served:** Bond, Monroe, Madison, Randolph and St. Clair Counties

**Services Offered:** Comprehensive mental health and forensic residential care for individuals age 18 and older meeting admission criteria of the Illinois Mental Health Code. Admission is accessed by pre-admission screening agents in each county served.

**Alzheimer's Association****St. Louis Chapter**

9370 Olive Boulevard

St. Louis, MO 63132

**Phone:** (314) 432-3422

**24-Hour Helpline:** 1-800-272-3900

**E Mail:** [stl-helpline@alz.org](mailto:stl-helpline@alz.org)

**Web Site:** [www.alzstl.org](http://www.alzstl.org)

**Hours:** Monday thru Friday – 8:00 am to 5:00 pm

**Area Served:** Illinois Counties of Calhoun, Clay, Clinton, Jefferson, Jersey, Madison, Marion, Monroe, St. Clair and Washington

**Services Offered:** Information on caregiving, family planning, educational and care resources. Respite program and techniques to better manage persons with Alzheimer's disease. Educational training and support groups.

**Alzheimer's Support Group**

St. Joseph's Hospital

1515 Main Street

Highland, IL 62249

**Phone:** (618) 651-2833

**E Mail:** [jashcrof@sjh.hshs.org](mailto:jashcrof@sjh.hshs.org)

**Services Offered:** Meetings are held the third Thursday of each month at 6:30 pm in Jehle Hall (cafeteria.)

**Alzheimer's Support Group**

St. Joseph's Hospital  
9515 Holy Cross Lane  
Breese, IL 62230

**Phone:** (618) 526-5486 or 526-5699

**E Mail:** [hradford@sjb.hshs.org](mailto:hradford@sjb.hshs.org)

**Services Offered:** Meetings are held the fourth Thursday of each month at 1:30 pm in the Healthplex Senior Renewal Area.

**Alzheimer's Support Group**

Programs and Services for Older Persons  
201 North Church Street  
Belleville, IL 62220

**Phone:** (618) 234-4410 or 1-866-942-7942, Extension 7031

**Services Offered:** Group meets on the second Tuesday of even months at 2:30 pm.

**Alzheimer's Support Group**

The Atrium  
201 South Belt West  
Belleville, IL 62220

**Phone:** (618) 877-3285 or (618) 830-7822

**Services Offered:** Group meets the fourth Saturday of the month at 3:00 pm.

**Alzheimer's Support Group**

Senior Care – Memorial Hospital  
4500 Memorial Drive  
Belleville, IL 62226

**Services Offered:** Meetings are held the 2<sup>nd</sup> Tuesday of odd months at 6:00 pm. To make a reservation or for more information, please call (618) 257-5900.

**American Parkinson Disease Association**

Campus Box 8111  
660 South Euclid Avenue  
St. Louis, MO 63110

**Phone:** (314) 362-3299

**Web Site:** [www.stlapda.org](http://www.stlapda.org)

**Hours:** Monday thru Thursday – 7:30 am to 4:00 pm; Friday – 7:30 am to Noon

**Services Offered:** Provides information and referral; other educational materials for the public and professionals. Provides medical referrals, support, respite care, speech therapy, adult day care, lifeline and exercise classes; public lectures, newsletters and support groups in Illinois.



**American Red Cross**

10217 Lincoln Trail  
Fairview Heights, IL 62208

**Phone:** (618) 397-4600

**Web Site:** [www.redcrossstl.org](http://www.redcrossstl.org)

**Hours:** Monday thru Friday – 8:00 am to 5:00 pm

**Area Served:** St. Clair and Monroe Counties; part of Madison County

**Services Offered:** Provides 24-hour assistance for disaster victims, military and their families. Offers classes in health and safety; recruits and trains volunteers; provides blood to local hospitals; referral source and crisis intervention. Provides international help for persons not in the military. Offers rental and food emergency assistance when funding is available, utility program.

**American Red Cross, Scott Air Force Base**

Building 21 POW/MIA Drive

P.O. Box 25379

Scott Air Force Base, IL 62225

**Phone:** (618) 256-1855 or 256-3292

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** Scott Air Force Base

**Services Offered:** Provides emergency services for military personnel and their families stationed at Scott Air Force Base. Provides a means of contact to reach family members stationed overseas or in other parts of the United States when an emergency or family crisis arises. Emergency financial assistance, personal and family counseling, information and referral are also available.

**A.R.C.H. (Alcoholic Rehabilitation Community Home)**

1313 21<sup>st</sup> Street

Granite City, IL 62040

**Phone:** (618) 877-4987

**Web Site:** [www.archhouse.org](http://www.archhouse.org)

**Cost:** Sliding scale

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** All

**Services Offered:** This agency is a long-term residential rehabilitation facility (18 beds) and halfway house treating chemically dependent males only, over the age of 18. DUI Evaluation and Drivers Risk Education classes.

**AgeSmart Community Resources**

2365 Country Road

Belleville, IL 62221

**Phone:** (618) 222-2561 Extension 23 or 1-800-326-3221

**E Mail:** [ask@answersonaging.com](mailto:ask@answersonaging.com)

**Web Site:** [www.agesmart.org](http://www.agesmart.org)

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties

**Services Offered:** AgeSmart Community Resources advances positive aging among individuals, organizations and communities. Through the provision of state and federal funds to non-profit organizations, AgeSmart strategically provides services to older adults, persons with disabilities, caregivers and grandparents raising grandchildren. AgeSmart also provides information and referral services and benefits assistance through the Answers on Aging Network.

### **Arthritis Foundation**

9433 Olive Boulevard, #100

St. Louis, MO 63132

**Phone:** (314) 991-9333

**Web Site:** [www.arthritis.org](http://www.arthritis.org)

**Services Offered:** Our mission is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases through providing free brochures, referrals, exercise and self-management programs, professional and public education, financial assistance, advocacy and fundraising events.

### **Attention Deficit Disorder Support Learning Disabilities Association**

#### **St. Louis Affiliate**

13537 Barrett Parkway Drive, Suite 110

Ballwin, MO 63021

**Phone:** (314) 966-3088

**E Mail:** [info@ldsatl.org](mailto:info@ldsatl.org)

**Web Site:** [www.ldastl.org](http://www.ldastl.org)

**Hours:** Office hours are Monday thru Thursday – 8:00 am to 5:00 pm;

Friday – 8:00 am to 3:00 pm

**Services Offered:** A not-for-profit organization dedicated to the enhancement of the understanding of individuals with learning disabilities and Attention Deficit Disorder. Services include cognitive educational evaluations, educational coaching, speech/language evaluations and therapy, family coaching, telephone referral, parent support groups, tutoring, teacher in-services, newsletter, resource library, annual symposiums and advice for advocacy.

### **Attorney General of Illinois**

201 West Pointe Drive, Suite 7

Belleville, IL 62226

**Phone:** (618) 236-8616

**TTY:** (618) 236-8619

**Web Site:** [www.illinoisattorneygeneral.gov](http://www.illinoisattorneygeneral.gov)

**Hours:** Monday thru Friday – 8:45 am to 4:45 pm

**Area Served:** Eleven Southern Illinois counties

**Services Offered:** Protecting consumers and businesses that have been victimized by fraud, deception or unfair competition is one of the primary functions of the Attorney General.

**AWAKE Support Group**

Memorial Hospital Auditorium

4500 Memorial Drive

Belleville, IL 62226

**Services Offered:** AWAKE (Alert, Well and Keeping Energetic) is a support group for people affected by sleep apnea. Our goals are to educate and encourage those affected by sleep apnea, including spouses and partners, to inform the general public about sleep apnea and other sleep disorders, obtain medical care and testing when needed, and to manage diagnosed sleep apnea and other sleep disorders. AWAKE meets quarterly. For more information, call Memorial's Sleep Disorders Center at (618) 628-2502.



## B

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### **Baptist Children's Home and Family Services**

4950 Old Collinsville Road  
Swansea, IL 62226

**Phone:** (618) 624-4060

**Web Site:** [www.bchfs.com](http://www.bchfs.com)

**Cost:** Insurance, sliding scale

**Hours:** 9:00 am to 7:00 pm

**Area Served:** Metro East, Vandalia, Waterloo, Columbia and Maryville

**Services Offered:** Counseling for children, adolescents, adults, couples and families. We also provide adoption services, foster care and a maternity home and residential home for adolescents.

### **BEACON of Belleville**

P.O. Box 23468

Belleville, IL 62223

**Client Line:** (618) 222-8824

**Business/Church:** (618) 222-8942

**E Mail:** [beacon@beaconministry1.org](mailto:beacon@beaconministry1.org)

**Web Site:** [www.beaconministry.org](http://www.beaconministry.org)

**Area Served:** Service area includes Belleville, Fairview Heights, O'Fallon, Swansea, Shiloh and Caseyville

**Services Offered:** BEACON of Belleville is an organization of local churches operating as a social outreach clearinghouse. Links people in need with church volunteers for person to person help. The process includes verification of need, analysis of the kind and extent of need, referral to appropriate resources and follow-up. The purpose is not to duplicate or compete with existing services, but to support and enhance the community service network.

### **Beck Area Career Center**

6137 Beck Road

Red Bud, IL 62278

**Phone:** (618) 473-2222

**Web Site:** [www.schools.lth5.k12.il.us/beck/](http://www.schools.lth5.k12.il.us/beck/)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** Fifteen local high schools

**Services Offered:** Optional education program for drop-out students, ages 16 to 21. Remedial work with basic academics, vocational classes for 11<sup>th</sup> and 12<sup>th</sup> grade high school students, practical nursing program, nurses' aide, social services for students in need, bus transportation and lunch program.

**Behavioral Healthcare Services: Mental Health & Addictions  
St. Elizabeth's Hospital**

211 South Third Street  
Belleville, IL 62220

**Phone:** (618) 234-2120, Extension 1555

**Web Site:** [www.steliz.org](http://www.steliz.org)

**Cost:** Please call for more information, covered by most insurance.

**Hours:** 24-hour facility

**Area Served:** St. Clair County

**Services Offered:** Provides inpatient, day and evening treatment for adults with mental health and addiction issues. Offer free evaluation in Evaluation Center, Monday thru Friday. Please call to schedule an appointment.

**Belle Manor**

225 W. B Street  
Belleville, IL 62220

**Phone:** (618) 234-5657

**Cost:** Please call for more information.

**Hours:** 24-hour facility

**Services Offered:** ICF/DD – Residential care for the developmentally disabled.

**Belleville Area Ostomy Association**

St. Elizabeth's Hospital  
211 South Third Street  
Belleville, IL 62220

**Phone:** (618) 234-2120, Extension 1440

**Services Offered:** Reassurance and emotional support for persons who have undergone ostomy surgery, also including family and friends. The group meets the fourth Tuesday of each month, in the Staff Conference Room at 7:00 pm.

**Belleville Area Special Services Cooperative (BASSC)**

2411 Pathways Crossing  
Belleville, IL 62221

**Phone:** (618) 355-4700

**Web Site:** <http://web.stclair.k12.il.us/bassc>

**Hours:** Monday thru Friday – 7:30 am to 4:00 pm

**Area Served:** All St. Clair County school districts with the exception of Districts 187 and 189.

**Services Offered:** Comprehensive program of educational, diagnostic and supportive services for children ages 3-21 with disabilities.

**Belleville Healthcare and Rehabilitation**

150 North 27<sup>th</sup> Street

Belleville, IL 62226

**Phone:** (618) 235-6600

**Web Site:** <http://briaht.com>

**Cost:** Please call for more information.

**Services Offered:** Long or short term care offering 24-hour nursing care as well as psychological assessments and programming.

**Bethany Place**

821 West A Street

Belleville, IL 62220

**Phone:** (618) 234-0291

**Web Site:** [www.bethanyplace.org](http://www.bethanyplace.org)

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** St. Clair, Madison, Monroe, Bond, Clinton, Jersey, Calhoun and Macoupin Counties

**Services Offered:** Case management, prevention/education outreach, transitional housing, rental assistance, needle exchange operation, volunteer services, primary medical care, HIV medication, food pantry, transportation, utility assistance.

**Big Brothers Big Sisters of Southwestern Illinois**

2726 Frank Scott Parkway West

Belleville, IL 62223

**Phone:** (618) 398-3162

**E Mail:** [bbbsbell@peaknet.net](mailto:bbbsbell@peaknet.net)

**Web Site:** [www.bbbsil.org](http://www.bbbsil.org)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm; evenings and weekends by appointment

**Area Served:** St. Clair, Madison, Monroe and Clinton Counties

**Services Offered:** Provides mentoring services to at-risk youth ages 6-14 by matching them with a positive role model; counseling services also available.

**Bi-State Development Agency**

**Phone:** (618) 271-2345 or (314) 231-2345

**E Mail:** [customerservice@metroslouis.org](mailto:customerservice@metroslouis.org)

**Web Site:** [www.metroslouis.org](http://www.metroslouis.org)

**Hours:** Monday thru Friday – 7:30 am to 4:30 pm

**Area Served:** Illinois and Missouri

**Services Offered:** MetroBus and MetroLink information

**BJC Hospice**

1935 Beltway Drive

St. Louis, MO 63114

**Phone:** (314) 872-5050

**Web Site:** [www.bjchospice.org](http://www.bjchospice.org)

**Area Served:** Franklin, Jefferson, St. Charles and St. Louis Counties in Missouri; St. Louis City; Bond, Clinton, Madison, Monroe and St. Clair Counties in Illinois

**Services Offered:** Offers a multidisciplinary approach, holistic in nature, to patients who have a physician-determined six month prognosis. We provide compassionate, cost-effective, professional, expert care to patients. The care, sensitive to the emotional and spiritual needs of our adult and pediatric patients, is centered on the patient and family. A highly skilled team of healthcare professionals facilitates our continuity of care. Hospice provides support and care for people in the final phase of a terminal disease, allowing them to live as fully and as comfortably as possible.

**Blind Support Group**

Impact, Inc.

2735 East Broadway

Alton, IL 62002

**Phone:** (618) 462-1411

**TTY:** (618) 474-5333

**Services Offered:** Meetings are held the first Wednesday of each month from 10:00 am to Noon. Please call 462-1411, extension 304 for more information.

**Bradford Place****Independent and Assisted Living**

1463 Benchmark Court

Swansea, IL 62226

**Phone:** (618) 624-0683

**E Mail:** [info@bradfordseniors.com](mailto:info@bradfordseniors.com)

**Web Site:** [www.bradfordseniors.com](http://www.bradfordseniors.com)

**Cost:** Please call for more information.

**Area Served:** St. Louis Metro East

**Services Offered:** All inclusive services and amenities: full service dining room, offering three meals a day, seven days a week; snack and beverage anytime; weekly housekeeping and daily trash removal; weekly personal laundry/linens; entertainment and recreational/spiritual programs; all utilities included (except phone); expanded cable; individual heating and air conditioning; trained staff available 24 hours a day; maintenance of building and grounds; onsite transportation available for appointments and stores; onsite beauty/barber shop services; mail delivery and 24 hour security. Optional Care Services: Assistance with activities of daily living; medication assistance and reminders; assistance with incontinence; assistance with dressing/grooming and personal hygiene; assistance through verbal cueing/reminders; assistance at mealtime;





and, assistance with transfers (no lifts.) Other Services/Programs: Veterans assistance available; Respite Program; Adult Daycare Program; Physician services available; podiatry services available; home health services available; and, individual pets welcome.

**Brain Injury Association of Illinois  
LINC, Inc.**

1 Emerald Terrace, Suite 200  
Swansea, IL 62226

**Phone:** Call (618) 235-9988 for more information. The support group meets the third Friday of each month from 10:00 am to 11:30 am at the Belleville LINC office.

**Brain Injury Association of Missouri, Inc.**

2265 Schuetz Road  
St. Louis, MO 63146

**Phone:** (314) 426-4024

**Toll Free:** 1-800-444-6443

**E Mail:** [info@biamo.org](mailto:info@biamo.org)

**Web Site:** [www.biamo.org](http://www.biamo.org)

**Hours:** Monday thru Friday – 9:00 am to 5:00 pm

**Area Served:** St. Louis City/County, Metro East, State of Missouri

**Services Offered:** Provides activities for individuals with brain injury and their families; support groups, mentors, socialization, camp, education and prevention, advocacy, etc.

**The Bridges of Columbia Assisted Living**

480 DD Road  
Columbia, IL 62236

**Phone:** (618) 281-4200

**Cost:** Please call for more information.

**Services Offered:** Accepts residents 55 years and older who may be able to manage some activities but requires assistance and supervision with activities of daily living; may require cueing or supervisions; requires assistance with provision of basic needs, i.e., medications, nutrition, hygiene, housekeeping, mobility, etc.

**Burns Recovered Support Group, Inc.**

11710 Administration Drive, Suite 2B  
St. Louis, MO 63146

**Phone:** (314) 997-2757 or 1-866-997-2876

**E Mail:** [brsg@sbcglobal.net](mailto:brsg@sbcglobal.net)

**Web Site:** [www.brsg.org](http://www.brsg.org)

**Services Offered:** Support group for burn survivors and their families. Meets the first Thursday of each month at 6:00 pm at St. John Mercy Medical Center, Burn Center Waiting Room on the fifth floor.

## C

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### **Cahokia Area Joint Agreement for Special Education**

1700 Jerome Lane

Cahokia, IL 62206

**Phone:** (618) 332-3700

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** Children within Cahokia School District 187 and Dupo School District 196

**Services Offered:** A cooperative program designed to serve children with disabilities aged three to 21 years who are potentially eligible or already eligible for programs that include: learning disabilities, mentally impaired, physically handicapped, multiply handicapped, behavioral/emotional disorders, hearing impaired, visually impaired, autistic, speech/language impaired and early childhood special education.

### **Call For Help, Inc.**

9400 Lebanon Road

East St. Louis, IL 62203

**Phone:** (618) 397-0968

**E Mail:** [info@callforhelpinc.org](mailto:info@callforhelpinc.org)

**Web Site:** [www.callforhelpinc.org](http://www.callforhelpinc.org)

**Hours:** 24-hour facility

**Area Served:** Primarily St. Clair County

### **Services Offered: Community Stabilization Program for Adults with Mental**

**Illness:** Through this residential program, people with mental illness who have become homeless receive help to stabilize their lives and return to the community.

While residing at the Community Stabilization Program, participants attend group sessions where they work to improve self-esteem, social competence, symptom management and more. They also receive help with developing life skills. **Recovery**

**Support Center:** The Center is for adults with a serious mental illness such as, but not limited to schizophrenia, bipolar disorder or major depression. Participants should be under the care of a psychiatrist and be committed to building their recovery.

Services offered are: peer support and mentoring, skills development, employment support and resource connections. For more information, call 397-0968, extension 109.

