
2018

COMMUNITY SERVICES DIRECTORY



**Mark A. Kern
St. Clair County Board Chairman**

**Published by the
St. Clair County Community
Mental Health Board**

HOTLINES

CHILD ABUSE AND NEGLECT 1-800-252-2873

ELDER ABUSE REPORTING 1-866-800-1409

NURSING HOME ABUSE 1-800-252-4343

NATIONAL SUICIDE PREVENTION HOTLINE 1-800-273-8255

MENTAL HEALTH CRISIS LOCAL 24/7

CHESTNUT HEALTH SYSTEMS (618) 877-0316

COMPREHENSIVE BEHAVIORAL HEALTH CENTER (618) 482-7330

FOREWORD

The St. Clair County Community Mental Health Board is pleased to present the 2017 Edition of the Community Services Directory for St. Clair County, Illinois.

The Directory includes agencies providing services in the following areas: health, welfare, education and other related fields associated with these services.

The primary purpose of the Directory is to serve as a central reference source of community services available to residents of St. Clair County and surrounding areas.

The Directory is provided as an information service and while every effort has been made to list all appropriate agencies in the county, omissions are bound to occur. Agencies that might be included in future directories should be brought to our attention. Inclusion of any agency does not imply endorsement, nor does exclusion imply disapproval of any agency or organization.

All information presented has been verified, but due to changes implemented after printing, some information may no longer be current. We regret any inconvenience this may cause.

The Directory will also be available on-line. Visit our website at www.stc708.org.

If you wish to contact us, the address is 307 East Washington, Belleville, IL 62220. Send e-mail to terri@stc708.org.

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Adapt of Illinois Mental Health Services

2600 West Blvd.

Belleville, IL 62221-5605

Phone: (877) 553-9482

Services Offered: Provides psychosocial rehabilitation for adults living in nursing homes, and supported housing services for adults living in the community. Services are provided in 5 counties in Illinois.

Addiction Loss Support Group

Heartlinks Grief Center

5110 West Main Street

Belleville, IL 62226

Phone: (618) 277-1800

Email: dcuddeback@myheartlinks.com

Web Site: www.myheartlinks.com

Services Offered: Heartlinks Grief Center of Family Hospice hosts a monthly grief support group for parents and adult siblings (18+) grieving the death of a child/sibling due to an addiction. The group meets the second Tuesday of each month, from 6:30 to 8:00 pm in the Family Hospice office at 5110 West Main Street in Belleville. Please call 277-1800 for more information.

Addus Healthcare

4509 N. Illinois Street

Swansea, IL 62226

Phone: (618) 632-1810

Web Site: www.addus.com

Cost: Please call for more information.

Services Offered: Skilled home health includes registered nurses, licensed practical nurses, licensed vocational nurses, physical, occupational and speech therapists, as well as dietitians, medical social workers and home health aides. These services can help avoid unnecessary hospitalizations, shorten hospital stays, and enable an individual to stay at home during acute illnesses. Private duty services are provided to seniors and individuals recovering from an illness or injury and need either short-term or long-term assistance with their daily living needs. Addus Evergreen Clubs are adult day centers that provide social, health and supportive services in a community-based setting. The programs are utilized by younger adults and seniors who have physical, cognitive or functional impairments, or may simply need companionship and can benefit from supervised care in a safe place outside the home during the day. The programs also afford family caregivers respite from the demanding day-to-day responsibilities of caregiving. Home and Community Services are government funded personal care and companionship services allowing our clients to remain safely in their homes. Supportive services can include bathing, dressing, grooming, in addition to assistance with meal preparation, housekeeping and shopping. These supportive services can be arranged for any frequency of time up to 24-hour care or on a respite or temporary basis. Veterans and their family members may be eligible for in-home care and home health services, in whole or in part, through programs and other benefits available through the Veterans Administration. Contact Addus at 1-888-233-8746 for additional information.

Airman and Family Readiness Center

375 MSS/DPF 404 W. Martin Street

Scott Air Force Base, IL 62225

Phone: (618) 256-8668

E Mail: aafrc@us.af.mil

Web Site: www.scott.af.mil/News/bulletin-board

Hours: Monday thru Friday – 7:30 am to 4:30 pm

Area Served: Scott Air Force Base and surrounding area

Services Offered: Serves active duty and retired military persons and their families. Provides crisis assessment, financial counseling, relocation assistance, information and referral, follow-up program, career assistance, financial aid and employment assistance.

Al-Anon/Alateen

Phone: Answering service (618) 398-9470

Web Site: www.al-anon.alateen.org

Services Offered: Support group for families and friends of those who have a drinking problem. **Al-Anon/Alateen, Al-Anon Family Groups** and **Al-Anon** are different names for a worldwide fellowship that offers a program of recovery for the families and friends of [alcoholics](#), whether or not the [alcoholic](#) recognizes the existence of a [drinking problem](#) or seeks help. **Alateen** is part of the Al-Anon fellowship designed for the younger relatives and friends of [alcoholics](#) through the [teen](#) years.

Alcoholics Anonymous

Saint Louis Central Service Office

14 Sunnen Drive, Suite 144

St. Louis, MO 63143

Phone: (314) 647-3677

E Mail: alano@aastl.org

Web Site: www.aastl.org

Hours: Monday, Tuesday, Thursday and Friday – 8:30 am to 5:00 pm; Wednesday – 8:30 am to 7:00 pm; Saturday – 9:00 am to Noon

Services Offered: Alcoholics Anonymous (AA) is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from addiction.

Alcoholics Anonymous

Southern Illinois Central Services Office

South Roxana

Phone: (618) 251-4000

Phone: Answering service for Districts 4, 14, 16 and 18 1-800-307-6600

Web Site: www.aa-district14.org and www.aa-sil18.org

Local AA Groups:

623 Club – (618) 234-8335

O'Fallon Trailer Group – (618) 632-8815

Alcoholics Anonymous

2116 Club – (618) 876-9721

AL-ANON for District 14 - (618) 398-9470

AL-ANON for District 18 - (618) 463-2429

Alcoholics Anonymous

St. Elizabeth's Hospital

211 South Third Street

Belleville, IL 62220

Phone: (618) 234-2120 Extension 1555

Services Offered: Support for those who want to stop drinking alcohol. The group meets Monday and Wednesday evenings at 6:30 pm on the seventh floor of the hospital in Room 722.

Alcoholics Anonymous
Eagles Nest Group-St. Joseph Center
5020 State Street
East St. Louis, IL 62205
Phone: (618)271-4673

Alcoholics Anonymous
King's House Group-King's House Retreat & Renewal Center
700 N. 66th Street
Belleville, IL 62223
Phone: 618-397-0584

All Kids
Phone: 1-866-255-5437(Hotline)
TTY: 1-877-204-1012
Health Benefit hotline: 1-800-226-0768
Web Site: www.allkids.com

Area Served: State of Illinois
Services Offered: The All Kids Program offers many Illinois children comprehensive healthcare that includes doctors' visits, hospital stays, prescription drugs, vision care, dental care and medical devices like eyeglasses and asthma inhalers.

Alton Mental Health Center
4500 College Avenue
Alton, IL 62002
Phone: (618) 474-3800
Hours: 24-hour facility
Cost: Based on ability to pay. Service access is not based on ability to pay.
Area Served: Bond, Monroe, Madison, Randolph and St. Clair Counties
Services Offered: Comprehensive mental health and forensic residential care for individuals age 18 and older meeting admission criteria of the Illinois Mental Health Code. Admission is accessed by pre-admission screening agents in each county served.

Alzheimer's Association
St. Louis Chapter
9370 Olive Boulevard
St. Louis, MO 63132
Phone: (314) 432-3422 **24-Hour Helpline:** 1-800-272-3900
E Mail: info@alz.org **Web Site:** www.alz.org/stl/
Hours: Monday thru Friday – 8:00 am to 5:00 pm
Area Served: Illinois Counties of Calhoun, Clay, Clinton, Jefferson, Jersey, Madison, Marion, Monroe, St. Clair and Washington
Services Offered: Information on caregiving, family planning, educational and care resources. Respite program and techniques to better manage persons with Alzheimer's disease. Educational training and support groups.

Alzheimer's Support Group
St. Joseph's Hospital
1515 Main Street
Highland, IL 62249
Phone: (618) 651-2766

E Mail: jashcrof@sjh.hshs.org

Web Site: www.stjosephshighland.org/patient-guest/support-groups

Services Offered: Meetings are held the third Thursday of each month at 6:30 pm in Jehle Hall (cafeteria.) Free Patient transportation service within 20 mile radius of Highland (618)651-2788.

Alzheimer's Support Group

St. Joseph's Hospital
9515 Holy Cross Lane
Breese, IL 62230

Phone: (618) 526-5486 or 526-5699

E Mail: sandy.radford@hshs.org or Sharon.loddeke@hshs.org

Services Offered: Meetings are held the fourth Thursday of each month at 1:30 pm in the Healthplex Senior Renewal Area.

Alzheimer's Support Group

Programs and Services for Older Persons
201 North Church Street
Belleville, IL 62220

Phone: (618) 234-4410 or 1-866-942-7942, Extension 7031

Services Offered: Group meets on the second Tuesday of even months at 2:30 pm.

Alzheimer's Support Group

The Atrium-Linda Robertson
(call goes to voicemail, leave message)
201 South Belt West
Belleville, IL 62220

Phone: (618) 877-3285 or (618) 219-6648

Services Offered: Group meets the fourth Saturday of the month at 3:00 pm.

Alzheimer's Support Group

Senior Care – Memorial Hospital
4500 Memorial Drive
Belleville, IL 62226

Services Offered: Meetings are held the 2nd Tuesday of odd months at 6:00 pm. To make a reservation or for more information, please call (618) 257-5900.

American Parkinson Disease Association

Campus Box 8111
660 South Euclid Avenue
St. Louis, MO 63110

Phone: (636) 778-3377

Email: info@stlapda.org

Web Site: www.stlapda.org

Hours: Monday thru Thursday – 7:30 am to 4:00 pm; Friday – 7:30 am to Noon

Services Offered: Provides information and referral; other educational materials for the public and professionals. Provides medical referrals, support, respite care, speech therapy, adult day care, lifeline and exercise classes; public lectures, newsletters and support groups in Illinois.

American Parkinson Disease Association**PSOP/SWIC****Jodi Gardner, MSW, LCSW**

201 N. Church St. Room 106

2nd Monday of the Month at 1:30pm**Phone:** (618)234-4410 Ext 2031**American Red Cross**

2805 N. Illinois St.

Swansea, IL 62226

Phone: (618) 397-4600**Web Site:** www.redcrossstl.org**Hours:** Monday thru Friday – 8:00 am to 5:00 pm**Area Served:** St. Clair and Monroe Counties; part of Madison County**Services Offered:** Provides 24-hour assistance for disaster victims, military and their families. Offers classes in health and safety; recruits and trains volunteers; provides blood to local hospitals; referral source and crisis intervention. Provides international help for persons not in the military. Offers rental and food emergency assistance when funding is available, utility program.**American Red Cross, Scott Air Force Base**

Building 21 POW/MIA Drive

P.O. Box 25379

Scott Air Force Base, IL 62225

Phone: (618) 256-1855 or 256-3292**Hours:** Monday thru Friday – 8:30 am to 4:30 pm**Area Served:** Scott Air Force Base**Services Offered:** Provides emergency services for military personnel and their families stationed at Scott Air Force Base. Provides a means of contact to reach family members stationed overseas or in other parts of the United States when an emergency or family crisis arises. Emergency financial assistance, personal and family counseling, information and referral are also available.**A.R.C.H. (Alcoholic Rehabilitation Community Home)**1313 21st Street

Granite City, IL 62040

Phone: (618) 877-4987**Web Site:** www.archhouse.org**Cost:** Sliding scale**Hours:** Monday thru Friday – 8:00 am to 4:30 pm**Area Served:** All**Services Offered:** This agency is a long-term residential rehabilitation facility (18 beds) and halfway house treating chemically dependent males only, over the age of 18. DUI Evaluation and Drivers Risk Education classes.**AgeSmart Community Resources**

2365 Country Road

Belleville, IL 62221

Phone: (618) 222-2561 Extension 23 or 1-800-326-3221**E Mail:** ask@answersonaging.com**Web Site:** www.agesmart.org**Hours:** Monday thru Friday – 8:00 am to 4:00 pm**Area Served:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties

Services Offered: AgeSmart Community Resources advances positive aging among individuals, organizations and communities. Through the provision of state and federal funds to non-profit organizations, AgeSmart strategically provides services to older adults, persons with disabilities, caregivers and grandparents raising grandchildren. AgeSmart also provides information and referral services and benefits assistance through the Answers on Aging Network.

Arthritis Foundation

9433 Olive Boulevard, #100
St. Louis, MO 63132

Phone: (314) 991-9333

Web Site: www.arthritis.org

Services Offered: Our mission is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases through providing free brochures, referrals, exercise and self-management programs, professional and public education, financial assistance, advocacy and fundraising events.

The Atrium of Belleville, A CPF Living Community

201 South Belt West
Belleville, IL 62220

Phone: (618) 235-9300

Web Site: www.atriumseniorliving.com

Cost: Apartment rent varies. Please call for more information.

Hours: Office – 8:00 am to 5:00 pm

Area Served: Belleville and surrounding

Services Offered: Independent retirement community offers full-size apartments for rent. Rent includes three meals per day, housekeeping, activities, transportation, etc. Community involvement is important to us.

Attention Deficit Disorder Support Learning Disabilities Association

St. Louis Affiliate

13537 Barrett Parkway Drive, Suite 110
Ballwin, MO 63021

Phone: (314) 966-3088

E Mail: info@ldsatl.org

Web Site: www.ldastl.org

Hours: Office hours are Monday thru Thursday – 8:00 am to 5:00 pm;

Friday – 8:00 am to 3:00 pm

Services Offered: A not-for-profit organization dedicated to the enhancement of the understanding of individuals with learning disabilities and Attention Deficit Disorder. Services include cognitive educational evaluations, educational coaching, speech/language evaluations and therapy, family coaching, telephone referral, parent support groups, tutoring, teacher in-services, newsletter, resource library, annual symposiums and advice for advocacy.

Attorney General of Illinois

Metro East Illinois Regional Office

201 West Pointe Drive, Suite 7
Belleville, IL 62226

Phone: (618) 236-8616

TTY: (618) 236-8619

Web Site: www.illinoisattorneygeneral.gov

Hours: Monday thru Friday – 8:45 am to 4:45 pm

Area Served: Eleven Southern Illinois counties

Services Offered: Protecting consumers and businesses that have been victimized by fraud, deception or unfair competition is one of the primary functions of the Attorney General.

AWAKE Support Group

Memorial Hospital Auditorium
4500 Memorial Drive
Belleville, IL 62226

Services Offered: AWAKE (Alert, Well and Keeping Energetic) is a support group for people affected by sleep apnea. Our goals are to educate and encourage those affected by sleep apnea, including spouses and partners, to inform the general public about sleep apnea and other sleep disorders, obtain medical care and testing when needed, and to manage diagnosed sleep apnea and other sleep disorders. AWAKE meets quarterly. For more information, call Memorial's Sleep Disorders Center at (618) 628-2502.

Baptist Children's Home and Family Services**Pathways Counseling**

4950 Old Collinsville Road

Swansea, IL 62226

Phone: (618) 624-4060

Web Site: www.bchfs.com

Cost: Insurance, sliding scale

Hours: 9:00 am to 7:00 pm

Area Served: Metro East, Vandalia, Waterloo, Columbia and Maryville

Services Offered: Counseling for children, adolescents, adults, couples and families. We also provide adoption services, foster care and a maternity home and residential home for adolescents.

BEACON of Belleville

P.O. Box 23468

Belleville, IL 62223

Client Line: (618) 222-8842

Business/Church: (618) 222-8942

E Mail: beacon@beaconministry1.org

Web Site: www.beaconministry.org

Area Served: Service area includes Belleville, Fairview Heights, O'Fallon, Swansea, Shiloh and Caseyville

Services Offered: BEACON of Belleville is an organization of local churches operating as a social outreach clearinghouse. Links people in need with church volunteers for person to person help. The process includes verification of need, analysis of the kind and extent of need, referral to appropriate resources and follow-up. The purpose is not to duplicate or compete with existing services, but to support and enhance the community service network.

Beck Area Career Center

6137 Beck Road

Red Bud, IL 62278

Phone: (618) 473-2222

Web Site: www.collegeathome.com

Cost: Please call for more information.

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: Fifteen local high schools

Services Offered: Optional education program for drop-out students, ages 16 to 21. Remedial work with basic academics, vocational classes for 11th and 12th grade high school students, practical nursing program, nurses' aide, social services for students in need, bus transportation and lunch program.

Belleville Area Special Services Cooperative (BASSC)

2411 Pathways Crossing

Belleville, IL 62221

Phone: (618) 355-4700

Web Site: www.bassc-sped.org

Hours: Monday thru Friday – 7:30 am to 4:00 pm

Area Served: All St. Clair County school districts with the exception of Districts 187 and 189.

BASSC (cont.)

Services Offered: BASSC is an integral part of the service delivery system for students of its twenty-three member districts. Students with disabilities provide a significant challenge to the resources of the local school district. Together the partnership between BASSC and its member districts helps assure that the challenges of meeting the needs of students with disabilities will be adequately addressed. BASSC is honored to serve its twenty-three member school districts.

Bria Healthcare Services

150 North 27th Street
Belleville, IL 62226

Phone: (618) 235-6600

WebSite:<http://briahts.com>

Cost: Please call for more information.

Services Offered: Long or short term care offering 24-hour nursing care as well as psychological assessments and programming.

Bethany Place

821 West A Street
Belleville, IL 62220

Phone: (618) 234-0291

Web Site: www.bethanyplace.org

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: St. Clair, Madison, Monroe, Bond, Clinton, Jersey, Calhoun and Macoupin Counties

Services Offered: Case management, prevention/education outreach, transitional housing, rental assistance, needle exchange operation, volunteer services, primary medical care, HIV medication, food pantry, transportation, utility assistance.

Big Brothers Big Sisters of Southwestern Illinois

2726 Frank Scott Parkway West
Belleville, IL 62223

Phone: (618) 398-3162

E Mail: bbbsbell@peaknet.net

Web Site: www.bbbsil.org

Hours: Monday thru Friday – 8:30 am to 5:00 pm; evenings and weekends by appointment

Area Served: St. Clair, Madison, Monroe and Clinton Counties

Services Offered: Provides mentoring services to at-risk youth ages 6-14 by matching them with a positive role model; counseling services also available.

Bi-State Development Agency

Phone: (618) 271-2345 or (314) 231-2345

E Mail: customerservice@metrostlouis.org

Web Site: www.metrostlouis.org

Hours: Monday thru Friday – 7:30 am to 4:30 pm

Area Served: Illinois and Missouri

Services Offered: MetroBus and MetroLink information

BJC Hospice

1935 Beltway Drive
St. Louis, MO 63114

Phone: (314) 872-5050

Web Site: www.bjchospice.org

BJC Hospice(cont.)