**Transitional Living Center for Homeless Young Women (TLC):** Intensive two-year residential program helps homeless young women – many of whom are pregnant or the parent of young children – develop the skills and support to live successfully and independently in the community. Services are life skills classes, job readiness training, GED, parenting education and mental health counseling. **Sexual Assault Victims**

**Care Unit:** This unit responds 24 hours a day, seven days a week to victims of rape,

incest, molestation, harassment or other sexual assault. Specially trained advocates arrive at the hospital or police station to assist the victim with police interviews and in navigating the medical and legal systems. In addition, Call For Help provides adult and child victims with counseling and therapy at no charge to help them overcome the trauma of sexual assault. **Essential Needs/Information & Referral:** Families and individuals in poverty may be unable to pay for rent, utilities and other essentials. Call For Help can connect them with community resources to meet these basic needs.

### **Cancer Support Group**

St. Joseph's Hospital  
1515 Main Street  
Highland, IL 62249

**Phone:** (618) 651-2980 Pastoral Care

**Services Offered:** Support for individuals with new cancer diagnosis or have a history of cancer, their family and friends. Meetings are held the second Thursday of each month at 6:00 pm in the Jehle Hall Conference Room.

### **Caritas Family Solutions**

8601 West Main Street  
Belleville, IL 62223-1719

**Phone:** (618) 394-5900

**Toll Free:** 1-800-997-9702

**E Mail:** [Gary.Huelsmann@caritasfamily.org](mailto:Gary.Huelsmann@caritasfamily.org)

**Web Site:** [www.cssil.org](http://www.cssil.org)

**Cost:** All Kids insurance application agent

**Hours:** Monday thru Thursday/8:30 am to 9:00 pm; Friday/8:30 am to 4:30 pm

**Area Served:** Southern and Central Illinois – 42 county service area

**Services Offered:** Adoption, adoption searches, counseling, foster care, pregnancy care, senior assisted living, senior employment, St. John Bosco Children's Center, and Community Integrated Living Arrangements.

### **CASA of Southwestern Illinois**

1801 North Belt West  
Belleville, IL 62226

**Phone:** (618) 234-4278

**Web Site:** [www.casa.thepeoplesmedia.biz/casa](http://www.casa.thepeoplesmedia.biz/casa)

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** St. Clair, Monroe and Madison Counties

**Services Offered:** Advocates on behalf of abused and neglected children 0-18 going through the court system.

**Catholic Children's Home**

1400 State Street

Alton, IL 62002

**Phone:** (618) 465-3594

**E Mail:** [info@catholicchildrenshome.com](mailto:info@catholicchildrenshome.com)

**Web Site:** [www.catholicchildrenshome.com](http://www.catholicchildrenshome.com)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 7:30 am to 5:00 pm

**Area Served:** State of Illinois

**Services Offered:** Provides emergency shelter, diagnostic and long-term residential services for boys ages 11 through 18 who are victims of abuse or neglect. An additional transitional living program prepares males ages 7 through 21 for successful self-sufficient community living. Catholic Children's Home also has a Special Education Department that provides year-round educational and therapeutic services for students ages 5 to 21, who due to a variety of social, emotional and/or educational difficulties, have been unsuccessful in public structure and who need intensive, individualized educational and therapeutic services.

**Catholic Urban Programs**

#7 Vieux Carre Drive

East St. Louis, IL 62203

**Mailing Address:** P.O. Box 3310, East St. Louis, IL 62203

**Phone:** (618) 398-5616

**E Mail:** [cup@diobelle.org](mailto:cup@diobelle.org)

**Web Site:** [www.catholicurbanprograms.org](http://www.catholicurbanprograms.org)

**Hours:** Monday thru Friday – 9:00 am to 5:00 pm

**Area Served:** St. Clair County

**Services Offered:** Provides emergency services such as food, shelter, clothing, transportation, transient assistance and referral. Programs include Family Center, Griffin Center, Neighborhood Law Office, Holy Angels Shelter and Hubbard House.

**Center for Addictions Rehabilitations and Treatment Services (ARTS)**

505 South 8<sup>th</sup> Street

East St. Louis, IL 62201

**Phone:** (618) 482-7373 or (618) 482-7389 (TDD) any time

**E Mail:** [thecenter@cbhc1.org](mailto:thecenter@cbhc1.org)

**Web Site:** [www.cbhc1.org](http://www.cbhc1.org)

**Services Offered:** Provides Level I and Level II intensive outpatient services for addiction treatment under the auspices of Comprehensive Behavioral Health Center; also provides residential services.

**The Center for Senior Renewal**

Alton Memorial Hospital

#1 Memorial Drive

Alton, IL 62002

**Phone:** (618) 463-7895

**E Mail:** [map3737@bjc.org](mailto:map3737@bjc.org)

**Area Served:** Madison and St. Clair Counties

**Services Offered:** An outpatient counseling program focused on restoring quality of life for seniors facing emotional issues. We provide individual and group therapy, psychiatric care and coordination with community resources and other treatment providers. Regular patient involvement is an essential aspect in providing the most effective treatment to meet every client's goals.

**Cerebral Palsy of Southwestern Illinois**

138 Lincoln Place Court, Suite 101

Belleville, IL 62220

**Phone:** (618) 233-0210

**Web Site:** [www.cpswi.org](http://www.cpswi.org)

**Cost:** None

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** Residents of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties who have cerebral palsy or other similar developmental disabilities.

**Services Offered:** Case management, advocacy, referrals, sensitivity training program, community presentations, residential services (CILA,) Home Based Program facilitators.

**Challenge Unlimited, Inc.**

#4 Emmie L. Kaus Lane

Alton, IL 62002

**Phone:** (618) 465-0044 or 1-800-464-7100

**TTY:** (618) 465-7307

**Web Site:** [www.cuinc.org](http://www.cuinc.org)

**Cost:** Fees for services are provided through secondary funding agencies based on need.

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** Metro East, St. Louis, Springfield and Rantoul, Illinois and Ft. McCoy, Wisconsin

**Services Offered:** Provides employment opportunities and training for individuals with disabilities. Vocational Evaluation, Transitional Work Services, Supported Employment and Placement Services offered. Residential placement and training of independent living skills offered through Challenge Unlimited, Inc., affiliate company Residential

Options, Inc. The cost varies by program. Developmental Training Centers in Alton and Swansea provide rehabilitation services for individuals who are mentally, emotionally and physically disabled.

**Chariti Home**

P.O. Box 23426

Belleville, IL 62221

**Phone:** (618) 300-0771

**E Mail:** [charitihome.mfp@gmail.com](mailto:charitihome.mfp@gmail.com)

**Web Site:** [www.charitihome.org](http://www.charitihome.org)

**Area Served:** St. Clair County

**Services Offered:** Transitional Living Center – Supportive transitional living, housing and various supports and services: Crisis Management – Linking the young mothers to appropriate community services – Safe housing, domestic violence shelters, case management, counseling and doctors. In addition, if they qualify we provide gift cards for food, clothing, formula and bus passes or linking them to appropriate community agencies which provide the above. Personal Goals – Establishing and achieving personal goals related to health care, emotional stability, educational enhancement and vocational readiness. Parenting Skills – Teaching appropriate parenting skills in an effort to create a lasting bond between members and their children, in order to significantly reduce or prevent the risk of child abuse/neglect. Empowering participants for independent living, including effective household management, budgeting, appropriate parenting skills and access to community resources. Mentoring – Building positive, healthy relationships, Participant to Self, Participant to Adults, Peer to Peer, Conduct, Character, Conversation. Education – Tutoring, primary, secondary, college/university/vocational. Life Skills – Parenting skills, financial management, planning for future independent living, socialization and recreation, health and wellness (Prenatal and Post Natal.)

**Chestnut Health Systems**

12 North 64<sup>th</sup> Street

Belleville, IL 62223

**Phone:** (618) 397-0900

**Crisis Line:** (618) 877-0316

**Web Site:** [www.chestnut.org](http://www.chestnut.org)

**Cost:** Sliding scale, Medicaid required for some services

**Hours:** Monday, Thursday and Friday – 8:00 am to 5:00 pm; Tuesday and Wednesday – 8:00 am to 8:00 pm

**Area Served:** Belleville and eastern St. Clair County

**Services Offered:** A comprehensive array of behavioral healthcare services including: addiction treatment services for adolescents and adults; prevention services; individual and group outpatient therapy/counseling for adults, children and adolescents; 24-hour



crisis intervention services; supervised and supported housing; psychosocial rehabilitation; vocational services; pre-admission screening for nursing facility placement; adult case management; mental health juvenile justice for adolescents; psychiatric services for children, adolescents and adults.

**Other Locations:**

50 Northgate Industrial Drive, Granite City, IL 62040 (618) 877-4420  
Outpatient mental health and substance abuse treatment

2148 Vadalabene Drive, Maryville, IL 62062 (618) 288-3100  
Youth residential and outpatient substance abuse treatment

**Children First Foundation**

1909 Dublin Boulevard, Suite B  
Belleville, IL 62221

**Phone:** (618) 235-6192

**Web Site:** [www.children1stfoundation.org](http://www.children1stfoundation.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 9:00 am to 4:00 pm

**Area Served:** Madison and St. Clair Counties

**Services Offered:** Visitation Exchange Centers – Neutral site for court ordered child exchanges. Locations in Belleville at 1909 Dublin Boulevard and Wood River at Madison County Kids Corner. There is no cost for this program. Kids Helping Kids – Counseling services for children of divorced and separated families. Cost varies by therapist.

Children First Program – Administers the court mandated divorce education program for the 20<sup>th</sup> and 3<sup>rd</sup> Judicial Circuits. To schedule in St. Clair County call 618-236-2099 between 9:00 am and noon; to schedule in Madison County call 618-251-6214 between 9:00 am and Noon.

**Children’s Home + Aid**

2133 Johnson Road, Suite 104  
Granite City, IL 62040

**Phone:** (618) 452-8900

**Web Site:** [www.childrenshomeandaid.org](http://www.childrenshomeandaid.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 9:00 am to 5:00 pm

**Area Served:** Southern Illinois

**Services Offered:** Provides adoption services; child and family counseling; early childhood care and education; foster care; adoption and guardianship preservation; intact family services; parent support; youth services. Serves Bond, Clinton, Jersey, Macoupin, Madison, Monroe, Randolph, St. Clair and Washington Counties.

**Other Locations:**

#6 Crossroads Court, Alton, IL 62002 (618) 462-2714

120 East A Street, Belleville, IL 62220 (618) 235-5335

907 Martin Luther King Drive, Suite C, East St. Louis, IL 62201 (618) 874-0216

357 North Main Street, Breese, IL 62230 (618) 526-8348

112 South State Street, Suite 1, Jerseyville, IL 62052 (618) 639-3005

**Christian HomeCare Services, Inc.**

115 West Randle Street

Lebanon, IL 62254

**Phone:** (618) 537-9590

**Web Site:** [www.chcsinc.org](http://www.chcsinc.org)

**E Mail:** [contact@chcsinc.org](mailto:contact@chcsinc.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** Throughout St. Clair County and parts of western Clinton County

**Services Offered:** Assisted transportation (through-the-door service) for local and St. Louis medical appointments. Information and referral including assistance with Medicare, Circuit Breaker, LIHEAP, Farmer’s Market coupons, insurance issues, IL Cares and other local, state and federal senior benefit programs. Non-medical in-home care provides companionship, meal preparation, laundry, light housekeeping, medication reminders, personal hygiene tasks and respite care.

**Christian Social Services of Illinois**

8601 West Main Street

Belleville, IL 62223

**Phone:** (618) 394-5900

**Toll Free:** 1-800-997-9702

**TTY:** 1-888-771-5593

**Web Site:** [www.cssil.org](http://www.cssil.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Thursday – 8:30 am to 9:00 pm; Friday – 8:30 am to 4:30 pm

**Area Served:** Southern 28 counties of Illinois

**Services Offered:** Marriage, family and individual counseling; adoption, search/reunion; foster care; Senior Aide employment services; St. John Bosco Children’s Center (residential treatment center for abused/neglected children;) St. John’s Day Care Center; and, All Kids Insurance application agent.

**Other Locations:**

219 Withers Drive, Mt. Vernon, IL 62464 (618) 244-0344

120 W. 5<sup>th</sup> Street, Mt. Carmel, IL 62863 (618) 263-2863

214 S. University Avenue, Carbondale, IL 62901 (618) 351-0743

St. John Bosco Children's Center, 900 Royal Heights Road, Suite 1150  
Belleville, IL 62226 (618) 688-1150

St. John's Day Care Center, 2620 Lebanon Avenue, Belleville, IL 62221  
(618) 235-6717

**Clinton Manor Living Center**

111 East Illinois Street  
New Baden, IL 62265

**Phone:** (618) 588-4924

**Web Site:** [www.silcicss.com](http://www.silcicss.com)

**Cost:** Please call for more information.

**Hours:** Office hours are Monday thru Friday – 8:00 am to 5:00 pm

**Area Served:** Clinton and St. Clair Counties

**Services Offered:** We are a Skilled Nursing Facility for the elderly and an Intermediate Care Facility for the developmentally disabled. Community Link, SAVE and Challenge Unlimited provides sheltered workshop employment and various opportunities. Individuals work, receive special training, join in community activities and develop meaningful relationships with peers.

**Collinsville Faith in Action**

222 Goethe Avenue  
Collinsville, IL 62234

**Phone:** (618) 344-8080

**E Mail:** [volunteers@fiacollinsville.org](mailto:volunteers@fiacollinsville.org)

**Web Site:** [www.fiacollinsville.org](http://www.fiacollinsville.org)

**Hours:** Monday thru Friday – 9:00 am to 4:00 pm

**Area Served:** Collinsville, Caseyville and Maryville

**Services Offered:** Collinsville Faith in Action is an ecumenical ministry that provides transportation, shopping, companionship, family respite, seasonal yard maintenance and minor home repair for the elderly and disabled. Services are provided at no charge. Three to seven days' notice is needed, depending on the nature of the request.

**Community Development Block Grant Operation Corporation**

301 River Park Drive, 3<sup>rd</sup> Floor  
East St. Louis, IL 62201

**Phone:** (618) 482-6635

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** East St. Louis

**Services Offered:** Assists low/moderate income residents in housing rehabilitation and neighborhood stabilization programs; demolition projects; assists in purchasing homes. Provides emergency home repair for senior citizens.

### **Community Link**

1665 North Fourth Street  
Breese, IL 62230

**Phone:** (618) 526-8800

**E Mail:** [info@commlink.org](mailto:info@commlink.org)

**Web Site:** [www.commlink.org](http://www.commlink.org)

**Area Served:** We serve clients in Bond, Clinton, Effingham, Jefferson, Jersey, Madison, Marion, Monroe, St. Clair and Washington Counties. We have residential facilities in Aviston, Breese, Carlyle, Germantown and Highland.

**Services Offered:** Serves residents who have developmental disabilities. Children's program emphasizes home-based infant stimulation and parent training. Adult program includes vocational and community living skills, evaluation, training, job counseling placement, residential programs, training and work activity.

### **Other Location:**

Developmental Training Site and Production Workshop  
9815 Bunkum Road, Fairview Heights, IL 62208 (618) 397-1655

### **Community Resource Center**

580 8<sup>th</sup> Street  
Carlyle, IL 62231

**Phone:** (618) 594-4581

**Cost:** Medicare, private insurance and sliding fee scale

**Area Served:** Clinton County

**Services Offered:** A drug/alcohol rehabilitation center with a primary focus on mental health and substance abuse treatment. Special language services provided include assistance for hearing impaired.

### **Community Services Block Grant**

#19 Public Square, Suite 200  
Belleville, IL 62220

**Phone:** (618) 277-6790, Extension 3263

**Web Site:** [www.co.st-clair.il.us](http://www.co.st-clair.il.us)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 8:30 am to 3:00 pm

**Area Served:** Residents of St. Clair County who meet income guidelines.

**Services Offered:** A federal program that is managed by the St. Clair County Intergovernmental Grants Department. The program provides emergency assistance to eligible individuals and families that have experienced job loss; significant reduction in hours worked; medical emergency expense. Services include, but are not limited to:

rental and mortgage assistance; limited dental, medical and prescription assistance; child care co-pay; scholarship program; limited automobile payment/repair (vehicle must be at least a 2000 model;) lice kits (must be referred by school or physician; and, hot water heater repair/replacement.

### **Comprehensive Behavioral Health Center**

505 South 8<sup>th</sup> Street

East St. Louis, IL 62201-2919

**Phone:** (618) 482-7330

**TDD:** (618) 482-7389

**E Mail:** [thecenter@cbhc1.org](mailto:thecenter@cbhc1.org)

**Web Site:** [www.cbhc1.org](http://www.cbhc1.org)

**Cost:** Sliding scale

**Hours:** Monday, Tuesday, Wednesday and Friday – 8:00 am to 5:00 pm;

Thursday – 8:00 am to 6:00 pm

**Area Served:** Stites, Sugarloaf, Canteen, East St. Louis, Centreville, Cahokia, East Carondelet, Dupo, Washington Park, Alorton, Brooklyn, Fairmont City, National City, Sauget and Caseyville west of Highway 157.

**Services Offered:** Emergency and Crisis Intervention services are offered 24-hours a day, seven days a week. Professional staff provide walk-in, outreach and telephone intervention to persons of all ages who may be in crisis. Clients experiencing acute distress requiring protective care will be referred to the local hospitals or the Alton Mental Health Center. Services include: therapy and transitional services; parenting classes; linkage and hospital aftercare; residential services; MISA services; specialized children's services; consultation/education to community; youth alcohol substance abuse; crisis intervention; substance abuse treatment; day training; specialized services to seniors; community support; HIV counseling and testing; case management; and, methadone services.

### **Cooperative Home Care**

1320 Commercial Boulevard

Herculaneum, MO 63048

**Phone:** 636-937-9449 or 1-800-HOMECARE (in Missouri) and 1-618-HOMECARE in Illinois

**E Mail:** [pstone@cooperativehomecare.com](mailto:pstone@cooperativehomecare.com)

**Web Site:** [www.CooperativeHomeCare.com](http://www.CooperativeHomeCare.com)

**Cost:** Please call for more information.

**Area Served:** Franklin, Jefferson, St. Charles, St. Louis Counties in Missouri; St. Louis City; Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties in Illinois

**Services Offered:** We offer nursing care, physical therapy, occupational therapy, speech therapy, caregiver services, personal care, homemaker services, companionship,

errands and appointments, respite or relief for a primary caregiver, and social work. Free in-home assessment, communication binder and personalized care plans for all clients.

**Other Location:**

415 South Main Street, St. Clair, MO 63077 636-629-5315

**Counseling Center, Southwestern Illinois College**

2500 Carlyle Avenue

IS Building – Room 1115

Belleville, IL 62221

**Phone:** (618) 235-2700, Extension 5206

**Web Site:** [www.swic.edu/counseling](http://www.swic.edu/counseling)

**Hours:** Monday thru Thursday – 8:00 am to 9:00 pm; Friday – 8:00 am to 4:00 pm

**Area Served:** Southwestern Illinois Community College District 522

**Services Offered:** Qualified counselors assist present students and potential students with academic, career and personal counseling.

**Cystic Fibrosis Foundation**

8251 Maryland Avenue, Suite 12

St. Louis, MO 63105

**Phone:** (314) 733-1241 or 1-800-727-1464

**E Mail:** [gateway@cff.org](mailto:gateway@cff.org)

**Web Site:** [www.cff.org](http://www.cff.org)

**Area Served:** Southern Illinois and Eastern Missouri

**Services Offered:** The Cystic Fibrosis Foundation is a non-profit organization whose mission is to assure the development of the means to cure and control cystic fibrosis (CF) and to improve the quality of life for those with the disease. Promotes high quality, state-of-the-art, specialized care for individuals with CF by supporting and accrediting care centers nationwide. The centers – located at major teaching and community hospitals – offer diagnosis services and comprehensive treatment for people with CF and their families.







## D

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### **Deaf Support Group**

IMPACT Inc.

2735 E. Broadway

Alton, IL 62002

**Phone:** (618) 462-1411

**TTY:** (618) 474-5333

**Toll Free:** 1-888-616-4261

**Web Site:** [www.impactcil.org](http://www.impactcil.org)

**Services Offered:** Offers support and fellowship to deaf and hearing impaired people. Please call for more information.

### **Depression and Bipolar Support Alliance**

DBSA support groups provide an opportunity to hear and talk to others about mood disorders, to begin new friendships, and be updated on the latest research information and new therapy treatments. The meetings focus on the daily coping skills necessary to manage the disability and to live a full, productive and quality life.

### **DBSA of Madison County**

Anderson Hospital

6800 Highway 162

Maryville, IL 62062

**E Mail:** [dbsamcm@yahoo.com](mailto:dbsamcm@yahoo.com)

**Contact:** Nicole Meyers at (618) 225-7709

**Services Offered:** Group meets every Monday at 7:00 pm at Anderson Hospital next to the cafeteria on Lower Level B, Classroom B.

### **DBSA of Southern Illinois**

St. Elizabeth's Hospital

211 South 3<sup>rd</sup> Street

Belleville, IL 62220

**Contact:** Tod Jurke at (618) 567-0936

**Services Offered:** Group meets every Tuesday at St. Elizabeth's Hospital on the 7<sup>th</sup> Floor in Room 722.

### **DBSA of Belleville**

St. Elizabeth's Hospital

211 South 3<sup>rd</sup> Street

Belleville, IL 62220

**Contact:** Tod Jurke at (618) 567-0986 or by e-mail at [boeingme@yahoo.com](mailto:boeingme@yahoo.com) or Lisa Wojick at (618) 409-7895.

**Developmental Disability Services of Metro East**

2900 Frank Scott Parkway West, Suite 928

Belleville, IL 62223

**Phone:** (618) 236-7957 and (618) 656-9663

**E Mail:** [janenesbit@ddsme.org](mailto:janenesbit@ddsme.org)

**Web Site:** [www.ddsme.org](http://www.ddsme.org)

**Cost:** None

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** St. Clair and Madison Counties

**Services Offered:** Provides Individual Service Coordination to persons who are developmentally disabled: Provide referral and linkage to respite services, day programs, residential programs, educational, vocational, employment, counseling, family support and other disability specific services. Pre-Admission Screening (PAS): Screens and assesses individuals who are seeking admission to Medicaid funded services and residential settings. Bogard Service Coordination: Specialized, long term service coordination is provided to Bogard class members residing in Madison and St. Clair Counties. Services are provided regardless of the living arrangement or need for Specialized Services. Individual Service and Support Advocacy Program (ISSA): Provides collaborative assistance to recipients and providers to enhance the delivery of service. Prioritization of Urgency of Need for Services (PUNS): Enrollment in statewide PUNS electronic database that identifies the needs of persons with developmental disabilities.

**Diabetes Support Group**

St. Elizabeth's Hospital

211 South Third Street

Belleville, IL 62220

**Phone:** (618) 641-5498

**Services Offered:** Support for those who have high blood sugar, interested in managing their diet. The group meets the third Tuesday of each month at 6:30 pm. Exercise sessions also offered, call for days.

**Diabetes Support Group**

St. Joseph's Hospital

9515 Holy Cross Lane

Breese, IL 62230

**Phone:** (618) 526-5743

**Services Offered:** Support for those who have high blood sugar, interested in managing their diet. The group meets the first Monday of odd numbered months at 6:00 pm in the Healthplex.

**Diabetes Support Group**

St. Joseph's Hospital  
1515 Main Street  
Highland, IL 62249

**Phone:** (618) 651-2766

**Services Offered:** Support for those who have high blood sugar, interested in managing their diet. The group meets the first Tuesday of each month (September – May) at 7:00 pm in Jehle Hall (cafeteria.)

**Diabetes Support Group**

Memorial Hospital  
4500 Memorial Drive  
Belleville, IL 62226

**Phone:** (618) 257-5861

**Web Site:** [www.memhosp.com](http://www.memhosp.com)

**Services Offered:** This is a mutual support group comprised of people with diabetes, their families and people who had their lives affected by diabetes. Meetings are held on the fourth Monday of the month from 9:00 am to 11:00 am in the Memorial Hospital Auditorium.

**Diocese of Belleville – Office of Youth Ministry**

2620 Lebanon Avenue  
Belleville, IL 62221

**Phone:** (618) 235-9601

**Web Site:** [www.diobelleoym.org](http://www.diobelleoym.org)

**Cost:** No individual fee; local churches are encouraged to remit an annual support fee for services.

**Hours:** Monday thru Thursday – 8:00 am to 4:30 pm; Friday – 8:00 am to Noon

**Area Served:** 28 counties of Southern Illinois

**Services Offered:** Socialization and community service opportunities for high school youth; leadership opportunities for high school youth through an annual Youth Conference; training in cultural diversity for elementary school students. Leadership training for adult youth leaders at the local church level.

**Disabled American Veterans National Headquarters**

3725 Alexandria Pike  
Cold Spring, KY 41076

**Phone:** 877-426-2838 or 859-441-7300

**Web Site:** [www.dav.org/veterans](http://www.dav.org/veterans)

**Mailing Address:** P.O. Box 14301, Cincinnati, OH 45250-0301



## E

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### **East St. Louis Agreement for Special Education**

1005 State Street

East St. Louis, IL 62201

**Phone:** (618) 646-3000

**Web Site:** [www.estlps189.net](http://www.estlps189.net)

**Cost:** None

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** School Districts 188 and 189

**Services Offered:** Comprehensive program for handicapped children, three to 21 years of age.

### **East Side Health District**

638/650 North 20<sup>th</sup> Street

East St. Louis, IL 62205

**Phone:** (618) 271-8722 or (618) 874-4713

**Web Site:** [www.eshd.org](http://www.eshd.org)

**Cost:** Please call for more information. Medicaid accepted.

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** Canteen, Centreville, East St. Louis and Stites Townships

**Services Offered:** Provides adverse pregnancy outcome reporting service; newborn screening; Childhood Preventive Lead Screening; AIDS counseling and testing program; communicable disease program; sexually transmitted disease program; immunization clinic; Women, Infant and Children (WIC) Program; vital statistics (birth and death certificates;) dental health; influenza vaccine program; school physicals; Well Child Clinic; AIDS Consortia Case Management; environmental health (inspection of water supply, food service establishments, sewage disposal and solid waste.) Healthy Heart education for women, abstinence education (teens and grade schools,) abstinence library available to community.

#### **Other Locations:**

**Cahokia Clinic** – 1274 Camp Jackson Road, Cahokia, IL 62206 (618) 337-4178

Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

**Washington Park Clinic** – 5540 Bunkum Road, Washington Park, IL 62204

(618) 874-4627 Hours of Operation – Monday and Tuesday – 8:00 am to 4:30 pm

**Fairmont City Clinic** – 2568 North 41<sup>st</sup> Street, Fairmont City, IL 62201

(618) 271-7550 Hours of Operation – Wednesday and Friday – 8:00 am to 4:30 pm

**East Side School Base Clinic** – 3939 Caseyville Avenue, East St. Louis, IL 62204

(618) 482-4562 Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

**Cahokia School Base Clinic** – 800 Range Lane, Annex Building, Cahokia, IL 62206  
(618) 337-3117 Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

**Vivian Adams Clinic** – 501 North 10<sup>th</sup> Street, East St. Louis, IL 62201  
(618) 646-3296 Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

**East St. Louis Housing Authority**

700 North 20<sup>th</sup> Street

East St. Louis, IL 62205

**Phone:** (618) 646-7100

**Web Site:** [www.eslha.org](http://www.eslha.org)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** East St. Louis and surrounding communities in St. Clair County

**Services Offered:** Provide safe, decent and affordable housing to senior citizens, disabled and low/moderate income families. Promote, in partnership with community agencies and faith-based organizations, resident empowering through education, training, job development and home ownership.

**Epilepsy Foundation of Greater Southern Illinois**

140 Iowa Avenue, Suite A

Belleville, IL 62220

**Phone:** (618) 236-2181

**Toll Free:** 1-866-848-0472

**E Mail:** [ellenepilepsy@sbcglobal.net](mailto:ellenepilepsy@sbcglobal.net)

**Web Site:** [www.efgreateril.org](http://www.efgreateril.org)

**Cost:** None

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** Bond, Clinton, Madison, Monroe, St. Clair, Randolph and Washington Counties

**Services Offered:** Provides client and family support, residential services, Community Integrated Living Arrangement, Community Supportive Living Arrangement, Children's Camp Program and community education.

## F

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### **Faith Countryside Homes**

100 Faith Drive  
Highland, IL 62249

**Phone:** (618) 654-4600

**E Mail:** [administrator@faithcountryside.org](mailto:administrator@faithcountryside.org)

**Web Site:** [www.faithcountryside.org](http://www.faithcountryside.org)

**Cost:** Please call for more information.

**Services Offered:** Seventy-six bed nursing center with skilled Medicare (PT, OT, ST) 14-bed secured unit for people experiencing early Alzheimer's Disease and related memory loss conditions, 36 assisted living apartments provide personalized assistance and service, 84 HUD funded apartments where residents enjoy complete independence yet can choose from a wide variety of features and services, 54 condos where seniors experience a totally independent lifestyle.

### **Family and Child Treatment Services**

7210 West Main Street, Suite 204  
Belleville, IL 62223

**Phone:** (618) 394-9703

**Web Site:** [www.familyandchildtreatmentservices.org](http://www.familyandchildtreatmentservices.org)

**Cost:** Psychological services free to qualifying families; medical services covered by insurance or sliding scale.

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm or by appointment

**Area Served:** Southern Illinois

**Services Offered:** Provides comprehensive medical, psychological, developmental and educational assessment services for children affected by prenatal or environmental substance exposure. Community based trainings will be conducted by Family and Child Treatment Services staff to educate community members and treatment providers about the effects of prenatal and environmental substance exposure on children, as well as how to identify families at risk and refer them to appropriate treatment services.

### **Family Hospice**

5110 West Main Street  
Belleville, IL 62226

**Phone:** (618) 277-1800

**E Mail:** [info@familyhospice.org](mailto:info@familyhospice.org)

**Web Site:** [www.familyhospice.org](http://www.familyhospice.org)

**Cost:** Medicare/Medicaid, private insurance; Family Hospice provides care to patients regardless of their ability to pay.

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**After Hours:** Week-ends and holidays you may contact a Hospice representative and/or the Hospice on-call nurse by calling the Family Hospice office at 618-277-1800.  
**Area Served:** St. Clair, Randolph, Clinton, Madison, Monroe and Washington Counties  
**Services Offered:** Provide services to individuals and their families who are experiencing the last phase of an incurable disease; 24-hour on-call services available. Provides children's bereavement program which includes grief counseling for children and educational presentations regarding death and dying. Also offers grief support programs for teens who have experienced the death of a loved one and for parents who have lost a child of any age, to death.

### **Fibromyalgia Support Group**

Memorial Hospital  
4500 Memorial Drive  
Belleville, IL 62226

**Web Site:** [www.memhosp.com](http://www.memhosp.com)

**Services Offered:** Support group for anyone who has fibromyalgia, families and friends are welcome. Meetings are held the third Tuesday of the month except in November and December at 7:30 pm in the Memorial Hospital Auditorium. To make a reservation or for more information, please call (618) 667-7361.

### **Fontebella Maternity Shelter**

P.O. Box 137  
O'Fallon, IL 62269

**Phone:** (618) 406-4355

**E Mail:** [info@fontebella.org](mailto:info@fontebella.org)

**Web Site:** [www.fontebella.org](http://www.fontebella.org)

**Services Offered:** A free, full service home for young women over the age of 18 who are in crisis pregnancies. We offer long-term care that begins when the resident arrives and ends when she and her baby have a safe environment in which to return. Fontebella will provide a home environment in which our residents will participate in goal planning and educational programs focused on providing the knowledge and skills they need to live independently and to provide for their children.

### **Foundation For Autism Services Today and Tomorrow (FASTT)**

**Mailing Address:** 548 South Ruby Lane, Fairview Heights, IL 62208

**Phone:** (618) 741-6409

**Services Offered:** FASTT is a non-profit organization founded to establish day programming for adults with autism in Southern Illinois.

### **Franklin Neighborhood Community Association**

308 North 2<sup>nd</sup> Street  
Belleville, IL 62220

**Phone:** (618) 233-1710



**E Mail:** [wunderlichal@peaknet.net](mailto:wunderlichal@peaknet.net)

**Hours:** 8:00 am to 5:00 pm

**Area Served:** Franklin, Jefferson and Henry Raab Neighborhoods

**Services Offered:** Structured after-school programs, neighborhood open gym/youth nutrition programs, Honor Student Lunch, Halloween Safe Stop, random acts of kindness vouchers-school store, summer day camps, summer camp library and tutoring opportunities, camperships to various summer camp programs, Neighborhood Watch programs, babysitter training, home protection/fire safety programs, neighborhood clean-up/recycling and environmental programs.

### **Freeburg Care Center**

746 Urbanna Drive

Freeburg, IL 62243

**Phone:** (618) 539-5856

**Web Site:** [www.freeburgcarecenter.com](http://www.freeburgcarecenter.com)

**Cost:** Please call for more information.

**Hours:** Business hours are 8:00 am to 4:30 pm.

**Area Served:** Metro east area and surrounding towns.

**Services Offered:** Medicare skilled A and B services, Medicaid, skilled nursing, skilled physical, speech and occupational therapies.

### **Freeburg Terrace**

#4 Hill Mine Road

Freeburg, IL 62243

**Phone:** (618) 539-4882

**Cost:** Please call for more information.

**Services Offered:** Intermediate care facility for the developmentally disabled.



## G

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### **Gamblers Anonymous**

**Phone:** To speak with a local GA member contact out hotline at 1-888-424-3577.

**Web Site:** [www.gamblersanonymous.org](http://www.gamblersanonymous.org) (International)

**Web Site:** [www.stlga.com](http://www.stlga.com) (Local)

**Services Offered:** A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. Meetings are held on Mondays and Thursdays at 7:30 pm at the Union United Methodist Church, 721 East Main Street, Belleville. Entrance is on the second floor.

### **Garden Place of Millstadt**

208 South Kossuth

Millstadt, IL 62260

**Phone:** (618) 476-1440

**Web Site:** [www.gardenplaceseniorliving.com](http://www.gardenplaceseniorliving.com)

**Cost:** Please call for more information.

**Hours:** 24-hour facility

**Area Served:** St. Clair, Monroe and Randolph Counties

**Services Offered:** Senior apartments, independent and assisted living, in-home assistance and adult day care.

#### **Other Locations:**

**Garden Place of Columbia**, 710 South Main Street, Columbia 62236 (618) 281-3388

**Garden Place of Red Bud**, 351 Lockwood Drive, Red Bud 62278 (618) 282-7775

**Garden Place of Waterloo**, 735 Columbia Avenue, Waterloo 62298 (618) 939-4900

### **Gateway Foundation**

1 Bronze Pointe

Swansea, IL 62226

**Phone:** (618) 234-9005

**Web Site:** [www.recovergateway.org](http://www.recovergateway.org)

**Cost:** Sliding scale

**Hours:** Monday thru Thursday – 9:00 am to 9:00 pm; Friday – 9:00 am to 5:00 pm

**Area Served:** Metro East

**Services Offered:** Outpatient program provides diagnostic and non-residential treatment for chemically dependent youth and adults; includes individual and group counseling, intensive outpatient and aftercare programs.

#### **Other Location:**

600 West Lincoln, P.O. Box, Caseyville, IL 62232 (618) 345-8313

**Services Offered:** Provides residential and detox services.

**Gateway Legal Services, Inc.**

200 North Broadway, Suite 950

St. Louis, MO 63102

**Phone:** (314) 534-0404 or 888-782-8380

**Fax:** (314) 652-8308

**E Mail:** [mferry@gatewaylegal.org](mailto:mferry@gatewaylegal.org)

**Web Site:** [www.gatewaylegal.org](http://www.gatewaylegal.org)

**Cost:** Depending on the type of case, our services are generally provided either for a reduced contingent fee or without charge.

**Hours:** 8:30 am to 5:00 pm

**Areas Served:** Primarily southwestern Illinois, eastern Missouri. Most of our Illinois clients live in St. Clair or Madison Counties.

**Services Offered:** In most of our cases, our attorneys provide legal representation to lower-income people who have been turned down for Social Security disability, Supplemental Security Income (SSI,) or veterans disability benefits and want to appeal. We also handle a limited number of other cases, including termination and overpayment cases. Our office in downtown St. Louis is easily reached from Illinois by car, bus or Metrolink (the closest station to our office is 8<sup>th</sup> and Pine, three blocks away.) We currently represent over 200 Illinois residents, most of whom live in St. Clair and Madison Counties.

**Gateway Regional Medical Center****Behavioral Health Services**

2100 Madison Avenue

Granite City, IL 62040

**Phone:** (618) 798-3888 (Resource Center)

**Web Site:** [www.gatewayregional.net](http://www.gatewayregional.net)

**Cost:** Insurance, Medicaid, Medicare, self-pay

**Hours:** 24-hour facility

**Area Served:** Southwestern Illinois

**Services Offered:** Psychiatric care for children and adolescents, ages six to 17 years of age, offers individualized treatment programs that include family therapy, group therapy and individual therapy. Psychiatric geriatric services – cognitive disorder program offers treatment for patients aged 55 years or older experiencing symptoms of dementia, including Alzheimer's disease or mental impairments resulting from a stroke or physical condition. Our therapeutic program includes education, group therapy, individual and family counseling, medication management and recreational activities. Regularly scheduled meetings are held with a psychiatrist and a social worker to discuss follow-up plans and discharge arrangements. Psychiatric inpatient services – the therapeutic treatment program includes cognitive and dialectical behavior therapies, couples and family therapy, individual counseling, medication management, motivational enhancement, pain management, parenting training, and supportive listening and problem solving. Regularly scheduled meetings are held with a psychiatrist and a social worker to discuss follow-up plans and discharge arrangements.

**The Golden Years**

7 North 44<sup>th</sup> Street  
Belleville, IL 62226

**Phone:** (618) 235-0126

**Web Site:** [www.goldenyearsadultsupportcenter.com](http://www.goldenyearsadultsupportcenter.com)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 6:30 am to 5:00 pm

**Area Served:** St. Clair County

**Services Offered:** Adult day care supervision, health monitoring, medicine administration and review, activities, crafts, games and socialization.