Area Served: Franklin, Jefferson, St. Charles and St. Louis Counties in Missouri; St. Louis City; Bond, Clinton, Madison, Monroe and St. Clair Counties in Illinois

Services Offered: Offers a multidisciplinary approach, holistic in nature, to patients who have a physician-determined six month prognosis. We provide compassionate, cost-effective, professional, expert care to patients. The care, sensitive to the emotional and spiritual needs of our adult and pediatric patients, is centered on the patient and family. A highly skilled team of healthcare professionals facilitates our continuity of care. Hospice provides support and care for people in the final phase of a terminal disease, allowing them to live as fully and as comfortably as possible.

Blind Support Group

Impact, Inc.

2735 East Broadway

Alton, IL 62002

Phone: (618) 462-1411

TTY: (618) 474-5333

Web Site: www.impactcil.org

Services Offered: Meetings are held the first Wednesday of each month from 10:00 am to Noon. Please call 462-1411, extension 304 for more information.

Bradford Place

Independent and Assisted Living

1463 Benchmark Court

Swansea, IL 62226

Phone: (618) 624-0683

E Mail: info@bradfordseniors.com

Web Site: www.bradfordseniors.com

Cost: Please call for more information.

Area Served: St. Louis Metro East

Services Offered: All inclusive services and amenities: full service dining room, offering three meals a day, seven days a week; snack and beverage anytime; weekly housekeeping and daily trash removal; weekly personal laundry/linens; entertainment and recreational/spiritual programs; all utilities included (except phone); expanded cable; individual heating and air conditioning; trained staff available 24 hours a day; maintenance of building and grounds; onsite transportation available for appointments and stores; onsite beauty/barber shop services; mail delivery and 24 hour security. Optional Care Services: Assistance with activities of daily living; medication assistance and reminders; assistance with incontinence; assistance with dressing/grooming and personal hygiene; assistance through verbal cueing/reminders; assistance at mealtime; and, assistance with transfers (no lifts.) Other Services/Programs: Veterans assistance available; Respite Program; Adult Daycare Program; Physician services available; podiatry services available; home health services available; and, individual pets welcome.

Brain Injury Association of Illinois

LINC, Inc

1 Emerald Terrace, Suite 200

Swansea, IL 62226

Phone: Barbara Norris 618.616.1700 or Lynn Hatfield 618.235.9988

Strader Rehab , Brain injury support group-Every Thursday 10:30am-noon.

Services offered: Brain injury from an accident, stroke, infection or other related cause.

Brain Injury Association of Missouri, Inc.

2265 Schuetz Road

St. Louis, MO 63146

Phone: (314) 426-4024

Toll Free: 1-800-444-6443

E Mail: info@biamo.org

Web Site: www.biamo.org

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: St. Louis City/County, Metro East, State of Missouri

Services Offered: Provides activities for individuals with brain injury and their families; support groups, mentors, socialization, camp, education and prevention, advocacy, etc.

Burns Recovered Support Group, Inc.

11710 Administration Drive, Suite 2B

St. Louis, MO 63146

Phone: (314) 997-2757 or 1-866-997-2876(BURN)

E Mail: BRSG@brsg.org

Web Site: www.brsg.org

Services Offered: Support group for burn survivors and their families. Meets the first Thursday of each month at 6:00 pm at St. John Mercy Medical Center, Burn Center Waiting Room on the fifth floor.

Cahokia Area Joint Agreement for Special Education

1700 Jerome Lane

Cahokia, IL. 62206

Phone: (618) 332-3700

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: Children within Cahokia School District 187 and Dupo School District 196

Services Offered: A cooperative program designed to serve children with disabilities aged three to 21 years who are potentially eligible or already eligible for programs that include: learning disabilities, mentally impaired, physically handicapped, multiply handicapped, behavioral/emotional disorders, hearing impaired, visually impaired, autistic, speech/language impaired and early childhood special education.

Call For Help, Inc.

9400 Lebanon Road

East St. Louis, IL 62203

Phone: (618) 397-0968

E Mail: info@callforhelpinc.org

Web Site: www.callforhelpinc.org

Hours: 24-hour facility

Area Served: Primarily St. Clair County

Services Offered: Community Stabilization Program for Adults with Mental Illness: Through this residential program, people with mental illness who have become homeless receive help to stabilize their lives and return to the community. While residing at the Community Stabilization Program, participants attend group sessions where they work to improve self-esteem, social competence, symptom management and more. They also receive help with developing life skills. **Recovery Support Center:** The Center is for adults with a serious mental illness such as, but not limited to schizophrenia, bipolar disorder or major depression. Participants should be under the care of a psychiatrist and be committed to building their recovery. Services offered are: peer support and mentoring, skills development, employment support and resource connections. For more information, call 397-0968, extension 109. **Transitional Living Center for Homeless Young Women (TLC):** Intensive two-year residential program helps homeless young women – many of whom are pregnant or the parent of young children – develop the skills and support to live successfully and independently in the community. Services are life skills classes, job readiness training, GED, parenting education and mental health counseling. **Sexual Assault Victims Care Unit:** This unit responds 24 hours a day, seven days a week to victims of rape, incest, molestation, harassment or other sexual assault. Specially trained advocates arrive at the hospital or police station to assist the victim with police interviews and in navigating the medical and legal systems. In addition, Call For Help provides adult and child victims with counseling and therapy at no charge to help them overcome the trauma of sexual assault. **Essential Needs/Information & Referral:** Families and individuals in poverty may be unable to pay for rent, utilities and other essentials. Call For Help can connect them with community resources to meet these basic needs.

Cancer Support Group

St. Joseph's Hospital

1515 Main Street

Highland, IL 62249

Phone: (618) 651-2980 Pastoral Care

Services Offered: Support for individuals with new cancer diagnosis or have a history of cancer, their family and friends. Meetings are held weekly during a seven week format.

Caritas Family Solutions

8601 West Main Street
Belleville, IL 62223-1719

Phone: (618) 213-8700

Toll Free: 1-877-722-2748

E Mail: Gary.Huelsmann@caritasfamily.org

Web Site: caritasfamilysolutions.org

Cost: All Kids insurance application agent

Hours: Monday thru Thursday/8:30 am to 9:00 pm; Friday/8:30 am to 4:30 pm

Area Served: Southern and Central Illinois – 42 county service area

Services Offered: Marriage, family and individual counseling; adoption, search/reunion; foster care; Senior Aide employment services; St. John Bosco Children's Center (residential treatment center for abused/neglected children;) St. John's Day Care Center; and, All Kids Insurance application agent.

Other Locations:

- 219 Withers Drive, Mt. Vernon, IL 62464 (618) 244-0344
- 10286 Fleming Road, Carterville, IL 62918 (618) 985-2000
- 900 Royal Heights Road. Suite 2150, Belleville, IL 62226 (618) 394-5900
- Fox River Apartments (Senior Assisted Living) 106 Parker Street, Olney, IL 62540 (618)392-6168
- Community Integrated Living Arrangements 645 Berkshire Blvd, E. Alton, IL 62024 (618)258-8776
- 1901 S. 4th Street Suite 205, Effingham, IL 62401 (217)342-3970
- 64 Berkshire Blvd, E. Alton, IL 62024 (618)258-8750
- Senior Community Service Employment, 900 Royal Heights Road, Suite 2150, Belleville, IL 62226 (618) 394-5900
- St. John Bosco Children's Center, 900 Royal Heights Road, Suite 1150 Belleville, IL 62226 (618) 688-1150

CASA of Southwestern Illinois

1801 North Belt West

Belleville, IL 62226

Phone: (618) 234-4278

Email: mechiko.casa@gmail.com

Web Site: www.casa.thepeoplesmedia.biz/casa

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: St. Clair, Monroe and Madison Counties

Services Offered: Advocates on behalf of abused and neglected children 0-18 going through the court system.

Catholic Children's Home

1400 State Street

Alton, IL 62002

Phone: (618) 465-3594

E Mail: info@catholicchildrenshome.com

Web Site: www.catholicchildrenshome.com

Cost: Please call for more information.

Hours: Monday thru Friday – 7:30 am to 5:00 pm

Area Served: State of Illinois

Services Offered: Provides emergency shelter, diagnostic and long-term residential services for boys ages 11 through 18 who are victims of abuse or neglect. An additional transitional living program prepares males ages 7 through 21 for successful self-sufficient community living. Catholic Children's Home also has a Special Education Department that provides year-round educational and therapeutic services for students ages 5 to 21, who due to a variety of social, emotional and/or educational difficulties, have been unsuccessful in public structure and who need intensive, individualized educational and therapeutic services.

Catholic Urban Programs

#7 Vieux Carre Drive

East St. Louis, IL 62203

Mailing Address: P.O. Box 3310, East St. Louis, IL 62203

Phone: (618) 398-5616

E Mail: cup@diobelle.org

Web Site: www.catholicurbanprograms.org

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: St. Clair County

Services Offered: Provides emergency services such as food, shelter, clothing, transportation, transient assistance and referral. Programs include Family Center, Griffin Center, Neighborhood Law Office, Holy Angels Shelter and Hubbard House. *By appointment only

- Holy Angels Shelter –women and children housing 6-9 weeks
1410 North 37th Street, East St. Louis, IL 62204 (618)874-4079
Shelter, support services, and transitional case management
- Hubbard House-
8321 Church Lane, East St. Louis, IL 62203 (618)398-5616
Housing, food, program support and volunteer sites
Mailing address: P O Box 3310, East St. Louis, IL 62204

The Center for Senior Renewal

Alton Memorial Hospital

#1 Memorial Drive

Alton, IL 62002

Phone: (618) 463-7895

E Mail: map3737@bjc.org

Website: <https://www.altonmemorialhospital.org/Medical-Services/Senior-Care/Center-for-Senior-Renewal>

Area Served: Madison and St. Clair Counties

Services Offered: An outpatient counseling program focused on restoring quality of life for seniors facing emotional issues. We provide individual and group therapy, psychiatric care and coordination with community resources and other treatment providers. Regular patient involvement is an essential aspect in providing the most effective treatment to meet every client's goals.

Centerstone

2615 Edwards Street

Alton, IL 62002

Phone: (618) 462-2331

Alton 24 Hour Hotline: (618) 465-4388

Web Site: <https://centerstone.org>

Cost: Please call for more information.

Hours: Monday and Friday – 8:45 am to 5:00 pm; Wednesday and Thursday – 8:45 am to 8:00 pm

Area Served: Adults in northern Madison County; children and adolescents from throughout Madison County.

Services Offered: 24-Hour crisis services; community support services for children and adults; counseling services for children, adults, couples and families; medication assisted recovery services for adults; psychiatric and medical services; residential and housing services for adults; senior and caregiver services; substance abuse counseling; and, DUI services.

Cerebral Palsy of Southwestern Illinois

138 Lincoln Place Court, Suite 101

Belleville, IL 62220

Phone: (618) 233-0210

Web Site: <https://www.facebook.com/pages/Cerebral-Palsy-of-Southwestern-Illinois/154467161259694>

Cost: None

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: Residents of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties who have cerebral palsy or other similar developmental disabilities.

Services Offered: Case management, advocacy, referrals, sensitivity training program, community presentations, residential services (CILA,) Home Based Program facilitators.

Challenge Unlimited, Inc.

#4 Emmie L. Kaus Lane

Alton, IL 62002

Phone: (618) 465-0044 or 1-800-464-7100

TTY: (618) 465-7307

Web Site: www.cuinc.org

Cost: Fees for services are provided through secondary funding agencies based on need.

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: Metro East, St. Louis, Springfield and Rantoul, Illinois and

Ft. McCoy, Wisconsin

Services Offered: Provides employment opportunities and training for individuals with disabilities. Vocational Evaluation, Transitional Work Services, Supported Employment and Placement Services offered.

Residential placement and training of independent living skills offered through Challenge Unlimited, Inc., affiliate company Residential Options, Inc. The cost varies by program. Developmental Training Centers in Alton and Swansea provide rehabilitation services for individuals who are mentally, emotionally and physically disabled.

Chariti Home

P.O. Box 23426

Belleville, IL 62221

Phone: (618) 300-0771

E Mail: charitihome.nfp@gmail.com

Web Site: www.charitihome.org

Area Served: St. Clair County

Services Offered: Transitional Living Center – Supportive transitional living, housing and various supports and services: Crisis Management – Linking the young mothers to appropriate community services – Safe housing, domestic violence shelters, case management, counseling and doctors. In addition, if they qualify we provide gift cards for food, clothing, formula and bus passes or linking them to appropriate community agencies which provide the above. Personal Goals – Establishing and achieving personal goals related to health care, emotional stability, educational enhancement and vocational readiness. Parenting Skills – Teaching appropriate parenting skills in an effort to create a lasting bond between members and their children, in order to significantly reduce or prevent the risk of child abuse/neglect. Empowering participants for independent living, including effective household management, budgeting, appropriate parenting skills and access to community resources. Mentoring – Building positive, healthy relationships, Participant to Self, Participant to Adults, Peer to Peer, Conduct, Character, Conversation. Education – Tutoring, primary, secondary, college/university/vocational. Life Skills – Parenting skills, financial management, planning for future independent living, socialization and recreation, health and wellness (Prenatal and Post Natal.)

Chestnut Health Systems

12 North 64th Street

Belleville, IL 62223

Phone: (618) 397-0900

Crisis Line: (618) 877-0316

Web Site: www.chestnut.org

Cost: Sliding scale, Medicaid required for some services

Hours: Monday, Thursday and Friday – 8:00 am to 5:00 pm; Tuesday and Wednesday – 8:00 am to 8:00 pm

Area Served: Belleville and eastern St. Clair County

Services Offered: A comprehensive array of behavioral healthcare services including: addiction treatment services for adolescents and adults; prevention services; individual and group outpatient therapy/counseling for adults, children and adolescents; 24-hour crisis intervention services; supervised and supported housing; psychosocial rehabilitation; vocational services; pre-admission screening for nursing facility placement; adult case management; mental health juvenile justice for adolescents; psychiatric services for children, adolescents and adults.

Other Locations:

- 50 Northgate Industrial Drive, Granite City, IL 62040 (618) 877-4420
Outpatient mental health and substance abuse treatment, FQHC (Primary Care)
- 2148 Vadalabene Drive, Maryville, IL 62062 (618) 288-3100
Youth residential and outpatient substance abuse treatment

Children First Foundation

1909 Dublin Boulevard, Suite B

Belleville, IL 62221

Phone: (618) 235-6192

Web Site: www.children1stfoundation.org

Cost: Please call for more information.

Hours: Monday thru Friday – 9:00 am to 4:00 pm

Area Served: Madison and St. Clair Counties

Services Offered: Visitation Exchange Centers – Neutral site for court ordered child exchanges. Locations in Belleville at 1909 Dublin Boulevard and Wood River at Madison County Kids Corner. There is no cost for this program. Kids Helping Kids – Counseling services for children of divorced and separated families. Cost varies by therapist. Children First Program – Administers the court mandated divorce education program for the 20th and 3rd Judicial Circuits. To schedule in St. Clair County call 618-236-2099 between 9:00 am and Noon; to schedule in Madison County call 618-251-6214 between 9:00 am and Noon.

Children's Home + Aid

2133 Johnson Road, Suite 104

Granite City, IL 62040

Phone: (618) 452-8900

Web Site: www.childrenshomeandaid.org

Cost: Please call for more information.

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: Southern Illinois

Services Offered: Provides adoption services; child and family counseling; early childhood care and education; foster care; adoption and guardianship preservation; intact family services; parent support; youth services. Serves Bond, Clinton, Jersey, Macoupin, Madison, Monroe, Randolph, St. Clair and Washington Counties.

Other Locations:

- #6 Crossroads Court, Alton, IL 62002 (618) 462-2714
- 120 East A Street, Belleville, IL 62220 (618) 235-5335
- 601 James R. Thompson Blvd, Building E, East St. Louis, IL 62201 (618) 874-0216
- 357 North Main Street, Breese, IL 62230 (618) 526-8348
- 109 Lou Ann Drive, Herrin, IL 62948 (618)988-1330

Clinton Manor Living Center

111 East Illinois Street

New Baden, IL 62265

Phone: (618) 588-4924

Web Site: www.clintonmanorlivingcenter.com

Cost: Please call for more information.

Hours: Office hours are Monday thru Friday – 8:00 am to 5:00 pm

Area Served: Clinton and St. Clair Counties

Services Offered: We are a Skilled Nursing Facility for the elderly and an Intermediate Care Facility for the developmentally disabled. Community Link, SAVE and Challenge Unlimited provides sheltered workshop employment and various opportunities. Individuals work, receive special training, join in community activities and develop meaningful relationships with peers.

Community Development Block Grant Operation Corporation

510 N. 25th Street

East St. Louis, IL 62205

Phone: (618) 274-7835

Cost: Please call for more information.

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: East St. Louis

Services Offered: Assists low/moderate income residents in housing rehabilitation and neighborhood stabilization programs; demolition projects; assists in purchasing homes. Provides emergency home repair for senior citizens.

Community Link

1665 North Fourth Street

Breese, IL 62230

Phone: (618) 526-8800

E Mail: info@commlink.org

Web Site: www.commlink.org

Area Served: We serve clients in Bond, Clinton, Effingham, Jefferson, Jersey, Madison, Marion, Monroe, St. Clair and Washington Counties. We have residential facilities in Aviston, Breese, Carlyle, Germantown and Highland.

Services Offered: Serves residents who have developmental disabilities. Children's program emphasizes home-based infant stimulation and parent training. Adult program includes vocational and community living skills, evaluation, training, job counseling placement, residential programs, training and work activity.

Other Location:

Developmental Training Site and Production Workshop

9815 Bunkum Road, Fairview Heights, IL 62208 (618) 397-1655

Community Resource Center

580 8th Street

Carlyle, IL 62231

Phone: (618) 594-4581

Cost: Medicare, private insurance and sliding fee scale

Area Served: Clinton County

Services Offered: A drug/alcohol rehabilitation center with a primary focus on mental health and substance abuse treatment. Special language services provided include assistance for hearing impaired.

Community Services Block Grant

#19 Public Square, Suite 200

Belleville, IL 62220

Phone: (618) 277-6790, Extension 3263

Web Site: www.co.st-clair.il.us

Cost: Please call for more information.

Hours: Monday thru Friday – 8:30 am to 3:00 pm

Area Served: Residents of St. Clair County who meet income guidelines.

Services Offered: A federal program that is managed by the St. Clair County Intergovernmental Grants Department. The program provides emergency assistance to eligible individuals and families that have experienced job loss; significant reduction in hours worked; medical emergency expense. Services include, but are not limited to: rental and mortgage assistance; limited dental, medical and prescription assistance; child care co-pay; scholarship program; limited automobile payment/repair (vehicle must be at least a 2000 model;) lice kits (must be referred by school or physician;) and, hot water heater repair/replacement.