**Grand Court Belleville**

201 South Belt West  
Belleville, IL 62220

**Phone:** (618) 235-9300

**Web Site:** [www.assistedlivingcenter.com/grand-court-belleville-illinois](http://www.assistedlivingcenter.com/grand-court-belleville-illinois)

**Cost:** Apartment rent varies. Please call for more information.

**Hours:** Office – 8:00 am to 5:00 pm

**Area Served:** Belleville and surrounding

**Services Offered:** Independent retirement community offers full-size apartments for rent. Rent includes three meals per day, housekeeping, activities, transportation, etc. Community involvement is important to us.

**Grand Manor**

58 Frank Scott Parkway East  
Swansea, IL 62226

**Phone:** (618) 257-1400

**Cost:** Please call for more information.

**Hours:** 8:00 am to 9:00 pm (Tours daily)

**Services Offered:** Independent retirement community that offers elegant deluxe studios, spacious one-bedroom and two-bedroom/two bathroom apartments. Apartments include kitchenette, private bath, wall to wall carpeting, window treatments, individual control of the heating and cooling levels and large closet space. Most apartments include private balconies or patios. Rent is month to month – no long term lease or buy-in fee. Rent includes all utilities except telephone; three meals, seven days a week, served in the dining room; weekly housekeeping includes laundering of bed and bath linens that are provided; socialization and planned activities; transportation; on-site 24 hour management; maintenance; and, coin-free laundry facilities. Pets are welcome. Grand Manor also has a clubhouse, beauty salon, barber shop, fitness room, movie theater, convenience store and many other special services.

**Grandparents Parenting Again**

AgeSmart Community Resources

**Phone:** 1-800-326-3221 and (618) 222-2561

**Web Site:** [www.agesmart.org](http://www.agesmart.org)

**Services Offered:** Support for grandparents raising grandchildren. Provides legal, financial and resource information.

**Locations:**

**Children's Home and Aid Society (CHASI)**, 907 Martin Luther King, Suite C, East St. Louis, IL 62201-1704 (618) 452-8900, Extension 112

**Bread of Life Christian Church**, 1830 Summit Avenue, East St. Louis, IL 62201 (618) 271-7370

**Southwestern Illinois College**, 201 North Church Street, Belleville, IL 62220 (618) 234-4410, Extension 7047

**Graves Disease Support Group**

Dedicated to increasing public awareness of the disease and providing support/information for people affected with the illness. For more information, e mail [Belleville-gdf@hotmail.com](mailto:Belleville-gdf@hotmail.com)

**Great Circle – St. Louis Edgewood Campus**

330 North Gore Avenue  
Webster Groves, MO 63119

**Phone:** (314) 968-2060

**E Mail:** [info@eccstl.org](mailto:info@eccstl.org)

**Web Site:** [www.eccstl.org](http://www.eccstl.org)

**Hours:** Administrative Office – 8:30 am to 4:30 pm

**Services Offered:** Provides compassionate care and treatment to restore children and strengthen families through intensive therapy, special education, case management and support services.

**Grief Support Group**

St. Joseph's Hospital  
9515 Holy Cross Lane  
Breese, IL 62230

**Phone:** (618) 526-5327

**Services Offered:** Support for those looking for comfort and understanding after a loss, no matter how recent or long ago. Meet the third Tuesday of each month at 7:00 pm in the Managers' Conference Room.

**GROW**

St. Elizabeth's Hospital  
211 South Third Street  
Belleville, IL 62220

**Contact:** Sharon at (618) 977-1133

**Services Offered:** Self-help group for persons with mental health problems. The group meets on Thursday at 7:00 pm in Room 722.

## **Guardianship and Advocacy Commission**

Metro East Regional Office  
4500 College Avenue, Suite 100  
Alton, IL 62002

**Phone:** (618) 474-5503

**Statewide TTY:** 1-866-333-3362

**Web Site:** <http://gac.state.il.us>

**Cost:** Fees may be imposed in certain situations.

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** Bond, Clinton, Madison, St. Clair, Randolph, Monroe, Washington, Montgomery, Fayette, Macoupin, Jersey, Morgan, Greene, Scott, Pike and Calhoun Counties

**Services Offered:** **Office of State Guardian (OSG)** – Appointed by the courts as a guardian of last resort, the OSG provides guardianship services to more than 4,500 persons with disabilities. **Legal Advocacy Service (LAS)** – Represents persons with disabilities at commitment hearings and makes counsel available to enforce the rights of those with disabilities under the Illinois Mental Health and Developmental Disabilities Code and other related laws. **Human Rights Authority (HRA)** – Conducts investigations of alleged rights violations by providers against people with disabilities. Also works closely with providers to help resolve rights issues.





## H

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### **Harbor Light Center**

3010 Washington Boulevard

St. Louis, MO 63103-1390

**Phone:** (314) 652-3310

**Web Site:** [www.usc.salvationarmy.org](http://www.usc.salvationarmy.org)

**Services Offered:** Shelter, health care services, alcohol/drug rehabilitation services for homeless men, transitional living program for veterans, and job training program. To determine eligibility for any of these programs, please call (314) 286-3200.

### **Hazel Bland Promise Center**

2900 State Street

East St. Louis, IL 62205

**Phone:** (618) 274-3500

**Cost:** Responsibility of the student's school district

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** East St. Louis, Canteen, Centreville and Stites Townships, Cahokia and Washington Park

**Services Offered:** Serves severe and profoundly mentally handicapped and physically handicapped children 3-21. Provides education, social services, family support, transportation and meals.

### **Family Support Unit**

6400 West Main Street, Suite 3F

Belleville, IL 62223

**Phone:** (618) 394-9310

**Hours:** Monday thru Friday – 9:00 am to 5:00 pm

**Area Served:** St. Clair County

**Services Offered:** Outreach/support program that promotes independent living for the developmentally disabled, client assessment, life skills training, information and referral, budgeting and money management assistance, residential alternatives, respite and social services.

### **Heartland Hospice**

333 Salem Place, Suite 165

Fairview Heights, IL 62208

**Phone:** (618) 632-4621

**Web Site:** [www.heartlandhospice.com](http://www.heartlandhospice.com)

**Area Served:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties

**Services Offered:** Heartland Hospice is dedicated to providing patients with care wherever they consider home. Whether care is desired in the home a patient has lived

in for years, a skilled nursing center or an assisted living facility, we tailor our caregiving to fit the patient's and family's unique needs.

### **Heartlinks**

Family Hospice  
5110 West Main Street  
Belleville, IL 62226

**Phone:** (618) 277-1800

**E Mail:** [dcuddeback@familyhospice.org](mailto:dcuddeback@familyhospice.org)

**Web Site:** [www.familyhospice.org](http://www.familyhospice.org)

**Services Offered:** Heartlinks offers ongoing, monthly grief support for kids, teens and families. There are four groups for children, ranging from preschoolers to teens. There is a Caregiver Support Group for anyone caring for a grieving child; Parenting Alone is for anyone who has had a parenting partner die. Adult Support Groups include: Facing the Future is for any adult who has experienced the death of a loved one, be it child, sibling, spouse, friend or any other loss. Aching Arms is a program that Heartlinks partnered with Compassionate Friends to create. Grief support to parents who have lost a child or adults grieving the loss of a sibling.

### **Health & Opportunity Center**

1835 Kingshighway  
Washington Park, IL 62204

**Phone:** (618) 482-7922

**Web Site:** [www.sirwc.org](http://www.sirwc.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Thursday – 8:30 am to 5:00 pm; Friday – 8:30 am to Noon

**Services Offered:** Adult and pediatric health and dental services, female services.

### **Helping Hands Medical Service Car, Inc.**

2125 South Belt West  
Belleville, IL 62226

**Phone:** (618) 239-9900

**Cost:** Please call for more information.

**Services Offered:** Provides local medical transportation in Belleville.

### **HIV/AIDS Support Group**

**"It's All About Us"**

St. Elizabeth's Hospital  
211 South Third Street  
Belleville, IL 62220

**Phone:** (618) 234-2120, Extension 1338

**Web Site:** [www.steliz.org/calendar](http://www.steliz.org/calendar)

**Services Offered:** Support group for people with HIV/AIDS and family and friends of those affected. The group meets every Thursday from 5:00 pm to 7:00 pm in Room 743 at the hospital.

### **Home Helpers Serving SWIL**

200 West 3<sup>rd</sup> Street, Suite 712  
Alton, IL 62002

**Phone:** (618) 462-2762 or 1-877-445-4353

**Web Site:** [www.altonhomecare.com](http://www.altonhomecare.com)

**Cost:** Please call for more information.

**Area Served:** Madison and St. Clair Counties

**Services Offered:** Home Helpers is one of the premier non-medical in-home care agencies in the industry. Our services apply to four distinct groups of individuals which include senior adults, new moms, people with lifelong challenges and individuals going through rehabilitation due to surgery. We employ compassionate, caring caregivers.

### **Home Instead Senior Care**

2321 Country Road  
Belleville, IL 62221

**Phone:** (618) 234-7640

**Web Site:** [www.homeinstead.com/299](http://www.homeinstead.com/299)

**Cost:** Please call for more information.

**Hours:** 24 hours a day/seven days a week

**Area Served:** St. Clair and Monroe Counties

**Services Offered:** Non-medical companionship, meal preparation, light housekeeping, laundry, errands, incidental transportation, medication reminders, bathing and dressing assistance. Discounted sleepover services.

### **Homewatch CareGivers**

4517 South State Route 159, Suite 3  
Glen Carbon, IL 62034

**Phone:** (618) 288-7275

**Web Site:** [www.HomewatchCaregivers.com](http://www.HomewatchCaregivers.com)

**Cost:** Please call for more information.

**Area Served:** Madison, Monroe, Randolph and St. Clair Counties

**Services Offered:** Provide home care services to keep loved ones safe. No matter the living arrangement, we provide highly trained, reliable caregivers to help with the activities of daily living such as errands, housekeeping, meal preparation, transportation, medical reminders, bathing, dressing and companionship from two to 24 hours a day. Reach us 24/7 at 618-288-7275.

**Hope Blooms Support Group**

Cancer Treatment Center  
400 North Illinois Street  
Swansea, IL 62226

**Phone:** (618) 257-5936

**Services Offered:** A community-based breast cancer support group, Hope Blooms offers an opportunity for women who have been diagnosed with breast cancer to express their physical and emotional needs with others who have had similar experiences. The meetings will be held in the TLC room at 6:45 pm on the second Tuesday of each month.

**Hope Clinic For Women**

1602 21<sup>st</sup> Street  
Granite City, IL 62040

**Phone:** 1-800-844-3130 or (618) 451-5722

**Web Site:** [www.hopeclinic.com](http://www.hopeclinic.com)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 9:00 am to 3:00 pm; Saturday – 8:00 am to 1:00 pm

**Area Served:** All

**Services Offered:** Provides pregnancy testing, birth control and abortion care.

**Hospice of Southern Illinois**

305 South Illinois Street  
Belleville, IL 62220

**Phone:** (618) 235-1703 or 800-233-1708

**E Mail:** [info@hospice.org](mailto:info@hospice.org)

**Web Site:** [www.hospice.org](http://www.hospice.org)

**Cost:** Medicare, Medicaid and private insurance; provide care regardless of ability to pay.

**Hours:** Monday thru Friday – 7:00 am to 5:00 pm. On call support available 24 hours a day, seven days a week.

**Area Served:** 27 counties of Southern Illinois

**Services Offered:** In order to enhance the quality for individuals of all ages and their loved ones touched by a terminal illness, the following services are provided: consultation with patient's primary physician; management of pain and symptom control; nursing services; counseling; volunteer services; and, bereavement services.

**Other Locations:**

300 East Main Street, Belleville, IL 62220 (618) 222-5905

204 Halfway Road, Marion, IL 62959 (618) 997-3030

Relais Bonne Eau Hospice Home

7325 Marine Road, Edwardsville, IL 62025 (618) 659-7900

(16-bed inpatient hospice home)



### **Hoyleton Youth and Family Services**

350 North Main Street

Hoyleton, IL 62803

**Phone:** (618) 493-7382

**E Mail:** [info@hoyleton.org](mailto:info@hoyleton.org)

**Web Site:** [www.hoyleton.org](http://www.hoyleton.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 8:00 am to 5:00 pm

**Area Served:** State of Illinois

**Services Offered:** Crisis services and case management services for runaway, homeless and high risk youth. Foster care and adoption. Independent living programs for pregnant and parenting DCFS wards. Independent living services also available for wards not pregnant or parenting. Case management services to DHS pregnant or parenting females. Residential services for emotionally disturbed children, developmentally disabled and independent living services offered from campus program.

**Other Locations:**

463 North 88<sup>th</sup> Street, East St. Louis, IL 62203 (618) 398-0557

5601 State Street, East St. Louis, IL 62203 (618) 213-3170

### **Human Service Center**

10257 State Route 3

Red Bud, IL 62278

**Phone:** (618) 282-6233

**Web Site:** [www.humanservicegroup.com](http://www.humanservicegroup.com)

**Cost:** Sliding scale

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm. Evening hours are available upon request.

**Area Served:** Southern Illinois

**Services Offered:** Developmental training, home-based services, sheltered workshop, residential services for developmentally disabled adults, residential services for mentally ill adults, psychiatric services, counseling services, substance use and DUI services, emergency services, divorce mediation services, Children First, community support services and older adult services.

**Other Locations:**

115 E. Stacey Street, Chester, IL 62233 (618) 826-4547

206 East Belleville Street, Okawville, IL 62271 (618) 243-2091

104 Northtown Drive, Sparta, IL 62286 (618) 443-3045

### **Human Support Services**

988 North Illinois Route 3

P.O. Box 146

Waterloo, IL 62298-0146

**Phone:** (618) 939-4444

**TDD:** (618) 939-2043

**E Mail:** [hss@hss1.org](mailto:hss@hss1.org)

**Web Site:** [www.hss1.org](http://www.hss1.org)

**Cost:** Varies, most on sliding fee scale.

**Hours:** Monday, Tuesday and Thursday – 8:00 am to 8:00 pm; Wednesday and Friday – 8:00 am to 5:00 pm

**Area Served:** Monroe County

**Services Offered:** Professional counseling dealing with mental health, crisis services, substance abuse, DUI services, case management and youth services; residential services include community support network, apartment program and assisted living grant program; day and work services include day services classes, work services and client transportation.

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**Illinois Center for Autism**

548 South Ruby Lane

Fairview Heights, IL 62208

**Phone:** (618) 398-7500

**E Mail:** [info@illinoiscenterforautism.org](mailto:info@illinoiscenterforautism.org)

**Web Site:** [www.illinoiscenterforautism.org](http://www.illinoiscenterforautism.org)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** Southern Illinois

**Services Offered:** Provides the following programs for individuals with autism.

Children's Special Day School which provides educational services, speech therapy, music therapy, physical education and behavior modification therapy for children ages 3-21. Satellite Inclusion that provides mental health treatment and education in seven public school inclusion settings. Vocation Services which provides vocational training and employment opportunities for adult clients in the community. Client and Family Support offers assistance with guardianship, health care, respite care and life skills training.

**Other Location:**

1306 Wabash Avenue, Belleville, IL 62221 (618) 416-7100

**Illinois Coalition Against Sexual Abuse (ICASA)**

Administrative Office

100 North 16<sup>th</sup> Street

Springfield, IL 62703

**Phone:** (217) 753-4117

**E Mail:** [icasa@icasa.org](mailto:icasa@icasa.org)

**Web Site:** [www.icasa.org](http://www.icasa.org)

**Hours:** 8:30 am to 5:00 pm – Administrative Office

**Services Offered:** The Illinois Coalition Against Sexual Assault is a not-for-profit corporation of 29 community-based sexual assault centers working together to end sexual violence. Each center provides 24-hour crisis intervention services, counseling and advocacy for victims of sexual assault and their significant others. Each center presents prevention education programs in Illinois communities.

**Illinois Department of Children and Family Services**

Springfield Headquarters

406 East Monroe

Springfield, IL 62701-1498

**Phone:** (217) 785-2509

**TDD:** (217) 785-6605

**Web Site:** [www.state.il.us/dcfs](http://www.state.il.us/dcfs)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm



**Services Offered:** Provides protective services for children who are neglected, exploited and/or abused; child welfare services that include family counseling, foster care, day care, homemaker and adoption services.

**Local Offices:**

10 Collinsville Avenue, East St. Louis 62201 (618) 583-2100  
200 North Center, Alton 62002 (618) 466-7014  
12 North 64<sup>th</sup> Street, Suite 1, Belleville 62223 (618) 394-2150  
559 12<sup>th</sup> Street, Carlyle 62231 (618) 594-4541  
5601 State Street, East St. Louis 62203 (618) 398-5910  
10251 Lincoln Trail, Fairview Heights 62208 (618) 394-2100  
2021 Johnson Road, Granite City 62040 (618) 876-8985  
1403 Vaughn, Wood River 62095 (618) 259-8400

**Illinois Department of Employment Security**

4519 West Main Street  
Belleville, IL 62223

**Phone:** 800-244-5631

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Web Site:** [www.ides.state.il.us](http://www.ides.state.il.us)

**Area Served:** Metro East

**Services Offered:** Provides employment services to persons 16 years of age and older – includes placement and counseling. Processes unemployment claims.

**Illinois Department of Human Services**

**Division of Developmental Disabilities, Southern Network**

Centrum Building, Suite 2M  
319 East Madison  
Springfield, IL 62701

**Phone:** (217) 524-2515

**Web Site:** [www.dd.illinois.gov](http://www.dd.illinois.gov)

**Hours:** Monday thru Friday – 8:30 am to 4:00 pm

**Area Served:** Southern Illinois

**Services Offered:** Coordinates community funded services for persons with developmental disabilities.

**Illinois Department of Human Services**

**Division of Rehabilitation Services**

601 South High Street  
Belleville, IL 62220

**Phone:** (618) 235-5300

**TTY:** 1-888-460-5133

**Web Site:** [www.dhs.state.il.us](http://www.dhs.state.il.us)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** St. Clair, Clinton, Randolph, Monroe and Madison Counties

**Services Offered:** Provides services to persons with disabilities; assists in obtaining employment placement, counseling, training and services; chores and housekeeping, homemaker, home health and respite.

**Other Location:**

601 James R. Thompson Boulevard, East St. Louis 62201 (618) 583-2560 or  
1-888-460-5117

**Illinois Department of Human Services**

**Division of Transitional Services**

225 North 9<sup>th</sup> Street

East St. Louis, IL 62201

**Phone:** (618) 583-2300

**TTY:** 1-866-740-3931

**Web Site:** [www.dhs.state.il.us](http://www.dhs.state.il.us)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Services Offered:** Administers the programs of Assistance to the Aged, Blind and Disabled; Aid to Dependent Children and Project Chance; provides food stamps and medical assistance.

**Illinois Department of Insurance**

320 West Washington Street

Springfield, IL 62767

**Phone:** (217) 782-4515

**Toll Free:** 1-866-445-5364

**TDD:** 1-866-323-5321

**E Mail:** [DOI.InfoDesk@illinois.gov](mailto:DOI.InfoDesk@illinois.gov)

**Web Site:** [www.insurance.illinois.gov](http://www.insurance.illinois.gov)

**Hours:** Monday thru Friday – 8:00 am to 5:00 pm

**Area Served:** All Illinois residents

**Services Offered:** Assists consumers having insurance problems, complaints or questions regarding an insurance company, agency or agent. Provides information on health, auto, homeowners and life insurance.

**Illinois Department of Public Health**

Edwardsville Regional Office

22 Kettle River Drive

Glen Carbon, IL 62034

**Phone:** (618) 656-6680

**Web Site:** [www.idph.state.il.us](http://www.idph.state.il.us)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington, Calhoun, Jersey, Macoupin, Montgomery, Christian, Sangamon, Morgan, Scott, Pike and Greene Counties

**Services Offered:** Provides evaluation of quality care in health care facilities; provides consultation, education and technical assistance with health planning and disease control; administers programs and activities related to the identification, investigation and control of public health hazards and diseases.

**Illinois Department of Veterans Affairs**

#10 Collinsville Avenue

East St. Louis, IL 62201

**Phone:** (618) 583-2065

**E Mail:** [vaoffice.st-clair1@illinois.gov](mailto:vaoffice.st-clair1@illinois.gov)

**Web Site:** <http://www2.illinois.gov/veterans>

**Hours:** Wednesday and Friday – 8:30 am to 5:00 pm

**Area Served:** Metro East

**Services Offered:** Provides assistance to all veterans, their dependents and survivors in applying for benefits.

**Other Locations:**

4519 West Main Street, Belleville, IL 62226 (618) 233-5140

Monday thru Friday – 8:30 am to 5:00 pm

**E Mail:** [vaoffice.st-clair2@illinois.gov](mailto:vaoffice.st-clair2@illinois.gov)

**SWIC – Belleville Veterans Service Office**

2500 Carlyle Avenue, Belleville, IL 62222 (618) 222-5226

First Tuesday of the month, 9:00 am to 4:00 pm

**Inside Out Ministries**

60 South State Route 157

Edwardsville, IL 62025

**Phone:** (618) 210-3500

**Web Site:** [www.inoutmin.org](http://www.inoutmin.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Saturday by appointment.

**Services Offered:** Individual and family therapy for foster and adoptive families, attachment, trauma, anxiety, teens and family relationships, life transitions and stressors, and spiritual issues.

## J

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### **Jackie Joyner-Kersey Center**

101 Jackie Joyner-Kersey Circle

East St. Louis, IL 62204

**Phone:** (618) 274-5437

**Services Offered:** Serves the youth and families of the surrounding towns of Alorton, Brooklyn, Centreville and Washington Park. Some of the programs offered at the Center are private tutoring, academic enrichment, ACT/SAT preparation, a reading program, dance, arts and crafts, homework help and finance training. There is also tackle football instruction for youth that is affiliated with the Tri-County Junior Football Conference. There is also a Wellness Center, 1,200 seat gymnasium, a Fitness Center, dance studio, two football fields, two baseball fields, a music room and a Science Lab.



## K

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### **Karla Smith Foundation**

14 Park Place, Suite B

Swansea, IL 62226

**Phone:** (618) 624-5771 or 1-888-KSF-HOPE

**E Mail:** [KSF@KarlaSmithFoundation.org](mailto:KSF@KarlaSmithFoundation.org)

**Web Site:** [www.KarlaSmithFoundation.org](http://www.KarlaSmithFoundation.org)

**Services Offered:** Support group for the family and friends of anyone with a mental illness. Meetings are held the first and third Thursday of every month from 7:00 pm to 8:30 pm at Peace Chapel, 10101 West Main Street, Belleville, Illinois. Support group for anyone who has lost a loved one to suicide. Meetings are held the second and fourth Thursday of every month from 7:00 pm to 8:30 pm at Peace Chapel, 10101 West Main Street, Belleville, Illinois. Events and programs are designed to address issues related to mental illness and suicide: prayer services, education and awareness events and dinner/auction.



## L

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### **Land of Lincoln Legal Assistance Foundation, Inc. Legal Advice and Referral Center (LARC)**

#### **Administrative Office**

Dorothy O. Cook Community Law Center  
8787 State Street, Suite 201  
East St. Louis, IL 62203-2026

**Phone:** (618) 398-0574

**Web Site:** [www.larc@lollaf.org](http://www.larc@lollaf.org)

#### **East St. Louis Office**

Dorothy O. Cook Community Law Center  
8787 State Street  
East St. Louis, IL 62203

**Phone:** (618) 398-0958

**Area Served:** Serving low income clients in Clinton, Monroe, Randolph, St. Clair, Washington and Fayette Counties.

#### **Champaign Office**

302 North First Street  
Champaign, IL 61820

**Phone:** (217) 356-1351

**Toll Free:** 1-800-747-5523

**Area Served:** Serving low income clients in Champaign, Clark, Coles, Crawford, Cumberland, DeWitt, Douglas, Edgar, Effingham, Ford, Jasper, Moultrie, Piatt and Vermilion Counties.

#### **Springfield Office**

3085 Stevenson Drive, Suite 202  
Springfield, IL 62703

**Phone:** (217) 529-8400

**Toll Free:** 1-800-252-8629

**Area Served:** Serving low income clients in Cass, Christian, Logan, Macon, Mason, Menard, Morgan, Sangamon, Scott and Shelby Counties.

#### **Carbondale Office**

Old National Bank Building, 3<sup>rd</sup> Floor  
509 South University Avenue  
Carbondale, IL 62901

**Phone:** (618) 457-7800

**Toll Free:** 1-800-642-5335

**Area Served:** Serving low income clients in Alexander, Clay, Edwards, Franklin, Gallatin, Hamilton, Hardin, Jackson, Jefferson, Johnson, Lawrence, Marion, Massac,



Perry, Pope, Pulaski, Richland, Saline, Union, Wabash, Wayne, White and Williamson Counties.

**Alton Office**

310 Easton Street, Suite 330

Alton, IL 62002

**Phone:** (618) 462-0029

**Toll Free:** 1-800-642-5570

**Area Served:** Serving low income clients in Adams, Bond, Brown, Calhoun, Greene, Hancock, Jersey, Macoupin, Madison, Montgomery, Pike and Schuyler Counties.

**Lebanon Terrace**

221 East Third Street

Lebanon, IL 62254

**Phone:** (618) 537-4133

**Services Offered:** A 16-bed residential group home for adults with developmental disabilities. Also provides extended-stay nursing care to seniors with varying levels of disabilities. Please call for more information or to schedule an on-site visit.

**Lessie Bates Davis Neighborhood House – Main Office**

1200 North 13<sup>th</sup> Street

East St. Louis, IL 62205

**Phone:** (618) 874-0777

**Web Site:** [www.lessiebatesdavis.org](http://www.lessiebatesdavis.org)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** St. Clair County

**Services Offered:** Provides daycare, community and youth services; homemaking services for older adults. Family support services, recreation programs, emergency assistance for utilities/rent/clothing. Adult day care services.

**Other Locations:**

Family Development Center, 1045 State Street, East St. Louis 62205 (618) 875-2211

Mary E. Brown Center, 606 South 15<sup>th</sup> Street, East St. Louis 62205 (618) 875-2131

Continuum of Life Care Center/Paulyn House, 1274 North 37<sup>th</sup> Street,

East St. Louis 62204 (618) 271-2522

Trinity Outreach Center, 5110 Forest Blvd., Washington Park 62204 (618) 482-4246

**LINC, Inc. (Living Independently Now Center)**

Main Office – St. Clair County

1 Emerald Terrace, Suite 200

Swansea, IL 62226

**Phone:** (618) 235-9988 Voice

**TTY:** (618) 235-0451

**Video Phone:** (618) 310-0054

**E Mail:** [info@lincinc.org](mailto:info@lincinc.org)

**Web Site:** [www.lincinc.org](http://www.lincinc.org)

**Hours:** Monday thru Thursday – 8:00 am to 5:00 pm; Friday – 8:30 am to Noon

**Area Served:** St. Clair, Monroe and Randolph Counties

**Services Offered:** Not-for-profit, non-residential organization managed and operated by and for persons with disabilities. Provides information and referral, individual and systems advocacy, training in independent living skills, peer counseling, home services/personal assistance, home modification, pre-employment skills training, technical assistance/ADA and community education.

**Other Locations:**

Randolph County Office, Western Egyptian Adm. Building, 1820 North Market Street, Sparta, IL 62286 (618) 317-4028 Hours: Monday thru Thursday – 8:00 am to 5:00 pm; Friday – 8:00 am to Noon

Monroe County Office, Western Egyptian Building, 207 West 4<sup>th</sup> Street, Waterloo, IL 62298 (618) 317-4028 Hours: Monday thru Friday – 8:00 am to 3:00 pm

**Logos School**

9137 Old Bonhomme Road  
St. Louis, MO 63132

**Phone:** (314) 997-7002

**Web Site:** [www.logosschool.org](http://www.logosschool.org)

**Services Offered:** Assists students who struggle with anxiety disorders, Attention Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Bi-Polar Disorder, Borderline Personality Disorder, chemical dependency, eating disorder, major depressive disorder, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, Pervasive Development Disorder and phobias (school, social, etc.)

**Look Good – Feel Better**

St. Joseph's Hospital  
9515 Holy Cross Lane  
Breese, IL 62230

**Phone:** (618) 526-5672

**Services Offered:** For women in active cancer treatment. Teaches beauty techniques for appearance-related side effects of chemo and radiation. Offered quarterly, please call for a schedule.

**Look Good – Feel Better**

St. Joseph's Hospital  
1515 Main Street  
Highland, IL 62249

**Services Offered:** For women in active cancer treatment. Teaches beauty techniques for appearance-related side effects of chemo and radiation. Offered quarterly, please call Pastoral Care at 618-651-2980 for more information.

**Lutheran Child and Family Services of Illinois**

317 West Main Street

Belleville, IL 62220

**Phone:** (618) 234-8904

**Web Site:** [www.lcfs.org](http://www.lcfs.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** All people with demonstrated needs are eligible for services, regardless of race, religion or financial means.

**Services Offered:** Foster care; adoption; home-based services; vocational assistance; individual, marital and family counseling; Family Life Education; and, Pregnancy Counseling. **The East St. Louis Fathers' Center** is located c/o Unity Lutheran Church, 4200 Caseyville Avenue, East St. Louis, IL 62204, (618) 875-9117.

**Lutheran Senior Services Home Health & Private Duty**

1150 Hanley Industrial Court

St. Louis, MO 63144

**Phone:** 314-963-3430

**Web Site:** [www.LSSHomeHealth.org](http://www.LSSHomeHealth.org)

**Cost:** Please call for more information.

**Area Served:** Jefferson, St. Charles, St. Louis Counties in Missouri; St. Louis City; Madison, Monroe and St. Clair Counties in Illinois

**Services Offered:** Provides nursing and therapy services under Medicare guidelines to help an individual recover from an illness, injury, hospitalization or discharge from a rehab stay. LSS Private Duty offers personal care and household assistance to help older adults remain living independently in their own homes.

## M

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### **Madison County AIDS Program (MADCAP)**

2016 Madison Avenue

Granite City, IL 62040

**Phone:** (618) 877-5110

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Cost:** Please call for more information.

**Area Served:** Madison and surrounding counties

**Services Offered:** Provides anonymous and confidential HIV testing and risk reduction counseling, Peer Support Program, case management: Ryan White and Home Services, Advocacy and Support, Community Outreach Education, Presentations, Referrals and Resources.

### **Madison County Catholic Charities**

2266 Madison Avenue

Granite City, IL 62040

**Phone:** (618) 877-1184

**Cost:** Sliding scale

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** Madison County

**Services Offered:** Provides counseling, adoption and post adoption searches, financial assistance and a second-hand store located in Edwardsville. Thrifty Threads, Inc., 500 North Main, Edwardsville, IL. (618) 307-5420

### **Madison County Health Department**

101 East Edwardsville Road

Wood River, IL 62095

**Phone:** (618) 692-8954

**E Mail:** [health@co.madison.il.us](mailto:health@co.madison.il.us)

**Web Site:** [www.madisonchd.org](http://www.madisonchd.org)

**Cost:** Please call for more information.

**Hours:** Monday – 10:30 am to 5:30 pm; Tuesday, Wednesday and Friday – 9:00 am to 4:00 pm; there are no clinic hours on Thursday

**Area Served:** Residents of Madison County

**Services Offered:** Inspection of food service establishments and retail food stores; foodborne illness and complaint investigations; mosquito and vector surveillance activities; tanning salon inspections; monitoring and sampling of non-community public water supplies; private water supply evaluations and samplings; community education and training programs; child and adult immunizations; tuberculosis skin testing; chest x-ray; treatment and prevention; surveillance and investigations of communicable diseases; sexually transmitted disease surveillance, counseling, follow-up, partner notification; childhood lead poisoning prevention and case management; anonymous

and confidential HIV testing by appointment; genetics education, referrals and newborn screen follow-up; counseling for families affected by Sudden Infant Death Syndrome.

**Madison County Mental Health 708 Board**

157 North Main Street, Suite 380

Edwardsville, IL 62025

**Phone:** (618) 692-6200, Extension 4357

**Web Site:** [www.mcmhb.org](http://www.mcmhb.org)

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Services Offered:** Fund and implement mental health services, alcohol and substance abuse treatment and developmental disability services. The Board acts as the mental health authority of the county and provides oversight and problem solving for citizens of Madison County in need of services.

**March of Dimes, Illinois Chapter**

Southern Illinois Division

111 West Jackson Boulevard, Suite 2200

Chicago, IL 60604

**Phone:** (312) 435-4007

**Web Site:** [www.marchofdimes.com](http://www.marchofdimes.com)

**Services Offered:** Seeks to improve the health of babies by preventing birth defects and infant mortality.

**Mederi/Caretenders Home Health Services**

216 West Pointe Drive, Suite D

Swansea, IL 62226

**Phone:** (618) 277-8899

**Web Site:** [www.almostfamily.com](http://www.almostfamily.com)

**Area Served:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties

**Services Offered:** We are Senior Advocates committed to providing home health care that looks beyond the obvious needs of seniors enabling them to live in their homes for as long as possible.

**Med Plus HealthCare**

4648 North Illinois

Fairview Heights, IL 62208

**Phone:** (618) 416-4713

**Web Site:** [www.medplushc.com](http://www.medplushc.com)

**Cost:** Please call for more information.

**Area Served:** Madison, Monroe, Randolph and St. Clair Counties in Illinois; Franklin, Jefferson, St. Charles and St. Louis Counties in Missouri; St. Louis City

**Services Offered:** Provides nursing and therapy services in your own home.

### **Memorial Hospital – Senior Care Program**

4500 Memorial Drive  
Belleville, IL 62226

**Phone:** (618) 257-5900

**E Mail:** [info@memhosp.com](mailto:info@memhosp.com)

**Web Site:** [www.memhosp.com](http://www.memhosp.com)

**Cost:** Please call for more information.

**Area Served:** Madison, Monroe and St. Clair Counties

**Services Offered:** Memorial Senior Care offers outpatient group and individual counseling for senior adults. We utilize a psychiatrist, nurse and licensed therapist to develop individualized treatment plans based on client needs. Reports are provided to other involved medical professionals on a routine basis.

### **Mended Hearts**

St. Joseph's Hospital  
1515 Main Street  
Highland, IL 62249

**Phone:** (618) 651-2755

**Services Offered:** Support for persons with heart disease or those who have undergone cardiac surgery, and their family/friends. Contact Cardiac Rehab for further information.

### **Mended Hearts, Inc. – Belleville Chapter**

Mended Hearts is a volunteer organization consisting of people who have heart disease, their families, medical professionals and other interested people. Additionally, Mended Hearts members form a support group for one another, contributing emotional backing to recovering patients and their families. Location alternates between Memorial and St. Elizabeth's Hospitals. For more information, call (618) 257-5420 or (618) 234-2120, Extension 1620. Mended Hearts meets on the third Monday of each month.

### **Mercy Heartprints**

Mercy Hospital St. Louis  
615 S. New Ballas Road  
St. Louis, MO 63141

**Phone:** (314) 251-6000

**Services Offered:** Support group for parents who have lost a baby. The group meets the second Wednesday of each month in the Cafeteria Classroom at 7:00 pm.

### **MERS/Missouri Goodwill Industries**

1727 Locust Street  
St. Louis, MO 63103

**Phone:** (314) 241-3464

**Web Site:** [www.mersgoodwill.org](http://www.mersgoodwill.org)

**Cost:** Please call for more information.

**Hours:** Office hours are Monday thru Friday – 8:00 am to 4:00 pm; please call for individual store hours.

**Area Served:** St. Louis and Metro East

**Services Offered:** Provides sheltered employment, vocational evaluation and work adjustment; vocational skills training and placement for persons 16 years and older with measurable disability. Also offer the School to Work Program.

### **Minds Eye Information Service**

9541 Church Circle Drive

Belleville, IL 62223-1000

**Phone:** (618) 394-6444 St. Louis: (314) 241-3400, Extension 6444

**Web Site:** [www.mindseyeradio.org](http://www.mindseyeradio.org)

**Cost:** None

**Hours:** Seven days a week, 24 hours a day

**Area Served:** Greater St. Louis and Metro East

**Services Offered:** Closed circuit radio information service for the blind and print impaired, located at Our Lady of the Snows Shrine.

### **Monroe-Randolph Bi-County Health Department**

2515 State Street

Chester, IL 62233

**Phone:** (618) 826-5007

**Web Site:** <http://egyptian.net/mrch/>

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 9:00 am to 5:00 pm

**Area Served:** Randolph and Monroe Counties

**Services Offered:** Provides basic public health programs to county residents that include: well-child program. Rehabilitation services, screening for health needs, WIC program and family planning, family case management, environmental health and food inspections.

#### **Other Locations:**

901 Illinois, Suite A, Waterloo, IL 62298 (618) 939-3871

612 East Morton Street, Sparta, IL 62286 (618) 443-2995

### **Mosaic Pregnancy & Health Centers**

2019 Johnson Road

Granite City, IL 62040

**Phone:** (618) 451-2002

**Web Site:** [www.revealmosaic.com](http://www.revealmosaic.com)

**Cost:** Free and confidential

**Hours:** Monday – 9:00 am to 5:00 pm; Tuesday and Wednesday – 9:00 am to 5:00 pm; Thursday – 9:00 am to 6:00 pm; Friday – Closed

**Area Served:** Madison and St. Clair Counties

**Services Offered:** Provides free pregnancy testing, STI testing and treatment, counseling, adoption and foster care referrals, education, abortion alternatives, ultrasounds to confirm viability of pregnancy.

**Other Locations:**

Mosaic Pregnancy & Health Centers

115 Lincoln Place Court, Suite 102, Belleville, IL 62221 (618) 355-9977

Open Tuesday, Wednesday and Friday – 9:00 am to 5:00 pm

**Mothers Against Drunk Driving**

Illinois Chapter

1430 Branding Lane, Suite 104

Downers Grove, IL 60515

**Phone:** (630) 541-6099

**E Mail:** [ilstate@madd.org](mailto:ilstate@madd.org)

**Web Site:** [www.madd.org](http://www.madd.org)

**Services Offered:** Works to protect families from drunk driving and underage drinking. Also supports drunk driving victims and survivors.