Comprehensive Behavioral Health Center

505 South 8th Street
East St. Louis, IL 62201-2919

Phone: (618) 482-7330

TDD: (618) 482-7389

E Mail: thecenter@cbhc1.org

Web Site: www.cbhc1.org

Cost: Sliding scale

Hours: Monday, Tuesday, Wednesday and Friday – 8:00 am to 5:00 pm;
Thursday – 8:00 am to 6:00 pm

Area Served: Stites, Sugarloaf, Canteen, East St. Louis, Centreville, Cahokia, East Carondelet, Dupo, Washington Park, Alorton, Brooklyn, Fairmont City, National City, Sauget and Caseyville west of Highway 157.

Services Offered: Emergency and Crisis Intervention services are offered 24-hours a day, seven days a week. Professional staff provide walk-in, outreach and telephone intervention to persons of all ages who may be in crisis. Clients experiencing acute distress requiring protective care will be referred to the local hospitals or the Alton Mental Health Center. Services include: therapy and transitional services; parenting classes; linkage and hospital aftercare; residential services; MISA services; specialized children's services; consultation/education to community; youth alcohol substance abuse; crisis intervention; substance abuse treatment; day training; specialized services to seniors; community support; HIV counseling and testing; case management; and, methadone services.

Comprehensive Behavioral Health Center

Center for Addictions Rehabilitations and Treatment Services (ARTS)

505 South 8th Street
East St. Louis, IL 62201

Phone: (618) 482-7389 (TDD) any time

E Mail: thecenter@cbhc1.org

Web Site: www.cbhc1.org

Services Offered: Provides Level I and Level II intensive outpatient services for addiction treatment under the auspices of Comprehensive Behavioral Health Center; also provides residential services.

Cooperative Home Care

1320 Commercial Boulevard
Herculaneum, MO 63048

Phone: 636-937-9449 or 1-800-HOMECARE (in Missouri) and 1-618-HOMECARE in Illinois

E Mail: pstone@cooperativehomecare.com

Web Site: www.CooperativeHomeCare.com

Cost: Please call for more information.

Area Served: Franklin, Jefferson, St. Charles, St. Louis Counties in Missouri; St. Louis City; Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties in Illinois

Services Offered: We offer nursing care, physical therapy, occupational therapy, speech therapy, caregiver services, personal care, homemaker services, companionship, errands and appointments, respite or relief for a

primary caregiver, and social work. Free in-home assessment, communication binder and personalized care plans for all clients.

Other Location:

415 South Main Street, St. Clair, MO 63077 636-629-5315

Counseling Center, Southwestern Illinois College

2500 Carlyle Avenue

IS Building – Room 1115

Belleville, IL 62221

Phone: (618) 235-2700, Extension 5206

Web Site: www.swic.edu/counseling

Hours: Monday thru Thursday – 8:00 am to 9:00 pm; Friday – 8:00 am to 4:00 pm

Area Served: Southwestern Illinois Community College District 522

Services Offered: Qualified counselors assist present students and potential students with academic, career and personal counseling.

Cystic Fibrosis Foundation

8251 Maryland Avenue, Suite 12

St. Louis, MO 63105

Phone: (314) 733-1241 or 1-800-727-1464

E Mail: gateway@cff.org

Web Site: www.cff.org

Area Served: Southern Illinois and Eastern Missouri

Services Offered: The Cystic Fibrosis Foundation is a non-profit organization whose mission is to assure the development of the means to cure and control cystic fibrosis (CF) and to improve the quality of life for those with the disease. Promotes high quality, state-of-the-art, specialized care for individuals with CF by supporting and accrediting care centers nationwide. The centers – located at major teaching and community hospitals – offer diagnosis services and comprehensive treatment for people with CF and their families.

D

Deaf Support Group

IMPACT Inc.-

2735 E. Broadway

Alton, IL 62002

Phone: (618) 462-1411

TTY: (618) 474-5333

Toll Free: 1-888-616-4261

Web Site: www.impactcil.org

Services Offered: Offers support and fellowship to deaf and hearing impaired people. Please call for more information.

Depression and Bipolar Support Alliance

Website: <http://www.dbsalliance.org/site/PageServer?pagename=home>

DBSA support groups provide an opportunity to hear and talk to others about mood disorders, to begin new friendships, and be updated on the latest research information and new therapy treatments. The meetings focus on the daily coping skills necessary to manage the disability and to live a full, productive and quality life.

DBSA of Madison County

Anderson Hospital

6800 Highway 162

Maryville, IL 62062

E Mail: dbsamcm@yahoo.com

Contact: Nicole Meyers at (618) 225-7709

Services Offered: Group meets every Monday at 7:00 pm at Anderson Hospital next to the cafeteria on Lower Level B, Classroom B.

DBSA of Southern Illinois

Call for Help Recovery Support Center

Belleville, IL 62220

Phone: (618)397-0968 ext. 109

Contact: Rodger Wegener (618)444-6927 or Lisca Wojick (618)581-4179

Email: dbsahopebelleville@gmail.com

Services Offered: Group meets Thursdays at 6pm and Saturdays at Noon.

Developmental Disability Services of Metro East

2900 Frank Scott Parkway West, Suite 928

Belleville, IL 62223

Phone: (618) 236-7957 and (618) 656-9663

E Mail: janenesbit@ddsme.org

Web Site: www.ddsme.org

Cost: None

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: St. Clair and Madison Counties

Services Offered: Provides Individual Service Coordination to persons who are developmentally disabled: Provide referral and linkage to respite services, day programs, residential programs, educational, vocational, employment, counseling, family support and other disability specific services. Pre-Admission Screening (PAS): Screens and assesses individuals who are seeking admission to Medicaid funded services and residential settings. Bogard Service Coordination: Specialized, long term service coordination is provided to Bogard class members residing in Madison and St. Clair Counties. Services are provided regardless of the living

arrangement or need for Specialized Services. Individual Service and Support Advocacy Program (ISSA): Provides collaborative assistance to recipients and providers to enhance the delivery of service. Prioritization of Urgency of Need for Services (PUNS): Enrollment in statewide PUNS electronic database that identifies the needs of persons with developmental disabilities.

Diabetes Support Group

St. Elizabeth's Hospital
211 South Third Street
Belleville, IL 62220

Phone: (618) 234-2120 Ext. 2426

Contact: (618) 641-5498

Website: <http://steliz.org/Events-Classes/Support-Groups/Diabetes-Support-Group.aspx>

Services Offered: Support for those who have high blood sugar, interested in managing their diet. The group meets Tuesdays 5-6pm and Thursdays 12-1 in Cardiac Rehab Gym. Exercise sessions also offered, call for days.

Diabetes Support Group

St. Joseph's Hospital
9515 Holy Cross Lane
Breese, IL 62230

Phone: (618) 526-5743

Contact: Barbara.voss@hshs.org

Services Offered: Support for those who have high blood sugar, interested in managing their diet. The group meets the first Monday of odd numbered months at 6:00 pm in the Heritage Room.

Diabetes Support Group

St. Joseph's Hospital
1515 Main Street
Highland, IL 62249

Phone: (618) 651-2766

Services Offered: Support for those who have high blood sugar, interested in managing their diet. The group meets the first Tuesday of each month (September – May) at 7:00 pm in Jehle Hall (cafeteria.) Registration not required.

Diabetes Support Group

Memorial Hospital
4500 Memorial Drive
Belleville, IL 62226

Phone: (618) 257-5861

Web Site: www.memhosp.com

Services Offered: This is a mutual support group comprised of people with diabetes, their families and people who had their lives affected by diabetes. Meetings are held on the fourth Monday of the month from 9:00 am to 11:00 am in the Memorial Hospital Auditorium.

Diocese of Belleville – Office of Youth Ministry

2620 Lebanon Avenue
Belleville, IL 62221

Phone: (618) 235-9601 ext. 1302

Web Site: www.diobelle.org

Cost: No individual fee; local churches are encouraged to remit an annual support fee for services.

Hours: Monday thru Thursday – 8:00 am to 4:30 pm; Friday – 8:00 am to Noon

Area Served: 28 counties of Southern Illinois

Services Offered: Socialization and community service opportunities for high school youth; leadership opportunities for high school youth through an annual Youth Conference; training in cultural diversity for elementary school students. Leadership training for adult youth leaders at the local church level.

Disabled American Veterans National Headquarters

3725 Alexandria Pike

Cold Spring, KY 41076

Phone: 877-426-2838 or 859-441-7300

Web Site: www.dav.org/veterans

Mailing Address:

Local Office

P.O. Box 14301, Cincinnati, OH 45250-0301

VA Regional Office, 9700 Page Avenue, Suite 101, St. Louis, MO 63132

(314) 253-4429

Services: Mobile services travel to smaller rural communities/counsel/assist veterans with benefits. Information seminars homeless veterans-Promote support housing, disaster relief.

E

East St. Louis Agreement for Special Education

1005 State Street

East St. Louis, IL 62201

Phone: (618) 646-3000

Web Site: www.estl189.com

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: School Districts 188 and 189

Services Offered: Comprehensive program for handicapped children, three to 21 years of age.

East Side Health District

Administration and East St. Louis Clinic

638/650 North 20th Street

East St. Louis, IL 62205

Phone: (618) 271-8722 or (618) 874-4713

Web Site: www.eshd.org

Cost: Please call for more information. Medicaid accepted.

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: Canteen, Centreville, East St. Louis and Stites Townships

Services Offered: Provides adverse pregnancy outcome reporting service; newborn screening; Childhood Preventive Lead Screening; AIDS counseling and testing program; communicable disease program; sexually transmitted disease program; immunization clinic; Women, Infant and Children (WIC) Program; vital statistics (birth and death certificates;) dental health; influenza vaccine program; school physicals; Well Child Clinic; AIDS Consortia Case Management; environmental health (inspection of water supply, food service establishments, sewage disposal and solid waste.) Healthy Heart education for women, abstinence education (teens and grade schools,) abstinence library available to community.

Other Locations:

Cahokia Clinic – 1274 Camp Jackson Road, Cahokia, IL 62206 (618) 337-4178

Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

Washington Park Clinic – 5540 Bunkum Road, Washington Park, IL 62204

(618) 874-4627 Hours of Operation – Monday and Tuesday – 8:00 am to 4:30 pm

Fairmont City Clinic – 2568 North 41st Street, Fairmont City, IL 62201

(618) 271-7550 Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

East Side School Base Clinic – 4901 State St, East St. Louis, IL 62205

(618) 482-4562 Hours of Operation – Monday and Wednesday – 8:00 am to 4:30 pm-Friday 1-4:30pm

Public Health Emergency Contact After hours (618) 409-7855

Cahokia School Base Clinic – 800 Range Lane, Annex Building, Cahokia, IL 62206

(618) 337-3117 Hours of Operation – Monday thru Friday – 8:00 am to 4:30 pm

Vivian Adams Clinic – 501 North 10th Street, East St. Louis, IL 62201

(618) 646-3296 Hours of Operation – Tuesday and Thursday – 8:00 am to 4:30 pm-Friday 8am-noon.

East St. Louis Housing Authority

700 North 20th Street

East St. Louis, IL 62205

Phone: (618) 646-7100 Emergency After hours: (618) 646-7200.

Public Safety Contact Number: (618) 225-0377

Web Site: www.eslha.org

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Area Served: East St. Louis and surrounding communities in St. Clair County

Services Offered: Provide safe, decent and affordable housing to senior citizens, disabled and low/moderate income families. Promote, in partnership with community agencies and faith-based organizations, resident empowering through education, training, job development and home ownership.

Epilepsy Foundation of Greater Southern Illinois

3515 North Belt West, Belleville, IL 62226

Phone: (618) 236-2181

Toll Free: 1-866-848-0472

E Mail: trudyb@epilepsygsil.org

Web Site: www.efgreatersil.org

Cost: None

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: Bond, Clinton, Madison, Monroe, St. Clair, Randolph and Washington Counties

Services Offered: Provides client and family support, residential services, Community Integrated Living Arrangement, Community Supportive Living Arrangement, Children’s Camp Program and community education.

F

Faith Countryside Homes

100 Faith Drive

Highland, IL 62249

Phone: (618) 654-4600

E Mail: admissions@faithcountryside.org

Web Site: www.faithcountryside.org

Cost: Please call for more information.

Services Offered: Seventy-six bed nursing center with skilled Medicare (PT, OT, ST) 14-bed secured unit for people experiencing early Alzheimer's Disease and related memory loss conditions, 36 assisted living apartments provide personalized assistance and service, 84 HUD funded apartments where residents enjoy complete independence yet can choose from a wide variety of features and services, 54 condos where seniors experience a totally independent lifestyle.

Faith in Action

233 N. Seminary

Collinsville, IL 62234

Phone: (618) 344-8080

E Mail: volunteers@fiacollinsville.org

Web Site: www.fiacmetroeast.org

Hours: Monday thru Friday – 9:00 am to 3:00 pm

Area Served: Collinsville, Caseyville and Maryville

Services Offered: Collinsville Faith in Action is an ecumenical ministry that provides transportation, shopping, companionship, family respite, seasonal yard maintenance and minor home repair for the elderly and disabled. Services are provided at no charge. Three to seven days' notice is needed, depending on the nature of the request. Treatment Services staff to educate community members and treatment providers about the effects of prenatal and environmental substance exposure on children, as well as how to identify families at risk and refer them to appropriate treatment services.

Family Hospice

5110 West Main Street

Belleville, IL 62226

Phone: (618) 277-1800

E Mail: info@familyhospice.org

Web Site: www.familyhospice.org

Cost: Medicare/Medicaid, private insurance; Family Hospice provides care to patients regardless of their ability to pay.

Hours: Monday thru Friday – 8:30 am to 4:30 pm

After Hours: Week-ends and holidays you may contact a Hospice representative and/or the Hospice on-call nurse by calling the Family Hospice office at 618-277-1800.

Area Served: St. Clair, Randolph, Clinton, Madison, Monroe and Washington Counties

Services Offered: Provide services to individuals and their families who are experiencing the last phase of an incurable disease; 24-hour on-call services available. Provides children's bereavement program which includes grief counseling for children and educational presentations regarding death and dying. Also offers grief support programs for teens who have experienced the death of a loved one and for parents who have lost a child of any age, to death.

Flash Estates Cila Home **new (name change from Belle Manor)

225 W. B Street,
Belleville, IL 62220

Phone: (618) 234-5657

Cost: Please call for more information.

Hours: 24-hour facility

Services Offered: ICF/DD – Residential care for the developmentally disabled.

Fontebella Maternity Shelter

P.O. Box 137

O'Fallon, IL 62269

Phone: (618) 406-4355

E Mail: info@fontebella.org

Web Site: www.fontebella.org

Services Offered: A free, full service home for young women over the age of 18 who are in crisis pregnancies. We offer long-term care that begins when the resident arrives and ends when she and her baby have a safe environment in which to return. Fontebella will provide a home environment in which our residents will participate in goal planning and educational programs focused on providing the knowledge and skills they need to live independently and to provide for their children.

Foundation For Autism Services Today and Tomorrow (FASTT)

Mailing Address: PO Box 500 East Division Street, Maryville, IL 62062

Phone: (618) 741-6409

Website: fasttfoundation.org

Contact: program.director@fasttfoundation.org

Services Offered: FASTT is a non-profit organization founded to establish day programming for adults with autism in Southern Illinois.

Franklin Neighborhood Community Association

308 North 2nd Street

Belleville, IL 62220

Phone: (618) 233-1710

E Mail: fnca118@yahoo.com

Website: fnca118.wixsite.com/visit

Hours: 8:00 am to 5:00 pm

Area Served: Franklin, Jefferson and Henry Raab Neighborhoods

Services Offered: Structured after-school programs, neighborhood open gym/youth nutrition programs, Honor Student Lunch, Halloween Safe Stop, random acts of kindness vouchers-school store, summer day camps, summer camp library and tutoring opportunities, camperships to various summer camp programs, Neighborhood Watch programs, babysitter training, home protection/fire safety programs, neighborhood clean-up/recycling and environmental programs.

Freeburg Care Center

746 Urbana Drive

Freeburg, IL 62243

Phone: (618) 539-5856

Email: info@freeburgcarecenter.com

Web Site: www.freeburgcarecenter.com

Hours: Business hours are Mon-Fri 8:00 am to 4:30 pm.

Area Served: Metro east area and surrounding towns.

Services Offered: Medicare skilled A and B services, Medicaid, skilled nursing, skilled physical, speech and occupational therapies.

Freeburg Terrace

4 Hill Mine Road

Freeburg, IL 62243

Phone: (618) 539-4882

Cost: Please call for more information.

Services Offered: Intermediate care facility for the developmentally disabled.

G

Gamblers Anonymous

Phone: To speak with a local GA member contact our hotline at 1-855-222-5542.

Web Site: www.gamblersanonymous.org (International)

Web Site: <http://stlga.org/meetings.html> (Local)

Services Offered: A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. Meetings are held on Mondays and Thursdays at 7:30 pm at the Union United Methodist Church, 721 East Main Street, Belleville. Entrance is on the second floor. Open Meeting.

Garden Place of Millstadt

208 South Kossuth

Millstadt, IL 62260

Phone: (618) 476-1440

Web Site: www.gpliving.com/index.html

Cost: Please call for more information.

Hours: 24-hour facility

Area Served: St. Clair, Monroe and Randolph Counties

Services Offered: Senior apartments, independent and assisted living, in-home assistance and adult day care.

Other Locations:

Reflections at Garden Place-Memory Care, 710 South Main Street, Columbia 62236 (618) 281-3388

Garden Place of Red Bud, 351 Lockwood Drive, Red Bud 62278 (618) 282-7775

Garden Place of Waterloo, 735 Columbia Avenue, Waterloo 62298 (618) 939-4900

Garden Place of Columbia-Garden Place Assisted Living 480 DD Road, Columbia, IL 62236, (618) 281-4200

Cost: Please call for more information.

Services Offered: Accepts residents 55 years and older who may be able to manage some activities but requires assistance and supervision with activities of daily living; may require cueing or supervisions; requires assistance with provision of basic needs, i.e., medications, nutrition, hygiene, housekeeping, mobility, etc.

Gateway Foundation

1 Bronze Pointe

Swansea, IL 62226

Phone: (618) 234-9005

24 Hour helpline: 877-505-4673

Web Site: www.recovergateway.org

Cost: Sliding scale

Hours: Monday thru Thursday – 9:00 am to 9:00 pm; Friday – 9:00 am to 5:00 pm

Area Served: Metro East

Services Offered: Outpatient program provides diagnostic and non-residential treatment for chemically dependent youth and adults; includes individual and group counseling, intensive outpatient and aftercare programs.

Other Location:

600 West Lincoln, P.O. Box, Caseyville, IL 62232 (618) 345-8313

Services Offered: Provides residential and detox services.

Gateway Legal Services, Inc.

200 North Broadway, Suite 950

St. Louis, MO 63102

Phone: (314) 534-0404 or 888-782-8380

Fax: (314) 652-8308

E Mail: mferry@gatewaylegal.org

Web Site: www.gatewaylegal.org

Cost: Depending on the type of case, our services are generally provided either for a reduced contingent fee or without charge.

Hours: 8:30 am to 5:00 pm

Areas Served: Primarily southwestern Illinois, eastern Missouri. Most of our Illinois clients live in St. Clair or Madison Counties.

Services Offered: In most of our cases, our Attorneys' provide legal representation to lower-income people who have been turned down for Social Security disability, Supplemental Security Income (SSI,) or veterans disability benefits and want to appeal. We also handle a limited number of other cases, including termination and overpayment cases. Our office in downtown St. Louis is easily reached from Illinois by car, bus or Metrolink (the closest station to our office is 8th and Pine, three blocks away.) We currently represent over 200 Illinois residents, most of whom live in St. Clair and Madison Counties.

Gateway Regional Medical Center**Behavioral Health Services**

2100 Madison Avenue

Granite City, IL 62040

Main Phone: (618) 798-3000

Phone: (618) 798-3888 Behavioral Health Services

Web Site: www.gatewayregional.net

Cost: Insurance, Medicaid, Medicare, self-pay

Hours: 24-hour facility

Area Served: Southwestern Illinois

Services Offered: Psychiatric care for children and adolescents, ages six to 17 years of age, offers individualized treatment programs that include family therapy, group therapy and individual therapy. Psychiatric geriatric services – cognitive disorder program offers treatment for patients aged 55 years or older experiencing symptoms of dementia, including Alzheimer's disease or mental impairments resulting from a stroke or physical condition. Our therapeutic program includes education, group therapy, individual and family counseling, medication management and recreational activities. Regularly scheduled meetings are held with a psychiatrist and a social worker to discuss follow-up plans and discharge arrangements. Psychiatric inpatient services – the therapeutic treatment program includes cognitive and dialectical behavior therapies, couples and family therapy, individual counseling, medication management, motivational enhancement, pain management, parenting training, and supportive listening and problem solving. Regularly scheduled meetings are held with a psychiatrist and a social worker to discuss follow-up plans and discharge arrangements.

The Golden Years

7 North 44th Street

Belleville, IL 62226

Phone: (618) 235-0126

Web Site: www.goldenyearsadultsupportcenter.com

Cost: Please call for more information.

Hours: Monday thru Friday – 6:30 am to 5:00 pm

Area Served: St. Clair County

Services Offered: Adult day care supervision, health monitoring, medicine administration and review, activities, crafts, games and socialization.

Grand Manor

58 Frank Scott Parkway East

Swansea, IL 62226

Phone: (618) 257-1400

Contact: Grandmanor@grandmanorswansea.org or grandmanor@mchsi.com

Cost: Please call for more information.

Hours: 7:00 am to 9:00 pm (Tours daily)

Services Offered: Age 55+ Independent retirement community that offers elegant deluxe studios, spacious one-bedroom and two-bedroom/two bathroom apartments. Apartments include kitchenette, private bath, wall to wall carpeting, window treatments, individual control of the heating and cooling levels and large closet space. Most apartments include private balconies or patios. Rent is month to month – no long term lease or buy-in fee. Rent includes all utilities except telephone; three meals, seven days a week, served in the dining room; weekly housekeeping includes laundering of bed and bath linens that are provided; socialization and planned activities; transportation; on-site 24 hour management; maintenance; and, coin-free laundry facilities. Pets are welcome. Grand Manor also has a clubhouse, beauty salon, barber shop, fitness room, movie theater, convenience store and many other special services.

Grandparents Parenting Again

AgeSmart Community Resources

Phone: 1-800-326-3221 and (618) 222-2561

2365 Country Road, Belleville, IL 62221

Mon-Fri 8am-4pm

Web Site: www.agesmart.org

Services Offered: Support for grandparents raising grandchildren. Provides legal, financial and resource information.

Locations:

Children's Home and Aid Society (CHASI), 907 Martin Luther King, Suite C, East St. Louis, IL 62201-1704
(618) 452-8900, Extension 112

Bread of Life Christian Church, 1830 Summit Avenue, East St. Louis, IL 62201
(618) 271-7370

Southwestern Illinois College, 201 North Church Street, Belleville, IL 62220
(618) 234-4410, Extension 7047

Graves Disease Support Group

Dedicated to increasing public awareness of the disease and providing support/information for people affected with the illness.

Email: Belleville-gdf@hotmail.com

Web Site: Graves-disease.supportgroups.com

Great Circle – St. Louis

330 North Gore Avenue

St. Louis, MO 63119

Phone: (314) 968-2060

Other Location:

1220 N. Lindbergh Blvd

St. Louis, MO 63132

Phone: (314) 778-9555

Web Site: www.greatcircle.org

Hours: Administrative Office – 8:30 am to 4:30 pm

Services Offered: Provides compassionate care and treatment to restore children and strengthen families through intensive therapy, special education, case management and support services.

Grief Support Group

St. Joseph's Hospital
9515 Holy Cross Lane
Breese, IL 62230

Phone: (618) 526-5327

Services Offered: Support for those looking for comfort and understanding after a loss, no matter how recent or long ago. Meet the third Tuesday of each month at 7:00 pm in the Managers' Conference Room.

Additional Grief Support:

St. Joseph's Hospital, 1515 Main Street, Highland, IL 62249 (618) 651-2980

Twice a year for nine week sessions. (Pastoral care dept. reg. required)

GROW

St. Elizabeth's Hospital
211 South Third Street
Belleville, IL 62220

Contact: Sharon at (618) 977-1133

Website: growinamerica.org/

Services Offered: Self-help group for persons with mental health problems. The group meets on Thursday at 7:00 pm in Room 722.

Guardianship and Advocacy Commission

Metro East Regional Office
4500 College Avenue, Suite 100
Alton, IL 62002

Phone: (618) 474-5503

Statewide TTY: 1-866-333-3362

Web Site: <http://gac.state.il.us>

Cost: Fees may be imposed in certain situations.

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Area Served: Bond, Clinton, Madison, St. Clair, Randolph, Monroe, Washington, Montgomery, Fayette, Macoupin, Jersey, Morgan, Greene, Scott, Pike and Calhoun Counties

Services Offered: **Office of State Guardian (OSG)** – Appointed by the courts as a guardian of last resort, the OSG provides guardianship services to more than 4,500 persons with disabilities. **Legal Advocacy Service (LAS)** – Represents persons with disabilities at commitment hearings and makes counsel available to enforce the rights of those with disabilities under the Illinois Mental Health and Developmental Disabilities Code and other related laws. **Human Rights Authority (HRA)** – Conducts investigations of alleged rights violations by providers against people with disabilities. Also works closely with providers to help resolve rights issues.

Gluten-Free Support

St. Joseph's Hospital
1515 Main Street
Highland, IL 62249

Phone: (618) 651-2743

Services Offered: The opportunity for those following a gluten-free diet to share health and diet challenges, find new nutritional solutions, share common concerns. Meets 3rd Monday of each month at 6:30 pm.

Participation is free and no registration required. Led by registered dietician Cindy Hartman. Call for more information.

H

Harbor Light Center

3010 Washington Boulevard
St. Louis, MO 63103-1390

Phone: (314) 652-3310

Web Site: www.usc.salvationarmy.org

Services Offered: Shelter, health care services, alcohol/drug rehabilitation services for homeless men, transitional living program for veterans, and job training program. To determine eligibility for any of these programs, please call (314) 286-3200.

Hazel Bland Promise Center

2900 State Street
East St. Louis, IL 62205

Phone: (618) 274-3500

Cost: Responsibility of the student's school district

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: East St. Louis, Canteen, Centreville and Stites Townships, Cahokia and Washington Park

Services Offered: Serves severe and profoundly mentally handicapped and physically handicapped children 3-21. Provides education, social services, family support, transportation and meals.

Family Support Unit

6400 West Main Street, Suite 3F
Belleville, IL 62223

Phone: (618) 394-9310

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: St. Clair County

Services Offered: Outreach/support program that promotes independent living for the developmentally disabled, client assessment, life skills training, information and referral, budgeting and money management assistance, residential alternatives, respite and social services.

Heartland Hospice

333 Salem Place, Suite 165
Fairview Heights, IL 62208

Phone: (618) 632-0304 or (844) 329-0950

Email: fairview@heartlandhospice.com

Web Site: www.heartlandhospice.com

Area Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties

Services Offered: Heartland Hospice is dedicated to providing patients with care wherever they consider home. Whether care is desired in the home a patient has lived in for years, a skilled nursing center or an assisted living facility, we tailor our caregiving to fit the patient's and family's unique needs.

Heartlinks Grief Center

Family Hospice
5110 West Main Street
Belleville, IL 62226

Phone: (618) 277-1800

E Mail: dcuddeback@familyhospice.org

Web Site: www.familyhospice.org or myheartlinks.com

Hours: 8:30-4:30 Mon-Fri, weekend/holiday- on call representative or nurse (Family Hospice) 618-277-1800.

Services Offered: Heartlinks offers ongoing, monthly grief support for kids, teens and families. There are four groups for children, ranging from preschoolers to teens. There is a Caregiver Support Group for anyone

caring for a grieving child; Parenting Alone is for anyone who has had a parenting partner die. Adult Support Groups include: Facing the Future is for any adult who has experienced the death of a loved one, be it child, sibling, spouse, friend or any other loss. Aching Arms is a program that Heartlinks partnered with Compassionate Friends to create. Grief support to parents who have lost a child or adults grieving the loss of a sibling.

Helping Hands Medical Service Car, Inc.

2125 South Belt West
Belleville, IL 62226

Phone: (618) 239-9900

Cost: Please call for more information.

Services Offered: Provides local medical transportation in Belleville to those with Medicaid.

Home Helpers Serving SWIL

200 West 3rd Street, Suite 712
Alton, IL 62002

Phone: (618) 462-2762 or 1-877-445-4353

Web Site: www.homehelpershomecare.com

Cost: Please call for more information.

Area Served: Missouri area

Services Offered: Home Helpers is one of the premier non-medical in-home care agencies in the industry. Our services apply to four distinct groups of individuals which include senior adults, new moms, people with lifelong challenges and individuals going through rehabilitation due to surgery. We employ compassionate, caring caregivers.

Home Instead Senior Care

2321 Country Road
Belleville, IL 62221

Phone: (618) 234-7640

Web Site: www.homeinstead.com/299

Cost: Please call for more information.

Hours: 24 hours a day/seven days a week

Area Served: St. Clair and Monroe Counties

Services Offered: Non-medical companionship, meal preparation, light housekeeping, laundry, errands, incidental transportation, medication reminders, bathing and dressing assistance. Discounted sleepover services.

Hope Blooms Support Group

Cancer Treatment Center
400 North Illinois Street
Swansea, IL 62226

Phone: (618) 257-5936

Services Offered: A community-based breast cancer support group, Hope Blooms offers an opportunity for women who have been diagnosed with breast cancer to express their physical and emotional needs with others who have had similar experiences. The meetings will be held at the Cancer Treatment Center, PET/CT imaging entrance, Suite A at 7:00 pm on the second Tuesday of each month.

Hope Clinic For Women

1602 21st Street
Granite City, IL 62040

Phone: 1-800-844-3130 or (618) 451-5722

Web Site: www.hopeclinic.com

Cost: Please call for more information.

Hours: Monday thru Friday – 9:00 am to 3:00 pm; Saturday – 8:00 am to 1:00 pm

Area Served: All

Services Offered: Provides pregnancy testing, birth control and abortion care.

Hospice of Southern Illinois

305 South Illinois Street

Belleville, IL 62220

Phone: (618) 235-1703 or 800-233-1708

E Mail: info@hospice.org

Web Site: www.hospice.org

Cost: Medicare, Medicaid and private insurance; provide care regardless of ability to pay.

Hours: Monday thru Friday – 7:00 am to 5:00 pm. On call support available 24 hours a day, seven days a week.

Area Served: 27 counties of Southern Illinois

Services Offered: In order to enhance the quality for individuals of all ages and their loved ones touched by a terminal illness, the following services are provided: consultation with patient's primary physician; management of pain and symptom control; nursing services; counseling; volunteer services; and, bereavement services.

Other Locations:

300 East Main Street, Belleville, IL 62220 (618) 222-5905-Orange Team

204 Halfway Road, Marion, IL 62959 (618) 997-3030

Hoyleton Youth and Family Services

350 North Main Street

Hoyleton, IL 62803

Phone: (618) 493-7382

E Mail: info@hoyleton.org

Web Site: www.hoyleton.org

Cost: Please call for more information.

Hours: Monday thru Friday – 8:00 am to 5:00 pm

Area Served: State of Illinois

Services Offered: Crisis services and case management services for runaway, homeless and high risk youth. Foster care and adoption. Independent living programs for pregnant and parenting DCFS wards. Independent living services also available for wards not pregnant or parenting. Case management services to DHS pregnant or parenting females. Residential services for emotionally disturbed children, developmentally disabled and independent living services offered from campus program.

Other Locations:

463 North 88th Street, East St. Louis, IL 62203 (618) 398-0557

5601 State Street, East St. Louis, IL 62203 (618) 213-3170

Administration Location: 8 Executive Dr. Ste 200, Fairview Heights, IL 62208(618) 688-4727.

Human Service Center

10257 State Route 3

Red Bud, IL 62278

Phone: (618) 282-6233

Web Site: www.ourhsc.org

Cost: Sliding scale

Hours: Monday thru Friday – 8:30 am to 5:00 pm. Evening hours are available upon request.

Area Served: Southern Illinois

Services Offered: Developmental training, home-based services, sheltered workshop, residential services for developmentally disabled adults, residential services for mentally ill adults, psychiatric services, counseling

services, substance use and DUI services, emergency services, divorce mediation services, Children First, community support services and older adult services.

Other Locations:

115 E. Stacey Street, Chester, IL 62233 (618) 826-4547

109 W. Elm Street, Okawville, IL 62271 (618) 243-2091

104 Northtown Drive, Sparta, IL 62286 (618) 443-3045

Human Support Services

988 North Illinois Route 3

P.O. Box 146

Waterloo, IL 62298-0146

Phone: (618) 939-4444

TDD: (618) 939-2043

E Mail: hss@hss1.org

Web Site: www.hss1.org

Cost: Varies, most on sliding fee scale.

Hours: Monday, Tuesday and Thursday – 8:00 am to 8:00 pm; Wednesday and Friday – 8:00 am to 5:00 pm

Area Served: Monroe County

Services Offered: Professional counseling dealing with mental health, crisis services, substance abuse, DUI services, case management and youth services; residential services include community support network, apartment program and assisted living grant program; day and work services include day services classes, work services and client transportation.

Illinois Center for Autism

548 South Ruby Lane
Fairview Heights, IL 62208

Phone: (618) 398-7500

E Mail: info@illinoiscenterforautism.org

Web Site: www.illinoiscenterforautism.org

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Area Served: Southern Illinois

Services Offered: Provides the following programs for individuals with autism. Children's Special Day School which provides educational services, speech therapy, music therapy, physical education and behavior modification therapy for children ages 3-21. Satellite Inclusion that provides mental health treatment and education in seven public school inclusion settings. Vocation Services which provides vocational training and employment opportunities for adult clients in the community. Client and Family Support offers assistance with guardianship, health care, respite care and life skills training.

Other Location:

1306 Wabash Avenue, Belleville, IL 62221 (618) 416-7100
5900 North Illinois, Fairview Heights, IL 62208 (618)632-9077
Pasta Fare and Petals Remembered.

Illinois Coalition Against Sexual Abuse (ICASA)**Local Location**

Rape Crisis Center
Call for Help Sexual Assault Victim Care Unit
9400 Lebanon Road, East St. Louis, IL 62203 (618)397-0975 or
4601 State Street, East St. Louis, IL 62205 (618)271-8990
www.callforhelp.org

Administrative Office

100 North 16th Street
Springfield, IL 62703

Phone: (217) 753-4117

E Mail: icasa@icasa.org

Web Site: www.icasa.org

Hours: 8:30 am to 5:00 pm – Administrative Office

Services Offered: The Illinois Coalition Against Sexual Assault is a not-for-profit corporation of 29 community-based sexual assault centers working together to end sexual violence. Each center provides 24-hour crisis intervention services, counseling and advocacy for victims of sexual assault and their significant others. Each center presents prevention education programs in Illinois communities.

Illinois Department of Children and Family Services

Springfield Headquarters
406 East Monroe
Springfield, IL 62701-1498

Phone: (217) 785-2509

TDD: (217) 785-6605

Web Site: www.state.il.us/dcfs

Hours: Monday thru Friday – 8:30 am to 5:00 pm

To report suspected child abuse or neglect, call the Child Abuse Hotline: 1-800-25-ABUSE (22873)

Services Offered: Provides protective services for children who are neglected, exploited and/or abused; child welfare services that include family counseling, foster care, day care, homemaker and adoption services. Online mandated reporter training.

Local Offices:

10 Collinsville Avenue, East St. Louis 62201 (618) 583-2100
200 North Center, Alton 62002 (618) 466-7014
1220 Centerville Ave, Belleville 62220 (618) 257-7500
559 12th Street, Carlyle 62231 (618) 594-4541
10 Collinsville Ave. , East St. Louis 62201 (618) 583-2100
10251 Lincoln Trail, Fairview Heights 62208 (618) 394-2100
1925 Madison Ave., Granite City 62040 (618) 876-8985
1407 Vaughn, Wood River 62095 (618) 259-8400
202 West Jackson St., Sparta, IL 62286 (618) 443-4317

Illinois Department of Employment Security

4519 West Main Street

Belleville, IL 62223

Phone: 800-244-5631

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Web Site: www.ides.illinois.gov

Area Served: Metro East

Services Offered: Provides employment services to persons 16 years of age and older – includes placement and counseling. Processes unemployment claims.

Illinois Department of Human Services

Division of Developmental Disabilities, Southern Network

Centrum Building, Suite 2M

319 East Madison

Springfield, IL 62701

Phone: (217) 524-2515 or 1-866-DD-PLANS

Web Site: www.dd.illinois.gov

Hours: Monday thru Friday – 8:30 am to 4:00 pm

Area Served: Southern Illinois

Services Offered: Coordinates community funded services for persons with developmental disabilities.

Illinois Department of Human Services

Division of Rehabilitation Services

601 South High Street

Belleville, IL 62220

Phone: (618) 235-5300

TTY: 1-888-460-5133

Web Site: www.dhs.state.il.us

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Area Served: St. Clair, Clinton, Randolph, Monroe and Madison Counties

Services Offered: Provides services to persons with disabilities; assists in obtaining employment placement, counseling, training and services; chores and housekeeping, homemaker, home health and respite.

Other Location:

601 James R. Thompson Boulevard, East St. Louis 62201 (618) 583-2560 or
1-888-460-5117(TTY)

**Illinois Department of Human Services
Division of DHS-Family Community Resource Center**

225 North 9th Street
East St. Louis, IL 62201

Phone: (618) 583-2300

TTY: 1-866-740-3931

Web Site: www.dhs.state.il.us

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Services Offered: Administers the programs of Assistance to the Aged, Blind and Disabled; Aid to Dependent Children and Project Chance; provides food stamps and medical assistance.

Illinois Department of Insurance

320 West Washington Street
Springfield, IL 62767

Phone: (217) 782-4515

Toll Free: 1-866-445-5364

TDD: 1-866-323-5321

E Mail: DOI.InfoDesk@illinois.gov

Web Site: www.insurance.illinois.gov

Hours: Monday thru Friday – 8:00 am to 5:00 pm

Area Served: All Illinois residents

Services Offered: Assists consumers having insurance problems, complaints or questions regarding an insurance company, agency or agent. Provides information on health, auto, homeowners and life insurance.