**Mt. Carmel's Grief Support Group**

Mount Carmel Cemetery Peace Chapel

10101 West Main Street

Belleville, IL 62223

**Phone:** (618) 397-0181

**Hours:** The group meets on the second Wednesday of each month at 1:00 pm in the Peace Chapel. Open to all faiths.

**Services Offered:** Support for people who have lost a loved one. Please call for more information.





## N

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### **Narcotics Anonymous**

St. Elizabeth's Hospital  
211 South Third Street  
Belleville, IL 62220

**Phone:** (618) 234-2120, Extension 1338

**Services Offered:** Support group for women with a history of narcotics abuse. Meetings are held every Tuesday at 6:00 pm in Room 740.

### **Narcotics Anonymous**

P.O. Box 105  
Granite City, IL 62040  
**Phone:** (618) 398-9409

**Web Sites:** [www.na.org](http://www.na.org) or [www.showmeregionna.com](http://www.showmeregionna.com)

**Services Offered:** NA is a non-profit fellowship/society of men and women for whom drugs had become a major problem. They are recovering addicts who meet regularly to help each other stay clean. NA is not affiliated with any of the facilities where the meetings are held. Please check web site for meeting locations and times.

### **NAMI Southwestern Illinois**

2100 Madison Avenue, 4<sup>th</sup> Floor  
Granite City, IL 62040-4701

**Phone:** (618) 798-9788

**E Mail:** [info@namiswi.org](mailto:info@namiswi.org)

**Web Site:** [www.namiswi.org](http://www.namiswi.org)

**Services Offered:** NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need.

#### **Support Groups:**

Family Support Group  
First Baptist Church  
534 St. Louis Street  
Edwardsville, IL 62025 (Use church parking lot entrance.)  
Contact Mary Ann Miller at (618) 977-6542  
Held the fourth Tuesday of each month from 7:00 to 8:30 pm.

St. Matthew's Methodist Church

1200 Moreland Drive  
Belleville, IL 62223 (Meets in the library, use Fellowship Hall entrance from parking lot.)

Contact Mike and Kathy Janik at (618) 277-5459 for more information including directions to the church. Held the third Tuesday of each month from 7:00 to 8:30 pm.

**Military Families' Support Group**

YMCA

1 Town Center Drive

Maryville, IL

For more information, please contact the NAMI SWI office and leave a message (618) 798-9788 or email [vetsupport@namiswi.org](mailto:vetsupport@namiswi.org)

**Support Group for Individuals Living with a Mental Illness**

Pascal Hall Meeting Room

Gateway Regional Medical Center

Granite City, IL

For more information, please contact Jen Gerlach at (636) 358-1800 or call the NAMI SWI office and leave a message (618) 798-9788 or email [info@namiswi.org](mailto:info@namiswi.org).

Held the first Tuesday of each month from 6:30 to 8:00 pm.

**National Council on Alcoholism and Drug Abuse**

**St. Louis Area**

8790 Manchester Road

St. Louis, MO 63144

**Phone:** (314) 962-3456

**Web Site:** [www.ncada-stl.org](http://www.ncada-stl.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 9:00 am to 5:00 pm

**Area Served:** St. Louis Metropolitan Area

**Services Offered:** Provides short-term counseling and referral, treatment referral service, and access to a collection of videos, audio cassettes, literature, books, magazines, newsletters and reports related to alcohol and other drug abuse and addictions. Also offer school and community substance abuse prevention services.

**National Multiple Sclerosis Society**

**Gateway Area Chapter**

1867 Lackland Hill Parkway

St. Louis, MO 63146

**Phone:** (314) 781-9020

**Web Site:** [www.gatewaymssociety.org](http://www.gatewaymssociety.org)

**Area Served:** Franklin, Jefferson, St. Charles, St. Louis, Washington Counties in Missouri; St. Louis City; Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties in Illinois

**Services Offered:** The Chapter helps more than 6,900 individuals throughout 90 counties in Missouri and Illinois impacted by MS to move their lives forward.

### **National Shrine of Our Lady of the Snows**

442 S. DeMazenod Drive  
Belleville, IL 62223

**Phone:** (618) 397-6700

**E Mail:** [info@snows.org](mailto:info@snows.org)

**Web Site:** [www.snows.org](http://www.snows.org)

**Hours:** Daily from 6:00 am to 10:00 pm

**Services Offered:** Youth ministry retreats and events; family life ministry support groups, speakers, programs/conferences and retreats. Minds Eye Information Service for the blind and print disabled; remarried couples programs; Visitor Center for information on programs and events. The Shrine Hotel has rooms for persons with disabilities upon request. The Shrine Restaurant serves lunch and dinner daily.

### **New Day Grief**

St. Joseph's Hospital  
1515 Main Street  
Highland, IL 62249

**Phone:** (618) 651-2980, Pastoral Care

**Services Offered:** Nine-week program dealing with the stages of grief for adults who have lost a loved one. Please call for dates of program.

### **New Life Evangelistic Center**

1411 Locust Street  
St. Louis, MO 63103

**Phone:** (314) 421-3020

**Toll Free:** 1-800-334-3276

**Web Site:** [www.newlifeevangelisticcenter.org](http://www.newlifeevangelisticcenter.org)

**Business Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Services Offered:** Provides help with emergency food, clothing and utility assistance; four shelters for homeless men, women and families.

### **Next Chapter Separated/Divorced Support Group**

Pastoral Services Department  
Catholic Pastoral Center  
2620 Lebanon Avenue  
Belleville, IL 62221

**Phone:** (618) 235-9601, Extension 144

**Web Site:** [www.nacsd.org](http://www.nacsd.org)

**Services Offered:** Next Chapter is a support group dedicated to individual recovery and rebuilding following a separation or a divorce. Meetings are each Tuesday, 7:00 to 8:30 pm, at Corpus Christi Catholic Church, 206 Rasp Street, Shiloh, Illinois 62269. Enter at the side door of the community center immediately across from the new church building.

**Nurses and Company Home Health Care**

5011 North Illinois, Suite 2

Fairview Heights, IL 62208

**Phone:** (618) 310-1591

**Web Site:** [www.nursesandco.com](http://www.nursesandco.com)

**Area Served:** Clinton, Madison, Monroe and St. Clair Counties

**Services Offered:** Services provided to individuals in the comfort and security of their home. Services are ordered by your physician and provided on an intermittent basis. Services covered by Medicare and some individual insurance plans.

## O

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### **One Hope United: Kids Hope United Hudelson Region**

907 North Bluff Road

Collinsville, IL 62234

**Phone:** (618) 345-9644

**Web Site:** [www.onehopeunited.org](http://www.onehopeunited.org)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Services Offered:** A private, human service organization dedicated to protecting children and strengthening families. The non-profit organization offers prevention, intervention and community-based programs throughout central and Southern Illinois and Missouri.

### **Oxford House**

4918 West Main Street

Belleville, IL 62226

**Phone:** (618) 234-6557

**Services Offered:** Recovery home for recovering substance abusers which offers a clean living environment.







## P

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### **Para-Quad Inc.**

5240 Oakland Avenue

St. Louis, MO 63110

**Phone:** (314) 289-4200

**TTY:** (314) 289-4252

**E Mail:** [paraquad@paraquad.org](mailto:paraquad@paraquad.org)

**Web Site:** [www.paraquad.org](http://www.paraquad.org)

**Services Offered:** Provides individual and family consultation, deaf and hearing impaired program, peer program, personal assistant services, community outreach, accessible housing clearinghouse, career options and employment program, youth group, community education, accessibility consulting services and hospital rehabilitation services.

### **Parents and Friends of the Community Integrated Services: Harmony Place**

212 South 32<sup>nd</sup> Street

Belleville, IL 62226

**Phone:** (618) 310-1549

**Services Offered:** Provide 24-hour residential support for developmentally disabled adult men and women. Support services include health care, speech therapy, activities in the community, social services, case coordination and behavior modification.

### **Parents and Friends of the Community Integrated Services: Liberty Place**

#3 Gundlach Place

Swansea, IL 62226

**Phone:** (618) 233-9825

**Services Offered:** Provide 24-hour residential support for developmentally disabled men and women. Support services include health care, speech therapy, activities in the community, social services, case coordination and behavior modification.

### **Parents and Friends of the Specialized Living Center**

1450 Caseyville Avenue

Swansea, IL 62226

**Phone:** (618) 277-7730

**Cost:** Please call for more information.

**Hours:** Business hours are Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** Southern Illinois (34 counties)

**Services Offered:** Licensed and certified 100-bed intermediate care facility for developmentally disabled adult men and women at least 18 years of age. Support services include health care, speech therapy, physical therapy, occupational therapy, activity therapy, social services, case coordination, behavior modification and 24-hour nursing service.

### **Parents of Murdered Children**

St. Louis Chapter

**Phone:** (618) 972-0429, (314) 487-8989 and (618) 459-3483

**Web Site:** [www.pomc.com](http://www.pomc.com)

**Services Offered:** Provides support to families and loved ones enduring the horrors associated with the loss of a loved one who has been murdered. Support meetings are held the third Tuesday of each month, from 7:30 pm to 9:30 pm, at St. Alexius Hospital located at 3933 South Broadway, St. Louis, Missouri 63118. The telephone number for the hospital is (314) 865-3333. Please call for more information.

### **Parents Without Partners**

P.O. Box 137

Belleville, IL 62222

**Phone:** (618) 398-9531 or (618) 234-5937

**Web Site:** [www.parentswithoutpartners.org](http://www.parentswithoutpartners.org)

**Services Offered:** Parents Without Partners provides single parents and their children with an opportunity for support, friendship and the exchange of parenting techniques.

### **Park Haven Care Center**

107 South Lincoln Street

Smithton, IL 62285

**Phone:** (618) 233-4662

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm; Saturday, Sunday and Holidays – 8:00 am to Noon

**Services Offered:** Intermediate care nursing facility with special emphasis on mental illness.

### **Parkinson's Support Group**

St. Elizabeth's Hospital

211 South Third Street

Belleville, IL 62220

**Phone:** (618) 234-2120, Extension 1156

**Services Offered:** For individuals with Parkinson's Disease, caregivers, family and friends. Meetings are held the second Monday of each month at 1:30 pm, in the PSOP offices at 201 North Church Street, Belleville, Illinois. Please call for more information.

### **Passages Hospice**

1120 South Sixth Street, Suite 500

St. Louis, MO 63104

**Phone:** 314-241-5700

**Web Site:** [www.passageshospice.com](http://www.passageshospice.com)

**Area Served:** Franklin, St. Charles, St. Louis Counties in Missouri; St. Louis City; Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties in Illinois

**Services Offered:** Passages' mission is to provide individualized, quality care every step of the way and deliver expert, personalized care with compassion and respect.

**PAWS (Pets Are Wonderful Support)**

St. Louis Effort for AIDS

1027 S. Vandeventer, #700

St. Louis, MO 63110

**Phone:** (314) 645-6451

**Web Site:** [www.stlefa.org](http://www.stlefa.org)

**Hours:** Monday thru Friday – 9:00 am to 5:00 pm

**Services Offered:** PAWS provides education and services to people living with HIV/AIDS so they can keep pet companions as long as possible. PAWS also provides pet food and supplies; allows access to discounted veterinary services; supplies heartworm, flea and tick prevention medications; facilitates pet education for people with suppressed immune systems; coordinates transportation to veterinary appointments; schedules foster care when owners are temporarily unable to care for their pets; supports finding a new home for their pet if necessary.

**Perandoe Special Education District**

1525 Locust Street

Red Bud, IL 62278

**Phone:** (618) 282-6252

**Web Site:** [www.perandoe.org](http://www.perandoe.org)

**Cost:** None

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** Children ages 0-21 with disabilities in Monroe and Randolph Counties

**Services Offered:** Assure that students with disabilities ages 0-21 receive a free, appropriate public education in the least restrictive environment. Perandoe provides each district with specialized services including special education administrative support, school psychological services, school social work services, physical and occupational therapy services, medical diagnostics, audiological services and a variety of consultative services. Perandoe operates a public day treatment program for students in special education with behavior concerns at the Perandoe Evansville Program.

**Planned Parenthood**

Lakeland Square

4529 North Illinois Street

Belleville, IL 62226

**Phone:** (618) 277-6668

**Web Site:** [www.plannedparenthood.org](http://www.plannedparenthood.org)

**Cost:** Please call for more information.

**Hours:** Monday – 9:00 am to 7:30 pm; Tuesday – 10:00 am to 5:00 pm; Wednesday – Noon to 7:00 pm; Thursday – 9:00 am to 1:00 pm; Friday – 8:00 am to 4:00 pm; Saturday – 9:00 am to 1:00 pm



**Services Offered:** Abortion referral, birth control services, emergency contraception, HIV testing, HPV and Hepatitis Vaccinations, LGBT services, men's health services, patient education, pregnancy testing, options and services, STD testing and treatment, women's health services.

**Pregnancy Care Center**

301 West Lincoln, Suite 52  
Belleville, IL 62220

**Phone:** (618) 233-2273

**Cost:** None

**Hours:** Monday – 6:00 pm to 8:00 pm; Tuesday, Wednesday and Thursday – 9:00 am to 1:30 pm; Tests – 9:00 am to 1:00 pm

**Area Served:** St. Clair County and surrounding areas (no limits)

**Services Offered:** Offers alternatives to abortion, free pregnancy tests, individual counseling, and clothing for children up to 4-5 years of age, maternity clothing, layettes for newborns, furnishings when available. Verification for P.A., MPE and WIC. Referrals for many needs such as adoption, education, Head Start, Parents as Teachers, abstinence, etc. The Pregnancy Care Center is free and completely staff by volunteers.

**Programs and Services for Older Persons**

201 North Church  
Street Belleville, IL  
62220

**Phone:** (618) 234-4410

**Web Site:** [www.swic.edu/psop](http://www.swic.edu/psop)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** Madison, Monroe, Randolph and St. Clair Counties

**Services Offered:** Services for older adults includes RSVP Program that places seniors in volunteer positions in community organizations, transportation for jobs, errands, health services and other purposes, recreational programs, education, counseling, and social services. Senior Companions provide socialization to frail, ill seniors in their homes, respite for caregivers, as well as a small stipend for the companion. The Travel Companion provides social interaction with day and extended trips. The Foster Grandparent Program places seniors with special-needs children in schools and daycare centers. Support groups, health and mental health education programs, caregiver education programs and counseling.

**Provident, Inc.**

5016 North Illinois, Suite A  
Fairview Heights, IL 62208

**Phone:** 618.398.7250

**Email:** [mvining@providentstl.org](mailto:mvining@providentstl.org)

**Website:** [www.providentstl.org](http://www.providentstl.org)

**Hours:** Mon 9-5; Tues and Wed 12-9; Thurs 11-9; Fri 9-2

**Cost:** Accepts various insurance plans and also offers services on a sliding fee scale

**Services:** Counseling for adults, youth, couples and families. Domestic violence prevention groups available for mandated or self-referred adult male clients. Anger Management groups and parenting groups available for the general public.

**Pulmonary Rehabilitation Support Group**

Memorial Education Center

706 East Highway 50

O'Fallon, IL 62269

**Phone:** (618) 257-5560

**Services Offered:** A group for people with diseases of the lung and their families. Participants learn about their disease and share ideas and solutions to their problems. Meetings are held on the last Wednesday of every month (except June thru August) at 1:30 pm at the Health Education Center. For more information, call Respiratory Care/Pulmonary Rehab at the above number.







## S

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### **SAVE, Inc. (St. Clair Associated Vocational Enterprises)**

3001 Save Road

Belleville, IL 62221

**Phone:** (618) 234-1992

**Web Site:** [www.saveorg.org](http://www.saveorg.org)

**Cost:** None

**Hours:** Monday thru Friday – 8:00 am to 4:00 pm

**Area Served:** For adult residents of St. Clair County with developmental and/or other types of disabilities.

**Services Offered:** JOBtrack is a customized employment service. Through partnerships with businesses, we develop employment opportunities for adults with disabilities. Developmental Training provides individualized day training services to people with moderate to severe developmental disabilities. Includes independent living skills training, motor skills training, socialization skill training, community living skills training and recreational services. Vocational Development offers people who have a developmental disability the opportunity to work and learn work skills in a supportive environment. Residential Program provides a place to live for 30 people with developmental disabilities.

**Other Locations:**

620 North Illinois Street, Belleville, IL 62220 (618) 234-8037

### **Senior Services Plus In Home Care**

3021 Godfrey Road

Godfrey, IL 62035

**Phone:** (618) 462-1391

**Web Site:** [www.seniorserviceplus.org](http://www.seniorserviceplus.org)

**Area Served:** St. Louis County and City in Missouri; Madison and St. Clair Counties

**Services Offered:** Provides assistance with daily household chores and activities for older adults so that they can continue to live independently in their own home. Home Care Aides provide assistance with: laundry, meals, grooming, transportation and much more. Our Home Care Aides are trained, licensed, bonded and insured.

### **SIDS Resources, Inc.**

SIDS (Sudden Infant Death Syndrome)

1120 South Sixth Street, Suite 100

St. Louis, MO 63104

**Phone:** (314) 822-2323 or 800-421-3511

**Web Site:** [www.sidsresources.org](http://www.sidsresources.org)

**Services Offered:** Professionals trained in bereavement are available to work with families, friends, co-workers, child care providers and other professionals to offer support after the loss of a baby to SIDS or other sudden infant death. The staff of

SIDS Resources offer current medical information about SIDS and help to clarify the diagnostic confusion if the diagnosis is other than SIDS (i.e. accidental suffocation, undetermined, etc.) Services include individual/family bereavement counseling; peer connections (for parents, grandparents and child care providers); ongoing telephone and/or email support; home visits; lending library; support groups; bi-monthly update newsletters; support and information for extended family, friends, co-workers.

### **Sign Language Class**

IMPACT CIL

2735 E. Broadway

Alton, IL 62002

**Phone:** (618) 462-1411

**TTY:** (618) 474-5333

**Toll Free:** 888-616-4261

**Web Site:** [www.impactdeafservices.com](http://www.impactdeafservices.com) and [www.impactcil.org](http://www.impactcil.org)

**Services Offered:** IMPACT CIL offers a sign language class. This non-credit course covers the basic principles in American Sign Language, its proper use with children and adults with hearing loss, and the value of learning non-verbal communication.

### **SIUE Head Start/Early Head Start Program**

East St. Louis Higher Education Center

601 James R. Thompson Boulevard

Building C, Suite 103

East St. Louis, IL 62201

**Phone:** (618) 482-6955

**Web Site:** [www.siu.edu/eslc/headstart](http://www.siu.edu/eslc/headstart)

**Cost:** None

**Hours:** Central Office – Monday thru Friday – 8:00 am to 4:30 pm; Times and days vary among the centers. Please call for more information.

**Services Offered:** SIUE Head Start/Early Head Start is a nationally recognized quality early childhood education program that promotes school readiness for children and self-sufficiency for families. Services are available to St. Clair County expectant parents and families of children ages six weeks to five years old. Both programs include children with specialized needs and English as Second Language Learners. Program options for both programs include part-day (3.5 hours) and (5.5 hours,) full day (7.5 hours) and home-based.