Illinois Department of Public Health

Edwardsville Regional Office
22 Kettle River Drive
Glen Carbon, IL 62034

Phone: (618) 656-6680

Web Site: www.idph.state.il.us

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Area Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington, Calhoun, Jersey, Macoupin, Montgomery, Christian, Sangamon, Morgan, Scott, Pike and Greene Counties

Services Offered: Provides evaluation of quality care in health care facilities; provides consultation, education and technical assistance with health planning and disease control; administers programs and activities related to the identification, investigation and control of public health hazards and diseases.

Illinois Department of Veterans Affairs

#10 Collinsville Avenue
East St. Louis, IL 62201

Phone: (618) 583-2065

E Mail: vaoffice.st-clair1@illinois.gov

Web Site: <http://www.illinois.gov/veterans>

Hours: Daily 8am to 4pm VSO: Jason Vanselow

Area Served: Metro East

Services Offered: Provides assistance to all veterans, their dependents and survivors in applying for benefits.

Other Locations:

4519 West Main Street, Belleville, IL 62226

VSO: Michelle Bess (618) 233-8445

Monday thru Friday – 8:00 am to 4:00 pm or

VSO: Julie Law (618)233-5140

M/T/TH/F 8:30-5:00pm

E Mail: vaoffice.st-clair2@illinois.gov

SWIC – Belleville Veterans Service Office

2500 Carlyle Avenue, Belleville, IL 62222 (618) 222-5226

First Tuesday of the month, 9:00 am to 4:00 pm

606 W. St. Louis Ave. Suite 1, East Alton, IL 62024 (618) 258-9860

Daily except 2nd, 3rd, and 4th Wednesday 8:30-4:30pm

Inside Out Thrift Store Ministry

1620 Lebanon Ave

Belleville, IL 62221

Phone: (618) 235-2349

Web Site: www.insideoutthrift.com

Cost: Please call for more information.

Hours: Tuesday thru Saturday 9am to 5pm.

Services Offered: Non profit organization and outreach ministry equipped to help those with both spiritual and physical needs.

Integrity of Smithton

107 South Lincoln Street

Smithton, IL 62285

Phone: (618) 233-4662

Cost: Please call for more information.

Hours: Monday thru Friday – 8:00 am to 4:00 pm; Saturday, Sunday and Holidays – 8:00 am to Noon

Services Offered: Intermediate care nursing facility with special emphasis on mental illness.

J

Jackie Joyner-Kersey Foundation

101 Jackie Joyner-Kersey Circle

East St. Louis, IL 62204

Phone: (618) 274-5437

Website: jjkfoundation.org

Services Offered: Serves the youth and families of the surrounding towns of Alorton, Brooklyn, Centreville and Washington Park. Some of the programs offered at the Center are private tutoring, academic enrichment, ACT/SAT preparation, a reading program, dance, arts and crafts, homework help and finance training. There is also tackle football instruction for youth that is affiliated with the Tri-County Junior Football Conference. There is also a Wellness Center, 1,200 seat gymnasium, a Fitness Center, dance studio, two football fields, two baseball fields, a music room and a Science Lab.

K

Karla Smith Foundation

14 Park Place, Suite B

Swansea, IL 62226

Phone: (618) 624-5771 or 1-888-KSF-HOPE

E Mail: KSF@KarlaSmithFoundation.org

Web Site: www.KarlaSmithFoundation.org

Services Offered:

Support group for the family and friends of anyone with a mental illness. Meetings are held the first and third Thursday of every month from 7:00 pm to 8:30 pm at Peace Chapel, 10101 West Main Street, Belleville, Illinois.

Support group for anyone who has lost a loved one to suicide. Meetings are held the second and fourth Thursday of every month from 7:00 pm to 8:30 pm at Peace Chapel, 10101 West Main Street, Belleville, Illinois.

Events and programs are designed to address issues related to mental illness and suicide: prayer services, education and awareness events and dinner/auction.

Navigate Support Group

2nd and 4th Monday of every month 6:00pm

at Karla Smith Foundation

14 Park Place, Suite B

Contact: Emily Smith: 618-234-7312

SIUE Suicide Survivor Support Group

MISSA-Mental Illness and Suicide Support Alliance at SIUE

4th Tuesday of every month 6-7pm

MUC International Room on Campus of SIUE, Edwardsville, IL

**Students, Faculty and Staff who has lost a friend to loved one to suicide are welcome. **

L

Land of Lincoln Legal Assistance Foundation, Inc. Legal Advice and Referral Center (LARC)

Administrative Office

Dorothy O. Cook Community Law Center

8787 State Street, Suite 201

East St. Louis, IL 62203-2026

Phone: (618) 398-0574

Web Site: www.lollaf.org

East St. Louis Office

Dorothy O. Cook Community Law Center

8787 State Street

East St. Louis, IL 62203

Phone: (618) 398-0958

Area Served: Serving low income clients in Clinton, Monroe, Randolph, St. Clair, Washington and Fayette Counties.

Champaign Office

302 North First Street

Champaign, IL 61820

Phone: (217) 356-1351

Toll Free: 1-800-747-5523

Area Served: Serving low income clients in Champaign, Clark, Coles, Crawford, Cumberland, DeWitt, Douglas, Edgar, Effingham, Ford, Jasper, Moultrie, Piatt and Vermilion Counties.

Springfield Office

3085 Stevenson Drive, Suite 202

Springfield, IL 62703

Phone: (217) 529-8400

Toll Free: 1-800-252-8629

Area Served: Serving low income clients in Cass, Christian, Logan, Macon, Mason, Menard, Morgan, Sangamon, Scott and Shelby Counties.

Carbondale Office

Old National Bank Building, 3rd Floor

509 South University Avenue

Carbondale, IL 62901

Phone: (618) 457-7800

Toll Free: 1-800-642-5335

Area Served: Serving low income clients in Alexander, Clay, Edwards, Franklin, Gallatin, Hamilton, Hardin, Jackson, Jefferson, Johnson, Lawrence, Marion, Massac, Perry, Pope, Pulaski, Richland, Saline, Union, Wabash, Wayne, White and Williamson Counties.

Alton Office

310 Easton Street, Suite 330

Alton, IL 62002

Phone: (618) 462-0029

Toll Free: 1-800-642-5570

Area Served: Serving low income clients in Adams, Bond, Brown, Calhoun, Greene, Hancock, Jersey, Macoupin, Madison, Montgomery, Pike and Schuyler Counties.

Lebanon Terrace

221 East Third Street

Lebanon, IL 62254

Phone: (618) 537-4133

Services Offered: A 16-bed residential group home for adults with developmental disabilities. Also provides extended-stay nursing care to seniors with varying levels of disabilities. Please call for more information or to schedule an on-site visit.

Lessie Bates Davis Neighborhood House – Main Office

1200 North 13th Street

East St. Louis, IL 62205

Phone: (618) 874-0777

Web Site: www.lessiebatesdavis.org

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Area Served: St. Clair County

Services Offered: Provides daycare, community and youth services; homemaking services for older adults. Family support services, recreation programs, emergency assistance for utilities/rent/clothing. Adult day care services.

Other Locations:

Family Development Center, 1045 State Street, East St. Louis 62205 (618) 875-2211

Mary E. Brown Center, 606 South 15th Street, East St. Louis 62205 (618) 875-2131

Continuum of Life Care Center/Paulyn House, 1274 North 37th Street,

East St. Louis 62204 (618) 271-2522

Trinity Outreach Center, 5110 Forest Blvd., Washington Park 62204 (618) 482-4246

Lessie Bates Davis Adult Day Services, 8601 Washington St., ESL, IL 62203

(618) 213-8290

LINC, Inc. (Living Independently Now Center)

Main Office – St. Clair County

15 Emerald Terrace, Suite 200

Swansea, IL 62226

Phone: (618) 235-9988 Voice

TTY: (618) 235-0451

Video Phone: (618) 310-0054

E Mail: info@lincinc.org

Web Site: www.lincinc.org

Hours: Monday thru Thursday – 8:00 am to 5:00 pm; Friday – 8:30 am to Noon

Area Served: St. Clair, Monroe and Randolph Counties

Services Offered: Not-for-profit, non-residential organization managed and operated by and for persons with disabilities. Provides information and referral, individual and systems

advocacy, training in independent living skills, peer counseling, home services/personal assistance, home modification, pre-employment skills training, technical assistance/ADA and community education.

Other Locations:

Monroe County Office, Western Egyptian Building, 207 West 4th Street,
Waterloo, IL 62298 (618) 317-4028 Hours: Monday thru Friday – 8:00 am to 3:00 pm
Red Bud, IL 332 North Main St. Red Bud, IL 62278 (618) 282-2123 Hours: Tues & Wed. 9-4pm.

Logos School

9137 Old Bonhomme Road
St. Louis, MO 63132

Phone: (314) 997-7002

Web Site: www.logoschool.org

Services Offered: Assists students who struggle with anxiety disorders, Attention Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Bi-Polar Disorder, Borderline Personality Disorder, chemical dependency, eating disorder, major depressive disorder, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, Pervasive Development Disorder and phobias (school, social, etc.)

Look Good – Feel Better

St. Joseph's Hospital Healthplex
14160 Jamestown Road
Breese, IL 62230

Phone: (618) 526-5672

Must Pre-register Contact: American Cancer Society (800) 227-2345

Website: www.lookgoodfeelbetter.org

Services Offered: For women in active cancer treatment. Teaches beauty techniques for appearance-related side effects of chemo and radiation. Offered quarterly, please call for a schedule.

Look Good – Feel Better

Warren Billhartz Cancer Center
2227 Vadalabene Drive, Maryville, IL 62062

Services Offered: For women in active cancer treatment. Teaches beauty techniques for appearance-related side effects of chemo and radiation. Offered every other month.

Look Good – Feel Better

Cancer Treatment Center
4000 N. Illinois, Ste A, Swansea, IL 62226
Monthly Meeting.

Look Good – Feel Better

OSF St. Anthony's Health Center
915 E. 5th Street, Alton, IL 62002
Every other Month starting in March.

Lutheran Child and Family Services of Illinois

317 West Main Street

Belleville, IL 62220

Phone: (618) 234-8904 or 1-800—363-LCFS

Web Site: www.lcfs.org

Cost: Please call for more information.

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: All people with demonstrated needs are eligible for services, regardless of race, religion or financial means.

Services Offered: Foster care; adoption; home-based services; vocational assistance; individual, marital and family counseling; Family Life Education; and, Pregnancy Counseling.

The East St. Louis Fathers' Center is located c/o Unity Lutheran Church, 4200 Caseyville Avenue, East St. Louis, IL 62204, (618) 875-9117.

Lutheran Senior Services Home Health & Private Duty

1150 Hanley Industrial Court

St. Louis, MO 63144

Phone: 314-963-3430 or 314-968-9313

Web Site: www.LSSHomeHealth.org

Cost: Please call for more information.

Area Served: Jefferson, St. Charles, St. Louis Counties in Missouri; St. Louis City; Madison, Monroe and St. Clair Counties in Illinois

Services Offered: Provides nursing and therapy services under Medicare guidelines to help an individual recover from an illness, injury, hospitalization or discharge from a rehab stay. LSS Private Duty offers personal care and household assistance to help older adults remain living independently in their own homes.

M

Madison County AIDS Program (MADCAP)

2016 Madison Avenue

Granite City, IL 62040

Phone: (618) 876-2383

Web Site: www.cyhs.com

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Cost: Please call for more information.

Area Served: Madison and surrounding counties

Services Offered: Provides anonymous and confidential HIV testing and risk reduction counseling, Peer Support Program, case management: Ryan White and Home Services, Advocacy and Support, Community Outreach Education, Presentations, Referrals and Resources.

Madison County Catholic Charities

2266 Madison Avenue

Granite City, IL 62040

Phone: (618) 877-1184

Web Site: www.cc.dio.org

Cost: Sliding scale

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: Madison County

Services Offered: Provides counseling, adoption and post adoption searches, financial assistance. Local Services: Professional Counseling Solutions, Faith In Action, Med Assist, Guardian Angel Food Party, Homeless prevention legal services.

Madison County Health Department

101 East Edwardsville Road

Wood River, IL 62095

Phone: (618) 296-6060

E Mail: health@co.madison.il.us –tmcorona@co.madison.il.us

Web Site: www.madisonchd.org or www.co.madison.il.us/departments/health/index.php

Cost: Please call for more information.

Hours: Monday – 10:30 am to 5:30 pm; Tuesday, Wednesday and Friday – 9:00 am to 4:00 pm; there are no clinic hours on Thursday

Area Served: Residents of Madison County

Services Offered: Inspection of food service establishments and retail food stores; foodborne illness and complaint investigations; mosquito and vector surveillance activities; tanning salon inspections; monitoring and sampling of non-community public water supplies; private water supply evaluations and samplings; community education and training programs; child and adult immunizations; tuberculosis skin testing; chest x-ray; treatment and prevention; surveillance and investigations of communicable diseases; sexually transmitted disease surveillance, counseling, follow-up, partner notification; childhood lead poisoning prevention and case management; anonymous and confidential HIV testing by appointment; genetics education, referrals and newborn screen follow-up; counseling for families affected by Sudden Infant Death Syndrome.

Madison County Mental Health 708 Board

157 North Main Street, Suite 380

Edwardsville, IL 62025

Phone: (618) 296-4358

Web Site: www.co.madison.il.us

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Services Offered: Fund and implement mental health services, alcohol and substance abuse treatment and developmental disability services. The Board acts as the mental health authority of the county and provides oversight and problem solving for citizens of Madison County in need of services.

March of Dimes, Illinois Chapter

Southern Illinois Division

111 West Jackson Boulevard, Suite 2200

Chicago, IL 60604

Phone: (312) 435-4007

Web Site: www.marchofdimes.com

Services Offered: Seeks to improve the health of babies by preventing birth defects and infant mortality.

Mederi/Caretenders Home Health Services

14335 Jamestown Road, Apt. 48, Breese, IL 62230

Phone: (618) 526-8899-Visiting Nurse or

13 Executive Drive, Suite 12, Fairview Heights, IL 62208

Phone: (618) 277-8899-Visiting Nurse

Web Site: www.almostfamily.com

Area Served: Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties

Services Offered: We are Senior Advocates committed to providing home health care that looks beyond the obvious needs of seniors enabling them to live in their homes for as long as possible.

Memorial Hospital – Senior Care Program

4500 Memorial Drive

Belleville, IL 62226

Phone: (618) 257-5900

E Mail: info@memhosp.com

Web Site: www.memhosp.com

Cost: Please call for more information.

Area Served: Madison, Monroe and St. Clair Counties

Services Offered: Memorial Senior Care offers outpatient group and individual counseling for senior adults. We utilize a psychiatrist, nurse and licensed therapist to develop individualized treatment plans based on client needs. Reports are provided to other involved medical professionals on a routine basis.

Mended Hearts

St. Joseph's Hospital

1515 Main Street

Highland, IL 62249

Phone: (618) 651-2755

Web Site: www.mendedhearts.org

Services Offered: Support for persons with heart disease or those who have undergone cardiac surgery, and their family/friends. Contact Cardiac Rehab for further information.

Mended Hearts, Inc. – Belleville Chapter

Mended Hearts is a volunteer organization consisting of people who have heart disease, their families, medical professionals and other interested people. Additionally, Mended Hearts members form a support group for one another, contributing emotional backing to recovering patients and their families. Location alternates between Memorial and St. Elizabeth's Hospitals. For more information, call (618) 257-5420 or (618) 234-2120, Extension 1620. Mended Hearts meets on the third Monday of each month.

Mercy Heartprints

Mercy Hospital St. Louis
615 S. New Ballas Road
St. Louis, MO 63141

Phone: (314) 251-6000

Services Offered: Support group for parents who have lost a baby. The group meets the second Wednesday of each month in the Cafeteria Classroom at 7:00 pm.

MERS/Missouri Goodwill Industries

1727 Locust Street
St. Louis, MO 63103

Phone: (314) 241-3464

Web Site: www.mersgoodwill.org

Cost: Please call for more information.

Hours: Office hours are Monday thru Friday – 8:00 am to 4:00 pm; please call for individual store hours.

Area Served: St. Louis and Metro East

Services Offered: Provides sheltered employment, vocational evaluation and work adjustment; vocational skills training and placement for persons 16 years and older with measurable disability. Also offer the School to Work Program.

***Career Center of Belleville:** Providing services to people with disabilities
100 Carlyle Plaza, Belleville IL 62221 (618) 234-3820

Minds Eye Information Service

9541 Church Circle Drive
Belleville, IL 62223-1000

Phone: (618) 394-6444 St. Louis: (314) 241-3400, Extension 6444

Web Site: www.mindseyeradio.org

Cost: None

Hours: Seven days a week, 24 hours a day

Area Served: Greater St. Louis and Metro East

Services Offered: Closed circuit radio information service for the blind and print impaired, located at Our Lady of the Snows Shrine.

Monroe County Health Department

**901 Illinois Ave
Waterloo, IL 62298**

Phone: (618) 939-3871

Web Site: www.monroecountyhealth.org

Cost: Please call for more information.

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: Randolph and Monroe Counties

Services Offered: Provides basic public health programs to county residents that include: well-child program. Rehabilitation services, screening for health needs, WIC program and family planning, family case management, environmental health and food inspections.

Mosaic Pregnancy & Health Centers

2019 Johnson Road
Granite City, IL 62040

Phone: (618) 451-2002

Web Site: www.revealmosaic.com or www.supportmosaic.org/c2mobile/

Cost: Free and confidential

Hours: Monday – 9:00 am to 5:00 pm; Thursday – 9:00 am to 6:00 pm;

Area Served: Madison and St. Clair Counties

Services Offered: Provides free pregnancy testing, STI testing and treatment, counseling, adoption and foster care referrals, education, abortion alternatives, ultrasounds to confirm viability of pregnancy.

Other Locations:

Mosaic Pregnancy & Health Centers

115 Lincoln Place Court, Suite 102

Belleville, IL 62221 (618) 355-9977

Tuesday and Wednesday – 9:00 am to 5:00 pm

C2 Mobile

Phone: (618)407-0108

Walk-ins welcome

Services Offered: C2 Mobile by Mosaic is a mobile medical unit that takes two of our strategy steps, Counsel and Connect (C2) to our clients by offering free pregnancy testing and ultrasounds. No longer shall we have to wait and hope for vulnerable women to find their way to us. With C2 Mobile, we will take the message of truth to them by providing vital information on pregnancy, abortion alternatives, ultrasounds and most importantly the Gospel of Jesus Christ.

Current Locations

- University Pointe II (near Bella Milano) - Edwardsville
- Cottonwood Plaza - Glen Carbon
- Walmart lot - Collinsville
- Hope Clinic - Granite City

****Please call first as C2 Mobile may not be in service due to inclement weather. If most local schools are closed, C2 Mobile will not be in service. ****

Mothers Against Drunk Driving

Illinois Chapter

1430 Branding Lane, Suite 104

Downers Grove, IL 60515

Phone: (630) 541-6099

24 hr Victim Helpline@877)MADD-HELP

Missouri Office: (314-426-1595) State Office

Illinois Office: (217) 523-6233, State Office Springfield, 2070 West Monroe Suite B

E Mail: ilstate@madd.org

Web Site: www.madd.org

Services Offered: Works to protect families from drunk driving and underage drinking. Also supports drunk driving victims and survivors.

Mt. Carmel's Grief Support Group

Mount Carmel Cemetery Peace Chapel

10101 West Main Street

Belleville, IL 62223

Phone: (618) 397-0181

Hours: The group meets on the second Wednesday of each month at 1:00 pm in the Peace Chapel. Open to all faiths.

Services Offered: Support for people who have lost a loved one. Please call for more information.

N

Narcotics Anonymous

Gateway Regional Medical Center

2100 Madison Ave.

Granite City, IL 62040

St. Louis Line: (314) 830-3232

Phone: (618) 398-9409 to be directed to meeting information

Meeting Times: Sun, Tues, Wed, Thurs, Fri, and Sat 7pm. Front Desk at Gateway will direct you to hall where meeting held. Changes frequently.

Web Sites: www.na.org or www.showmeregionna.com

Services Offered: NA is a non-profit fellowship/society of men and women for whom drugs had become a major problem. They are recovering addicts who meet regularly to help each other stay clean. NA is not affiliated with any of the facilities where the meetings are held. Please check web site for meeting locations and times.

Other Locations:

St. Louis Area of Narcotics Anonymous

Therapeutic Value

13 South High Street –Party Themes Building, Belleville, IL 62220

Open meeting-Wheel chair accessible.

Meeting Times: Wed 6-7:30pm/Sun 6pm/Thurs 6pm and 8pm/Fri 7pm/Sat 10am and 9 pm(newcomers)/Mon and Tues 6pm.

Second Chance Group

Zion Lutheran Church

1810 McClintock Ave, Belleville, IL 62220

Open Meeting-Wheelchair accessible

Meeting Times: Monday 7-8:30pm

Body Therapy Center

Our diversity is our strength-Changing attitudes and behaviors

4 Executive Woods Ct, Swansea, IL 62226

Open Meeting-Wheelchair accessible

Meeting Times: Saturday 6:30-8pm

Multicultural Universal Worship Center

Addicts Seeking recovery

2804 Camp Jackson Road, Cahokia, IL 62206

Open Meeting-Wheelchair accessible

Meeting Times: Saturday 6-7:30pm

Joseph Center

Eagles Nest

5020 State Street, East St. Louis, IL 62205

Open meeting

Meeting Times: Wednesday 7-8:30pm

Southern Local Forum of Narcotics Anonymous

Website: www.szfn.org

*Find meetings/events/literature/information of what to expect at your first meeting.

Saint Bartholomew Episcopal Church

2167 N. Grand Ave, Granite City, IL 62040

Open Group-Literature Study

Meeting Times: Monday 7:30 pm

NAMI Southwestern Illinois

2100 Madison Avenue, 4th Floor

Granite City, IL 62040-4701

Phone: (618) 798-9788

E Mail: info@namiswi.org

Web Site: www.namiswi.org

Services Offered: NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need. Support Group at this location meets First Tuesday of each month 6:30-8:00pm located in the Pascal Hall meeting room.

Classes offered:

Basic Class

Peer to Peer

Family to Family

NAMI Home Front

See website for Times/Dates/location. Sessions vary in weeks and times.

Support Groups:

Family Support Group

First Baptist Church

534 St. Louis Street

Edwardsville, IL 62025 (Use church parking lot entrance.)

Contact: Pat Rudloff at (618)656-6781

Held the fourth Tuesday of each month from 7:00 to 8:30 pm.

Faith Lutheran of O'Fallon, IL

Held in the Youth House

520 E. US Hwy 50, O'Fallon, IL 62269

Contact Mike and Kathy Janik at (618) 277-5459 for more information including directions to the church. Held the third Tuesday of each month from 7:00 to 8:30 pm.

Open to Persons with mental illness and family/caregivers.

Support Group – Parents/caregivers Brain Disorder and Juvenile Justice System

Anderson Hospital, Route 162 Maryville, IL 62062

Meeting Times: First and Third Wednesday each month 6:30-8pm

Contact: Donna Sheard (618) 567-3228

Support Group for Individuals Living with a Mental Illness

Pascal Hall Meeting Room

Gateway Regional Medical Center

Granite City, IL

For more information, please contact Matt G, magaven@gmail.com at (636) 358-1800 or call the NAMI SWI office and leave a message (618) 798-9788 or email info@namiswi.org.

Held the first Tuesday of each month from 6:30 to 8:00 pm.

Chestnut Health Systems

12 N. 64th Street, Belleville, IL 62223

Second Friday of each month 3:30-5pm

Contact Matt G, magaven@gmail.com at (636) 358-1800 or call the NAMI SWI office and leave a message (618) 798-9788 or email info@namiswi.org.

Call for Help

9400 Lebanon Rd, Edgemont, IL 62203

Use 1st building side entrance

First Tuesday of each month 1:30-3:00pm

Contact: John Person at john.person@ymail.com

Still Waters Senior Living Center

111 University Drive, Edwardsville, IL 62025

Third Tuesday of each month. 7-8:30pm

Contact Tricia Hogan (618) 558-5386

-Specialty support/partner with Furry Friends Recovery

East St. Louis**Parent Support Group**

908 N. 11th St., Emerson Park Metro Station

Contact: Kimberly McClellan (618) 407-9081- kimberlyjmcclellan@yahoo.com

Support group meeting for parents/caregivers of children/adolescents w/ brain disorders.

Meetings: Third Monday of Each month 6-8:00 pm.

National Council on Alcoholism and Drug Abuse**St. Louis Area-Main Office**

9355 Olive Blvd

St. Louis, MO 63132

Phone: (314) 962-3456

Web Site: www.ncada-stl.org

Cost: Please call for more information.

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: St. Louis Metropolitan Area

Services Offered: Provides short-term counseling and referral, treatment referral service, and access to a collection of videos, audio cassettes, literature, books, magazines, newsletters and reports related to alcohol and other drug abuse and addictions. Also offer school and community substance abuse prevention services.

National Multiple Sclerosis Society**Gateway Area Chapter**

1212 S. Woodcrest Executive Drive Suite 320

St. Louis, MO 63141

Phone: (314) 781-9020

Email: gatewayinfo@nmss.org

Web Site: www.gatewaymssociety.org

Area Served: Franklin, Jefferson, St. Charles, St. Louis, Washington Counties in Missouri; St. Louis City; Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties in Illinois

Services Offered: The Chapter helps more than 6,900 individuals throughout 90 counties in Missouri and Illinois impacted by MS to move their lives forward.

National Shrine of Our Lady of the Snows

442 S. DeMazenod Drive
Belleville, IL 62223

Phone: (618) 397-6700

E Mail: info@snows.org

Web Site: www.snows.org

Hours: Daily from 6:00 am to 10:00 pm

Services Offered: Youth ministry retreats and events; family life ministry support groups, speakers, programs/conferences and retreats. Minds Eye Information Service for the blind and print disabled; remarried couples programs; Visitor Center for information on programs and events. The Shrine Hotel has rooms for persons with disabilities upon request. The Shrine Restaurant serves lunch and dinner daily.

New Day Grief

St. Joseph's Hospital
1515 Main Street
Highland, IL 62249

Email: jean.korte@hshs.org

Phone: (618) 651-2980, Pastoral Care

Services Offered: Nine-week program dealing with the stages of grief for adults who have lost a loved one. Please call for dates of program.

New Life Evangelistic Center

1411 Locust Street
St. Louis, MO 63103

Phone: (314) 421-3020

Toll Free: 1-800-334-3276

Web Site: www.newlifeevangelisticcenter.org

Business Hours: Monday thru Friday – 8:30 am to 4:30 pm

Services Offered: Provides help with emergency food, clothing and utility assistance; four shelters for homeless men, women and families.

Next Chapter Separated/Divorced Support Group

Pastoral Services Department
Catholic Pastoral Center
2620 Lebanon Avenue
Belleville, IL 62221

Phone: (618) 235-9601, Extension 144

Web Site: www.nacsd.org

Services Offered: Next Chapter is a support group dedicated to individual recovery and rebuilding following a separation or a divorce. Meetings are each Tuesday, 7:00 to 8:30 pm, at Corpus Christi Catholic Church, 206 Rasp Street, Shiloh, Illinois 62269. Enter at the side door of the community center immediately across from the new church building.

Nurses and Company Home Health Care

5011 North Illinois, Suite 2

Fairview Heights, IL 62208

Phone: (618) 310-1591

Hours: Mon-Fri 8-4:30pm

Web Site: www.nursesandco.com

Area Served: Clinton, Madison, Monroe and St. Clair Counties

Services Offered: Services provided to individuals in the comfort and security of their home. Services are ordered by your physician and provided on an intermittent basis. Services covered by Medicare and some individual insurance plans.

O

One Hope United: Kids Hope United Hudelson Region

907 North Bluff Road

Collinsville, IL 62234

Phone: (618) 345-9644

Web Site: www.onehopeunited.org

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Services Offered: A private, human service organization dedicated to protecting children and strengthening families. The non-profit organization offers prevention, intervention and community-based programs throughout central and Southern Illinois and Missouri.

Oxford House

4918 West Main Street

Belleville, IL 62226

Phone: (618) 416-3073

Services Offered: Recovery home for recovering substance abusers which offers a clean living environment. Belleville house with Males-occupancy 6
www.oxfordhouse.org to check for vacancies.

Other locations:

Braden-Male (6)

1716 Cleveland Blvd.

Granite City, IL 62040

(618) 501-1209

Iowa- Woman (6)

2502 Iowa

Granite City, IL 62040

(618) 219-2050

Missouri Male (6)

2224 Missouri Ave

Granite City, IL 62040

(618) 512-1272

Iowa Women (8)

282 S Iowa

Granite City, IL 62040

(618) 512-1469

Lee-Male-(6)

2132 Lee Ave

Granite City, IL 62040

(618) 512-1717

Delmar Z Women (7)

2147 Delmar

Granite City, IL 62040

(618) 219-2343

Briarwood-Male (7)

2226 State Street

Granite City, IL 62040

(618) 451-5185

P

Para-Quad Inc.

5240 Oakland Avenue

St. Louis, MO 63110

Phone: (314) 289-4200

TTY: (314) 289-4252

E Mail: paraquad@paraquad.org

Web Site: www.paraquad.org

Services Offered: Provides individual and family consultation, deaf and hearing impaired program, peer program, personal assistant services, community outreach, accessible housing clearinghouse, career options and employment program, youth group, community education, accessibility consulting services and hospital rehabilitation services.

Parents and Friends of the Community Integrated Services: Liberty Place

#3 Gundlach Place

Swansea, IL 62226

Phone: (618) 233-9825

Services Offered: Provide 24-hour residential support for developmentally disabled men and women. Support services include health care, speech therapy, activities in the community, social services, case coordination and behavior modification.

Parents and Friends of the Specialized Living Center

1450 Caseyville Avenue

Swansea, IL 62226

Phone: (618) 277-7730

Cost: Please call for more information.

Hours: Business hours are Monday thru Friday – 8:00 am to 4:30 pm

Area Served: Southern Illinois (34 counties)

Services Offered: Licensed and certified 100-bed intermediate care facility for developmentally disabled adult men and women at least 18 years of age. Support services include health care, speech therapy, physical therapy, occupational therapy, activity therapy, social services, case coordination, behavior modification and 24-hour nursing service.

Parents of Murdered Children

St. Louis Chapter

Phone: (618) 972-0429, (314) 487-8989 and (618) 459-3483

Web Site: www.pomc.com

Services Offered: Provides support to families and loved ones enduring the horrors associated with the loss of a loved one who has been murdered. Support meetings are held the third Tuesday of each month, from 7:30 pm to 9:30 pm, at St. Alexius Hospital located at 3933 South Broadway, St. Louis, Missouri 63118. The telephone number for the hospital is (314) 865-3333. Please call for more information.

Parents Without Partners

P.O. Box 137

Belleville, IL 62222

Phone: (618) 398-9531 or (618) 234-5937

Web Site: www.parentswithoutpartners.org

Services Offered: Parents Without Partners provides single parents and their children with an opportunity for support, friendship and the exchange of parenting techniques.

Parkinson's Support Group

St. Elizabeth's Hospital

211 South Third Street

Belleville, IL 62220

Phone: (618) 234-2120, Extension 1156

Services Offered: For individuals with Parkinson's Disease, caregivers, family and friends. Meetings are held the second Monday of each month at 1:30 pm, in the PSOP offices at 201 North Church Street, Belleville, Illinois. Please call for more information.

Passages Hospice

1120 South Sixth Street, Suite 500

St. Louis, MO 63104

Phone: 314-241-5700

Web Site: www.passageshospice.com

Area Served: Franklin, St. Charles, St. Louis Counties in Missouri; St. Louis City; Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington Counties in Illinois

Services Offered: Passages' mission is to provide individualized, quality care every step of the way and deliver expert, personalized care with compassion and respect.

Other Location: 134 N. 28th Street, Belleville, IL 62226 (618) 207-8236

M-F 8am-6pm

PAWS (Pets Are Wonderful Support)

St. Louis Effort for AIDS

1027 S. Vandeventer, #700

St. Louis, MO 63110

Phone: (314) 645-6451

Web Site: www.stlefa.org

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Services Offered: PAWS provides education and services to people living with HIV/AIDS so they can keep pet companions as long as possible. PAWS also provides pet food and supplies; allows access to discounted veterinary services; supplies heartworm, flea and tick prevention medications; facilitates pet education for people with suppressed immune systems; coordinates transportation to veterinary appointments; schedules foster care when owners are temporarily unable to care for their pets; supports finding a new home for their pet if necessary.

Perandoe Special Education District

1525 Locust Street

P O Box 169

Red Bud, IL 62278

Phone: (618) 282-6252

Web Site: www.perandoe.org

Cost: None

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: Children ages 0-21 with disabilities in Monroe and Randolph Counties

Services Offered: Assure that students with disabilities ages 0-21 receive a free, appropriate public education in the least restrictive environment. Perandoe provides each district with specialized services including special education administrative support, school psychological services, school social work services, physical and occupational therapy services, medical diagnostics, audiological services and a variety of consultative services. Perandoe operates a public day treatment program for students in special education with behavior concerns at the Perandoe Evansville Program.

Planned Parenthood

Lakeland Square

4529 North Illinois Street

Belleville, IL 62226

Phone: (618) 277-6668

Web Site: www.plannedparenthood.org

Cost: Medicaid accepted/fee for service based on income, call for more info.

Hours: Monday – 9:00 am to 7:00 pm; Tuesday – 9:00 am to 5:00 pm; Wednesday – 11 am to 7:00 pm; Thursday – 9:00 am to 3:00 pm; Friday – 8:00 am to 4:00 pm; Saturday – 9:00 am to 1:00 pm

Walk in only available for emergency contraception (morning after pill)

Services Offered: Abortion referral, birth control services, emergency contraception, HIV testing, HPV and Hepatitis Vaccinations, LGBT services, men's health services, patient education, pregnancy testing, options and services, STD testing and treatment, women's health services.

Pregnancy Care Center

301 West Lincoln, Suite 105

Belleville, IL 62220

Phone: (618) 233-2273

Cost: None

Hours: Monday – 3:00 pm to 6:00 pm; Tuesday, Wednesday and Thursday – 10:00 am to 2:00 pm.

Area Served: St. Clair County and surrounding areas (no limits)

Services Offered: Offers alternatives to abortion, free pregnancy tests, individual counseling, and clothing for children up to 4-5 years of age, maternity clothing, layettes for newborns, furnishings when available. Verification for P.A., MPE and WIC. Referrals for many needs such as adoption, education, Head Start, Parents as Teachers, abstinence, etc. The Pregnancy Care Center is free and completely staffed by volunteers.

Programs and Services for Older Persons (PSOP)

201 North Church Street

Belleville, IL 62220

Phone: (618) 234-4410

Web Site: www.swic.edu/psop

Cost: Please call for more information.

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: Madison, Monroe, Randolph and St. Clair Counties

Services Offered: Services for older adults includes RSVP Program that places seniors in volunteer positions in community organizations, transportation for jobs, errands, health services and other purposes, recreational programs, education, counseling, and social services. Senior Companions provide socialization to frail, ill seniors in their homes, respite for caregivers, as well as a small stipend for the companion. The Travel Companion provides social interaction with day and extended trips. The Foster Grandparent Program places seniors with special-needs children in schools and daycare centers. Support groups, health and mental health education programs, caregiver education programs and counseling.

Provident, Inc.

5016 N. Illinois, Suite A

Fairview Heights, IL 62208

Phone: (618) 398-7250

Provident Life Crisis Hotline: (314) 647-HELP(4357) or 1-800-273-TALK(8255)

Gambling Hotline: 1-888-Betsoff(238-7633)

E Mail: info@providentstl.org

Web Site: www.providentc.org

Hours: Monday and Wednesday – 8:30 am to 5:00 pm; Tuesday and Thursday – 1:00 pm to 8:00 pm; Closed on Friday

Cost: Accepts many insurance plans and also offers services on a sliding fee scale.

Services Offered: Counseling for adults, youth, couples and families. Addiction treatment (gambling, alcohol and drugs,) anger management, domestic violence prevention and sexual offender treatment.

Pulmonary Rehabilitation Support Group

Memorial Education Center

706 East Highway 50

O'Fallon, IL 62269

Phone: (618) 257-5560

Web Site: mymemorialnetwork.com

Services Offered: A group for people with diseases of the lung and their families. Participants learn about their disease and share ideas and solutions to their problems. Meetings are held on the last Wednesday of every month (except June thru August) at 1:30 pm at the Health Education Center. For more information, call Respiratory Care/Pulmonary Rehab at the above number.

R

Randolph County Health Department

2515 State Street

Chester, IL 62233

Phone: (618) 826-5007

Web Site: am.randolph.org

Cost: Please call for more information.

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Area Served: Randolph County

Services Offered: Provides basic public health programs to county residents that include: well-child program. Rehabilitation services, screening for health needs, WIC program and family planning, family case management, environmental health and food inspections.

Other Locations:

612 East Morton Street, Sparta, IL 62286 (618) 443-2995

S

SAVE, Inc. (St. Clair Associated Vocational Enterprises)

3001 Save Road

Belleville, IL 62221

Phone: (618) 234-1992

Contact: Randolph B. Law – rlaw@saveorg.org

Web Site: www.saveorg.org

Cost: None

Hours: Monday thru Friday – 8:00 am to 4:00 pm

Area Served: For adult residents of St. Clair County with developmental and/or other types of disabilities.

Services Offered: JOBtrack is a customized employment service. Through partnerships with businesses, we develop employment opportunities for adults with disabilities. Developmental Training provides individualized day training services to people with moderate to severe developmental disabilities. Includes independent living skills training, motor skills training, socialization skill training, community living skills training and recreational services. Vocational Development offers people who have a developmental disability the opportunity to work and learn work skills in a supportive environment. Residential Program provides a place to live for 30 people with developmental disabilities.