### **Southern Illinois Difibbers Support Group**

St. Elizabeth's Hospital

211 South Third Street

Belleville, IL 62220

**Services Offered:** Support group for defibrillator patients and their loved ones.

Arranged through Cardiology Consultants, please call (618) 233-6044, Extension 4531 for more information.

## **Southern Illinois Healthcare Foundation**

Corporate and Administration Office  
2041 Goose Lake Road  
Sauget, IL 62206

**Phone:** (618) 332-0694

**Web Site:** [www.sihf.org](http://www.sihf.org)

**Cost:** Sliding fee scale, Medicare, Medicaid, AllKids and private insurance

**Services Offered:** Provides a wide range of outpatient medical services including primary healthcare for adults and children, women's health services, family planning, HIV testing and counseling, education, etc.

### **Health Center Locations:**

Adult Care Center, 6010 Bond Avenue, Centreville 62207 (618) 337-8153  
Monday thru Friday – 8:30 am to 5:00 pm

Mother and Child Center, 6000 Bond Avenue, Centreville 62207 (618) 332-2740  
Monday thru Friday – 8:30 am to 5:00 pm

Quick Care – State Street, 2001 State Street, East St. Louis 62205 (618) 271-0207  
Monday thru Friday – 5:00 pm to 8:00 pm; Saturday – 9:00 am to 12:30 pm

State Street Health Center 2, 2001 State Street, East St. Louis 62205 (618) 271-9191  
Monday thru Friday – 8:30 am to 5:00 pm

West Belleville Health Center, 7210 West Main Street, Suite 204, Belleville 62223  
(618) 398-9850 Monday, Tuesday, Thursday and Friday – 8:30 am to 5:00 pm  
Wednesday – 8:30 am to 7:00 pm

Belleville Pediatric and Adolescent Health Center, 2900 Frank Scott Parkway West,  
Copper Bend South, Suite 950, Belleville 62223 (618) 233-3205  
Monday thru Friday – 8:30 am to 5:00 pm

School Based Clinic, Cahokia Senior High School, 800 Range Lane, Cahokia 62206  
(618) 337-3117 Tuesday, Thursday and Friday – 8:00 am to 4:30 pm

Windsor Health Center, 100 North 8<sup>th</sup> Street, East St. Louis 62201 (618) 274-9105  
Monday thru Friday – 8:30 am to 5:00 pm; After Hours – Monday, Wednesday and  
Friday – 5:00 pm to 9:00 pm

School Based Clinic, East St. Louis Senior High School, 4901 State Street,  
East St. Louis 62205 (618) 482-4592 Monday, Wednesday and Friday – 8:00 am  
to 4:30 pm

Cahokia Health Center, 818 Upper Cahokia Road, Cahokia 62206 (618) 337-2597  
Monday thru Friday – 8:30 am to 5:00 pm

Belleville Family Health Center, 180 South Third Street, Suite 300, Belleville 62220  
(618) 233-5480 Monday thru Friday – 8:00 am to 4:30 pm; Tuesday – 5:00 pm  
to 7:30 pm Suite 201 – Monday thru Friday – 8:30 am to 5:00 pm

Fairmont City Health Center, 2568 North 41<sup>st</sup> Street, Fairmont City 62201  
(618) 482-4015 Monday thru Friday – 8:30 am to 5:00 pm

Madison Health Center, 304 Madison Avenue, Madison 62060 (618) 452-1129  
Monday thru Friday – 8:30 am to 5:00 pm

Children's Medical Center, 2810 Frank Scott Parkway West, #828, Belleville 62223  
(618) 236-6336 Monday, Tuesday, Thursday and Friday – 9:00 am to 5:00 pm;  
Saturday – 8:00 am to Noon

Primetime Belleville, 211 South Third Street, #2304, Belleville 62220 (618) 222-4763  
Monday thru Friday – 10:30 am to 6:30 pm; Saturday – 10:00 am to 6:00 pm

Millstadt Medical Center, 60 Regency Place, Millstadt 62260 (618) 476-3373  
Monday thru Thursday – 7:30 am to 5:00 pm; Friday – 7:30 am to 2:00 pm

### **Southern Illinois University-Speech, Language and Hearing Clinic**

Edwardsville Campus  
Edwardsville, IL 62026

**Phone:** (618) 650-5623

**Web Site:** [www.siu.edu/community/slhclinic.shtml](http://www.siu.edu/community/slhclinic.shtml)

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** Madison and St. Clair Counties

**Services Offered:** Provides services to children beginning in infancy. For children who have difficulty communicating, combining words, understanding or making themselves understood, the center offers therapy programs that are play-based and incorporates the family and other caregivers into the program. The center provides one-on-one therapy for the school age child who may have difficulty with articulation, language, stuttering, voice production, or central auditory processing. For many children, language difficulties affect academic performance. We maintain open lines of communication with classroom teachers and school-based professionals to ensure that therapy targets academic areas that are affected by speech and language disorders. The center provides functional therapy to those individuals that have a communication disorder that is affecting their quality of daily living, employment, school and relationships with family and friends. Support groups for Aphasia and Cognitive clients are available. For referrals and more information, contact the clinic at (618) 650-5623.

### **Southwestern Illinois Visiting Nurse Association**

#7 Executive Woods  
Swansea, IL 62226

**Phone:** (618) 236-5800 or 1-800-642-5429

**Web Site:** [www.sivna.com](http://www.sivna.com)

**Cost:** Home health care services are covered by Medicare, Medicaid, and most private insurance companies, including worker's compensation and private pay.

**Area Served:** Bond (Services for Seniors CCU only,) Clinton, Madison, Monroe, St. Clair, Randolph and Washington Counties

**Services Offered:** Home health care, services for seniors and house calls by physicians.

### **STARNET (Support and Technical Assistance Regional Network)**

1000 South Illinois Street

Belleville, IL 62220

**Phone:** (618) 825-3966

**Web Site:** [www.roe.stclair.k12.il.us/starnet](http://www.roe.stclair.k12.il.us/starnet)

**Cost:** None

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** 38 Southern Illinois counties

**Services Offered:** Education, training, resources, free lending library and support for parents and staff working with children birth to five years of age with an emphasis on children 3-5 with special needs.

### **St. Clair County Child Advocacy Center**

226 West Main Street, Suite 100

Belleville, IL 62220

**Phone:** (618) 277-1334

**E Mail:** [stclaircac@sbcglobal.net](mailto:stclaircac@sbcglobal.net)

**Web Site:** [www.stclairchildadvocacycenter.org](http://www.stclairchildadvocacycenter.org)

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** St. Clair, Monroe and Randolph Counties

**Services Offered:** Forensic interviews and case coordination after an allegation of sexual or serious physical abuse. Child witnesses to violent crimes may also receive services. Medical examinations and counseling services are available for the children seen at the agency. Children must be referred by law enforcement or DCFS.

### **St. Clair County Health Department**

#19 Public Square, Suite 150

Belleville, IL 62220

**Phone:** (618) 233-7703

**After Hours Emergency Contact Number:** (618) 338-6283

**Web Site:** [www.health.co.st-clair.il.us](http://www.health.co.st-clair.il.us)

**Services Offered:** Provides the following services to residents of St. Clair County (except Canteen, Centreville, East St. Louis and Stites Townships;) maternal and child health (including WIC, lead screening, vision testing for children, immunizations, and Teen Parent Services;) communicable disease control (including HIV and TB testing;)

environmental health (including restaurant inspection, water supplies, private sewage disposal, solid waste disposal, potable water supplies, and control of health-related public nuisance;) and emergency preparedness and response services. Provides for free screenings for breast and cervical cancer for eligible women. Various health promotion programs are available to the community on topics such as breast and cervical cancers, cardiovascular disease, violence prevention, tobacco prevention, teen pregnancy prevention and others.

### **St. Clair County Housing Authority**

1790 South 74<sup>th</sup> Street

Belleville, IL 62223

**Phone:** (618) 277-3290

**Web Site:** [www.sccha.org](http://www.sccha.org)

**Cost:** Based on income

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Area Served:** St. Clair County

**Services Offered:** Provides (with specific guidelines) housing for low income and middle income families.

### **St. Clair County Housing Resource Center**

**Phone:** (618) 825-3330

**Web Site:** [www.co.st-clair.il.us](http://www.co.st-clair.il.us)

**Services Offered:** The Center provides comprehensive services to the homeless through partnerships with St. Clair County public and non-profit agencies. Some of the services are: eviction counseling, legal aid attorney, rental/shelter counseling, medical and clothing vouchers, housing assistance and life skills training. The Center also has a 24-hour homeless hotline for referrals to shelters and other services. You may contact the hotline by calling 1-888-397-5730.

### **St. Clair County Intergovernmental Grants Department**

#19 Public Square, Suite 200

Belleville, IL 62220

**Phone:** (618) 277-6790

**Web Site:** [www.co.st-clair.il.us](http://www.co.st-clair.il.us)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Services Offered:** The Intergovernmental Grants Department serves as an umbrella agency containing three divisions providing services to the public. Some of the programs offered are: Community Development Block Grant, Illinois Home Weatherization Assistance, HOME Investment Partnership, Community Services Block Grant, Homeless Prevention, Emergency Food & Shelter, Workforce Investment Act and E-Learning Grant, American Dream Down Payment Initiative, Illinois Housing Development Authority, Low Income Home Energy Assistance, Rent/Mortgage Assistance, Trade Adjustment Assistance Act and Rapid Response Grant.

**St. Clair County Juvenile Detention Center**

9006 Lebanon Road  
Belleville, IL 62223

**Phone:** (618) 397-0766

**E Mail:** [detention@co.st-clair.il.us](mailto:detention@co.st-clair.il.us)

**Hours:** 24-hour facility

**Area Served:** St. Clair County/Southern Illinois counties

**Services Offered:** Temporary holding facility for juveniles ages 10 to 17 who have been charged with a crime or sentenced to detention to dispositions up to 30 days and weekends.

**St. Clair County Medical Society**

Belleville, IL 62223

**Phone:** (618) 397-5315

**E Mail:** [stclairmed96@gmail.com](mailto:stclairmed96@gmail.com)

**Web Site:** [www.stclairmed.com](http://www.stclairmed.com)

**Hours:** Monday thru Friday – 9:30 am to 12:30 pm

**Services Offered:** Physician referrals

**St. Clair County Mental Health 708 Board**

307 East Washington  
Belleville, IL 62220

**Phone:** (618) 277-6022

**Web Site:** [www.stc708.org](http://www.stc708.org)

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Services Offered:** As the local mental health authority, responsible for funding, planning and implementing a comprehensive system of behavioral health, developmental disability and substance abuse services for all residents of St. Clair County in need of such services.

**St. Clair County Regional Office of Education**

1000 South Illinois Street  
Belleville, IL 62220

**Phone:** (618) 825-3900

**Web Site:** [www.stclair.k12.il.us](http://www.stclair.k12.il.us)

**Cost:** None

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** 27 Public School Districts in St. Clair County

**Services Offered:** Assistance is offered through workshops, conferences, onsite visits, dissemination of information, technical assistance, and other means such as: school improvement, professional development activities, truancy/attendance initiative, teacher certification and recertification, GED testing, health/life safety, and bus driver training.



### **St. Clair County Veterans Assistance Commission**

#19 Public Square, Suite 300

Belleville, IL 62220

**Phone:** (618) 277-0040

**E Mail:** [veterans@co.st-clair.il.us](mailto:veterans@co.st-clair.il.us)

**Web Site:** [www.co.st-clair.il.us](http://www.co.st-clair.il.us) Click on the "V" in the alphabet on the home page and choose Veterans Assistance.

**Hours:** Monday thru Friday – 9:00 am to 4:00 pm

**Services Offered:** Assist with utilities and rent, current amounts only, and food and hygiene item vouchers redeemable at a local food store. Assist with filing claims with the Department of Veterans Affairs for compensation for injuries received in the armed services, pensions due to the veteran or surviving family members and for medical services through the V.A. system. **Must be an honorably discharged veteran, surviving widow of such a veteran or surviving minor child of a veteran. Call for initial screening and appointment.**

### **St. John Bosco Children's Center**

**Phone:** (618) 688-1150

**Hours:** 24-hour facility

**Area Served:** State of Illinois

**Services Offered:** Children (aged 6-12) are placed at St. John Bosco Children's Center when they have been the victims of serious abuse and/or neglect or when they have an emotional condition that is too severe for them to succeed at home or a foster home or when there is just no family or foster home to care for them. While at the Center, children receive: individual therapy, group therapy and family therapy as needed. During their stay children have access to healthcare, educational opportunities, recreational opportunities, properly balanced meals and receive the care and attention of dedicated, well-trained, professional staff.

### **St. John's Community Care**

222 Goethe Avenue

Collinsville, IL 62234

**Phone:** (618) 344-5008

**Web Site:** [www.stjohnscc.org](http://www.stjohnscc.org)

**Cost:** Please call for more information.

**Hours:** Please call for more information.

**Area Served:** Caseyville, Collinsville, Edwardsville, Fairview Heights, Fairmont City, Glen Carbon, Granite City, Maryville and Troy

**Services Offered:** Assistance with meals, shopping, laundry, transportation and medication reminders. Personal care such as bathing and toileting. Caregivers are carefully screened before employment, bonded and supervised by experienced Care Coordinators. Focus on Alzheimer's and dementia specific care. Sitter services for clients in nursing homes, hospitals, assisted living or hospice settings. Flexible schedules and care 24 hours a day, 365 days a year. Home Services care for husband



and wife at no additional cost, same as individual rate. This service can be used for short or long term disability challenges, including recovery from surgery or illness. Adult Day Programs and Caregiver Support are also offered.

**Other Location:**

1015B Century Drive – University Pointe II  
Edwardsville, IL 62025  
(618) 656-7090

**Stroke Support Group**

Memorial Hospital  
Orthopedic and Neurosciences Center  
4500 Memorial Drive  
Belleville, IL 62226

**Services Offered:** This group is for people who have experienced a stroke or brain injury, and their families. Participants will learn how to heal physically, cognitively and emotionally. Meetings will be held in the Orthopedic and Neurosciences Center Community Room the second Wednesday of each month. For more information, please call (618) 257-5758.

**Stroke Support Group**

St. Elizabeth's Hospital  
211 South Third Street  
Belleville, IL 62220  
**Phone:** (618) 234-2120, Extension 1519

**Services Offered:** Support and education for those recovering from a stroke, and their families. Meets the first Wednesday of every other month at 2:00 pm in the Millennium Room.

**St. Paul's Home**

1021 West E Street  
Belleville, IL 62220  
**Phone:** (618) 233-2095

**Web Site:** [www.stpaulshome.com](http://www.stpaulshome.com)

**Cost:** Please call for more information.

**Area Served:** St. Louis Metro East

**Services Offered:** Medicare-Certified Rehabilitation – Individually designed physical therapy and rehabilitation programs and services provided by an expert staff with the goal of marked improvement, speedy recuperation, and a quick return home. Shelter care includes: meals, housekeeping, activities, personal laundry, supervision of medication, limited assistance with personal care and needs during short term illness, and monitoring of general health condition. Intermediate care includes: general nursing and personal care, hygiene needs, administering of medications, monitoring general health condition and needs, performing routine individualized nursing services

under the supervision of a licensed medical doctor. Also includes furnishing meals, housekeeping, personal laundry and activity service.

### **St. Paul's Retirement Apartments**

901 West E Street

Belleville, IL 62220

**Phone:** (618) 233-2318

**Web Site:** [www.stpaulshome.com](http://www.stpaulshome.com)

**Cost:** Please call for more information.

**Area Served:** St. Louis Metro East

**Services Offered:** The following services and amenities are included in the monthly rent: lunch and dinner served daily; light housekeeping provided weekly; all utilities except for phone and cable TV; scheduled transportation for doctor appointments; beauty shop, grocery and discount department store shopping; scheduled activities and social gatherings; free laundry facilities on each floor with adjoining lounge area; lovely outdoor garden area with fountain, gazebo and seating; full maintenance service; personal storage areas; emergency call system monitored on-site 24 hours per day; building security system; and, short-term meal delivery when ill.

### **Sunshine Ministries**

1315 Howard Street

St. Louis, MO 63106

Mailing Address: P.O. Box 66880, St. Louis, MO 63166

**Phone:** (314) 231-8209

**Web Site:** [www.sunshineminstries.org](http://www.sunshineminstries.org)

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm (office hours)

**Services Offered:** Sunshine Ministries is committed to helping men break the cycle of homelessness and substance abuse. Emergency shelter provides needed services for men looking for a clean and safe place to sleep, nourishing food and the encouraging news of God's love. Resident Recovery Program is a 13-month residential program for men focused on rebuilding their lives spiritually, intellectually, emotionally, socially and physically. Youth services offered are preschool, summer camp, Sunshine Saturdays and Teen Club. C.A.R.E. Program for women is designed to create a supportive community that provides assistance to impoverished women while teaching personal responsibility and offering encouragement to fulfill their God-given potential.

### **Support Dogs, Inc.**

11645 Lilburn Park Road

St. Louis, MO 63146

**Phone:** (314) 997-2325

**Web Site:** [www.support.org](http://www.support.org)

**Cost:** Please call for more information.

**Hours:** Monday thru Friday – 9:00 am to 5:00 pm

**Services Offered:** Support Dogs trains assistance dogs to help those with mobility issues, those who are deaf or hard of hearing, and to those who have been diagnosed with Post Traumatic Stress Disorder (PTSD.) Support Dogs also certifies volunteers and their dogs in the community to be pet assisted therapy teams through the TOUCH Program.

**Support System and Services, Inc.**

900 Royal Heights Road  
Belleville, IL 62226

**Phone:** (618) 277-4100

**Web Site:** [www.supportsystemsservices.com](http://www.supportsystemsservices.com)

**Cost:** Please call for more information.

**Area Served:** St. Clair, Madison, Clinton and Randolph Counties

**Services Offered:** The following programs are offered: A CILA is a small living arrangement for eight or fewer adults with a developmental disability. Services are based upon the individual's needs and may be 24-hour or intermittent. Person Centered Programs; Community Activities; Transportation; Assistance with Personal Care, Professional services such as nursing, occupational therapy, communication services, dietary and behavioral support; Adaptive Equipment or Minor Home Adaptations; Service Coordination; and, Advocacy.

**Sycamore Village Assisted Living**

225 Castellano Drive  
Swansea, IL 62226

**Phone:** (618) 222-2571

**E Mail:** [info@sycamorevillage.net](mailto:info@sycamorevillage.net)

**Web Site:** [www.sycamorevillage.net](http://www.sycamorevillage.net)

**Cost:** Please call for more information.

**Services Offered:** Assisted living for seniors. Specialized Alzheimer's/Dementia care.



## T

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### **TASC (Treatment Alternatives for Safe Communities)**

218 A West Main Street

Belleville, IL 62220

**Phone:** (618) 277-0410

**Web Site:** [www.tasc.org](http://www.tasc.org)

**Hours:** Monday, Wednesday and Friday – 8:00 am to 4:30 pm; Tuesday and Thursday – 8:00 am to 5:30 pm

**Cost:** Please call for more information.

**Area Served:** St. Clair, Monroe, Perry, Randolph and Washington Counties

**Persons Served:** Juvenile Justice Program serves children ages 10 to 17; Adult Program serves those 17 and older. DV and DCFS programs serves persons involved in those jurisdictions.