Other Locations:

620 North Illinois Street, Belleville, IL 62220 (618) 234-8037

Senior Services Plus In Home Care

8601 W. Main Street

Belleville, IL 62223

Phone: (618) 222-9033 or (618) 452-4856

Contact: info@seniorservicesplus.org

Web Site: www.seniorserviceplus.org

Hours: Mon-Fri 7am-4pm

Area Served: St. Louis County and City in Missouri; Madison and St. Clair Counties

Services Offered: Provides assistance with daily household chores and activities for older adults so that they can continue to live independently in their own home. Home Care Aides provide assistance with: laundry, meals, grooming, transportation and much more. Our Home Care Aides are trained, licensed, bonded and insured.

SIDS Resources, Inc.

SIDS (Sudden Infant Death Syndrome)

1120 South Sixth Street, Suite 100

St. Louis, MO 63104

Phone: (314) 241-7437 or 800-421-3511

Web Site: www.sidsresources.org

Services Offered: Professionals trained in bereavement are available to work with families, friends, co-workers, child care providers and other professionals to offer support after the loss of a baby to SIDS or other sudden infant death. The staff of SIDS Resources offer current medical information about SIDS and help to clarify the diagnostic confusion if the diagnosis is other than SIDS (i.e. accidental suffocation, undetermined, etc.) Services include:

SIDS Resources, Inc. (cont.)

Individual/family bereavement counseling; peer connections (for parents, grandparents and child care providers); ongoing telephone and/or email support; home visits; lending library; support groups; bi-monthly update newsletters; support and information for extended family, friends, co-workers.

Sign Language Class

IMPACT CIL

2735 E. Broadway

Alton, IL 62002

Phone: (618) 462-1411

Contact: Angela Botz (618) 208-1146

Hours of Operation: Mon-Fri 8am-4:30pm

TTY: (618) 474-5333

Toll Free: 888-616-4261

Web Site: www.impactcil.org

Services Offered: IMPACT CIL offers a sign language class. This non-credit course covers the basic principles in American Sign Language, its proper use with children and adults with hearing loss, and the value of learning non-verbal communication.

SIUE Head Start/Early Head Start Program

East St. Louis Higher Education Center

Discovery Center

601 James R. Thompson Boulevard

Building D, Room 1027

East St. Louis, IL 62201

Phone: (618) 482-6955

Web Site: www.siu.edu/eslc

Includes all 14 early childhood centers, all listed on website.

Cost: None

Hours: Central Office – Monday thru Friday – 8:00 am to 4:30 pm; Times and days vary among the centers. Please call for more information.

Services Offered: SIUE Head Start/Early Head Start is a nationally recognized quality early childhood education program that promotes school readiness for children and self-sufficiency for families. Services are available to St. Clair County expectant parents and families of children ages six weeks to five years old. Both programs include children with specialized needs and English as Second Language Learners. Program options for both programs include part-day (3.5 hours) and (5.5 hours,) full day (7.5 hours) and home-based.

Southern Illinois Difibbers Support Group

St. Elizabeth's Hospital

211 South Third Street

Belleville, IL 62220

Services Offered: Support group for defibrillator patients and their loved ones. Arranged through Cardiology Consultants, please call (618) 233-6044, Extension 4531 for more information. 3rd Thursday of March and September 6:30 pm

Southern Illinois Healthcare Foundation

Corporate and Administration Office

2041 Goose Lake Road

Sauget, IL 62206

Phone: (618) 332-0694

Web Site: www.sihf.org

Cost: Sliding fee scale, Medicare, Medicaid, AllKids and private insurance

Services Offered: Provides a wide range of outpatient medical services including primary healthcare for adults and children, women's health services, family planning, HIV testing and counseling, education, etc.

Health Center Locations:

- Adult Care Center, 6010 Bond Avenue, Centreville 62207 (618) 337-8153
Monday thru Friday – 8:30 am to 5:00 pm
- Mother and Child Center, 6000 Bond Avenue, Centreville 62207 (618) 332-2740
Monday thru Friday – 8:30 am to 5:00 pm
- Quick Care – State Street, 2001 State Street, East St. Louis 62205 (618) 271-0207
Monday thru Friday – 5:00 pm to 8:00 pm; Saturday – 9:00 am to 12:30 pm
- State Street Health Center 2, 2001 State Street, East St. Louis 62205 (618) 271-9191
Monday thru Friday – 8:30 am to 5:00 pm
- West Belleville Health Center, 7210 West Main Street, Suite 204, Belleville 62223 (618) 398-9850
Monday, Tuesday, Thursday and Friday – 8:30 am to 5:00 pm
Wednesday – 8:30 am to 7:00 pm
- Belleville Pediatric and Adolescent Health Center, 2900 Frank Scott Parkway West, Copper Bend South, Suite 950, Belleville 62223 (618) 233-3205
Monday thru Friday – 8:30 am to 5:00 pm
- School Based Clinic, Cahokia Senior High School, 800 Range Lane, Cahokia 62206 (618) 337-3117
Tuesday, Thursday and Friday – 8:00 am to 4:30 pm
- Windsor Health Center, 100 North 8th Street, East St. Louis 62201 (618) 274-9105
Monday thru Friday – 8:30 am to 5:00 pm; After Hours – Monday, Wednesday and Friday – 5:00 pm to 9:00 pm
- School Based Clinic, East St. Louis Senior High School, 4901 State Street, East St. Louis 62205 (618) 482-4592
Monday, Wednesday and Friday – 8:00 to 4:30 pm
- Cahokia Health Center, 818 Upper Cahokia Road, Cahokia 62206 (618) 337-2597
Monday thru Friday – 8:30 am to 5:00 pm
- Belleville Family Health Center, 180 South Third Street, Suite 300, Belleville 62220 (618) 233-5480
Monday thru Friday – 8:00 am to 4:30 pm; Tuesday – 5:00 pm to 7:30 pm
Suite 201 – Monday thru Friday – 8:30 am to 5:00 pm
- Fairmont City Health Center, 2568 North 41st Street, Fairmont City 62201 (618) 482-4015
Monday thru Friday – 8:30 am to 5:00 pm
- Madison Health Center, 304 Madison Avenue, Madison 62060 (618) 452-1129
Monday thru Friday – 8:30 am to 5:00 pm
- Children's Medical Center, 2810 Frank Scott Parkway West, #828, Belleville 62223 (618) 236-6336
Monday, Tuesday, Thursday and Friday – 9:00 am to 5:00 pm;
Saturday – 8:00 am to Noon
- Primetime Belleville, 211 South Third Street, #2304, Belleville 62220 (618) 222-4763
Monday thru Friday – 10:30 am to 6:30 pm; Saturday – 10:00 am to 6:00 pm
- Millstadt Medical Center, 60 Regency Place, Millstadt 62260 (618) 476-3373
Monday thru Thursday – 7:30 am to 5:00 pm; Friday – 7:30 am to 2:00 pm

**Southern Illinois Regional Wellness Center
(SIRWC)**

1736 Kingshighway

Washington Park, IL 62204

Phone: (618) 482-7922 or (618) 874-3120

After Hours: (618) 398-9787

Hours: 8:15-4:45pm Mon-Fri Tuesday's until 6:30.

Web Site: www.sirwc.org

Cost: Please call for more information.

Services Offered: Adult and pediatric health and dental services, female services.

Southern Illinois University-Speech, Language and Hearing Clinic

Edwardsville Campus

P O Box 1147

Founders Hall 1300

Edwardsville, IL 62026

Phone: (618) 650-5623

Email: slhc-information@siue.edu/slh-center

Web Site: www.siue.edu/slh-center

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: Madison and St. Clair Counties

Services Offered: Provides services to children beginning in infancy. For children who have difficulty communicating, combining words, understanding or making themselves understood, the center offers therapy programs that are play-based and incorporates the family and other caregivers into the program. The center provides one-on-one therapy for the school age child who may have difficulty with articulation, language, stuttering, voice production, or central auditory processing. For many children, language difficulties affect academic performance. We maintain open lines of communication with classroom teachers and school-based professionals to ensure that therapy targets academic areas that are affected by speech and language disorders. The center provides functional therapy to those individuals that have a communication disorder that is affecting their quality of daily living, employment, school and relationships with family and friends. Support groups for Aphasia and Cognitive clients are available. For referrals and more information, contact the clinic at (618) 650-5623.

Southwestern Illinois Visiting Nurse Association

#7 Executive Woods

Swansea, IL 62226

Phone: (618) 236-5800 or 1-800-642-5429

Web Site: www.sivna.com

Cost: Home health care services are covered by Medicare, Medicaid, and most private insurance companies, including worker's compensation and private pay.

Area Served: Bond (Services for Seniors CCU only,) Clinton, Madison, Monroe, St. Clair, Randolph and Washington Counties

Services Offered: Home health care, services for seniors and house calls by physicians.

STARNET (Support and Technical Assistance Regional Network)

1000 South Illinois Street

Belleville, IL 62220

Phone: (618) 825-3966

Web Site: www.roe.stclair.k12.il.us/starnet

Cost: None

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: 38 Southern Illinois counties

Services Offered: Education, training, resources, free lending library and support for parents and staff working with children birth to five years of age with an emphasis on children 3-5 with special needs.

St. Clair County Adult Probation Office

11 W Lincoln, Belleville, IL 62220

(618) 277-5690

St. Clair County Child Advocacy Center

300 West Main Street, Suite 3

Belleville, IL 62220

Phone: (618) 277-1334

E Mail: stclaircac@sbcglobal.net

Web Site: www.stclairchildadvocacycenter.org

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: St. Clair, Monroe and Randolph Counties

Services Offered: Forensic interviews and case coordination after an allegation of sexual or serious physical abuse. Child witnesses to violent crimes may also receive services. Medical examinations and counseling services are available for the children seen at the agency. Children must be referred by law enforcement or DCFS.

St. Clair County Health Department

#19 Public Square, Suite 150

Belleville, IL 62220

Phone: (618) 233-7703

After Hours Emergency Contact Number: (618) 338-6283 or (618) 301-2907

Email: scchdinfo@co.st-clair.il.us

Web Site: www.health.co.st-clair.il.us

Services Offered: Provides the following services to residents of St. Clair County (except Canteen, Centreville, East St. Louis and Stites Townships;) maternal and child health (including WIC, lead screening, vision testing for children, immunizations, and Teen Parent Services;) communicable disease control (including HIV and TB testing;) environmental health (including restaurant inspection, water supplies, private sewage disposal, solid waste disposal, potable water supplies, and control of health-related public nuisance;) and emergency preparedness and response services. Provides for free screenings for breast and cervical cancer for eligible women. Various health promotion programs are available to the community on topics such as breast and cervical cancers, cardiovascular disease, violence prevention, tobacco prevention, teen pregnancy prevention and others.

St. Clair County Housing Authority

1790 South 74th Street
Belleville, IL 62223

Phone: (618) 277-3290

Web Site: www.sccha.org

Cost: Based on income

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Area Served: St. Clair County

Services Offered: Provides (with specific guidelines) housing for low income and middle income families.

St. Clair County Housing Resource Center

Phone: (618) 825-3330

Web Site: www.co.st-clair.il.us

Services Offered: The Center provides comprehensive services to the homeless through partnerships with St. Clair County public and non-profit agencies. Some of the services are: eviction counseling, legal aid attorney, rental/shelter counseling, medical and clothing vouchers, housing assistance and life skills training. The Center also has a 24-hour homeless hotline for referrals to shelters and other services. You may contact the hotline by calling 1-888-397-5730.

St. Clair County Intergovernmental Grants Department

#19 Public Square, Suite 200
Belleville, IL 62220

Phone: (618) 277-6790

Web Site: www.co.st-clair.il.us

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Services Offered: The Intergovernmental Grants Department serves as an umbrella agency containing three divisions providing services to the public. Some of the programs offered are: Community Development Block Grant, Illinois Home Weatherization Assistance, HOME Investment Partnership, Community Services Block Grant, Homeless Prevention, Emergency Food & Shelter, Workforce Investment Act and E-Learning Grant, American Dream Down Payment Initiative, Illinois Housing Development Authority, Low Income Home Energy Assistance, Rent/Mortgage Assistance, Trade Adjustment Assistance Act and Rapid Response Grant.

St. Clair County Juvenile Detention Center

9006 Lebanon Road
Belleville, IL 62223

Phone: (618) 397-9546

E Mail: detention@co.st-clair.il.us

Hours: 24-hour facility

Area Served: St. Clair County/Southern Illinois counties

Services Offered: Temporary holding facility for juveniles ages 10 to 17 who have been charged with a crime or sentenced to detention to dispositions up to 30 days and weekends.

St. Clair County Juvenile Probation Office

9002 Lebanon Avenue, Belleville, IL 62223
(618) 394-1195

St. Clair County Medical Society

Belleville, IL 62223

Phone: (618) 397-5315

E Mail: stclairmed96@gmail.com

Web Site: www.stclairmed.com

Hours: Monday thru Friday – 9:30 am to 12:30 pm

Services Offered: Physician referrals

St. Clair County Mental Health 708 Board

307 East Washington

Belleville, IL 62220

Phone: (618) 277-6022

Web Site: www.stc708.org

Hours: Monday thru Friday – 8:30 am to 4:30 pm

Services Offered: As the local mental health authority, responsible for funding, planning and implementing a comprehensive system of behavioral health, intellectual and developmental disability and substance abuse services for all residents of St. Clair County in need of such services.

St. Clair County Regional Office of Education

1000 South Illinois Street

Belleville, IL 62220

Phone: (618) 825-3944

Web Site: www.stclair.k12.il.us

Cost: None

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: 27 Public School Districts in St. Clair County

Services Offered: Assistance is offered through workshops, conferences, onsite visits, dissemination of information, technical assistance, and other means such as: school improvement, professional development activities, truancy/attendance initiative, teacher certification and recertification, GED testing, health/life safety, and bus driver training.

St. Clair County Veterans Assistance Commission

#19 Public Square, Suite 300

Belleville, IL 62220

Phone: (618) 277-0040

E Mail: veterans@co.st-clair.il.us

Web Site: www.co.st-clair.il.us Click on the "V" in the alphabet on the home page and choose Veterans Assistance.

Hours: Monday thru Friday – 9:00 am to 4:00 pm

Services Offered: Assist with utilities and rent, current amounts only, and food and hygiene item vouchers redeemable at a local food store. Assist with filing claims with the Department of Veterans Affairs for compensation for injuries received in the armed services, pensions due to the veteran or surviving family members and for medical services through the V.A. system.

Must be an honorably discharged veteran, surviving widow of such a veteran or surviving minor child of a veteran. Call for initial screening and appointment.

St. John Bosco Children's Center

Phone: (618) 688-1150

Hours: 24-hour facility

Area Served: State of Illinois

Services Offered: Children (aged 6-12) are placed at St. John Bosco Children's Center when they have been the victims of serious abuse and/or neglect or when they have an emotional condition that is too severe for them to succeed at home or a foster home or when there is just no family or foster home to care for them. While at the Center, children receive: individual therapy, group therapy and family therapy as needed. During their stay children have access to healthcare, educational opportunities, recreational opportunities, properly balanced meals and receive the care and attention of dedicated, well-trained, professional staff.

St. John's Community Care

222 Goethe Avenue

Collinsville, IL 62234

Phone: (618) 344-5008

Web Site: www.stjohnscc.org

Cost: Please call for more information.

Hours: Please call for more information.

Area Served: Caseyville, Collinsville, Edwardsville, Fairview Heights, Fairmont City, Glen Carbon, Granite City, Maryville and Troy

Services Offered: Assistance with meals, shopping, laundry, transportation and medication reminders. Personal care such as bathing and toileting. Caregivers are carefully screened before employment, bonded and supervised by experienced Care Coordinators. Focus on Alzheimer's and dementia specific care. Sitter services for clients in nursing homes, hospitals, assisted living or hospice settings. Flexible schedules and care 24 hours a day, 365 days a year. Home Services care for husband and wife at no additional cost, same as individual rate. This service can be used for short or long term disability challenges, including recovery from surgery or illness. Adult Day Programs and Caregiver Support are also offered.

Home Services: (618) 344-0276

Other Location: 1015B Century Drive – University Pointe II, Edwardsville, IL 62025
(618) 656-7090

Stroke Support Group

Memorial Hospital Orthopedic and Neurosciences Center

4700 Memorial Drive

Belleville, IL 62226

Services Offered: This group is for people who have experienced a stroke or brain injury, and their families. Participants will learn how to heal physically, cognitively and emotionally. Meetings will be held in the Orthopedic and Neurosciences Center Community Room the third Wednesday of each month 12-1pm. For more information, please call (618) 257-5758.

Stroke Support Group

St. Elizabeth's Hospital
211 South Third Street
Belleville, IL 62220

Phone: (618) 234-2120, Extension 4837

Services Offered: Support and education for those recovering from a stroke, and their families. Meets the first Wednesday of every other month at 2:00 pm in the Millennium Room and the third Thursday every month at 2pm.

St. Paul's Senior Community

1021 West E Street
Belleville, IL 62220

Phone: (618) 233-2095

Web Site: stpaulsseniorcommunity.com

Cost: Please call for more information.

Area Served: St. Louis Metro East

Services Offered: Medicare-Certified Rehabilitation – Individually designed physical therapy and rehabilitation programs and services provided by an expert staff with the goal of marked improvement, speedy recuperation, and a quick return home. Shelter care includes: meals, housekeeping, activities, personal laundry, supervision of medication, limited assistance with personal care and needs during short term illness, and monitoring of general health condition. Intermediate care includes: general nursing and personal care, hygiene needs, administering of medications, monitoring general health condition and needs, performing routine individualized nursing services under the supervision of a licensed medical doctor. Also includes furnishing meals, housekeeping, personal laundry and activity service.

St. Paul's Retirement Apartments

901 West E Street
Belleville, IL 62220

Phone: (618) 233-2318

Web Site: www.standrews1.com

Cost: Please call for more information.

Area Served: St. Louis Metro East

Services Offered: The following services and amenities are included in the monthly rent: lunch and dinner served daily; light housekeeping provided weekly; all utilities except for phone and cable TV; scheduled transportation for doctor appointments; beauty shop, grocery and discount department store shopping; scheduled activities and social gatherings; free laundry facilities on each floor with adjoining lounge area; lovely outdoor garden area with fountain, gazebo and seating; full maintenance service; personal storage areas; emergency call system monitored on-site 24 hours per day; building security system; and, short-term meal delivery when ill.

Sunshine Ministries

1315 Howard Street
St. Louis, MO 63106
Mailing Address: P.O. Box 66880, St. Louis, MO 63166

Phone: (314) 231-8209

Email: website@sunshineministries.org

Web Site: www.sunshineministries.org

Hours: Monday thru Friday – 8:30 am to 5:00 pm (office hours)

Services Offered: Sunshine Ministries is committed to helping men break the cycle of homelessness and substance abuse. Emergency shelter provides needed services for men looking for a clean and safe place to sleep, nourishing food and the encouraging news of God's love. Resident Recovery Program is a 13-month residential program for men focused on rebuilding their lives spiritually, intellectually, emotionally, socially and physically. Youth services offered are preschool, summer camp, Sunshine Saturdays and Teen Club. C.A.R.E. Program for women is designed to create a supportive community that provides assistance to impoverished women while teaching personal responsibility and offering encouragement to fulfill their God-given potential.

Support Dogs, Inc.

10955 Linpage Place

St. Louis, MO 63132

Phone: (314) 997-2325

Web Site: www.supportdpgs.org

Cost: Please call for more information.

Hours: Monday thru Friday – 9:00 am to 5:00 pm

Services Offered: Support Dogs trains assistance dogs to help those with mobility issues, those who are deaf or hard of hearing, and to those who have been diagnosed with Post Traumatic Stress Disorder (PTSD.) Support Dogs also certifies volunteers and their dogs in the community to be pet assisted therapy teams through the TOUCH Program. Veterans Assistance, Court Room Assistance, Facilities serving special needs, health care, students.

Support System and Services, Inc.

900 Royal Heights Road

Belleville, IL 62226

Phone: (618) 277-4100

Email: sss_vsg@yahoo.com

Web Site: www.supportsystemsservices.com

Cost: Please call for more information.

Area Served: St. Clair, Madison, Clinton and Randolph Counties

Services Offered: The following programs are offered: A CILA is a small living arrangement for eight or fewer adults with a developmental disability. Services are based upon the individual's needs and may be 24-hour or intermittent. Person Centered Programs; Community Activities; Transportation; Assistance with Personal Care, Professional services such as nursing, occupational therapy, communication services, dietary and behavioral support; Adaptive Equipment or Minor Home Adaptations; Service Coordination; and, Advocacy.

Sycamore Village Assisted Living

225 Castellano Drive

Swansea, IL 62226

Phone: (618) 222-2571

E Mail: info@sycamorevillage.net

Web Site: www.sycamorevillage.net

Cost: Please call for more information.

Services Offered: Assisted living for seniors. Specialized Alzheimer's/Dementia care.

T

TASC (Treatment Alternatives for Safe Communities)

218 A West Main Street 2nd Floor
Belleville, IL 62220

Phone: (618) 277-0410

Web Site: www2.tasc-il.org

Hours: Monday, Wednesday and Friday – 8:00 am to 4:30 pm; Tuesday and Thursday – 8:00 am to 5:30 pm

Cost: Please call for more information.

Area Served: St. Clair, Monroe, Perry, Randolph and Washington Counties

Persons Served: Juvenile Justice Program serves children ages 10 to 17; Adult Program serves those 17 and older. DV and DCFS programs serves persons involved in those jurisdictions.

Appointment Information: An appointment is required.

Information: An independent not-for-profit agency that provides clinical case management and other services to men, women and adolescents with a variety of social and health related needs.

Services Offered: **Adult Criminal Justice Program** – Assessment, referral and case management for substance abusing adults involved in criminal justice system. **Juvenile Justice** – Assessment, referral and case management for substance abusing adolescents under the jurisdiction of the Juvenile Justice systems. **Youth Enrichment Services** – Offers Anger Management and Life Skills Groups for adolescents. **Domestic Violence Diversion Program** – Substance abuse screening, referral to treatment and court reporting for Domestic Violence. **IDOC** – Clinical Re-Entry Case Management. **State's Attorney Drug School** – Drug education and understanding of factors that may contribute to substance abuse and addiction. **Drug Court** – Assessment and advocacy services to clients involved in drug court. **Recovery Coach** – Intensive case management services to substance abusing parents involved in the child welfare system.

Touchette Regional Hospital

5900 Bond Avenue
Centreville, IL 62207

Phone: **IOP:** 618-332-5374 or main 618-332-3060.

Outpatient Behavioral Health 618-332-5265

Web Site: www.touchette.org

Cost: Contact Customer Service

Hours: Outpatient services are available 24 hours a day, seven days a week. IOP – Monday thru Friday – 8:30 am to 1:00 pm

Area Served: The metro-east communities of Alorton, Cahokia, Centreville, East St. Louis, Washington Park and surrounding region.

Services Offered: Touchette Regional Hospital's Behavioral Health Department provides both inpatient and intensive outpatient services to our communities. Our services are designed to incorporate a number of successful treatment modalities into comprehensive, flexible and individualized mental health treatment programs. Inpatient Care – Our inpatient services are for individuals in need of an intensive level of care and a safe treatment environment to reintegrate into their family life and community. We serve both voluntary and involuntary

patients age 18 years and older. Various illness/diseases are treated such as: crisis intervention, crisis stabilization, medical management, individual therapy, discharge planning, community linkage and consultation. Outpatient Care – Our intensive outpatient program is designed to provide individuals with disabling mental health conditions an individualized, comprehensive and multidisciplinary treatment program. A few of our intensive outpatient services include: comprehensive assessment and evaluation, medication management, mental health education, substance abuse education, group therapy sessions, individual and family therapy, and goal setting.

Township Officials of Illinois

Website: www.toi.org

3217 Northfield Drive, Springfield, IL 62702

Toll Free(IL) 1-866-897-4688 or 217-744-2212

Township Relief – Madison County

Phone: See listings

Services Offered: Provides general assistance to respective townships.

Alton Township

100 A East Broadway, Alton, IL 62002 (618) 462-7527

Choteau Township

906 Thorngate Road, Granite City, IL 62040 (618) 931-0360

Collinsville Township

305 East Main Street, Collinsville, IL 62234 (618) 344-1290

Web Site: www.collinsvilletownship.org

Edwardsville Township

300 West Park Street, Edwardsville, IL 62025 (618) 656-0292

Web Site: www.edwardsvilletownship.com

Godfrey Township

6810 Godfrey Road, Godfrey, IL 62035 (618) 466-3324

Web Site: www.godfreyil.org

Granite City Township

2060 Delmar Avenue, Granite City, IL 62040 (618) 877-0513

Web Site: www.granitecitytownship.com

Bus Reservations 618-877-8584

Jarvis Township

112 North Main, Troy, IL 62294 (618) 667-2560

Web Site: www.troyil.us/index

Marine Township

620 North Vernon Street, Marine, IL 62061 (618) 887-4021

Wood River Township

49 South 9th Street, Wood River, IL 62095 (618) 259-2366

Township Relief – St. Clair County

Phone: See listings

Services Offered: Provides general assistance to respective townships.

Belleville Township

512 West Main St., Belleville, IL 62220 (618) 212-4379

Web Site: www.belleville.net

Canteen Township

5500 Bunkum Road, Washington Park, IL 62204 (618) 875-6363

Web Site: www.canteentownship.org

Caseyville Township

10001 Bunkum Road, Fairview Heights, IL 62208 (618) 398-6248

Web Site: www.townships.toi.org/caseyvilletownship

Centreville Township

4831 Bond Avenue, Alorton, IL 62207 (618) 874-1034

East St. Louis Township

1210 State Street, East St. Louis, IL 62201 (618) 874-3650

E Mail: info@estltownship.us **Web Site:** www.estltownship.us

Englemann Township

7083 Highbanks Road, Mascoutah, IL 62258 (618) 566-4406

Freeburg Township

203 South Richland, Freeburg, IL 62243 (618) 539-5639

Lebanon Township

224 W. St. Louis, Lebanon, IL 62254 (618) 537-4913

Mascoutah Township

622 West Main Street, Mascoutah, IL 62258 (618) 566-7132

Millstadt Township

820 South Jefferson, Millstadt, IL 62260 (618) 476-1207

Web Site: www.millstadt.org

New Athens Township

913 Mill Street, New Athens, IL 62264 (618) 475-2025

O'Fallon Township

801 East State Street, O'Fallon, IL 62269 (618) 632-3517

Web Site: www.o'fallontownship.com/index

Prairie Du Long Township

6933 Robinson School Road, New Athens, IL 62264 (618) 539-0182

Shiloh Valley Township

1370 Shiloh Station Road, Belleville, IL 62221 (618) 234-7833

Smithton Township

101 South Main Street, P.O. Box 330, Smithton, IL 62285 (618) 233-4180

St. Clair Township

107 Service Street, Swansea, IL 62226 (618) 233-3437

Web Site: www.stclairtownship.com

Stookey Township

313 Eiler Road, Belleville, IL 62223 (618) 398-6925

Web Site: www.stookeytownship.net

Sugar Loaf Township

240 South 5th Street, Dupou, IL 62239 (618) 286-4016

Venice Township

910 Madison Avenue, Madison, IL 62060 (618) 452-1121

Trinity Services, Inc.

973 North 6th Street

Mascoutah, IL 62258

Phone: (618) 566-4913

E Mail: mlowry@trinity-services.org

Web Site: www.trinity-services.org

Area Served: Illinois

Services Offered: Trinity Services is committed to providing a full array of services and supports to adults with developmental disabilities including residential, vocational and day programs.

U

United States Department of Veterans Affairs

Phone: Benefits/1-800-827-1000

Health Care/1-877-222-8387

VA Inspector General/1-800-488-8244

Veterans Crisis Line/1-800-273-8255 Press 1

Website: www.va.gov myVa311:1-844-698-2311

United Way of Greater St. Louis, Illinois Division

1124 Hartman Lane Suite 130

Belleville, IL 62221

Phone: (618) 233-8441

Web Site: www.stl.unitedway.org

Hours: Monday thru Friday – 8:00 am to 5:00 pm

Area Served: St. Clair, Clinton, Monroe and Randolph Counties

Services Offered: Raises and distributes funds to be used in developing and implementing effective social service programs.

University of Illinois – Division of Specialized Care for Children

St. Clair Regional Office

1734 Corporate Crossing, Suite 1

O'Fallon, IL 62269

Phone: (618) 624-0508 or Toll Free 1-800-842-7204

TTY: (618) 624-0544

Web Site: www.dscc.uic.edu

Cost: Financial eligibility is based on family size and total income.

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Area Served: St. Clair, Madison, Monroe, Randolph, Bond, Clinton, Washington, Jersey, Calhoun, Macoupin and Montgomery Counties

Services Offered: Care coordination services to families of children with medically eligible conditions. Financial assistance is available for families who qualify. Medical conditions must be chronic and amenable to treatment and fall within one of the following categories: orthopedic, nervous system impairments, cardiovascular impairments, craniofacial anomalies, hearing impairments, cystic fibrosis, hemophilia, metabolic conditions, eye impairments and urinary system impairments.

Urban League of Metropolitan St. Louis

St. Clair County Division

10220 Lincoln Trail

Fairview Heights, IL 62208

Phone: (618) 274-1150

Web Site: www.ulstl.org

Hours: Monday thru Friday – 8:30 am to 5:00 pm

Area Served: Metro East

Services Offered: Provides emergency food and clothing; financial aid for utilities and rent when funds are available; budget and housing counseling; energy conservation program.

V

VA Medical Center – St. Louis

John Cochran Division

915 North Grand Boulevard
St. Louis, MO 63106

Jefferson Barracks Division

1 Jefferson Barracks Road
St. Louis, MO 63125

Phone: (314) 652-4100 or 1-800-228-5459

Web Site: www.stlouis.va.gov

Area Served: Veterans and their families in east central Missouri and southwestern Illinois

Services Offered: The St. Louis VAMC provides inpatient and ambulatory care in medicine, surgery, neurology, and rehabilitation, as well as in more than 35 subspecialty areas. The medical center has approximately 10,000 inpatient admissions per year and about 570,000 outpatient visits each year; providing primary care services for over 54,000 veterans each year. St. Louis VAMC is the tertiary referral center for VAMCs in Marion, Illinois and Poplar Bluff, Missouri, providing inpatient acute care and outpatient care. The John Cochran Division is located in close proximity to its affiliated medical schools – St. Louis University and Washington University – in midtown St. Louis. It has all of the medical center's operative and surgical capabilities, the ambulatory care unit, intensive care units, complete state-of-the-art diagnostic facilities, and an emergency department staffed 24 hours a day. The Jefferson Barracks Division provides mental health treatment, regional spinal cord injury treatment center, CLC, and a domiciliary for homeless veterans. Specialty services provided include MRI and positron emission tomography scan imaging, ambulatory surgery, home-based hospital care, radiation therapy, and an alcohol and drug treatment center (both inpatient and outpatient,) opioid addiction treatment program, mental health clinic, orthotic laboratory, hemodialysis unit, pulmonary treatment center, spinal cord injury center, hospice program, and polytrauma unit. CBOCs: Belleville, Illinois; Missouri Veterans Clinic, St. Charles.

Veterans Care Coordination

300 Parkway Industrial Drive
Lake St. Louis, MO 63367

Phone: 855-777-4693

Web Site: www.veteranscarecoordination.com

Area Served: Illinois and Missouri

Services Offered: Screen for eligibility for the aid and attendance benefit, obtain military paperwork, collect supporting documentation. Review completed VA application, coordinate in-home care services, provide updates throughout the process. Assist with any VA documentation requirements until final approval, monitor monthly expenses and assist with monitoring medical expenses to ensure eligibility. In-Home care services, medication reminders, meal preparation, light housekeeping, laundry, grocery shopping, bathing, dressing, doctor appointment transportation and assistance.

Veterans Health Administration

Belleville Clinic

6500 West Main Street
Belleville, IL 62223

Phone: (314) 286-6988 Extension 55320

Clinic Toll Free Number: 1-800-228-5459 Extension 55320

Web Site: www.va.gov/directory

Hours: Monday thru Friday – 8:00 am to 4:30 pm

Veterans CRISIS Line: 1-800-273-8255 (press 1)

Veterans Health Administration

East St. Louis Vet Center

1265 North 89th Street, Suite 5
East St. Louis, IL 62203

Phone: (618) 397-6602 or 877-927-8387

Web Site: www.veteranprograms.com

Hours: Monday thru Friday – 8:00 am to 4:30 pm

In an effort to better serve the veteran and family members, upon request, Vet Centers will provide services after normal work hours and/or weekends.

Veterans Leadership Program

205 South Illinois Street
Belleville, IL 62220

Phone: (618) 234-8550

Web Site: www.angelfire.com/il/IVLP

Hours: Monday thru Friday – 8:00 am to Noon

Area Served: Randolph, Monroe, Washington, St. Clair, Madison, Clinton and Bond Counties

Services Offered: Provide eligible veterans with free assistance in securing employment: job counseling, resumé and employment application preparation and job referrals.

Violence Prevention Center of Southwestern Illinois

P. O. Box 831
Belleville, IL 62222

Phone: (618) 236-2531

24 Hour Crisis Hotline Belleville: (618) 235-0892

24 Hour Crisis Hotline East St. Louis: (618) 875-7970

24 Hour Crisis Hotline Randolph County: (618) 826-5959

24 Hour Crisis Hotline Monroe County: (618) 939-8114

TDD: (618) 233-0741

Toll Free: 1-800-924-0096

Web Site: www.vpcswi.org

Hours: 24-hour facility

Area Served: St. Clair, Monroe, Randolph, Clinton and Southern Madison Counties

Services Offered: To victims of domestic violence we provide shelter, counseling, support groups, court advocacy and medical services. Children's Center services include counseling, group education, recreation and health assessments. Non-residential clients have the following services available: counseling, court advocacy and support groups.

The Shelter Shop, #2C Bellevue Park Plaza, Belleville, IL

Store hours Mon-Fri 9-6pm

Donations: Tues and Sat 10-3pm

Volunteer Contact: Ellen Cugier 618-234-4704 ellen.cugier@vpswi.org

Operated by Volunteers and the proceeds go to support programs and services of Violence Prevention Center. Clients receive vouchers for emergency clothing free of charge.

Visitation Exchange Program

Administrative Offices

Belleville Office

1909 Dublin Boulevard, Suite B

Belleville, IL 62221

Phone: (618) 235-6192

Web Site: www.children1stfoundation.org

Cost: None

Area Served: Illinois 20th Judicial Circuit

Hours of Operation Saturday 9-11:45am and Friday and Sunday 5pm-7:45pm

Wood River Office

101 East Edwardsville Road

Wood River, IL 62095

Phone: (618) 251-6214

Cost: None

Area Served: Illinois 3rd Judicial Circuit

Services Offered: Provides a neutral site for child exchanges for families experiencing exceptional difficulty in the transfer of children for the purpose of court ordered visitation. Referral is by court order only. Once referred, each parent must separately complete an orientation intake interview to begin services. Supervised visitation services are available in the 3rd Judicial Circuit only. There is no cost for this program.

Sites and Hours of Operation:

St. Clair County Visitation Exchange Center

1909 Dublin Boulevard, Suite B, Belleville, Illinois

Wednesday, Friday and Sunday – 5:00 pm to 7:45 pm

Madison County Visitation Exchange Center

Kids' Corner, 101 East Edwardsville Road, Wood River, Illinois

Wednesday – 4:00 pm to 7:45 pm; Friday and Sunday – 5:00 pm to 7:45 pm

Visiting Angels Home Care

4 South Church Street, Suite 212

Belleville, IL 62220

Phone: (618) 257-2200

Web Site: www.visitingangels.com

Cost: Please call for more information.

Area Served: St. Clair, Madison, Monroe and Randolph Counties

Services Offered: Services for the elderly and adults who need in-home care include the following: light housekeeping, assistance in hygiene, meal preparation, errands, shopping, respite care and companionship.

W

Wellspring Resources – name change to Centerstone

West Belleville Health Center

Family and Child Treatment Services

7210 West Main Street, Belleville, IL 62223

Phone: (618) 394-9703

Cost: Psychological services free to qualifying families; medical services covered by insurance or sliding scale.

Hours: Monday thru Friday – 8:30 am to 5:00 pm or by appointment

Area Served: Southern Illinois

Services Offered: Provides comprehensive medical, psychological, developmental and educational assessment services for children affected by prenatal or environmental substance exposure. Community based trainings will be conducted by Family and Child Treatment Services.

The William M. Bedell Achievement and Resource Center

400 South Main Street

Wood River, IL 62095

Phone: (618) 251-2175

E Mail: ksanders@bedellarc.org

Web Site: www.bedellarc.org

Cost: None

Hours: 8:30 am to 4:00 pm

Area Served: Madison and other surrounding counties

Services Offered: CILA (Community Integrated Living Arrangement,) developmental training (ages 3-21 years,) developmental training for adults, family support unit/case coordination, early intervention (birth to three years,) early intervention (center based program,) respite care.

Y

Gateway Region YMCA

Corporate Office

Phone: (618) 233-9486

Web Site: www.gwrymca.org

Cost: Financial assistance is available. Please call for more information.

Area Served: Five counties in Southwestern Illinois

Services Offered: The YMCA is community-oriented with a focus on youth development, healthy living and social responsibility. Branch locations in East Belleville, Downtown Belleville, O'Fallon, Maryville, Columbia, Red Bud, Breese and Salem.

Downtown Belleville YMCA-Kern Center

200 S. Illinois Street

Belleville, IL 62220

Phone: (618) 233-1243

East Belleville YMCA

2627 Carlyle Ave

Belleville, IL 62221

Phone: (618) 236-9983

O'Fallon YMCA

284 North Seven Hills Road

O'Fallon, IL 62269

Phone: (618)-628-7701

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