**Appointment Information:** An appointment is required.

**Information:** An independent not-for-profit agency that provides clinical case management and other services to men, women and adolescents with a variety of social and health related needs.

**Services Offered: Adult Criminal Justice Program** – Assessment, referral and case management for substance abusing adults involved in criminal justice system.

**Juvenile Justice** – Assessment, referral and case management for substance abusing adolescents under the jurisdiction of the Juvenile Justice systems. **Youth Enrichment**

**Services** – Offers Anger Management and Life Skills Groups for adolescents.

**Domestic Violence Diversion Program** – Substance abuse screening, referral to treatment and court reporting for Domestic Violence. **IDOC** – Clinical Re-Entry Case Management. **State's Attorney Drug School** – Drug education and understanding of factors that may contribute to substance abuse and addiction. **Drug Court** –

Assessment and advocacy services to clients involved in drug court. **Recovery**

**Coach** – Intensive case management services to substance abusing parents involved in the child welfare system.

### **Touchette Regional Hospital**

5900 Bond Avenue

Centreville, IL 62207

**Phone: IOP:** 618-332-5374 or 618-332-5344; Referral – 618-660-0100

**Web Site:** [www.touchette.org](http://www.touchette.org)

**Cost:** Contact Customer Service

**Hours:** Outpatient services are available 24 hours a day, seven days a week. IOP – Monday thru Friday – 8:30 am to 1:00 pm

**Area Served:** The metro-east communities of Alorton, Cahokia, Centreville, East St. Louis, Washington Park and surrounding region.

**Services Offered:** Touchette Regional Hospital's Behavioral Health Department provides both inpatient and intensive outpatient services to our communities. Our services are designed to incorporate a number of successful treatment modalities into comprehensive, flexible and individualized mental health treatment programs. Inpatient Care – Our inpatient services are for individuals in need of an intensive level of care and a safe treatment environment to reintegrate into their family life and community. We serve both voluntary and involuntary patients age 18 years and older. Various illness/diseases are treated such as: crisis intervention, crisis stabilization, medical management, individual therapy, discharge planning, community linkage and consultation. Outpatient Care – Our intensive outpatient program is designed to provide individuals with disabling mental health conditions an individualized, comprehensive and multidisciplinary treatment program. A few of our intensive outpatient services include: comprehensive assessment and evaluation, medication management, mental health education, substance abuse education, group therapy sessions, individual and family therapy, and goal setting.

### **Township Relief – Madison County**

**Phone:** See listings

**Services Offered:** Provides general assistance to respective townships.

### **Alton Township**

100 A East Broadway, Alton, IL 62002 (618) 462-0091

### **Choteau Township**

906 Thorngate Road, Granite City, IL 62040 (618) 931-0323

### **Collinsville Township**

305 East Main Street, Collinsville, IL 62234 (618) 344-1290

**Web Site:** [www.collinsvilletownship.org](http://www.collinsvilletownship.org)

### **Edwardsville Township**

300 West Park Street, Edwardsville, IL 62025 (618) 656-0292

**Web Site:** [www.edwardsvilletownship.com](http://www.edwardsvilletownship.com)

### **Godfrey Township**

6810 Godfrey Road, Godfrey, IL 62035 (618) 466-3324

**Web Site:** [www.godfreyil.org](http://www.godfreyil.org)

### **Granite City Township**

2060 Delmar Avenue, Granite City, IL 62040 (618) 877-0513

**Web Site:** [www.granitecitytownship.com](http://www.granitecitytownship.com)

### **Jarvis Township**

112 North Main, Troy, IL 62294 (618) 667-2560



**Web Site:** [www.troyil.us/index](http://www.troyil.us/index)

**Marine Township**

620 North Vernon Street, Marine, IL 62061 (618) 887-4021

**Wood River Township**

49 South 9<sup>th</sup> Street, Wood River, IL 62095 (618) 259-2366

**Township Relief – St. Clair County**

**Phone:** See listings

**Services Offered:** Provides general assistance to respective townships.

**Belleville Township**

111 West A Street, Belleville, IL 62220 (618) 233-0206

**Web Site:** [www.toi.org/bellevilletownship](http://www.toi.org/bellevilletownship)

**Canteen Township**

5500 Bunkum Road, Washington Park, IL 62204 (618) 875-6363

**Web Site:** [www.canteentownship.org](http://www.canteentownship.org)

**Caseyville Township**

10001 Bunkum Road, Fairview Heights, IL 62208 (618) 398-6248

**Web Site:** [www.townships.toi.org/caseyvilletownship](http://www.townships.toi.org/caseyvilletownship)

**Centreville Township**

4831 Bond Avenue, Alorton, IL 62207 (618) 874-1034

**East St. Louis Township**

1210 State Street, East St. Louis, IL 62201 (618) 874-3650

**E Mail:** [info@estltownship.us](mailto:info@estltownship.us) **Web Site:** [www.estltownship.us](http://www.estltownship.us)

**Englemann Township**

7083 Highbanks Road, Mascoutah, IL 62258 (618) 566-4406

**Freeburg Township**

203 South Richland, Freeburg, IL 62243 (618) 539-5639

**Lebanon Township**

224 W. St. Louis, Lebanon, IL 62254 (618) 537-4913

**Mascoutah Township**

622 West Main Street, Mascoutah, IL 62258 (618) 566-7132



**Millstadt Township**

820 South Jefferson, Millstadt, IL 62260 (618) 476-1207

**Web Site:** [www.millstadt.org](http://www.millstadt.org)

**New Athens Township**

913 Mill Street, New Athens, IL 62264 (618) 475-2025

**O'Fallon Township**

801 East State Street, O'Fallon, IL 62269 (618) 632-3517

**Web Site:** [www.o'fallontownship.com/index](http://www.o'fallontownship.com/index)

**Prairie Du Long Township**

6933 Robinson School Road, New Athens, IL 62264 (618) 539-0182

**Shiloh Valley Township**

1370 Shiloh Station Road, Belleville, IL 62221 (618) 234-7833

**Smithton Township**

101 South Main Street, P.O. Box 330, Smithton, IL 62285 (618) 233-4180

**St. Clair Township**

107 Service Street, Swansea, IL 62226 (618) 233-3437

**Web Site:** [www.stclairtownship.com](http://www.stclairtownship.com)

**Stookey Township**

313 Eiler Road, Belleville, IL 62223 (618) 398-6925

**Web Site:** [www.stookeytownship.net](http://www.stookeytownship.net)

**Sugar Loaf Township**

240 South 5<sup>th</sup> Street, Dupou, IL 62239 (618) 286-4016

**Venice Township**

910 Madison Avenue, Madison, IL 62060 (618) 452-1121

**Trinity Services, Inc.**

973 North 6<sup>th</sup> Street

Mascoutah, IL 62258

**Phone:** (618) 566-4913

**E Mail:** [mlowry@trinity-services.org](mailto:mlowry@trinity-services.org)

**Web Site:** [www.trinity-services.org](http://www.trinity-services.org)

**Area Served:** Illinois

**Services Offered:** Trinity Services is committed to providing a full array of services and supports to adults with developmental disabilities including residential, vocational and day programs.

## U

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### **UCP Heartland**

2720 North Center Street

P.O. Box 367

Maryville, IL 62062

**Phone:** (618) 288-2218

**Web Site:** [www.ucpheartland.org](http://www.ucpheartland.org)

**Hours:** Monday thru Friday – 8:30 am to 4:30 pm

**Cost:** Varies by program

**Services Offered:** UCP Heartland Center for Autism – Our autism resource library offers families free loans on autism resources, toys and adaptive and learning aides. Experts in autism provide family consultation, community trainings, social skills groups and technical assistance. Early Intervention Program – Specialists in early education help young children with special needs and their parents get the best start possible in learning. Providing parent/caregiver training, education and consultation services as well as developmental assessment, infant stimulation, specialized instruction and structured learning experiences using developmentally appropriate activities and adaptive equipment as needed. Camp Free To Be – A summer day camp that provides quality camp experiences for children of all abilities ages 5-12. Participants learn new and exciting leisure interests.

### **United States Department of Veterans Affairs**

**Phone:** Benefits/1-800-827-1000

Health Care/1-877-222-8387

VA Inspector General/1-800-488-8244

Veterans Crisis Line/1-800-273-8255 Press 1

### **United Way of Greater St. Louis, Illinois Division**

1444 Boul Avenue

Swansea, IL 62226

**Phone:** (618) 233-8441

**Web Site:** [www.stl.unitedway.org](http://www.stl.unitedway.org)

**Hours:** Monday thru Friday – 8:00 am to 5:00 pm

**Area Served:** St. Clair, Clinton, Monroe and Randolph Counties

**Services Offered:** Raises and distributes funds to be used in developing and implementing effective social service programs.

### **University of Illinois – Division of Specialized Care for Children**

St. Clair Regional Office

1734 Corporate Crossing, Suite 1

O'Fallon, IL 62269

**Phone:** (618) 624-0508 or Toll Free 1-800-842-7204

**TTY:** (618) 624-0544

**Web Site:** [www.uic.edu/hsc/dsc](http://www.uic.edu/hsc/dsc)

**Cost:** Financial eligibility is based on family size and total income.

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

**Area Served:** St. Clair, Madison, Monroe, Randolph, Bond, Clinton, Washington, Jersey, Calhoun, Macoupin and Montgomery Counties

**Services Offered:** Care coordination services to families of children with medically eligible conditions. Financial assistance is available for families who qualify. Medical conditions must be chronic and amenable to treatment and fall within one of the following categories: orthopedic, nervous system impairments, cardiovascular impairments, craniofacial anomalies, hearing impairments, cystic fibrosis, hemophilia, metabolic conditions, eye impairments and urinary system impairments.

### **Urban League of Metropolitan St. Louis**

St. Clair County Division

10220 Lincoln Trail

Fairview Heights, IL 62208

**Phone:** (618) 274-1150

**Web Site:** [www.ulstl.org](http://www.ulstl.org)

**Cost:** None

**Hours:** Monday thru Friday – 8:30 am to 5:00 pm

**Area Served:** Metro East

**Services Offered:** Provides emergency food and clothing; financial aid for utilities and rent when funds are available; budget and housing counseling; energy conservation program.

## V

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### **VA Medical Center – St. Louis**

#### **John Cochran Division**

915 North Grand Boulevard  
St. Louis, MO 63106

#### **Jefferson Barracks Division**

1 Jefferson Barracks Drive  
St. Louis, MO 63125

**Phone:** (314) 652-4100 or 1-800-228-5459

**Web Site:** [www.stlouis.va.gov](http://www.stlouis.va.gov)

**Area Served:** Veterans and their families in east central Missouri and southwestern Illinois

**Services Offered:** The St. Louis VAMC provides inpatient and ambulatory care in medicine, surgery, neurology, and rehabilitation, as well as in more than 35 subspecialty areas. The medical center has approximately 10,000 inpatient admissions per year and about 570,000 outpatient visits each year; providing primary care services for over 54,000 veterans each year. St. Louis VAMC is the tertiary referral center for VAMCs in Marion, Illinois and Poplar Bluff, Missouri, providing inpatient acute care and outpatient care. The John Cochran Division is located in close proximity to its affiliated medical schools – St. Louis University and Washington University – in midtown St. Louis. It has all of the medical center’s operative and surgical capabilities, the ambulatory care unit, intensive care units, complete state-of-the-art diagnostic facilities, and an emergency department staffed 24 hours a day. The Jefferson Barracks Division provides mental health treatment, regional spinal cord injury treatment center, CLC, and a domiciliary for homeless veterans. Specialty services provided include MRI and positron emission tomography scan imaging, ambulatory surgery, home-based hospital care, radiation therapy, and an alcohol and drug treatment center (both inpatient and outpatient,) opioid addiction treatment program, mental health clinic, orthotic laboratory, hemodialysis unit, pulmonary treatment center, spinal cord injury center, hospice program, and polytrauma unit. CBOCs: Belleville, Illinois; Missouri Veterans Clinic, St. Charles.

#### **Veterans Care Coordination**

300 Parkway Industrial Drive  
Lake St. Louis, MO 63367

**Phone:** 855-380-4400

**Web Site:** [www.veteranscarecoordination.com](http://www.veteranscarecoordination.com)

**Area Served:** Illinois and Missouri

**Services Offered:** Screen for eligibility for the aid and attendance benefit, obtain military paperwork, collect supporting documentation. Review completed VA application, coordinate in-home care services, provide updates throughout the process. Assist with any VA documentation requirements until final approval, monitor monthly expenses and assist with monitoring medical expenses to ensure eligibility. In-Home care services, medication reminders, meal preparation, light housekeeping, laundry, grocery shopping, bathing, dressing, doctor appointment transportation and assistance.

### **Veterans Health Administration**

#### **Belleville Clinic**

6500 West Main Street

Belleville, IL 62223

**Phone:** (314) 286-6988 Extension 55320

**Clinic Toll Free Number:** 1-800-228-5459 Extension 55320

**Web Site:** [www.va.gov/directory](http://www.va.gov/directory)

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

### **Veterans Health Administration**

#### **East St. Louis Vet Center**

1265 North 89<sup>th</sup> Street, Suite 5

East St. Louis, IL 62203

**Phone:** (618) 397-6602

**Web Site:** [www.veteranprograms.com](http://www.veteranprograms.com)

**Hours:** Monday thru Friday – 8:00 am to 4:30 pm

In an effort to better serve the veteran and family members, upon request, Vet Centers will provide services after normal work hours and/or weekends.

### **Veterans Leadership Program**

205 South Illinois Street

Belleville, IL 62220

**Phone:** (618) 234-8550

**Web Site:** [www.angelfire.com/il/VLP](http://www.angelfire.com/il/VLP)

**Hours:** Monday thru Friday – 8:00 am to Noon

**Area Served:** Randolph, Monroe, Washington, St. Clair, Madison, Clinton and Bond Counties

**Services Offered:** Provide eligible veterans with free assistance in securing employment: job counseling, resumé and employment application preparation and job referrals.

### **Violence Prevention Center of Southwestern Illinois**

P. O. Box 831

Belleville, IL 62222

**Phone:** (618) 236-2531

**24 Hour Crisis Hotline Belleville:** (618) 235-0892

**24 Hour Crisis Hotline East St. Louis:** (618) 875-7970  
**24 Hour Crisis Hotline Randolph County:** (618) 826-5959  
**24 Hour Crisis Hotline Monroe County:** (618) 939-8114

**TDD:** (618) 233-0741

**Toll Free:** 1-800-924-0096

**Web Site:** [www.vpcswi.org](http://www.vpcswi.org)

**Hours:** 24-hour facility

**Area Served:** St. Clair, Monroe, Randolph, Clinton and Southern Madison Counties

**Services Offered:** To victims of domestic violence we provide shelter, counseling, support groups, court advocacy and medical services. Children's Center services include counseling, group education, recreation and health assessments. Non-residential clients have the following services available: counseling, court advocacy and support groups.

### **Visitation Exchange Program**

#### **Administrative Offices**

##### **Belleville Office**

1909 Dublin Boulevard, Suite B  
Belleville, IL 62221

**Phone:** (618) 235-6192

**Web Site:** [www.children1stfoundation.org](http://www.children1stfoundation.org)

**Cost:** None

**Area Served:** Illinois 20<sup>th</sup> Judicial Circuit

##### **Wood River Office**

101 East Edwardsville Road  
Wood River, IL 62095

**Phone:** (618) 251-6214

**Cost:** None

**Area Served:** Illinois 3<sup>rd</sup> Judicial Circuit

**Services Offered:** Provides a neutral site for child exchanges for families experiencing exceptional difficulty in the transfer of children for the purpose of court ordered visitation. Referral is by court order only. Once referred, each parent must separately complete and orientation intake interview to begin services. Supervised visitation services are available in the 3<sup>rd</sup> Judicial Circuit only. There is no cost for this program.

#### **Sites and Hours of Operation:**

St. Clair County Visitation Exchange Center

1909 Dublin Boulevard, Suite B, Belleville, Illinois

Wednesday, Friday and Sunday – 5:00 pm to 7:45 pm

Madison County Visitation Exchange Center

Kids' Corner, 101 East Edwardsville Road, Wood River, Illinois

Wednesday – 4:00 pm to 7:45 pm; Friday and Sunday – 5:00 pm to 7:45 pm

**Visiting Angels Home Care**

4 South Church Street, Suite 212  
Belleville, IL 62220

**Phone:** (618) 257-2200

**Web Site:** [www.visitingangels.com](http://www.visitingangels.com)

**Cost:** Please call for more information.

**Area Served:** St. Clair, Madison, Monroe and Randolph Counties

**Services Offered:** Services for the elderly and adults who need in-home care include the following: light housekeeping, assistance in hygiene, meal preparation, errands, shopping, respite care and companionship.

## W

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### **Wellspring Resources**

2615 Edwards Street

Alton, IL 62002

**Phone:** (618) 462-2331

**Alton 24 Hour Hotline:** (618) 465-4388

**Web Site:** [www.wellspringresources.co](http://www.wellspringresources.co)

**Cost:** Please call for more information.

**Hours:** Monday and Friday – 8:45 am to 5:00 pm; Wednesday and Thursday – 8:45 am to 8:00 pm

**Area Served:** Adults in northern Madison County; children and adolescents from throughout Madison County.

**Services Offered:** 24-Hour crisis services; community support services for children and adults; counseling services for children, adults, couples and families; medication assisted recovery services for adults; psychiatric and medical services; residential and housing services for adults; senior and caregiver services; substance abuse counseling; and, DUI services.

### **The William M. Bedell Achievement and Resource Center**

400 South Main Street

Wood River, IL 62095

**Phone:** (618) 251-2175

**E Mail:** [jjohnson@bedellarc.org](mailto:jjohnson@bedellarc.org)

**Web Site:** [www.bedellarc.org](http://www.bedellarc.org)

**Cost:** None

**Hours:** 8:30 am to 4:00 pm

**Area Served:** Madison and other surrounding counties

**Services Offered:** CILA (Community Integrated Living Arrangement,) developmental training (ages 3-21 years,) developmental training for adults, family support unit/case coordination, early intervention (birth to three years,) early intervention (center based program,) respite care.





## Y

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### **YMCA of Southwest Illinois**

Corporate Office

424 Lebanon Avenue

Belleville, IL 62220-4127

**Phone:** (618) 233-9486

**Web Site:** [www.ymcaswil.org](http://www.ymcaswil.org)

**Cost:** Financial assistance is available. Please call for more information.

**Area Served:** Five counties in Southwestern Illinois

**Services Offered:** The YMCA is community-oriented with a focus on youth development, healthy living and social responsibility. Branch locations in East Belleville, Downtown Belleville, O'Fallon, Maryville, Columbia, Red Bud, Breese and Salem.



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